BEST FOR SPORT, SKY & STREAMING

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20-26 SEPTEMBER 2025

TV&Satellite Week

NEW

SLOW HORSES

Gary Oldman on the misfit spies' latest mission

LIVE

THE RYDER CUP

Rory McIlroy leads the charge for Europe

NEW

STRICTLY COME DANCING

Look who's stepping out

NEW

THE HACK

David Tennant heads an all-star drama on the phone-hacking scandal

HotList This week's 28

Saturday 20

Love Hurts

***ACTION COMEDY** Sky Premiere, 11.20am & 6.30pm*

Following his well-applauded Oscar win for *Everything Everywhere All at Once*, Ke Huy Quan (above) stars as a former hitman who is forced out of retirement.

Premier League

***FOOTBALL** TNT Sports 1 & Sky Sports Main Event & Sky Sports Premier League*

Action starts with the Merseyside derby between Liverpool and Everton (12.30pm), followed by Manchester United v Chelsea (5.30pm) and Fulham v Brentford (8pm).

Strictly Come Dancing

***ENTERTAINMENT** BBC1, 6.40pm*

The star-studded dance contest returns for a new season, with Claudia Winkleman and Tess Daly (both above) introducing celebs including Dani Dyer and Alex Kingston to the floor. *See feature, page 8*

Johnny Mathis at the BBC

***MUSIC** BBC2, 8.30pm*

There's a whole evening devoted to the American singer (above). Following a trawl through the archives, there's a chance to see him in concert in 1976 (9.45pm) and his tribute to Nat King Cole (10.20pm).

Full listings start on **p35**

Sunday 21

Tulsa King

***DRAMA** Paramount+*

Mob boss Dwight Manfredi (Sylvester Stallone, above left) returns for a third season, with Samuel L Jackson making an appearance ahead of spin-off series *NOLA King*. *See Your Watchlist, page 16*

Wish You Were Here

***DRAMA** Sky Premiere, 9am & 6.10pm*

Directed by Julia Stiles, this drama sees a directionless woman find a spark after an evening with a charming man, only to discover he's terminally ill. Can they make the most of the time he has left?

Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

The weekend's top-flight action continues with Bournemouth v Newcastle (k-o 2pm), Sunderland v Aston Villa (2pm) and Arsenal v Manchester City (4.30pm).

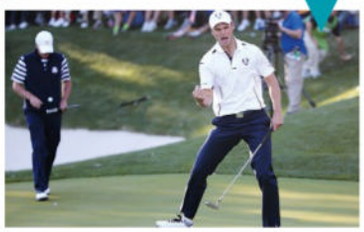
Top Guns: The Next Generation

***FACTUAL** National Geographic, 9pm*

Cameras follow US Navy and Marine Corps student pilots as they embark on the final, intense stage of fighter training. *See Documentaries, page 21*

Full listings start on **p45**

Monday 22



Tales from the Ryder Cup

***GOLF** Sky Documentaries, 7pm*

As the Ryder Cup gears up to begin on Friday, this series looks back at the historic competition between Europe and the USA. Includes contributions from more than 40 players. Continues to Wednesday.

Disease X: Hunting the Next Pandemic

***DOCUMENTARY** BBC2, 9pm*

Dr Chris van Tulleken (above) meets experts in virology, epidemiology vaccinology, and public policy whose job it is to get ahead of the next pandemic.

Secrets in the Dark

***DOCUMENTARY** Sky History, 10pm*

This new series unearths some unusual discoveries, including 17 miniature 'fairy coffins' found in Edinburgh in 1836 and a skeleton thought to be that of a 16th-century pirate at a school playground.

Trying

***COMEDY** BBC1, 10.40pm & 11.10pm*

This week Nikki and Jason (both above) go to an adoption support picnic where they feel intimidated by the quality of the 'competition'. Later they try to impress Penny from the agency on a home visit.

Full listings start on **p55**

Tuesday 23

EFL Cup Third Round

***FOOTBALL** ITV1, Sky Sports Football & Sky Sports Main Event*

Liverpool host Southampton (kick-off 8pm), while tonight's other third-round matches, including Wrexham v Reading, are available on Sky Sports+.

The Great British Bake Off

***COOKERY** C4, 8pm*

As *Bake Off* embarks on its first-ever Back to School-themed week, the three nostalgic challenges feature flapjacks, cake with sprinkles and a school fete stall.

Waterloo Road

***DRAMA** BBC1, 9pm & 10.40pm (box set, BBC iPlayer)*

A new term kicks off with two episodes, and comedian Jon Richardson (above, left) joins as new media-studies teacher Darius Donovan. *See feature, page 12*

Romesh: Can't Knock the Hustle

***TRAVELOGUE** Sky Max & Sky Showcase, 10pm (box set, Sky Box Sets & NOW)*

Romesh Ranganathan (above) looks for answers to life's big questions in his new series. *See Documentaries, page 20*

Full listings start on **p65**

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Wednesday 24

Slow Horses

DRAMA Apple TV+

The darkly comedic spy drama returns for a fifth series, with the obnoxious Jackson Lamb (Sir Gary Oldman, above) and his Slough House team set to defend the UK at all costs. *See feature, page 6*

Shakespeare & Hathaway: Private Investigators

CRIME DRAMA U&Alibi, 8pm (box set, Sky Box Sets, Virgin TV & NOW)

As the fifth series of the murder mystery kicks off, Lu and Frank (Jo Joyner and Mark Benton) have a nail-gun killing to solve.

The Hack

DRAMA ITV1, 9pm (box set, ITVX)

David Tennant (above) and Toby Jones headline a first-class cast for this fact-based drama about the *News of the World* phone-hacking scandal that shocked Britain. *See feature, page 4*

The Shadow Scholars: Fake Essay Scandal

DOCUMENTARY C4,10pm

Professor Patricia Kingori travels to Nairobi to uncover the industry in which an estimated 40,000 Kenyans earn a living by ghostwriting academic papers.

■ Full listings start on **p75**

Thursday 25

House of Guinness

DRAMA Netflix

Period drama inspired by the story of the Guinness family in 19th-century Ireland, at a time of great unrest. Stars Louis Partridge (above) and *King & Conqueror*'s James Norton. *See feature, page 11*

Wayward

THRILLER Netflix

Created by and starring Mae Martin, this thriller centres around a sinister institution that claims to help troubled adolescents. Features a turn from the excellent Toni Collette (above). *See Your Watchlist, p17*

All Creatures Great and Small

DRAMA 5, 9pm

We're back in Darrowby as World War Two draws to a close, with changes afoot for the Herriots, and others returning from the front line. *See feature, page 12*

Brassic

COMEDY Sky Max & Sky Showcase,10pm

The gang return for a final series of shenanigans, following their near-death experience – and they're living every day as if it's their last. Expect a glorious send-off! *See feature, page 7*

■ Full listings start on **p85**

Friday 26

The Savant

CRIME DRAMA Apple TV+

Jessica Chastain (above) stars in a high-stakes thriller series as Jodi, who juggles life as a mum with infiltrating online extremist groups to uncover potential mass violence. *See Your Watchlist, p14*

All of You

ROMANTIC DRAMA Apple TV+

Friends Laura (Imogen Poots) and Simon (*Ted Lasso*'s Brett Goldstein) drift apart after she takes a test to find her soulmate, only for the pair to reunite to explore their feelings... *See Your Watchlist, page 16*

Ryder Cup

GOLF Sky Sports Main Event & Sky Sports Golf, coverage from 12noon

The first day of the biennial competition between Team Europe and Team USA from Bethpage Black Golf Course in New York. *See Sport Week, page 28*

Sister Boniface Mysteries

CRIME DRAMA U&Drama, 9pm (box set, U)

A new series for the crime-solving nun (Lorna Watson, above) starts with the mysterious demise of a cast member of a TV show being filmed in the village.

■ Full listings start on **p95**

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Stop the PRESS!

David Tennant and Robert Carlyle star in a gripping real-life drama about the phone-hacking scandal

NEW DRAMA
The Hack
Wednesday, 9pm, ITV1 (box set, ITVX)

Nick Davies
David Tennant
When the reporter receives an anonymous tip-off about phone tapping at the *News of the World*, will he risk his career to pursue it?

A series uniting BAFTA-winning *Adolescence* writer Jack Thorne with the producers behind *Mr Bates vs The Post Office* is bound to generate buzz. And with the focus on the UK's infamous phone-hacking scandal, expectations are skyrocketing.

Set between 2002 and 2012, seven-part series *The Hack* is a riveting, unflinching revisit to a dark decade that rocked British media. The action revolves around allegations that *News of the World* journalists were intercepting private voicemails of celebrities, royals, footballers and even murder victims – a scandal that triggered the paper's closure in 2011.

Told through two intertwining real-life storylines, the series follows investigative journalist Nick Davies (David Tennant) as he fights to expose the truth, while Met Police detective Dave Cook (Robert Carlyle) works on a seemingly unrelated case – the unsolved 1987 murder of private investigator Daniel Morgan.

Toby Jones stars as former *Guardian* editor and Nick's ally, Alan Rusbridger, while Steve Pemberton plays media mogul Rupert Murdoch, and Eve Myles is Dave Cook's wife, *Crimewatch* presenter Jacqui Hames. Dougray Scott, Rose Leslie, Katherine Kelly and Adrian Lester also star.

Toby Jones as Alan Rusbridger

Here, Scottish actors Tennant, 54, and Carlyle, 64 – who appears from Episode 2 of the show – reveal what's in store…

Why did you want to be involved with this show?

Tennant It's fascinating and bold, but then Jack Thorne does bold storytelling like no-one else. Nick and Dave are two characters who are living separate lives but discovering the same unpleasant truth. It's thrilling to watch.

Carlyle I was filming *Toxic Town* with Jack Thorne when he approached me with scripts for *The Hack*. I just thought it sounded like a really interesting thing. I was aware of the *News of the World* stuff back in the day, but I didn't know much about Dave and his investigation, or how these two seemingly unrelated stories link together.

How does the split storyline play out?

Tennant Nick and Dave's stories are told in two different narrative styles. Nick allows the audience in by turning to the camera and explaining things. He's holding the audience's hand where necessary, and it allows him to contradict himself and to admit when he's got it wrong.

Carlyle Dave's story is more of a crime procedural. It's an entirely different approach and I loved that. Jack has done something unique, as he did with *Adolescence*. It's not

WORDS: REBECCA MAHONEY PHOTOS: ITV, SHUTTERSTOCK

Dave Cook
Robert Carlyle
The Det Chief Supt is called on to help solve a cold case that haunts the Met Police. Will an appeal on his wife's show, *Crimewatch*, help?

ROGUE REPORTING

In the mid-2000s, revelations that journalists at the *News of the World* were illegally tapping private voicemails in pursuit of splashy stories sent shockwaves through British media, policing and politics. Alleged victims included Prince William and Hugh Grant and murdered schoolgirl Milly Dowler, which sparked public outrage.

The ensuing investigation uncovered not the work of 'one rogue reporter', as initially claimed, but widespread hacking, prompting dozens of arrests, trials and forcing the closure of the paper in 2011.

Several employees received jail sentences, including editor Andy Coulson, while then-PM David Cameron launched the Leveson Inquiry to investigate the affair and look into press ethics, reshaping British journalism forever.

'A certain newspaper found it was easier to steal stories than to find them,' says *The Hack* writer Jack Thorne. 'And nobody stopped them.'

The real Nick Davies

WHO'S WHO IN *THE HACK*

Alan Rusbridger
Toby Jones

The *Guardian* editor encourages his long-time friend Nick to expose the truth. But he must protect his paper in the process.

Rupert Murdoch
Steve Pemberton

Will his News International empire come crashing down when his bestselling tabloid faces huge allegations?

Jacqui Hames
Eve Myles

Dave's wife is still reeling from the murder of her *Crimewatch* co-presenter and friend Jill Dando, when her life takes a turn.

Charlotte Harris
Rose Leslie

Lawyer Harris represents some high-profile clients that are suing the juggernaut of a newspaper.

Gordon Brown
Dougray Scott

As press scrutiny intensifies on the Chancellor-turned-Prime Minister, has he fallen victim to Fleet Street's darkest operators?

Sheridan McCoid
Katherine Kelly

While her ex-husband Nick chases his most dangerous scoop yet, their son grapples with conflict at school.

going to be easy for viewers, you'll have to think about it, but you're taken on an amazing journey.

Did you meet Nick and Dave?

Tennant Nick and I hung out before filming, and he visited the set. He was open and articulate, and really fulfilled my expectations. He was a great resource, and like a dog with a bone when it comes to malpractice and deception.

Carlyle Dave visited the set and was a top man. He simply wanted justice for the family of Daniel Morgan, who was found dead in the car park of a pub in Sydenham. It was a brutal murder, with an axe through the head. But things started to go badly wrong for Dave healthwise and in his marriage. He paid a price.

Had you met each other prior to filming?

Tennant No, which is weird as we're both from the homeland, but Robert is great casting. He's got a wonderful intensity to him as you follow every moment of Dave's emotional journey.

Carlyle We met just before we started shooting, but David is one of the most professional actors I've ever worked with. He was right on the money every day.

The series is also packed with star-studded cameos...

Tennant We have a Rolls-Royce of a cast. People who should be leading a series would come in and play roles with relatively little screen time, but they make so many moments sing. It was such a pleasure playing opposite Toby Jones, too. He's a wonderful, twinkly, warm presence.

Action Jackson

Can **Sir Gary Oldman**'s dishevelled MI5 agent save Slough House from a terrorist threat?

NEW DRAMA

Slow Horses

From Wednesday 24 September, Apple TV+ (released weekly)

Jackson Lamb and his gang of misfits from Slough House are back with a new twist-filled case that sees their geeky colleague Roddy Ho being dragged into the centre of a dark conspiracy.

As the fifth season of Apple TV+'s Emmy-winning spy thriller *Slow Horses* opens, the department of MI5 rejects are flabbergasted when they discover the irritating hacker has a glamorous new girlfriend.

Immediately suspicious, Lamb (Sir Gary Oldman) begins to wonder if someone is using Roddy (Christopher Chung) as a way to target Slough House.

'The situation is bonkers,' says Oldman. 'Lamb is initially slow to pick up on things because he can't believe that Roddy has a girlfriend, and secondly, who would want to kill Roddy?'

SMOKE AND MIRRORS

This week's opening episode begins with a gunman firing on a crowd of people in a busy London square, before his getaway van speeds away, almost running Roddy over.

Roddy's colleague Shirley Dander (Aimee-Ffion Edwards) manages to save his life and is adamant the van driver was trying to kill Roddy. But while her colleagues aren't convinced, they're surprised to find Roddy has landed himself an attractive girlfriend, Tara (Hiba Bennani).

'As always, Roddy's convinced he's the smartest and hottest guy in the room,' explains Chung. 'But he's part of something much bigger than he realises, and for the first time we see what happens when Roddy's confidence collides with real-world stakes.'

POLITICAL INTRIGUE

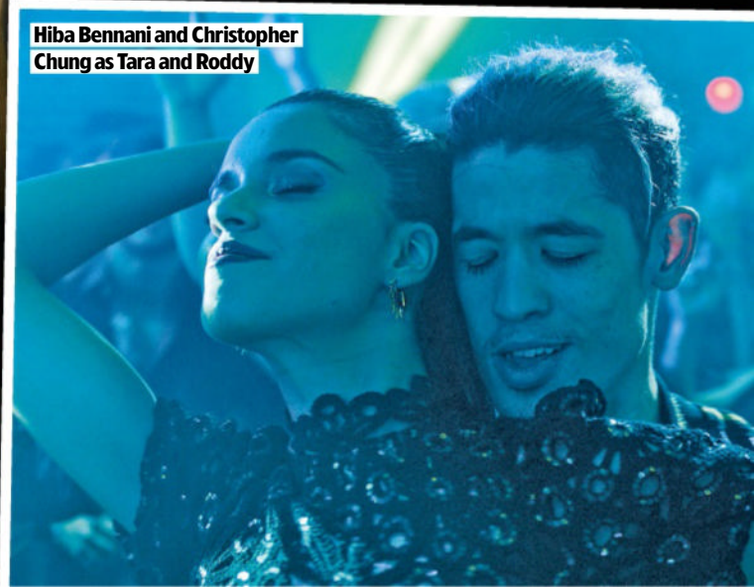
Meanwhile, MI5 Director General Claude Whelan (James Callis) and his deputy Diana Taverner (Dame Kristin Scott Thomas) are concerned when they discover the mystery gunman is a supporter of right-wing politician Dennis Gimball (Christopher Villiers).

Gimball is running in the London mayoral election against political opponent Zafar Jaffrey (Nick Mohammed). As the race intensifies, Gimball and his tabloid columnist wife, Dodie (Victoria Hamilton), manipulate public opinion and stir fear during a series of seemingly random attacks that prompts Diana to place Slough House under lockdown.

Elsewhere, River Cartwright (Jack Lowden) is still reeling after his grandfather, former MI5 official David Cartwright (Sir Jonathan Pryce), is placed in a care home after his dementia worsens. He's also shocked when close friend Louisa Guy (Rosalind Eleazar), who's about to leave Slough House for a six-month break, tells him privately she's leaving for good.

'That's a huge shock for River because he feels she's the only person he really gets on with,' says Lowden. 'River is in a stressed, grief-stricken position, caught between accepting the situation with his grandfather who has spiralled into dementia and trying to ignore it.'

Louisa isn't the only one leaving Slough House, with showrunner Will Smith, also set to depart. 'Will's writing hits its zenith this year,' praises Lowden. 'The comic timing was so fantastic to play.'



Hiba Bennani and Christopher Chung as Tara and Roddy

WORDS: SEAN MARLAND, VICTORIA WILSON. PHOTOS: APPLE TV+, SKY

Kristin Scott Thomas and James Callis as Diana and Claude

'The situation is bonkers'
GARY OLDMAN

Gary Oldman as Jackson Lamb

Nick Mohammed as Zafar Jaffrey

Vinnie, Erin and co

Goodbye, gang!

The *Brassic* pals bow out with their wildest adventures yet...

NEW COMEDY DRAMA
Brassic
Thursday, 10pm, Sky Max & Sky Showcase

More scrapes await...

After six seasons of mayhem, we've reached the end of a very rocky road for Vinnie, Tommo, Erin and their lovable gang of petty crooks as Sky's riotous comedy drama *Brassic* begins its final outing.

'I remember early on thinking *Brassic* felt really fresh,' says Ryan Sampson, who's played 'entrepreneur' Tommo since the very first season in 2019. 'It's anarchic, a bit punk, very northern, very working-class and progressive.'

Following a near-death experience last time out – quite literally a 'cliffhanger' – Vinnie (show creator Joe Gilgun) and his crew want to step back from dodgy dealings. That is until they spot a younger, rival gang operating in Hawley, led by Farmer Jim's estranged daughter Ally, who's a chip off the old block...

'Jim's miserable, aggressive and has no filter, but is somehow still charming,' says Steve Evets, who plays the foul-mouthed farmer. 'I have mixed feelings about letting Farmer Jim go – it's been a pleasure bringing him to life for seven years.'

Meanwhile, Mrs Bishop (Debbie Rush) is getting married, and nothing will get in the way of her perfect day – except for her ex, Mr Bishop (Neil Fitzmaurice).

Steve Evets as Farmer Jim

UPS AND DOWNS

As Vinnie and the gang are dragged back into their criminal activities, the farewell season is packed with lederhosen-fuelled escapades, school reunions, unhinged gangsters, plus surprise returns and a whole lot of heart as the gang consider their futures...

'I love this show. It's always felt like home,' says Michelle Keegan, who has teased fans from the start as Vinnie's 'will-they-won't-they' love interest Erin. 'Every year, I'd go off and do other projects, then I'd come back home to *Brassic*. It's going to hit me more this year as we're not returning.'

'We've all become like family over the years,' adds Sampson. 'I know the worst sides of them all, and they know mine. They've had to put up with me stomping down a hill in the rain in a bad mood, and vice versa. It's amazing how we've all bonded.'

Dianne Buswell and Chris McCausland

NEW ENTERTAINMENT

Strictly Come Dancing

Saturday, 6.40pm, BBC1

Boogie wonderland!

Introducing the *Strictly* stars of 2025...

Karen Carney
Ex-England footballer, 38
'I absolutely love the show and never thought I'd actually get to be a part of it. I'm a trainers girl, though, so I think the heels and stairs might be a bit of a problem.'

Stefan Dennis
Neighbours actor, 66
'My *Neighbours* co-star April Rose Pengilly [who played Chloe] did *Dancing with the Stars* in Australia and her advice was: go home each night and cover myself in cold packs.'

Balvinder Sopal
EastEnders actor, 46
'I'm not a dancer, so my plan is to step into the shoes of a different version of myself so there's always a story to tell. I'm looking forward to the challenge.'

Fifteen glammed-up celebs step out of their comfort zones and into the *Strictly Come Dancing* ballroom this week.

Among the stars competing for the Glitterball trophy are former footballers Jimmy Floyd Hasselbaink and Karen Carney, plus reality star Dani Dyer and Ellie Goldstein, the first model with Down's syndrome to grace the cover of British *Vogue*.

This week is something of an easy intro, as hosts Tess Daly and Claudia Winkleman pair the stars with their professional dance partners, which means they won't have to face the judges until next week. But there's still a group dance to look forward to as the class of 2025 make their dance-floor debut, plus a routine from last year's winners, comedian Chris McCausland and Dianne Buswell, as well as a performance by Jessie J.

Here, we profile this year's line-up…

Claudia Winkleman and Tess Daly

Harry Aikines-Aryeetey
Gladiators star, 37
'I'm used to wearing Lycra, so I can't wait to look snazzy for once. I'd even dress up as a Disney princess just to make my six-year-old daughter smile.'

Dani Dyer
Reality star, 29
'When you watch *Strictly* on the telly it looks like they're all having the best time – and they really are. It feels like I'm in a Barbie dream world!'

Jimmy Floyd Hasselbaink
Former footballer, 53
'I've already tripped coming down the *Strictly* staircase. But I'm very competitive and I'm determined to put the hours in and listen to my pro partner. Can I go all the way?'

Ellie Goldstein
Model and influencer, 23
'Oh, the glitz, the hair, the make-up – I just love it all. I'm hoping for 10s every week from the judges! Craig's my favourite – I just want to impress him!'

George Clarke
YouTuber, 25
'My dance skills are at the very bottom of the scale. I'm nervous about letting my pro partner down because they've already had to step down a massive level to dance with me.'

Vicky Pattison
TV personality, 37
'I'm like a coiled spring and have been since I found out I'd got on the show. I'm not a dancer, so it's a total baptism of fire and I hope I don't let nerves get the better of me.'

Chris Robshaw
Ex-England rugby captain, 39
'Normally I only ever really dance after a couple of drinks at a wedding. I'm really worried about any dances using my hips. They're so stiff they don't actually move.'

Alex Kingston
***Doctor Who* actor, 62**
'The training has been intense, hectic but also joyful. You really have to focus so you don't miss a single step. There's no room to be distracted.'

La Voix
Drag artist, 45
'What with learning 17 dances, walking up and down that *Strictly* staircase, costume fittings and photo shoots, it's a lot. But I'm so excited because I've always wanted to be able to say, "I can dance!"'

Ross King
***Lorraine* reporter, 63**
'*Strictly* is such a huge show, so it's really nerve-racking. But if I get kicked off after the launch show I'll still be smiling, because just to even get on *Strictly* is brilliant.'

Lewis Cope
***Emmerdale* star, 30**
'I'm really nervous about the ballroom frame the judges always talk about – the one where you're trying to look still from the waist up but the bottom half of you is really busy.'

Thomas Skinner
Former *The Apprentice* star, 34
'I'm petrified about every dance and I'm probably the least able dancer this year. But my biggest challenge is learning my left from my right.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Sharon and Vicki

EASTENDERS

Bombshell for Sharon!

» **Sharon returns from** Australia and is shocked to find Zoe is back in Walford. It's been 20 years since Zoe was embroiled in Dirty Den's murder, and there is definitely unfinished business between her and Sharon.

When the women eventually come face to face, Sharon decides to call a truce, despite Zoe's involvement in her father's grisly demise. Vicki doesn't feel quite so forgiving and fights with Zoe in The Square, leading to Zack getting smacked when he tries to break it up.

Wondering if she's been too soft on Zoe, Sharon storms over to The Vic to defend her sister over the scrap. With tensions at an all-time high, Zoe drops a bombshell that leaves Sharon, and the entire pub, reeling.

Zoe blurts out a confession

Sharon can't believe what she's heard, but Zoe insists she's telling the truth. Seeking comfort, Sharon turns to old friends Ian and Kathy, but will Phil also offer support to his ex in light of Zoe's admission? And as Sharon and Zoe struggle to put the past behind them, can Kat help her damaged daughter?

» **PLUS** Peter takes Jimmy to a sensory class and flirts with one of the mums, Stacey considers moving to Brazil, and Oscar is smitten with newcomer Jasmine.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Asha faces Naomi (above), the woman who abused her, Kevin is given the all-clear only to be dumped by Abi, Theo gets upsetting news about an old friend, Carla tells Becky she should've stayed away, and Fiz offloads to Maria about Ty's recovery.

EMMERDALE

» Liam (right) is caught in an embarrassing situation by Manpreet, finally forcing him to seek medical help, April starts dealing full-time for Ray, Charity takes a DNA test, and Gabby hides her infidelity from Vinny.

WORDS: HANNAH DAVIES, JOHNATHON HUGHES. PHOTOS: ADOBE STOCK, BBC, BBC/RAY BURMISTON, ITV

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TVSAT16/09/25

NEW FROM NETFLIX

Benjamin Guinness
Fionn O'Shea
Addicted to alcohol and laudanum, the troubled sibling is left nothing in his father Sir Benjamin's will.

Edward Guinness
Louis Partridge
Sir Benjamin's youngest son manages the Guinness brewery and has a meticulous mind for business.

Sean Rafferty
James Norton
The Guinness family's fixer and enforcer will do anything to protect the siblings from their rivals.

Arthur Guinness
Anthony Boyle
The eldest brother is shocked when he finds out he must share his father's inheritance.

Anne Plunket
Emily Fairn
The oldest child inherits nothing and instead turns her energies to charitable work.

Stout hearts

The **compelling true story** of the Guinness brewing dynasty

NEW DRAMA
House of Guinness
From Thursday 25 Sept, Netflix

Dressed in full Victorian costume, Anthony Boyle walks through a Liverpool warehouse that's been transformed into a 19th-century Dublin brewery, removes his top hat and takes a seat to chat to *TV&Satellite Week*.

We've been invited on set to watch the filming of period drama *House of Guinness*, an eight-part saga that delves into the history of one of Ireland's most famous families, and our timing couldn't have been better.

Today, Boyle and his three on-screen siblings are filming the funeral of their father, Sir Benjamin Guinness, a turning point which signals the start of a new chapter for the vast brewing empire that by 1868 already straddled the globe.

'It's written by *Peaky Blinders* creator Steven Knight, and I've loved his shows for so long,' says Boyle, who plays Arthur Guinness. 'The relationships within the family are so layered and complex, it feels like a period-drama version of *Succession*.'

As the eldest son, Arthur expects to inherit everything. However, just like *Succession*, things don't quite work out as expected.

SHARING THE CROWN

At the reading of his father's will, Arthur learns he must share the family business with his youngest brother Edward (Louis Partridge), while their sister Anne Plunket (Emily Fairn) and middle brother Benjamin (Fionn O'Shea) are left with nothing.

Brothers and heirs Arthur (left) and Edward

Arthur enjoys the high life

While Arthur, who is secretly gay, just wants to enjoy the high life in London, Edward rises to the challenge of running the brewery and has his eyes on cracking the lucrative American market.

But, in an era when Dublin was a tinderbox of rebellion and class struggle, the Protestant family are seen by many as a symbol of British rule.

'Protestant families such as the Guinnesses were given land and privileges when they arrived in Ireland,' explains Partridge when he joins us. 'But the people working the docks are Irish Catholics, and they feel Ireland belongs to them. Edward realises they're the majority – they're the ones buying the beer, working in the factories – so they're worth getting onside.'

FASCINATING FAMILY

When it came to researching his script, Steven Knight met up with real-life Guinness heiress Ivana Lowell for insider knowledge.

'Ivana is an absolute mine of information and stories about the family going back years,' explains Knight. 'We met in a pub and I was absolutely hooked, and I thought I've got to tell these stories. And of course we had a Guinness while we were there!'

WORDS: SEAN MARLAND. PHOTOS: NETFLIX

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Donna Lynne Champlin

LAST ONE

Elsbeth

Monday, 9pm, Sky Witness

Born in 1971, Broadway star Donna Lynne Champlin also has a host of TV credits to her name, including her role as singing lawyer Paula Proctor in musical romcom series *Crazy Ex-Girlfriend* (2015-19). More recently, she has played real-life Washington aide Melissa Winter in *The First Lady* on Paramount+ and dogged detective Nikki Henry in Netflix's *The Perfect Couple*.

HER NEW ROLE

In this week's season finale of crime drama *Elsbeth*, Carrie Preston's eccentric investigator lands in jail where she is reunited with some of the killers she's put behind bars, including theatre director Alex Modarian (Stephen Moyer), who soon ends up dead in the library. Champlin plays prison warden Mama Martin – but is she as warm and friendly as she seems? The US crime mystery will be back for a third run next year.

Donna Lynne Champlin

The end of World War Two brings changes at **Skeldale**

Animal

NEW DRAMA

All Creatures Great and Small

Thursday, 9pm, 5

From his recurring role as slippery politician Peter Judd in spy drama *Slow Horses* to his scene-stealing turn as irascible head vet Siegfried Farnon in vet saga *All Creatures Great and Small*, Samuel West is currently enjoying a purple patch.

'I'm pretty busy. I'm also playing Malvolio in *Twelfth Night* for the Royal Shakespeare Company at the Barbican in London at Christmas,' West, 59, tells *TV&Satellite Week*. 'They are all very different.'

This week sees him return as tetchy Siegfried for a sixth run of *All Creatures Great and Small* on 5, in which the action moves forward to May 1945 – four years on from the last run – as the war in Europe is drawing to a close.

AT SIXES AND SEVENS

The intervening period has resulted in new developments for the vets of Skeldale House. While James Herriot (Nicholas Ralph) and wife Helen (Rachel Shenton) now have a second child – Rosie – Siegfried's brother Tristan (Callum Woodhouse) is returning from serving in Italy, and stoic housekeeper Mrs Hall

Gladys the pygmy horse

Ashton, Jack and Darius

Learning curve

Comedian **Jon Richardson** joins *Waterloo Road* as a troubled teacher

NEW DRAMA

Waterloo Road

Tuesday, 9pm & 10.40pm, BBC1 (box set, BBC iPlayer)

Earlier this year, Jon Richardson 'April Fooled' the nation when he announced on social media that he was quitting stand-up comedy to become a teacher, later to reveal he would be playing media-studies teacher Darius Donovan as BBC1's *Waterloo Road* begins a new term.

Here, the star, who turns 43 on 26 September, tells us more...

What's it been like joining a hit series like *Waterloo Road*?

My first day was the most scared I've been since I started doing stand-up comedy, but the cast have been so kind. It's like warming up for five-a-side and getting in the England team!

WORDS: CAREN CLARK, MICHAEL DARLING, HANNAH DAVIES, RICHARD MCCLURE. VICTORIA WILSON. PHOTOS: 5, BBC, SHUTTERSTOCK, U&ALIBI

Mrs Hall, Siegfried, Helen, James and Tristan

house

(Anna Madeley) has also been away. Meanwhile, Siegfried has grown more erratic and disorganised, leaving the practice in chaos.

'Siegfried is in a mess and having a midlife crisis even though he insists that everything is fine,' says West. 'His attempts to hold Skeldale House together have become increasingly desperate. He is pretty hopeless, and his behaviour pushes people away.'

In the opening episode, Siegfried and James clash over how to treat an ageing sheepdog called Fly, while a variety of other animals need their ministrations later in the run.

'We've got a pygmy horse that was quite fragrant, and we also have a gorgeous parrot who swears!' smiles West.

SCENIC BACKDROP

Even after six years on the series, the actor is as enthusiastic as ever about exploring the glorious Yorkshire locations.

'Filming in the Dales is extraordinary, it's my favourite place,' he smiles. 'I suppose eventually we will have to stop, but I will be very sad when we do.'

What can you tell us about Darius? We first see Darius taking drugs in his car before walking into school – that tells you all you need to know about him. He's a womanising sociopath with a military background and he sees Waterloo Road as somewhere to put down roots. But he's soon caught up in a dog-eat-dog scenario with one teacher and, later, makes a huge mistake that ends very badly and is then chasing his own tail, trying to cover it up.

Darius bonds with school counsellor Jack. How does their friendship develop? Jack has had his problems with addiction and has gone away and dealt with them. Darius feels he's on top of his own demons, so sees Jack [played by Jason Merrells] as a kindred spirit. However, the pair eventually clash. What Darius does to Jack is unforgivable and viewers will hope Darius gets a taste of his own medicine.

Jason Merrells as Jack

What were your own school days like? I was shy and quiet. I'd stay up all night playing my *Championship Manager* video game, sleep for two hours, then get up and do all my homework before school. I loved languages and thought I'd teach French or Spanish – but I think as a real teacher, I'd fail overnight!

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW Shakespeare & Hathaway: Private Investigators

Wednesday, 8pm, U&Alibi (box set, Sky Box Sets, Virgin TV & NOW)

After a fallout, private detectives Luella Shakespeare (Jo Joyner) and Frank Hathaway (Mark Benton) are taking on separate cases as the series returns. But that changes when they become embroiled in the failing marriage of social-media influencers Rina and Preston. After the couple's handyman is murdered, Lu and Frank must team up to find the killer.

Johnny Mathis at the BBC

NEW

Saturday, 8.30pm, BBC2

To celebrate Johnny Mathis' 90th birthday on 30 September, BBC2 dedicates an evening of programmes to the American singer (right), beginning with this clips show from the BBC archives. The velvet-voiced star tasted US success in the 1950s before his UK popularity peaked in the 1970s with Christmas No. 1 *When a Child Is Born*.

RuPaul's Drag Race UK

NEW

Thursday, 9pm, BBC3

Get set for some serious sequins and sparkle as *RuPaul's Drag Race UK* sashays onto our screens for a seventh series. As 12 new queens take to the runway, Mama Ru (right) is joined by a host of celebrity guest judges, including presenter Joel Dommett, Girls Aloud singer Nadine Coyle and actor Jane Horrocks.

Sister Boniface Mysteries

NEW

Friday, 9pm, U&Drama (box set, U)

Lorna Watson returns as the scooter-riding sleuthing nun in the fourth series of the cosy crime drama set in the fictional Cotswolds village of Great Slaughter. This time, Sister B has eight new mysteries to solve, beginning with the murder of a stuntwoman after the cast and crew of an American *Batman*-style TV show pitch up to film at a stately home.

Jessica Chastain as Jodi

Jessica Chastain goes undercover online to stop extremist terror threats

Web of hate

Chastain with Nnamdi Asomugha

tv+ The Savant

NEW *Available: Friday 26 September*
Genre: Drama Season: 1 Episodes: 8
(first two episodes from Friday 26 Sept, then weekly)

The sinister inner workings of American hate groups are on display in new eight-parter *The Savant*, starring Academy Award-winner Jessica Chastain as a suburban mother leading a dangerous double life from a backyard office.

The series is inspired by a 2019 *Cosmopolitan* article about a real-life, anonymous online investigator, and Chastain portrays Jodi Goodwin, an unassuming mum living in Cincinnati, Ohio, with her army-medic husband Charlie (Nnamdi Asomugha) and two children. Yet outward appearances belie Jodi's undercover work for the Anti-Hate Alliance, which prevents violent plots by domestic extremists.

After a tragic mass shooting, Jodi becomes convinced that an even deadlier attack is imminent. But, as she dives deeper into shadowy far-right chat rooms, she's forced to confront the darkest parts of her past, while also placing her loved ones in danger.

Here, Chastain, 48, who won a Best Actress Oscar in 2022 for *The Eyes of Tammy Faye*, tells us more about the cat-and-mouse thriller…

What appealed to you about this story? I was really blown away by the magazine article – I didn't know that there are basically undercover cops online protecting us from mass violence. I'm excited that the world is going to see their courage and bravery.

How does Jodi infiltrate these groups? I don't want to give away any spoilers but you discover that her extremist online avatar is called FleshyMF, and it is grounded in something personal to make it as real as possible. It's how we show Jodi descending into the darkness and the madness of this world.

How does her role affect her? She spends so much of her time in a hate-filled environment that she wonders if there's a monster inside of her. Is that why she's so good at what she does? And is it going to destroy the life she's built?

How high are the stakes? Incredibly high. There's a term called 'doxing' and, when someone gets doxed, all their private information is put online – everyone knows where to find you. It could happen to Jodi.

Did you meet Jodi's real-life counterpart? Yes, I had the opportunity to talk to the real woman and I asked her a lot of questions about the job and how she balances it with her family. To keep her safe, this is not her exact story, but it's inspired by her.

Has making this changed how you spend time online? I don't have social media on my phone any more! Now I wake up in the morning and it's not the first thing I see.

What we're watching...

The shows being enjoyed by the *TVSW* team

NETFLIX The Thursday Murder Club

Genre: Drama Episodes: One-off

The joy of this adaptation of Richard Osman's cosy murder-mystery bestseller lies in watching Sir Ben Kingsley, Dame Helen Mirren, Pierce Brosnan (all pictured) and Celia Imrie interact as crime-solving occupants of a luxurious retirement home. Sharp and inquisitive, they pass the time looking at cold-case killings until a murder happens on their own doorstep. There are enough red herrings to hold the interest as well as fun cameos from David Tennant and Richard E Grant.

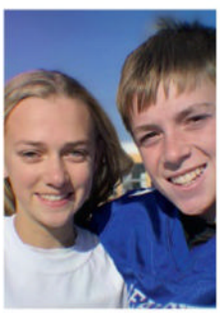
prime The Terminal List: Dark Wolf

Genre: Thriller Season: 1
Eps: 7 (released weekly)

Taylor Kitsch (right) reprises his role of Ben Edwards in an intense prequel to 2022's *The Terminal List* which details Edwards' dark journey from Navy SEAL to CIA operative.

NETFLIX Unknown Number: The High School Catfish

Genre: Documentary
Episodes: One-off



For nearly two years, teenage Michigan couple Lauryn Licari and Owen McKenny (both pictured) were cyberstalked by a culprit whose identity is truly shocking.

Now in production...

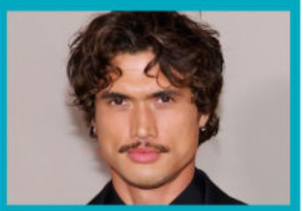
Three upcoming shows to look out for soon

NETFLIX The Age of Innocence

In Netflix's adaptation of Edith Wharton's novel about a 19th-century love triangle, Camila Morrone (above) is spirited Ellen, Kristine Froseth is kindly May, and Ben Radcliffe is forward-thinking Newland. Margo Martindale also stars.

prime Tomb Raider

Sophie Turner (above) will portray archaeologist and artefact-hunter Lara Croft in Prime Video's live-action series based on the classic video game, created and written by Phoebe Waller-Bridge, which will see intrepid Lara embark on a thrilling adventure.



NETFLIX Saturn Return

Netflix's romance, starring Charles Melton (above), Rachel Brosnahan and Will Poulter, will explore the lives of a group of people in Chicago as they undergo epic changes and also learn about themselves over the course of the decade following their college years.

WORDS: CAREN CLARK. JUDY EWENS, ELAINE REILLY. PHOTOS: APPLE TV+, GETTY NETFLIX, PRIME VIDEO

Stallone with the cast of *Tulsa King*

Do the Dwight thing

Why **Sylvester Stallone** loves playing the likeable Tulsa mobster

Paramount+ **Tulsa King**

NEW *Available: Sun 21 Sept Genre: Drama*
Season: 3 Episodes: 10 (released weekly)

Sylvester Stallone is back for more dangerous escapades as Mob boss Dwight Manfredi when a third season of Paramount+'s hit action series *Tulsa King* gets under way.

Season 2 ended on a cliffhanger with former Mobster jailbird Dwight being snatched when an FBI SWAT team burst into his house, taking him to a warehouse where he was tied up before a menacing voice told him, 'You work for us now.'

Viewers will discover the fallout from that twist in the new season, while Dwight also faces his most dangerous adversaries in Tulsa yet – powerful old-money family the Dunmires, with *Reacher* and *Peacemaker* actor Robert Patrick playing Jeremiah Dunmire, head of the ruthless dynasty who have made their fortune in the liquor business.

Elsewhere, Hollywood star Samuel L Jackson turns up as Russell Lee Washington Jr, an old associate of Dwight's from his time in prison, who is sent to Tulsa by New York's Renzetti crime family to take Dwight out once and for all. His appearance will pave the way for a new spin-off series, *NOLA King*, which sees Russell setting up his own criminal enterprise in New Orleans.

Stallone and Samuel L Jackson

Robert Patrick as Jeremiah Dunmire

NEW DIRECTION

'The studio bosses came to me with a game-changing idea – to elevate *Tulsa King* into a dynamic, family-driven franchise. I was immediately on board,' says Stallone, 79. 'Sam Jackson was the only choice to anchor this new adventure.'

Meanwhile, a fourth season of *Tulsa King* is already confirmed, and Stallone is relishing his small-screen role, which offers him the chance to showcase his comedic and irreverent side.

'Playing a funny, less threatening gangster lets me bring out my off-centre personality,' he explains. 'Dwight can be silly and do jokes. The character fits me like a tailor-made suit.'

Will true love win out?

Perfect match?

Imogen Poots and Brett Goldstein star in a heartfelt romantic drama

tv+ **All of You**

NEW *Available: Friday 26 September*
Genre: Romantic drama

If a test existed that could match you with your soulmate, would you take it? Brett Goldstein and Imogen Poots team up to explore whether one person can ever be your everything in the hilarious and heart-wrenching romantic movie *All of You*.

The film centres on Simon (Goldstein) and Laura (Poots), best friends since college who are still joined at the hip – partying together and providing comfort in a crisis.

Laura and Simon have a bond

TESTING TIME

Their strong bond weakens, though, when Laura takes a test that successfully matches her with her 'soulmate' – despite years of unspoken feelings between the friends. As Simon and Laura's paths continue to cross, their chemistry is still undeniable…

'We follow their relationship for the next 12 years and, despite knowing they are not meant to be, they're still drawn to each other,' says Goldstein, 45, best known as coach Roy Kent in *Ted Lasso*.

As circumstances look set to keep the pair apart, will Simon and Laura finally realise their love, or will the test result hold firm?

'I'm very romantic and I do believe in soulmates, so if there was such a test, I probably would take it,' says Poots, 36. 'With dating apps, it feels like such things are getting closer to becoming a possibility – but I reckon it's a terrible idea. It completely robs us of romance.'

WORDS: CAREN CLARK, TESS LAMACRAFT, IAN MACEWAN, VICTORIA WILSON. PHOTOS: 5, APPLE TV+, BBC, C4, PARAMOUNT+, SKY

Toni Collette stars as Evelyn

Tough LOVE

Toni Collette runs a sinister school for troubled teens

NETFLIX **Wayward**

NEW *Available: Thursday 25 September*

Season: 1 Episodes: 8 Genre: Thriller

Sarah Gadon as Laura

As a teenager, Canadian comedian Mae Martin, seen on *Taskmaster* in 2023, experimented with drink and drugs, dropped out of school and was kicked out of the family home. Now, the BAFTA-nominated actor, writer and recording artist has created and stars in a new drama about similarly troubled youngsters.

In eight-part series *Wayward*, the non-binary Martin stars as city cop Alex who is trying to put a disturbing incident in the line of duty behind him as he moves to the Vermont town of Tall Pines where his pregnant wife Laura (Sarah Gadon) grew up.

Located in the town is Tall Pines Academy, a last-resort institution for troubled adolescents headed up by the charismatic but unsettling Evelyn (Toni Collette). Within hours of starting his new job with the local police force, Alex and a colleague discover one of the academy's students running barefoot and bloody through the woods, having escaped from the school, and begging not to be sent back.

DISTURBING DISCOVERIES

When Alex starts to investigate what might be happening behind the closed doors of the school (where Laura also spent time as a teenager), friendships and relationships are put to the test, and long-buried truths begin to emerge.

'I started developing *Wayward* based on a lot of things, but mainly my own experiences as a young person,' explains Martin, who wrote and starred in the award-winning C4 comedy *Feel Good*, also drawn from their own experiences.

'I was a wayward teen in the early 2000s, and my best friend was sent to one of these "troubled teen" institutes when she was 16,' says the 38-year-old. 'When she came back and shared her stories, I became obsessed with the industry. A lot of its origins came from self-help groups and cults in the 1970s – and there can be huge profits and often questionable practices. I knew it was rich thriller territory.'

Martin was delighted when *The Staircase* and *Unbelievable* star Collette agreed to play the mysterious and sinister Evelyn.

'Toni was always our number-one choice,' explains Martin. 'She can be so dryly funny – then absolutely terrifying!'

Mae Martin plays Alex

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

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Task

In Sky Atlantic's thriller, FBI agent Tom (Mark Ruffalo, above) is asked to look into a series of robberies, but the case takes a shocking twist when the culprit, refuse collector Robbie (Tom Pelphrey), gets involved in a terrifying shoot-out...

5

The Rumour

Joanna (Rachel Shenton, above) makes waves when she moves to a small town in 5's drama and reveals she's seen online gossip suggesting that a notorious killer is living in the area under a new guise. Then a death brings more ructions...

4

Taskmaster

The return of C4's delightfully daft game show sees contenders including Maisie Adam (above) and Sanjeev Bhaskar chase Alex Horne to scan a QR code on his jacket, while a multiplication-related task leaves them all baffled.

BBC iPLAYER

Freddie Flintoff's Field of Dreams: Ultimate Test

A third run of BBC1's inspirational docuseries follows the former cricketer (above) as he sets up his first girls' team in Blackpool as well as a new boys' squad in Merseyside.

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SCAN HERE

Pick of the new releases

The best new shows to enjoy this week on streaming services...

90 Day Fiancé UK Tell All
Sunday 21 September

Judi Love hosts as the cast from the fourth season of the reality show meet up for the first time in a special studio event. The couples tie up loose ends and reveal what has been happening in their lives since filming stopped.

The London Railway Murders
Sunday 21 September

This true-crime documentary tells the story of two childhood friends who turned into killers and the group of women whose determination finally caged a monster. In 1998, 10 years after the 'Railway Killer' was imprisoned, similar attacks led the police to believe they had a copycat on their hands, but a confession revealed the 'Railway Killer' had an accomplice.

Tulsa King
Sunday 21 September

Sylvester Stallone returns as Mob boss Dwight Manfredi in the third season of the crime drama. Dwight faces his most dangerous adversaries yet in Tulsa – the Dunmires, a powerful old-money family who don't play by old-world rules. Samuel L Jackson joins the cast as enforcer Russell. See feature, page 16.

Crime Scene Zero
Tuesday 23 September

South Korean crime-solving reality series. Across 10 episodes, each player takes on the dual role of detective and suspect in a show that is a mix of psychological mind games, shocking twists and battles of deduction.

Slow Horses
Wednesday 24 September

Gary Oldman and Dame Kristin Scott Thomas return in the fifth season of the darkly humorous espionage drama. Everyone is suspicious when computer nerd Roddy Ho (Christopher Chung) has a glamorous new girlfriend, then a series of bizarre events occur across London... See feature, page 6

Sneaker Wars: Adidas vs Puma
Wednesday 24 September

Docuseries about the decades-long rivalry between two global sportswear giants, Adidas and Puma, founded by feuding German brothers Adi and Rudi Dassler. The series reveals the origins of their split and how competition reshaped the industry.

The Man in My Basement

Marvel Zombies
Wednesday 24 September

Adult animation. A group of survivors risk their lives fighting superpowered zombies in order to save the world. The voice cast includes Florence Pugh and Paul Rudd.

Hotel Costiera
Wednesday 24 September

Action series starring *Grey's Anatomy*'s Jesse Williams as Daniel De Luca, a former US Marine who returns to Italy, the country of his childhood, to be a fixer in a luxury hotel on the Amalfi Coast. When the owner's daughter disappears, he is tasked with finding her.

House of Guinness
Thursday 25 September

James Norton stars in a historical drama from *Peaky Blinders* creator Steven Knight inspired by the story of the family behind the Guinness brewing company. It reimagines the period immediately after the 1868 death of Sir Benjamin Guinness and the fate of his four adult children. See feature, page 11.

Inside the Kim Kardashian Heist
Tuesday 23 September

Docuseries about the 2016 robbery of $6 million worth of jewellery, which was stolen at gunpoint from reality star Kim Kardashian while she was staying at the exclusive Hôtel de Pourtalès in central Paris for Fashion Week. The trial of the accused finally took place this year.

Wayward
Thursday 25 September

Thriller. A cop (*Feel Good*'s Mae Martin) in a picture-perfect town suspects that a school for troubled teens, run by its mysterious founder (Toni Collette), may not be all it seems. See feature, p17.

Riff Raff
Thursday 25 September

Crime comedy. A former criminal (Ed Harris) finds his quiet life turned upside down when members of his family from his old life turn up including his ex-wife (Jennifer Coolidge) and their son (Lewis Pullman). Hot on their heels is an ageing mafioso (Bill Murray).

Novocaine
Thursday 25 September

Action thriller. Jack Quaid plays an office worker who is born with a rare genetic disorder which means he can't feel any pain. When the girl of his dreams is taken hostage, he uses his fights to get her back. Also showing on Sky Premiere from Thursday 25 September (9.20am & 8pm).

The Savant
Friday 26 September

Thriller following an undercover investigator known as 'The Savant' (Jessica Chastain) as she infiltrates online hate groups in America in an effort to stop domestic extremists before they act. See feature, page 14.

Project Runway
Friday 26 September

Season 21 of the reality series follows another group of up-and-coming fashion designers who tackle weekly design challenges. Heidi Klum hosts.

The Man in My Basement
Friday 26 September

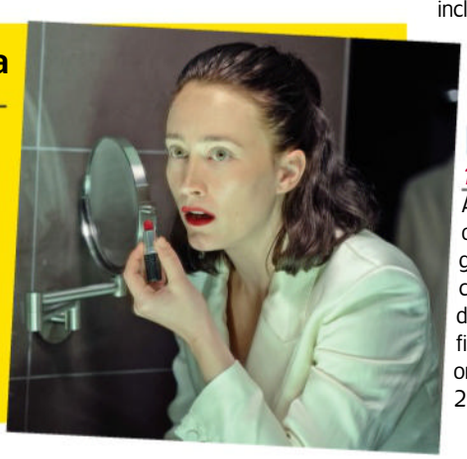
Psychological thriller. Charles Blakey (Corey Hawkins) is about to lose his home when businessman Anniston Bennet (Willem Dafoe) asks to rent his basement for the summer, but they become embroiled in a terrifying puzzle.

All of You
Friday 26 September

Romantic drama about two friends (*Ted Lasso*'s Brett Goldstein and Imogen Poots) who drift apart when she takes a test that finds her supposed soulmate. Over the years, as their paths cross, neither can deny the feeling that they've missed out on a life together. See feature, page 16.

Codename: Annika
Friday 26 September

Finnish crime drama from Walter Presents. Finnish detective Emma Haka is sent on an undercover assignment into Stockholm's high-stakes art world. She infiltrates a prestigious auction house suspected of laundering money by assuming an alter ego of glamorous, party-loving socialite Annika Stormare. But things become complicated...



WORDS: JUDY EWENS. PHOTOS: C4, DISCOVERY+, ©2025 DISNEY AND ITS RELATED ENTITIES

Ranganathan receives guidance from a Buddhist monk

Path to enlightenment

Romesh Ranganathan travels the world searching for inner peace...

NEW TRAVELOGUE

Romesh: Can't Knock the Hustle

Tue, 10pm, Sky Max & Sky Showcase (box set, Sky Box Sets & NOW)

Are we all working too hard? Is self-improvement a futile exercise? And what is the meaning of true success? These are just some of the big questions comedian Romesh Ranganathan is hoping to find answers to as he sets off around the world for his new Sky travelogue *Can't Knock the Hustle*.

'I did a stand-up tour called *Hustle* which was a take on the work-life balance and how we achieve happiness,' says Ranganathan when we catch up with him for a chat. 'But it occurred to me comedians often make big sweeping statements about life and never check how accurate they are. The idea for this series is to see if what I was saying had any truth to it. Of course, I should have done this before the tour rather than afterwards!'

GOING GLOBAL

The first episode of the four-part series shows Ranganathan performing his *Hustle* set at the O2 Arena in London, before cameras follow him as he heads to destinations such as Canada, India, South Korea and the USA where he meets all kinds of individuals – including a shaman, a motivational speaker, and a monk – and throws himself into different activities to see if he can become enlightened.

'One of my highlights was meeting the monk in India. I am obsessed with trainers and he made me burn the pair I was wearing as part of an exercise in detaching myself from material things,' he reveals. 'We got on really well and I'm still in touch with him. In fact, he's invited me to spend some time with him in Tibet, but I think that would be very difficult to clear with my wife.'

DIGITAL DETOX

The 47-year-old says another standout experience was spending time in a 'Happiness Factory' in South Korea.

'The work culture in Korea is intense, with people pushing themselves to the max,' he says. 'So they've created these places where you essentially spend 48 hours in a small cell with no distractions, no phones or devices and instructions on how to meditate.

'I was cynical going in, but by the time I left I totally got it. Since getting home I'm now taking 10 minutes out every day to switch off – it definitely left a positive impression on me.'

Among the crowds in Mumbai, India

The comedian tries to leave materialism behind

WORDS: NATASHA HOLT, TESS LAMACRAFT, IAN MACEWAN
PHOTOS: BBC, NATIONAL GEOGRAPHIC, PARAMOUNT PICTURES, SKY

Disease X: Hunting the Next Pandemic

Monday, 9pm, BBC2

'Disease X' is the name the World Health Organisation has given to the yet-to-be discovered virus most likely to cause the next pandemic. Dr Chris van Tulleken (above) examines why new viruses are emerging so quickly, where they're most likely to appear, and which pose the greatest threat.

Cleopatra's Final Secret

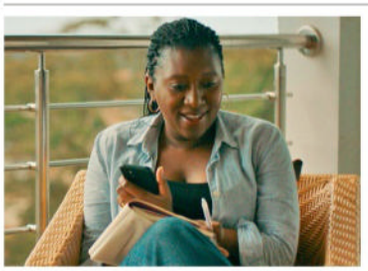
Friday, 8pm, National Geographic

Archaeologist Kathleen Martínez (above) is on a decades-long mission to unearth the final resting place of Egyptian queen Cleopatra. Armed with the latest technology and accompanied by underwater explorer Bob Ballard, who found the *Titanic*, she believes the lost tomb is located in a now-submerged temple in the city of Alexandria.

Trafficked with Mariana Van Zeller

Monday, 10pm, National Geographic

With an estimated 100 million sharks killed by humans each year, journalist Mariana van Zeller investigates the illicit trade in shark fins. She visits a Brooklyn restaurant which illegally sells shark's-fin soup and investigates links between fin trafficking and Mexican cartels.



The Shadow Scholars: Fake Essay Scandal

Wednesday, 10pm, C4

Kenya is home to a workforce of so-called 'shadow scholars', who make a living by ghostwriting assignments for students around the world. This special follows Oxford professor Patricia Kingori (above) as she travels to Nairobi to meet the writers, and reflects on the value of academic qualifications.

Deep Ocean: Kingdom of the Coelacanth

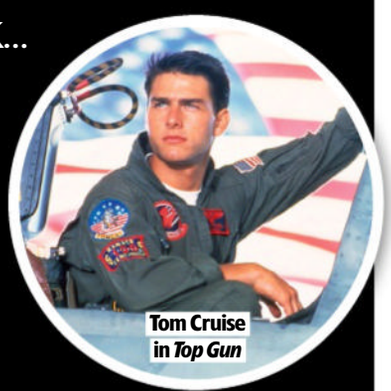
Sunday, 8.10pm, BBC2

In South Africa in 1938, a London museum curator came across a fish species thought to have been extinct for 65 million years. In this one-off, Sir David Attenborough unlocks the secrets of the coelacanth, a primeval 'living fossil', and reveals what it can tell us about evolution and the journey from sea to land.

Dylan Horan is among the hopefuls

JET SET

Move over, Maverick... Meet the real-life **Top Gun pilots**



Tom Cruise in *Top Gun*

NEW FACTUAL

Top Guns: The Next Generation

Sunday, 9pm, National Geographic

Made famous by the 1986 movie starring Tom Cruise, the Top Gun unit comprises the most elite fighter pilots in the US Navy.

Now, a six-part series follows a group of Navy and Marine Corps students as they face the final stage of the gruelling training programme that will see them earn their coveted gold wings.

AIMING HIGH

'The dream is to be a Top Gun and wear the patch – and this is where you do it,' says commanding officer Brad 'Pancake' Thompson. 'But this job comes with risk. If you make a mistake in this business, it is possible that you don't come back.'

The class must learn dangerous techniques such as dogfighting, carrier landings, low-level flying and precision bombing. Students include Steph Harris, Dylan Horan, Carissa Meinster and Austin Claggett, who are all determined to join the unit.

'Chasing an unrealistic goal should be the goal,' says Claggett. 'Getting in a jet makes me feel alive.'

However, he gets a rude awakening when he realises how difficult it is to drop a bomb while nosediving at more than 400mph. And after several errors during the strike-bombing exercises, it seems the pressure is taking its toll.

UNDER FIRE

'That was the first time I've been scared,' he admits. 'Looking at the ground like that for the first time is way different to a simulator. It isn't nice. My lifelong dream is to be a proficient pilot, and if I don't stay on my game, I won't get my wings.'

As well as taking on these difficult assignments, the students must also learn the realities of being a Top Gun.

'When students come in here, one of the things we talk about is what we are prepared to do in this business, which is ending a human being's life,' says Thompson. 'If you don't wrestle with the ethics of that, then you're not ready to do this job.'

Student Captain Steph Harris

Films Our pick of this

WEAPONS

MOVIE OF THE WEEK

A brilliantly mysterious, terrifying tale starring **Julia Garner** and **Josh Brolin**

CHILLER

Available now, to buy or rent from digital stores, including Prime Video and Sky Store ★★★★★

Picnic at Hanging Rock meets Stephen King, this terrific horror film grabs you by the throat in the first minutes and doesn't let go until its startling climax. The opening is eerie and puzzling. At precisely 2:17am, 17 children from the same elementary school class in a Pennsylvania town called Maybrook leave their homes, run through the dark streets, their arms outspread like aeroplane wings, and vanish.

The remainder of the film slowly untangles this mystery through six chapters, each of which adopts the perspective of a character connected with the children's disappearance: their teacher, Justine (Julia Garner), who immediately becomes the focus of the town's suspicion and rage; angry parent Archer (Josh Brolin); local cop and Justine's ex Paul (Alden Ehrenreich); the school's headteacher, Marcus (Benedict Wong); homeless junkie James (Austin Abrams); and, finally, the sole remaining pupil from Justine's class, shy, withdrawn Alex (Cary Christopher).

Writer-director Zach Cregger brilliantly builds suspense, layering strands of modern paranoia over dark, fairy-tale-like elements to create a portrait of a troubled community and a mood of overwhelming dread. The acting is superb, too, with Garner a standout as the flawed but deeply caring Justine, while Amy Madigan, turning up half way through, provides moments of both grotesque comedy and skin-prickling terror. 2025, 18, 128MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner ›››

week's Best Movies

ROMANCE

Wish You Were Here

Sunday, 9am & 6.10pm, Sky Premiere ★★★

Actor Julia Stiles steps behind the camera for her first full-length directorial debut, adapting Renée Carlino's bestselling romance novel. About to turn 30, Isabelle Fuhrman's life is unhappily drifting when she meets up with charming Mena Massoud late one night. They spend the rest of the evening together, but oddly, when the morning comes, he ghosts her. Sad and annoyed, Fuhrman attempts to get on with her life, until Massoud's housemate breaks the truth to her – he's dying and has very little time left. Dropping everything, Fuhrman rushes to him... Although the movie doesn't quite give us a sense of their early connection and veers dangerously towards cheese, the final third is surprisingly impactful, delivering a grounded and heartfelt ending. 2025, 12, 99MIN

Last days: Mena and Isabelle

CRIME THRILLER

Highest 2 Lowest

Available now, Apple TV+ ★★★★

Re-interpreting one of Akira Kurosawa's greatest movies, *High and Low*, Spike Lee's latest sees Denzel Washington as a once-mighty music mogul who is brought down to Earth when he's told his 17-year-old son has been kidnapped. Except it isn't his boy, but the son of his driver and friend (Jeffrey Wright), who's been taken by accident. Will Washington still cough up the money for someone else's child? This is a bold, brassy thriller, with none bigger than Washington himself, who delivers a monstrously good performance. But while he creates nuance for his role, Lee ditches subtlety completely for bombast and awe whenever he can. It's rousing, rambling, if weirdly routine, too, but Washington keeps us hooked. 2025, 15, 133MIN

Going underground: Denzel

ACTION COMEDY

Novocaine

Thursday, 9.20am & 8pm, Sky Premiere, also streaming on Paramount+ ★★★

Mild-mannered deputy bank manager Nate (Jack Quaid) lives a very careful life because he is unable to feel pain. Everything poses a danger and even eating solids is out, in case he chews off his tongue. But things change when colleague Sherry (Amber Midthunder) starts bringing him out of his shell. Then she's kidnapped in a bank heist and he sets off to rescue her from Ray Nicholson's bad guy, taking some eye-wateringly hard and equally hilarious knocks along the way. Quaid's a real charmer in a pacy action comedy that makes the most of its fun premise. 2024, 15, 109MIN

Painless: Jack

Family trouble: Jennifer and Lewis

BLACK COMEDY

Riff Raff

From Thursday, Prime Video ★★★

Having left his criminal past behind – as well as his wife and son – Ed Harris is now living a quiet life with new spouse Gabrielle Union and his teen son Miles J Harvey. But then his wayward older son (Lewis Pullman) rocks up, along with pregnant girlfriend (Emanuela Postacchini) and his drugged mum – Harris' ex – Jennifer Coolidge. They need to lay low as trouble is coming in the shape of mob boss Bill Murray and henchman Pete Davidson... Bleak, violent, but darkly amusing, this distorted family saga is Coen brothers-esque, with a stellar cast papering over the odd uneven aspects. 2024, 15, 103MIN

Films

SUPERHERO

The Fantastic Four: First Steps

From Tuesday, to buy or rent from digital stores, including Prime Video and Sky Store ★★★

This fun reboot for the Marvel Comics superhero quartet looks fabulous, styling out a retro-futuristic aesthetic that takes its inspiration from the Space Age 1960s of the team's comic-book heyday. The film's opening skips swiftly past the foursome's origins – the tale of how they gained their super powers is swiftly narrated by a TV presenter – and catching up with them four years later as they face life-changing challenges.

The first is the news that Sue Storm/Invisible Woman (Vanessa Kirby) and her scientist husband Reed Richards/Mister Fantastic (Pedro Pascal) are expecting a baby; the second is the arrival of intergalactic herald the Silver Surfer (Julia Garner), who announces that a planet-devouring space god called Galactus (Ralph Ineson) is on his way to gulp down Earth – unless Sue and Reed, and 'family' members Johnny Storm/Human Torch (Joseph Quinn) and Ben Grimm/The Thing (Ebon Moss-Bachrach) make a terrible sacrifice. There's amusing fun to be had from all the baby business, and the four's efforts to overcome Galactus are gripping in this enjoyable beginning to a new Marvel chapter. 2025, 12, 112MIN

Kinship: Pedro leads the family

Hidden gems Great movies you might have missed...

THRILLER

Blue Ruin

MGM+ ★★★★

Superbly played by Macon Blair, a bedraggled vagrant is hell-bent on revenge against those who destroyed his family. Unlike most of his cinematic peers, however, he's an inept avenger, though that doesn't deflect him from his path. Film-maker Jeremy Saulnier puts us in Blair's shoes, making the film's sustained passages of suspense even more tense, yet also forcing us to confront the moral consequences of revenge and the shocking effects of violence. 2013, 15, 91MIN

FANTASY DRAMA

A Ghost Story

Prime Video ★★★★

This odd movie features a ghost in a white sheet. Writer-director David Lowery is taking a big risk with this cartoonish image, but the gambit pays off: this is an achingly sad and haunting story of love and loss. The man beneath the sheet is Casey Affleck, who is lingering on the site of the blissful life he enjoyed with wife Rooney Mara before it was cut short by a traffic accident. The film's pace requires patience: give it time, though, and it proves eerily memorable. 2017, 12, 92MIN

CHILLER

Under the Shadow

Netflix ★★★★

While Iraqi bombs are falling on Iran's capital, Tehran, in 1988, mother Shideh (Narges Rashidi) is stuck in her crumbling apartment with her daughter Dorsa (Avin Manshadi). But it's not the missiles that Shideh is shielding Dorsa from, but a menacing entity – a djinn – out to grab the girl. This may not be wildly original, but it's a superb chiller that rarely lets up, while the unusual setting makes for a fresh perspective on the haunted house concept. Subtitled. 2016, 15, 84MIN

Saturday 20 September

SCI-FI ACTION

The Creator

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

In a war against androids and AI, soldier John David Washington is hunting down their ultimate weapon – but he's thrown when it turns out to be a cybernetic child (Madeleine Yuna Voyles). Director Gareth Edwards' sci-fi opus has the wow factor with its stunning visuals, which utilise the Thai landscapes beautifully, and heft to the impressive action sequences. The story may follow familiar beats and some of the character dynamics could have been fleshed out, but it's gripping and highly entertaining regardless. Washington is a massive asset, too, as is a classy supporting cast that includes Allison Janney and Gemma Chan. 2023, 12, 133MIN

Made to measure: John and Madeleine

ANIMATION

The Mitchells vs the Machines

7.30am, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Parents Linda and Rick Mitchell (voiced by Maya Rudolph and Danny McBride) are driving cross-country to take their daughter Katie (Abbi Jacobson) to film school, but hit a roadblock in the form of a robot uprising, led by long-suffering digital assistant Pal (Olivia Colman). This imaginatively realised animated adventure features frantic action, consistent laughs and plenty of heart. The gags skew older, but amid the apocalyptic chaos, there's plenty for the whole family to relate to here. 2020, U, 113MIN

SUPERHERO

Shazam!

9.15am, Sky DC ★★★★

Sex ●●● Violence ●●● Language ●●●

There is more than a touch of Tom Hanks' 1988 body-swap comedy *Big* about this family-friendly superhero movie. A 14-year-old foster kid, Billy (Asher Angel), discovers that he is able to turn himself into a mighty superhero (played by Zachary Levi) when he says the magic word of the title. Levi has a ball and gets the silliness just right, especially when flexing his new powers for the first time. Things get a little darker when Mark Strong's embittered villain, Dr Thaddeus Sivana, is on the scene, but the overall mood is one of playful, frivolous fun. 2019, 12, 132MIN

FAMILY CLASSIC

The Railway Children

1pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

E Nesbit's classic children's book gets a superb big-screen treatment from writer-director Lionel Jeffries. Jenny Agutter, Sally Thomsett and Gary Warren are the children in question, having numerous adventures along the railway track near their new home in rural Yorkshire, where their mum (Dinah Sheridan) has taken them to live after their father is wrongly imprisoned for treason. The kids soon befriend not only Perks (Bernard Cribbins), the porter at the local railway station, but a commuter who sets out to clear their father's name. 1970, U, 108MIN

ROMCOM

Crazy Rich Asians

11.15pm, Sky Feel-Good ★★★★

Sex ●●● Violence ●●● Language ●●●

This breezy romcom stars Constance Wu as a New Yorker in for a shock when she discovers her long-time boyfriend (Henry Golding) comes from a fabulously rich family – and that he is the heir to their enormous fortune. But will she fit in with his impossibly swanky moneyed set? And, most importantly, will his intimidating mother (Michelle Yeoh) deem her worthy of her son? Based on Kevin Kwan's best-selling novel, this film is old-fashioned, but always endearing. 2018, 12, 121MIN

■ Full listings start on p35

Sunday 21 September

COMEDY THRILLER

I Don't Understand You

10pm, Sky Cinema Comedy ★★★

Sex ●●● Violence ●●● Language ●●●

Miscommunication is the name of the game as American couple Nick Kroll and Andrew Rannells travel to Italy for their anniversary, while awaiting news about their baby adoption (Amanda Seyfried has a wasted part as the woman about to give birth to their child). However, when the pair end up in the middle of the Italian countryside, their lack of the local lingo sees them embroiled in all manner of escalating – and very bloody – calamities. The first half of the film is perfectly charming, if not particularly funny, but once the carnage begins the laughs start flowing and the increasingly dark goings-on hit the spot. 2024, 15, 97MIN

Language barrier: Andrew and Nick

ANIMATION

Madagascar

4pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

Narcissistic lion Alex (voiced by Ben Stiller) likes being the centre of attention at his New York zoo, but his pals Marty the restless zebra (Chris Rock), Melman the hypochondriac giraffe (David Schwimmer) and Gloria the hippo (Jada Pinkett Smith) are eager to find out what's on the other side of the fence. So they escape – but, once they fetch up in Madagascar, they find that life in the wild isn't all it's cracked up to be. This colourful and appealing first adventure is packed with gags to appeal to both kids and adults. 2005, U, 86MIN

HORROR

Carrie

10pm, BBC2 (11.15pm NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Brian De Palma's version of Stephen King's debut novel is a lean chiller classic with one of the most perfectly timed jump-out-of-your-seat moments in screen history. Sissy Spacek brings an effective blend of vulnerability and fury to the title role as telekinetic teen Carrie who wreaks terrible vengeance on her peers at the school prom, and Piper Laurie gives a memorable full-throttle performance as her manic mother. Nancy Allen, John Travolta, William Katt and Amy Irving are also essential players in the slam-bang bloodbath. 1976, 18, 94MIN

HORROR SATIRE

Get Out

11.35pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

African-American photographer Daniel Kaluuya is uptight about visiting his white girlfriend Allison Williams' posh parents (Bradley Whitford and Catherine Keener) at their swanky country home – but he has no idea quite how unsettling the weekend will turn out to be... A terrific feature film debut from writer-director Jordan Peele, this provocative, intelligent and deeply creepy horror thriller pushes racially sensitive buttons with fiendish skill and darkly comic wit, as social discomfort gives way to jolting scares. 2017, 15, 104MIN

WORLD CINEMA

The Guilty

12.55am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

When emergency call centre operator Asger (Jakob Cedergren) answers a kidnap victim, he's meant to dispatch the cops and move on. Except Asger, driven by demons to play the hero, won't let go... Never leaving the office and conducted in real time, Gustav Möller's claustrophobic Danish thriller is a thorny look at responsibilities and consequences. Not since *Locke* has such tension been mined from phone conversations, and it's gripping stuff. Subtitled. 2018, 15, 85MIN

■ Full listings start on p45

Weekday movies over page

Monday 22 September

WAR DRAMA

Midway

6.15pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A genuinely stirring war movie from Roland Emmerich, which is mostly faithful to the actual events of the 1942 Battle of Midway, the air and naval engagement between the US and Japanese that turned the tide in the Pacific War six months after Pearl Harbor. Ed Skrein, Luke Evans, Patrick Wilson, Nick Jonas, Aaron Eckhart and Woody Harrelson are among the familiarly cut characters, but Emmerich's attention to detail pays huge dividends, especially in the copious battle scenes. 2019, 12, 138MIN

Battle ready: Luke and Ed

HORROR

The Ring

4.10pm, Sky Sci-Fi/Horror ★★★

Sex ●●● Violence ●●● Language ●●●

'It's all about a tape, the one that kills you when you watch it.' Reporter Naomi Watts and her little son see said video and she quickly realises that she must fathom the who, the why and the wherefore of it or they'll be dead within a week. This eerie and unsettling US remake of the 1998 Japanese horror thriller *Ring* generates an unnerving level of suspense right up to the neat twist ending. 2002, 15, 115MIN

COMEDY DRAMA

The History Boys

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Richard Griffiths gives a brilliantly outsized, memorable turn as a history teacher in 1983 who lands in trouble when he tries to get a class of sixth-formers (including Dominic Cooper and James Corden) into shape to study at Oxford and Cambridge universities. Full of funny, revealing lines, Alan Bennett's script, from his own hit play, is as witty and wise as it is provocative, subversive and clever. 2006, 15, 109MIN

CLASSIC WESTERN

The Magnificent Seven

10.45pm, Sky Action ★★★★★

Sex ●●● Violence ●●● Language ●●●

Mexican villagers hire seven American gunslingers (Yul Brynner, Steve McQueen, James Coburn, Charles Bronson, Horst Buchholz, Robert Vaughn and Brad Dexter) to save them from bandit Eli Wallach. By way of the 1954 Japanese classic *Seven Samurai*, this is a magnificent Western that distinguishes itself in every department. 1960, PG, 138MIN

THRILLER

Basic Instinct

11.15pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Sharon Stone is the prime suspect in an ice-pick murder case because she's written a novel featuring an identical killing. Michael Douglas is the detective drawn to her, even though she tells him that her next book will be about a cop who falls for the 'wrong woman' and dies... The film that made Stone a star is a stonking mix of passion, suspense and red herrings. 1992, 18, 128MIN

■ Full listings start on p55

Tuesday 23 September

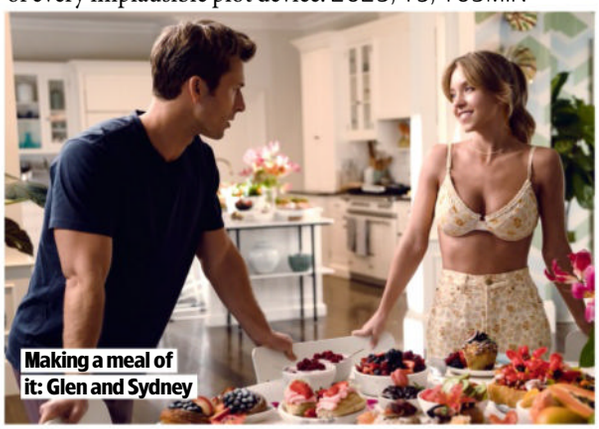
ROMCOM

Anyone But You

Available Saturday, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Hooking up one night, the sparks fly for Sydney Sweeney and Glen Powell. But a frankly contrived misunderstanding means they don't see each other again until a hate-at-first-sight scenario months later. Then they have to be under the same roof again when Sweeney's sister (Hadley Robinson) and Powell's best friend (Alexandra Shipp) get married – in Australia. You may be able to see where this is going from as far as the moon, but the appealing stars make light work of every implausible plot device. 2023, 15, 103MIN



Making a meal of it: Glen and Sydney

CLASSIC DRAMA

It's a Wonderful Life

7.30am, Sky Feel-Good ★★★★★

Sex ●●● Violence ●●● Language ●●●

James Stewart gives one of his best and most beloved performances as a suicidal man who rediscovers his love of life after his guardian angel (Henry Travers) shows him what his small town would be like without him. Director Frank Capra's Yuletide fantasy was a huge box-office flop when first released in 1946 but it now lays claim to being one of the best-loved movies of all time. 1946, U, 125MIN

COMEDY DRAMA

The Breakfast Club

11.50pm, Sky Feel-Good ★★★★

Sex ●●● Violence ●●● Language ●●●

Arguably the quintessential Brat Pack movie from writer-director John Hughes, this stars Emilio Estevez, Molly Ringwald, Judd Nelson, Anthony Michael Hall and Ally Sheedy as five high-school students who learn a lot about themselves and each other while stuck in Saturday detention. Beyond the knockabout comedy, the film gets to the heart of teen insecurities in a smart but subtle way. 1984, 15, 97MIN

PERIOD MYSTERY

The Illusionist

9.35am & 9.50pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

This clever mystery, set in 1900 Vienna, captivates with its tale of tragic young love, villainy and magic. Jessica Biel is engaged to the Austrian Crown Prince (Rufus Sewell), but in love with childhood sweetheart and stage magician Edward Norton. With Paul Giamatti as the police chief casting a sceptical eye on things, this beautifully filmed drama develops into something quite special, and the stars are perfect. 2006, PG, 109MIN

SCI-FI ACTION

Total Recall

4.30am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

If you can recall the 1990 Arnold Schwarzenegger original, this remake falls a bit short, but is still entertaining on its own terms. It stars Colin Farrell as an average guy who signs up for a virtual mind-trip vacation and seemingly unlocks memories of his secret past as a superspy. Pitched into a series of frenetic fights and chases, Farrell pulls off all the action with aplomb. 2012, 12, 118MIN

■ Full listings start on p65

Wednesday

CRIME DRAMA

How to Blow Up a Pipeline

11.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Eight young people, each radicalised by personal traumas, target two vulnerable parts of a major Texas oil pipeline with explosives. Their aim? To devastate the nation's fossil-fuel industry. Ariela

Pipe dreams: Ariela

COMEDY DRAMA

Quartet

6.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Dustin Hoffman makes his film-directing debut with this heartwarming comedy drama, and he gets the best from a classy line-up of British stars led by Maggie Smith, Tom Courtenay, Billy Connolly and Pauline Collins. Based on Ronald Harwood's play, the film is set in a retirement home for musical folk that is in danger of closing. Hoffman's deft handling and his cast's note-perfect performances make it hugely entertaining. 2012, 12, 98MIN

SCI-FI

Passengers

8pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

A starship embarks on a 120-year voyage to a distant planet carrying 5,000 passengers, including Jennifer Lawrence and Chris Pratt. But an asteroid strike sees their colonists woken from cryogenic suspension, 90 years too early. The stars share a likeable chemistry as they navigate episodes of existential drama and peril as well as moments of comedy, courtesy of Michael Sheen's perky robot bartender. 2016, 12, 116MIN

24 September

Barer, who also co-scripted, Lukas Gage and star Sasha Lane head a charismatic cast whose stories unfold in concise flashbacks. Part clever heist movie and part rousing call for climate action, director Daniel Goldhaber's perfectly paced and impeccably crafted nail-biter offers as much food for thought as heart-racing tension. 2022, 15, 104MIN

ACTION

Road House

10.40pm, BBC1 (11.10pm NI, 12.10am Scot) ★★★

Sex ●●● Violence ●●● Language ●●●

Director Doug Liman's remake of the 1989 film updates the original with sunny locations and the movie debut of Irish-born fighter Conor McGregor. Jake Gyllenhaal plays a haunted ex-fighter at rock bottom – until Florida Keys bar owner Jessica Williams implores him to come and help clean up the scum and villainy that's ruining her business. A film that's brash, loud, bone-crunching fun. 2024, 15, 114MIN

SCI-FI CHILLER

Significant Other

2.15am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Backpacking through the wilds of Oregon, couple Maika Monroe and Jake Lacy experience something not of this world... From the opening shot, we know this is a sci-fi, but co-directors and writers Dan Berk and Robert Olsen subvert expectations. Through convincing acting, fine photography and keen editing, this neat, genuinely surprising chiller grips. 2022, 15, 84MIN

■ Full listings start on p75

Thursday 25 September

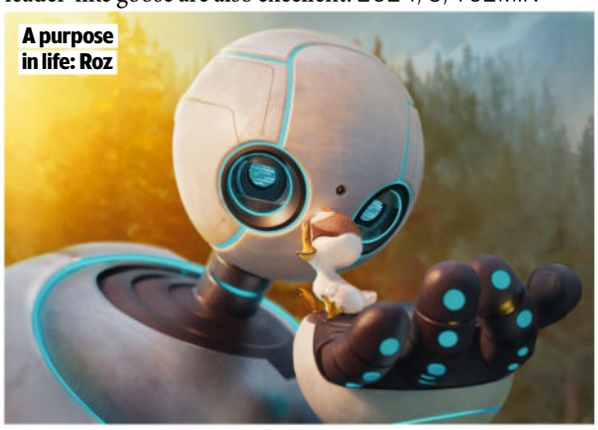
ANIMATION

The Wild Robot

7.25pm, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

A shipwrecked household robot washes ashore on an island and reluctantly plays adoptive mum to an orphaned gosling. Adapted from Peter Brown's best-selling book, this heartwarming film is a tad mawkish but overall a triumph, with stunning visuals and a script that combines smart and funny gags with thoughtful ideas about AI and ecology. Lupita Nyong'o is appealing as the voice of robot Roz, while Pedro Pascal's wily fox and Bill Nighy's squadron-leader-like goose are also excellent. 2024, U, 102MIN



A purpose in life: Roz

COMEDY

The Intern

4.10pm, Sky Feel-Good ★★★★

Sex ●●● Violence ●●● Language ●●●

Bored retired widower Robert De Niro applies for a post as a senior intern at an online fashion start-up and gets assigned to its overworked micro-manager boss (Anne Hathaway). His worldly wisdom and retro cool quickly wins over his younger male colleagues, but his prickly boss proves a tougher nut to crack... This is a sweet, old-fashioned film and a feel-good treat for those in the mood. 2015, 12, 121MIN

SUPERHERO

Deadpool 2

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds' wisecracking superhero Wade Wilson, aka Deadpool, is back for his second solo adventure and it is every bit as outrageous and irreverent as before, poking gleeful fun at the superhero genre. This time, Deadpool has to stop Josh Brolin's time-travelling cyborg, Cable, from killing teen mutant Firefist (Julian Dennison), assembling a rag-tag band, including Zazie Beetz's blithely sassy Domino, to help him. 2018, 15, 119MIN

WAR DRAMA

Schindler's List

11pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

In Poland during World War Two, businessman Oskar Schindler (Liam Neeson) uses the cheapest Jewish slave labour in his factory. However, he gradually changes and, using his talent for bribing Nazi officialdom, saves more than 1,000 of his workforce. Director Steven Spielberg's extraordinary testament and memorial to Holocaust victims is a towering achievement that won seven Oscars, including Best Picture and Director. 1993, 15, 195MIN

COMEDY

Galaxy Quest

1.20am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

The bickering, has-been actors of a 1980s TV sci-fi show are taken by real aliens to pilot a starship in an intergalactic war. The aliens have watched the series for years, think it's real and have modelled their entire civilisation on it! Tim Allen, Sigourney Weaver, Alan Rickman and Sam Rockwell are all hilarious in this inspired spoof. 1999, PG, 102MIN

■ Full listings start on p85

Friday 26 September

MUSICAL

Dreamgirls

11.35pm, Sky Feel-Good ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1960s Detroit aspiring singers Beyoncé Knowles, Anika Noni Rose and Jennifer Hudson are steered to pop stardom by their ruthless manager (Jamie Foxx). Based on the hit Broadway show, the film captures the sassy moves and sounds of its era. Eddie Murphy was Oscar-nominated for his livewire performance as the singer who gives the trio their big break and the screen blazes to life every time Oscar-winning Hudson (in her film debut) is on screen as the Dreamgirl who falls by the wayside. 2006, 12, 130MIN

Living the dream: Beyoncé and co

ACTION

The Fast & the Furious

6am & 12.45am, Sky Fast ★★★

Sex ●●● Violence ●●● Language ●●●

The first of the long-running franchise (the first nine films plus *Hobbs & Shaw* are showing today) see sees Paul Walker's cop investigating a series of truck hijackings and infiltrating the illegal road-racing gang of Vin Diesel ('I live my life a quarter mile at a time!'). The stars are charismatic tough guys and the movie screeches with terrific pedal-to-the-metal action. 2001, 15, 107MIN

CLASSIC COMEDY

Genevieve

6.45pm, Talking Pictures ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Henry Cornelius was already a veteran of such Ealing classics as *Passport to Pimlico* when he helmed this quintessentially British comedy set against the backdrop of the London to Brighton car rally. John Gregson is the barrister who pits his automotive pride and joy, *Genevieve*, against smug rival motorist Kenneth More, while Dinah Sheridan and Kay Kendall are also along for the ride. 1953, U, 83MIN

ACTION THRILLER

Mission: Impossible II

10.45pm, ITV1 (not Border Scotland) ★★★

Sex ●●● Violence ●●● Language ●●●

John Woo's slick first sequel sees Tom Cruise settling into his iconic role as IMF agent Ethan Hunt. Here, he's sent on the trail of a new biological weapon by his boss (Anthony Hopkins) before it can fall into the hands of a rogue spy-turned-global terrorist (Dougray Scott). Thandiwe Newton provides an element of intrigue and romance as an international thief who steals Hunt's heart. 2000, 15, 124MIN

HORROR

Smile 2

12.05am, Sky 20s ★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-director Parker Finn takes a sharp turn for his grisly, deeply creepy sequel, making it a standalone movie in its own right as it follows pop star Naomi Scott, who encounters a demonic entity. After witnessing a horrific suicide, Scott starts hallucinating an unnerving smile on people, followed by all manner of messed-up carnage. Something has latched onto her... 2024, 18, 127MIN

■ Full listings start on p95

Sport week

Your ultimate guide to the best of the week's live action

THE MAIN EVENT

The Ryder Cup

Can Europe **defend the trophy** in America?

WORDS: JAMES AVANN, RICHARD MCCLURE. PHOTOS: GETTY

LIVE GOLF

From Friday, Sky Sports Golf & Sky Sports Main Event

The 45th Ryder Cup tees off in New York State on Friday as Europe begins the defence of the famous trophy that was claimed so dramatically at the Marco Simone Golf & Country Club in Rome two years ago. Under the guidance of captain Luke Donald, Europe are looking for a first victory on US soil since 2012's 'Miracle of Medinah' – a win achieved with a team that included Northern Ireland's Rory McIlroy, who is now playing in his eighth Ryder Cup in a row.

However, with the past five Ryder Cups all won by the home side, there'll be plenty of confidence in a Team USA that includes world No 1 Scottie Scheffler. Here's our guide to the three days of action…

Bethpage State Park's Black Course

THE COURSE

The challenging Black Course at Bethpage State Park on Long Island, New York, is the venue, having hosted the 2002 and 2009 US Opens and the 2019 PGA Championship. Crowds on either side of the Atlantic have been increasingly rowdy of late, but US captain Keegan Bradley has no concerns that the New York galleries may prove a little too boisterous. 'I have total faith in the fans to cheer on their team, proudly and loudly,' he says.

TEAM EUROPE

Luke Donald takes the reins for Europe for the second consecutive time – the first man to do so since Bernard Gallacher, who captained on three occasions between 1991 and 1995. The British and Irish contingent is made up of Masters champion Rory McIlroy, Justin Rose, Tommy Fleetwood, Robert MacIntyre, Tyrrell Hatton, Shane Lowry and Matt Fitzpatrick, who line up alongside the likes of Jon Rahm (Spain) and Rasmus Højgaard (Denmark).

Rory McIlroy

TEAM USA

Keegan Bradley, who was on the losing US teams in 2012 and 2014, resisted the temptation to be the first playing captain at the Ryder Cup since 1963 – despite a superior world ranking to many of his team.

There are four new names lining up for the team – US Open winner JJ Spaun, Ben Griffin, Cameron Young and Russell Henley – who play alongside stars such as Xander Schauffele, Bryson DeChambeau, Collin Morikawa and Scottie Scheffler.

Scottie Scheffler

Team Europe were triumphant in 2023

THE FORMAT

This three-day match-play contest begins with four foursomes and four four-balls on Friday and Saturday, before 12 singles matches on Sunday determine the winners. With 28 points available, holders Europe require 14 points to retain the trophy, while Team USA need 14½ points to regain it.

LIVE RUGBY UNION

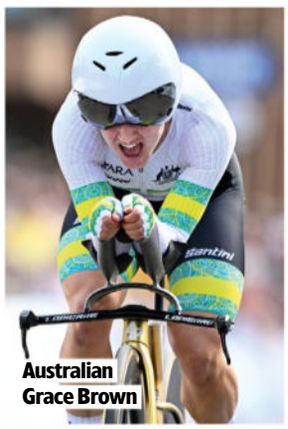
New Prem season

Thu & Fri, kick-offs 7.45pm, TNT Sports 1 & TNT Sports 3

The Premiership has been rebranded as the Prem for the new season and opens with a Thursday-night fixture for the first time as Sale Sharks host Gloucester. On Friday, Newcastle host Saracens and Harlequins welcome defending champions Bath, who have handed a new deal to Lions fly-half Finn Russell. There's more rugby action when Ashton Gate in Bristol stages both semi-finals of the Women's Rugby World Cup on Friday 19 September (kick-off 7pm, BBC2) and Saturday (kick-off 3.30pm, BBC1).

Bath stalwart Finn Russell

Alex Matthews of England



Australian Grace Brown

LIVE CYCLING

Road World Championships

From Sunday, BBC2, TNT Sports 1 & TNT Sports 3

The African continent hosts the event for the first time in Kigali, Rwanda, where riders will battle high altitude and steep climbs, while also carrying GPS trackers after the shocking death of Switzerland's Muriel Furrer last year. Sunday's elite individual time trials see the women race over 31.2km and the men over 40.6km. The two titles are currently held by the now-retired Grace Brown of Australia and Belgium's Remco Evenepoel.

Midfielder Elliot Anderson

LIVE FOOTBALL

Europa League

Wed & Thu, kick-offs 8pm, TNT Sports 1 & TNT Sports 2

Having been bumped up to the Europa League at the expense of Crystal Palace, Nottingham Forest return to European football for the first time in almost 30 years when the team, including recent England call-up Elliot Anderson, travel to Spain to face Real Betis. Wednesday also sees Celtic start in Serbia against Red Star Belgrade, before Thursday's games feature Rangers versus Genk and Aston Villa hosting Bologna, having defeated the Italian side 2-0 in last season's Champions League.

British star Keely Hodgkinson

LIVE ATHLETICS

World Championships

Sat & Sun, BBC1, BBC2, TNT Sports 3 & TNT Sports 4

The championships reach a climax in Tokyo on Sunday with Olympic gold-medallist Keely Hodgkinson going for glory in the women's 800m (11.35am) before the event-ending relay races. Great Britain & Northern Ireland have a superb record in all four events, at both the Worlds and Olympics, including the Paris Games last year when our women claimed silver in the 4x100m.

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Sport week A-Z GUIDE

AMERICAN FOOTBALL

LIVE Notre Dame Fighting Irish v Purdue Boilermakers
Sat 8.30pm Sky Sports NFL
NCAA game at Notre Dame Stadium.

LIVE Philadelphia Eagles v Los Angeles Rams
Sun 5.30pm 5
The NFL week three match staged at Lincoln Financial Field.

LIVE Minnesota Vikings v Cincinnati Bengals
Sun 5.30pm Sky Sports NFL & 8pm Sky Sports Main Event
The NFL week three fixture from U.S. Bank Stadium in Minneapolis.

LIVE New England Patriots v Pittsburgh Steelers
Sun 5.30pm Sky Sports Football
The NFL game at Gillette Stadium.

LIVE Chicago Bears v Dallas Cowboys
Sun 9pm Sky Sports Main Event & 9.15pm Sky Sports NFL
The NFL match at Soldier Field.

LIVE San Francisco 49ers v Arizona Cardinals
Sun 9.15pm Sky Sports Football
The NFL fixture at Levi's Stadium.

LIVE New York Giants v Kansas City Chiefs
Sun 1.10am Sky Sports Main Event & Sky Sports NFL
The NFL match at MetLife Stadium.

LIVE Baltimore Ravens v Detroit Lions
Mon 1am Sky Sports Main Event & Sky Sports NFL
NFL game at M&T Bank Stadium.

LIVE Arizona Cardinals v Seattle Seahawks
Thu 12m't Sky Sports Main Event & Sky Sports NFL
NFL fixture at State Farm Stadium.

ATHLETICS

LIVE World Championships
Sat 10.30am BBC2; Sat 11am TNT Sports 3; Sat 1pm & Sun 11am BBC1; Sat 1am & Sun 9.30am TNT Sports 4
Days eight and nine from Japan National Stadium in Tokyo. See p29.

AUSTRALIAN RULES

LIVE AFL second preliminary final
Sat 7am TNT Sports 1

LIVE Western Bulldogs Women v Brisbane Lions Women
Sun 6am TNT Sports 2
The AFLW match in Melbourne.

American football
CeeDee Lamb and the Dallas Cowboys take on the Chicago Bears on Sunday

LIVE St Kilda Saints Women v Richmond Tigers Women
Sun 6.15am TNT Sports 4
The AFLW match from RSEA Park.

LIVE Gold Coast Suns Women v Adelaide Crows Women
Sun 8am TNT Sports 2
The AFLW game on the Gold Coast.

LIVE Geelong Cats Women v Hawthorn Hawks Women
Thu 10am TNT Sports 3
The AFLW fixture staged at GMHBA Stadium in Geelong.

LIVE Melbourne Demons Women v Gold Coast Suns Women
Thu 4am TNT Sports 4
The AFLW fixture at Casey Fields.

LIVE Essendon Bombers Women v North Melbourne Tasmanian Kangaroos Women
Fri 6am TNT Sports 4
The AFLW match from Windy Hill.

LIVE Carlton Blues Women v Fremantle Dockers Women
Fri 8am TNT Sports 4
The AFLW game at IKON Park.

LIVE Western Bulldogs Women v Collingwood Magpies Women
Fri 10am TNT Sports 4
The AFLW fixture from Melbourne.

LIVE AFL Grand Final
Fri 4.15am TNT Sports 1

BASEBALL

LIVE New York Mets v Washington Nationals
Sat 9pm TNT Sports 2
The MLB match staged at Citi Field.

LIVE St Louis Cardinals v Milwaukee Brewers
Sat 12m't TNT Sports 1
The MLB fixture.

LIVE Tampa Bay Rays v Boston Red Sox
Sun 6.30pm TNT Sports 3
The MLB match.

LIVE MLB
Sun 12m't & Tue 12.30am TNT Sports 1

LIVE San Diego Padres v Milwaukee Brewers
Mon 2.30am TNT Sports 1
The MLB match at Petco Park.

LIVE San Diego Padres v Milwaukee Brewers
Wed 9pm TNT Sports 4
The MLB fixture from Petco Park.

LIVE Philadelphia Phillies v Miami Marlins
Wed 11.30pm TNT Sports 1
MLB match at Citizens Bank Park.

LIVE Chicago Cubs v New York Mets
Thu 12.30am TNT Sports 4
The MLB fixture from Wrigley Field.

LIVE Los Angeles Angels v Kansas City Royals
Thu 2.30am TNT Sports 1
The MLB game at Angel Stadium.

LIVE Chicago Cubs v St Louis Cardinals
Fri 7pm TNT Sports 2
The MLB match from Wrigley Field.

LIVE Cleveland Guardians v Texas Rangers
Fri 12m't TNT Sports 1
The MLB game at Progressive Field.

CRICKET

LIVE Hampshire v Worcestershire Rapids
Sat 10.30am Sky Sports Cricket & 3pm Sky Sports Main Event
The One-Day Cup final staged at Trent Bridge in Nottingham.

LIVE Asia Cup
Sat 4.30pm, Tue & Thu 3.15pm TNT Sports 2; Wed 3.15pm TNT Sports 4; Fri 3.15pm TNT Sports 3

LIVE Ireland v England
Sun 1pm TNT Sports 1
The third and final T20 in Dublin.

LIVE CPL Final
Sun 12.30am TNT Sports 2

CYCLING

LIVE Tour of Slovakia
Sat 2.30pm TNT Sports 3
The fourth stage, a 169km route.

LIVE Tour of Luxembourg
Sat 4pm TNT Sports 3
The fourth stage in Niederanven.

LIVE World Championship
Sun 9am TNT Sports 3; Sun 2.30pm BBC2; Mon 9.15am, Tue 9.30am & 12.45pm, Wed 11.15am, Thu 11.45am, Fri 6.45am TNT Sports 1
From Kigali in Rwanda. See p29.

GOLF

LIVE Fedex Open de France
Sat 12noon & Sun 11.30am Sky Sports Golf
Days three and four from Golf de Saint-Nom-La-Bretèche in Paris.

LIVE La Sella Open
Sat 2pm & Sun 2.30pm Sky Sports Mix; Sat 3pm Sky Sports+; Sat & Sun 4.30pm Sky Sports Golf
The third and fourth days at La Sella Golf Resort near Alicante in Spain.

LIVE Walmart NW Arkansas Championship
Sat 9pm & Sun 8pm Sky Sports Golf; Sat 11pm Sky Sports Main Event
Days two and three at Pinnacle Country Club in Rogers, Arkansas.

LIVE The Ryder Cup
Fri 12noon Sky Sports Main Event & Sky Sports Golf
The opening day from Bethpage State Park in New York. See p28.

HORSE RACING

LIVE Ayr
Sat 1pm ITV
Headlined by the Ayr Gold Cup.

LIVE Newmarket
Fri 1pm ITV
Featuring the Rockfel Stakes.

MINORITY SPORTS

LIVE IFSC Climbing World Championship
Wed & Thu 11.45am TNT Sports 2; Thu 2am, Fri 11.45am & 2am TNT Sports 3
From Seoul, South Korea.

MOTORCYCLING

LIVE British Superbikes
Sat 10am & Sun 1.30pm TNT Sports 4; Sun 11am TNT Sports 1
The ninth round of the season from TT Circuit Assen in the Netherlands.

LIVE British Speedway
Mon 7.30pm TNT Sports 3; Thu 7.45pm TNT Sports 4
The first and second play-off finals.

LIVE MotoGP
Thu 1am TNT Sports 2
Grand Prix of Japan MotoGP, Moto2 & Moto3 first free practice sessions.

LIVE MotoGP
Thu 5.15am TNT Sports 2
Grand Prix of Japan MotoGP, Moto2 and Moto3 first practice sessions.

LIVE Superbike World Championship
Fri 9.30am & 12.45pm TNT Sports 2
From MotorLand Aragon in Spain.

LIVE MotoGP
Fri 12.30am TNT Sports 2
Grand Prix of Japan MotoGP, Moto2 & Moto3 second practice sessions.

LIVE MotoGP
Fri 2am TNT Sports 2
The Grand Prix of Japan MotoGP qualifying session in Motegi.

LIVE MotoGP
Fri 4.45am TNT Sports 2
The Grand Prix of Japan Moto2 and Moto3 qualifying sessions.

MOTORSPORT

LIVE Formula 1
Sat 9.15am Sky Sports F1
Azerbaijan Grand Prix third practice.

LIVE Formula 2
Sat 11.10am Sky Sports F1
Azerbaijan Grand Prix sprint race.

LIVE Formula 1
Sat 12.15pm Sky Sports F1
Azerbaijan Grand Prix qualifying.

LIVE FIM Endurance World Championship
Sat 3.15pm TNT Sports 4 & 3am TNT Sports 1
The Bol d'Or at Circuit Paul Ricard.

LIVE Formula 2
Sun 7.55am Sky Sports F1
Azerbaijan Grand Prix feature race.

LIVE Formula 1
Sun 10.30am Sky Sports Main Event & Sky Sports F1
The Azerbaijan Grand Prix, the 17th round of the season staged at the Baku City Circuit.

LIVE British Touring Car Championship
Sun 10.45am ITV4

LIVE NASCAR
Sun 6.30pm Premier Sports 2

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2
Group 16 of the Pairs Cup.

RUGBY LEAGUE

LIVE NRLW
Sat 7am Sky Sports Mix

LIVE NRL second semi-final
Sat 10.50am Sky Sports Mix

LIVE St Helens v York Valkyrie
Sun 4.30pm Sky Sports+ (kick-off 5pm) The first Women's Super League play-off semi-final from Totally Wicked Stadium.

LIVE Wigan Warriors v Leeds Rhinos
Sun 7pm Sky Sports+ (kick-off 7.30pm) Second Women's Super League play-off semi-final from Brick Community Stadium.

LIVE NRL first preliminary final
Fri 10.50am Sky Sports+

LIVE Super League opening eliminator play-off
Fri 7.30pm Sky Sports+ & BBC3 (kick-off 8pm)

RUGBY UNION

LIVE Clermont Auvergne v Pau
Sat 1.25pm Premier Sports 2 (kick-off1.30pm) The Top 14 match from Stade Marcel-Michelin.

LIVE Women's World Cup
Sat 2.45pm BBC1 (kick-off 3.30pm)
The second semi-final staged at Ashton Gate in Bristol.

LIVE Bath v Exeter Chiefs
Sat 3pm TNT Sports 1 (kick-off 3.05pm) Prem Rugby Cup match from The Recreation Ground.

LIVE Top 14
Sat 3.25pm Premier Sports 2

LIVE Montpellier v Toulouse
Sat 8pm Premier Sports 2 (kick-off 8pm) The Top 14 match staged at Septeo Stadium.

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LIVE Sale Sharks v Gloucester
Thu 7pm TNT Sports 3 (kick-off 7.45pm) The Prem match from Salford Community Stadium. See p29.

LIVE Southland Stags v Tasman Mako
Fri 8am Sky Sports Mix (kick-off 8.10am) The NPC match staged at Rugby Park Stadium.

LIVE Stormers v Leinster
Fri 5.30pm Premier Sports 1 (kick-off 6pm) The United Rugby Championship game at DHL Stadium.

LIVE Harlequins v Bath
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Prem clash. See page 29.

LIVE Glasgow Warriors v Sharks
Fri 7.30pm Premier Sports 2 (kick-off 8.05pm) The United Rugby Championship match staged at Scotstoun Stadium.

LIVE Ulster v Dragons
Fri 8pm Premier Sports 1 (kick-off 8.05pm) The United Rugby Championship match staged at Affidea Stadium.

SNOOKER

LIVE Home Nations Series English Open
Sat 12.45pm TNT Sports 2 & 6.45pm TNT Sports 1
Semi-finals at Brentwood Centre.

LIVE Home Nations Series English Open
Sun 12.45pm & 6.45pm TNT Sports 2
The final at Brentwood Centre.

LIVE British Open
Mon 12.45pm & 6.45pm ITV4
The opening day from the Centaur, featuring first-round matches.

LIVE British Open
Tue 12.45pm & 6.45pm ITV4
The second day from the Centaur.

LIVE British Open
Wed 12.45pm & 6.45pm ITV4
Day three at the Centaur, featuring second and third-round matches.

LIVE British Open
Thu 12.45pm & 6.45pm ITV4
The fourth day from the Centaur.

LIVE British Open
Fri 12.45pm & 6.45pm ITV4
The fifth day from the Centaur in Cheltenham, featuring quarter-finals.

TENNIS

LIVE Hangzhou Open
Sat 1pm Sky Sports Tennis
The fourth day at Hangzhou Olympic Sports Expo Center.

LIVE Team Europe v Team World
Sat 9pm & 3am TNT Sports 3
The second day of the Laver Cup at Chase Center in San Francisco.

LIVE Korea Open
Sun 9am Sky Sports Tennis
The final of the WTA 500 event at Seoul Olympic Park Tennis Center.

LIVE Team Europe v Team World
Sun 8pm TNT Sports 4
The third day of the Laver Cup at Chase Center in San Francisco.

TRIATHLON

LIVE T100 World Tour
Sat 7.45am TNT Sports 2
The Oropesa Del Mar in Valencia.

Football planner

Saturday 20

LIVE Leicester City v Coventry City
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
The Championship match from King Power Stadium.

LIVE Liverpool v Everton
11am TNT Sports 1 (kick-off 12.30pm)
The Premier League match from Anfield, as the two rivals meet for the first time this season.

LIVE Birmingham City v Swansea City
12.25pm Sky Sports+ (kick-off 12.30pm) Championship fixture from St Andrew's.

LIVE Girona v Levante
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match.

LIVE Manchester United v Chelsea
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match at Old Trafford.

LIVE Rangers v Hibernian
5.15pm Premier Sports 1 (kick-off 5.45pm) The Premier Sports Cup quarter-final at Ibrox.

LIVE RB Leipzig v FC Cologne
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga fixture from Red Bull Arena.

LIVE Villarreal v Osasuna
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga game from Estadio de la Ceramica.

LIVE Fulham v Brentford
7.45pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Craven Cottage.

LIVE Valencia v Athletic Bilbao
8pm Disney+ (kick-off 8pm) The LaLiga match at the Mestalla.

LIVE Botafogo v Atletico Mineiro
10.25pm Premier Sports 2 (kick-off 10.30pm)

LIVE Portland Thorns v San Diego Wave FC
3am TNT Sports 2 (kick-off 3am)

Sunday 21

LIVE Chelsea v Leicester City
11am Sky Sports Football & Sky Showcase (kick-off 12noon)
The Women's Super League match staged at Kingsmeadow.

LIVE Aston Villa v Liverpool
11am Sky Sports+ (kick-off 12noon) The Women's Super League game at Villa Park.

LIVE Brighton & Hove Albion v West Ham United
11am Sky Sports Mix (kick-off 12noon) Women's Super League game at Broadfield Stadium.

LIVE Rayo Vallecano v Celta Vigo
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga game.

LIVE Bournemouth v Newcastle United
1pm Sky Sports Premier League (kick-off 2pm) The Premier League match at Vitality Stadium.

LIVE PREMIER LEAGUE

Liverpool v Everton

Saturday, kick-off 12.30pm, TNT Sports 1

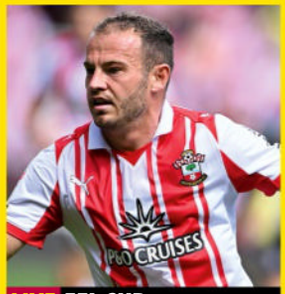
Record signing Alexander Isak could make his home league debut for Liverpool in the first Merseyside derby of the season. Everton have won just one of their last 28 visits to Anfield, but the Toffees will take heart from a good start to the season, inspired by on-loan Jack Grealish.

LIVE PREMIER LEAGUE

Arsenal v Manchester City

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

Myles Lewis-Skelly was on the scoresheet as Arsenal cruised to a 5-1 win at the Emirates in February. New Gunners signing Eberechi Eze scored the winner for former club Crystal Palace against City in the FA Cup final.



LIVE EFL CUP

Liverpool v Southampton

Tuesday, kick-off 8pm, ITV1, Sky Sports Main Event & Sky Sports Football

As the seeded teams enter in the third round, Southampton will be hoping to cause an upset against last season's runners-up. The Saints beat Norwich 3-0 in round two, with Ryan Fraser among the scorers.

LIVE PSV Eindhoven v Ajax
1.25pm Premier Sports 2 (kick-off 1.30pm) The Eredivisie fixture staged at Philips Stadion.

LIVE Sunderland v Aston Villa
1.30pm Sky Sports Main Event (kick-off 2pm) The Premier League match at Stadium of Light.

LIVE Manchester United v Arsenal
2.35pm BBC1 (kick-off 2.50pm) The Women's Super League fixture staged at Leigh Sports Village.

LIVE Partick Thistle v Celtic
3.15pm Premier Sports 1 (kick-off 3.30pm) Premier Sports Cup quarter-final at Wyre Stadium.

LIVE AZ Alkmaar v Feyenoord
3.40pm Premier Sports 2 (kick-off 3.45pm) The Eredivisie game from AFAS Stadion.

LIVE Celtic v Hibernian
4pm BBC Alba (kick-off 4.10pm) Scottish Women's Premier League match from New Douglas Park.

LIVE Arsenal v Manchester City
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League match at Emirates Stadium.

LIVE Inter Milan v Sassuolo
7.30pm TNT Sports 1 (kick-off 7.45pm)
The Serie A match from San Siro.

LIVE Barcelona v Getafe
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

LIVE Rosario Central v Talleres
10.55pm Premier Sports 1 (kick-off 11pm)

LIVE Santos v Sao Paulo
12.25am Premier Sports 2 (kick-off 12.30am)

LIVE Boca Juniors v Central Cordoba
1.10am Premier Sports 1 (kick-off 1.15am)

Monday 22

LIVE Millwall v Watford
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship game at The Den.

LIVE Napoli v Pisa
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A game at Stadio Diego Armando Maradona.

Tuesday 23

LIVE Espanyol v Valencia
5.55pm Premier Sports 2 (kick-off 6pm) The LaLiga match staged at RCDE Stadium.

LIVE Liverpool v Southampton
7pm Sky Sports Main Event & Sky Sports Football, 7.30pm ITV1 (kick-off 8pm) The EFL Cup third-round match from Anfield.

LIVE Falkirk v Hibernian
7.15pm Premier Sports 1 (kick-off 7.45pm)
The Scottish Premiership match.

LIVE Lincoln City v Chelsea
7.40pm Sky Sports+ (kick-off 7.45pm) The EFL Cup third-round game at LNER Stadium.

LIVE Levante v Real Madrid
8.25pm Premier Sports 2 (kick-off 8.30pm) The LaLiga match at Estadi Ciutat de Valencia.

Wednesday 24

LIVE Midtjylland v Sturm Graz
5.45pm TNT Sports 3 (kick-off 5.45pm) The fixture in the league phase of the Europa League staged at MCH Arena.

LIVE Getafe v Alavés
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga match staged at Estadio Coliseum.

LIVE Port Vale v Arsenal
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The EFL Cup third-round match from Vale Park.

LIVE Real Betis v Nottingham Forest
7pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Europa League staged at Estadio La Cartuja, as the visitors start their first season in Europe for 30 years. See p29.

LIVE Red Star Belgrade v Celtic
7pm TNT Sports 2 (kick-off 8pm) The game in the league phase of the Europa League staged at Rajko Mitic Stadium. See p29.

LIVE Huddersfield Town v Manchester City
7.40pm Sky Sports+ (kick-off 7.45pm) The EFL Cup third-round match staged at Accu Stadium.

LIVE Nice v AS Roma
7.45pm TNT Sports 3 (kick-off 8pm) The match in the league phase of the Europa League staged at Allianz Riviera.

LIVE Atlético Madrid v Rayo Vallecano
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga game at Riyadh Air Metropolitano.

Thursday 25

LIVE Lille v SK Brann
5.45pm TNT Sports 4 (kick-off 5.45pm) The match in the league phase of the Europa League from Stade Pierre-Mauroy.

LIVE Osasuna v Elche
5.55pm Premier Sports 1 (kick-off 6.30pm) The LaLiga fixture staged at Estadio El Sadar.

LIVE Aston Villa v Bologna
7.30pm TNT Sports 1 (kick-off 8pm) The match in the league phase of the Europa League staged at Villa Park. See p29.

LIVE Rangers v Genk
7.30pm TNT Sports 2 (kick-off 8pm) The match in the league phase of the Europa League staged at Ibrox. See p29.

LIVE Real Oviedo v Barcelona
8.25pm Premier Sports 1 (kick-off 8.30pm)
The LaLiga match from Estadio Municipal Carlos Tartiere.

Friday 26

LIVE Bayern Munich v Werder Bremen
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga fixture staged at Allianz Arena.

LIVE Auchinleck Talbot v Cumnock Juniors
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Cup first-round match staged at Beechwood Park.

LIVE West Bromwich Albion v Leicester City
7.30pm Sky Sports Football (kick-off 8pm) The Championship match staged at The Hawthorns.

LIVE San Diego Wave FC v Orlando Pride
3.30am TNT Sports 4 (kick-off 3.30am)

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Saturday

20 September

Evening Planner

Action Comedy

Love Hurts
Sky Premiere, 11.20am & 6.30pm
Ke Huy Quan stars as a realtor who returns to his hitman way of life to come to rescue of his former partner-in-crime.

Football

Premier League
TNT Sports 1 & Sky Sports
Today's coverage includes Manchester United v Chelsea (k-o 5.30pm) and Fulham v Brentford (k-o 8pm).

Entertainment

Strictly Come Dancing
BBC1, 6.40pm
It's time to welcome the class of 2025 to the dance floor, which this year includes Dani Dyer and Jimmy Floyd Hasselbaink.

Music

Johnny Mathis at the BBC
BBC2, 8.30pm
An evening dedicated to the singer, who turns 90 at the end of the month, starts with a selection of archive performances.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	◂ 6.40 Strictly Come Dancing			8.30 Michael McIntyre's 25th Year...	9.20 Casualty		10.10 News	10.30 Match of the...
	102 BBC2	◂ 6.30 Michael...	7.30 Celebrity Antiques Road Trip		8.30 Johnny Mathis at the BBC		9.45 Johnny Mathis: Tribute to Nat King Cole		
	103 ITV1	7.00 Win Win		8.00 Who Wants to Be a Millionaire?		9.00 Password	9.45 Jonathan...	10.10 News	10.30 One Night
	104 CHANNEL 4	◂ 6.30 F1 Azerbaijan Grand Prix Qualifying...		8.00 Britain's Railway Empire in Colour		9.00 Film: The Creator			
	105 5	◂ 6.00 The King's...	7.30 Secrets of the Royal Palaces		8.30 Kate: Judge My Work, Not My Clothes			10.00 When TV Goes Horribly Wrong	
	106 SKY SHOWCASE	7.00 Ted's Notebook	7.30 The Simpsons	8.20 An Idiot Abroad 2		9.20 Film: Bridget Jones: The Edge of Reason			
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 Film: Horrible Histories: The Movie			9.00 Gavin & Stacey		10.00 Two Pints of Lager and a Packet of...	
	116 BBC4	7.00 Agatha Christie: An Unfinished Portrait		8.00 Miss Marple				10.00 Parkinson Meets David Niven	
	118 ITV2	◂ 6.15 Film: Jurassic World: Dominion				9.00 Film: I, Robot			
	136 MORE4	◂ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 Film: Sister Act				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Elsbeth	
	108 SKY ATLANTIC	◂ 6.25 Game of Thrones				9.00 Atomic		10.00 The White Lotus	
	110 U&GOLD	7.00 Only Fools and Horses		8.20 Fawlty Towers					
	111 U&DAVE	7.00 Gavin & Stacey				9.00 I'm Alan Partridge		10.15 Not Going Out	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	◂ 6.50 Sharpe				9.00 English Football League Highlights			10.35 Film: Crimson...
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Al Murray: One Man, One Guvnor Uncut		10.00 Film: Zombieland: Double Tap	
	139 SKY SCI-FI	7.00 Star Trek: Enterprise							
	113 SKY MAX	7.00 The Walking Dead		8.00 An Idiot Abroad 2		9.00 Peacemaker		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Coroner		8.00 Father Brown		9.00 Death in Paradise			
	124 SKY ARTS		7.15 Queen: Live at the Rainbow			9.00 Queen: Is This the Real Life?		10.10 Queen – Live at Wembley...	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake				9.00 One Born: Twins and Triplets		10.00 One Born: What Happened Next?	
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers				9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 Secrets in the Ice				9.00 Titanic: Mystery Solved			
	155 U&YESTERDAY	7.00 Bangers & Cash							
	121 SKY DOCS	7.00 Gloria Gaynor: I Will Survive				9.00 Film: Amy			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.30 Love Hurts		8.00 Wolf Man			9.45 Nosferatu		
	302 10s	◂ 6.05 The Meg		8.00 The Equalizer				10.15 The Equalizer 2	
	303 HITS	◂ 5.45 Indiana Jones and the Kingdom of...		8.00 The Fall Guy				10.10 Love Actually	
	304 FEEL GOOD	◂ 6.10 Big Daddy		8.00 Happy Gilmore			9.35 My Big Fat Greek Wedding 2		
	305 ANIMATION	◂ 5.45 The Boss Baby	7.30 Turbo			9.15 Captain Underpants			
	306 FAMILY	◂ 6.00 The Golden Compass		8.05 The Secret Garden				10.00 Bookworm	
	307 DC	◂ 6.45 Superman II			8.55 Superman III				
	308 COMEDY	◂ 6.10 Beverly Hills Cop II		8.00 Singin' in the Rain			9.50 A Night at the Roxbury		
	309 THRILLER	◂ 6.00 Patriot Games		8.00 Angels & Demons				10.20 Law Abiding Citizen	
	310 DRAMA	◂ 6.10 Golda		8.00 Dunkirk			9.50 Exhibiting Forgiveness		
	311 SCI-FI	◂ 5.30 Ready Player One		8.00 Men in Black II			9.40 Battleship		
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 The Mechanic			
SPORT	401 MAIN EVENT	◂ 5.00 SNF – Live: Manchester United v Chelsea (Kick-off 5.30); Fulham v Brentford (Kick-off 8.00)							
	402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Manchester United v Chelsea (Kick-off 5.30); Fulham v Brentford (Kick-off 8.00)							
	403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL				9.30 WSL	10.00 EFL Highlights	
	405 CRICKET	7.00 Vitality T20 Blast Cricket							
	410 TNT SPORTS 1	◂ 6.45 Snooker Home Nations Series English Open – Live: Coverage of the second session in the semi-finals of the tournament							10.30 Superbikes
	411 TNT SPORTS 2		7.15 International T20 Cricket Highlights	8.15 CPL Highlights		9.00 MLB – Live: New York Mets v Washington Nationals (Start-time 9.10)			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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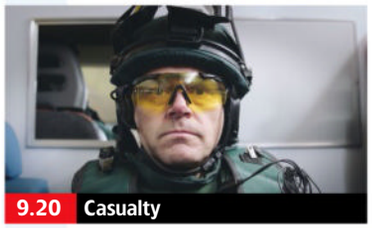
Saturday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With guest Brie Larson. (S)
11.30 **Rick Stein's Cornwall** The chef finds out how Cornwall inspired Charles Dickens. (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 LIVE **Athletics: World Championships** Jeanette Kwakye presents further coverage of the second session on day eight from Japan National Stadium in Tokyo. The heptathlon concludes with the 800m at 1.11. (S)
2.45 LIVE **Rugby Union: Women's World Cup** Coverage of the second semi-final as the winners of the third and fourth quarter-finals meet at Ashton Gate in Bristol. Kick-off is at 3.30. (S)


9.20 Casualty

6 PM

6.15 **BBC News** (S)
6.30 **Local News** (S)
6.40 NEW SERIES **Strictly Come Dancing** Tess Daly and Claudia Winkleman introduce the 15 new dancers and pair them with their professional partners, while judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke give their initial thoughts on the couples. Plus, a performance from 2024 champions Chris McCausland and Dianne Buswell. *See feature, page 8.* (S)(AD)

7 PM

8 PM

8.30 **Michael McIntyre's 25th Year Stand-Up Special** Recording of the comedian's stand-up show *Macnificent*, celebrating the 25th anniversary of his comedy career, filmed at the London Palladium. (S)(R)

9 PM

9.20 **Casualty** Iain finds himself on his most frightening HART mission yet and is forced to confront his issues when he endangers the life of a team member. (S)(AD)

10 PM

10.10 **BBC News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Manchester United v Chelsea and Liverpool v Everton. (S)
■ More tomorrow at 10.30pm
11.55 **The Football Interview** New edition With Andoni Iraola. (S)
12.10 AM FILM **Before I Go to Sleep** Psychological hriller starring Nicole Kidman, Colin Firth and Mark Strong. A woman who cannot retain her memories tries to piece together her past, and fears her husband is hiding something from her. (S) (2014, 15, 85min) ★★★
1.35 **Weather for the Week Ahead** (S)
1.40 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.40 AM **Children's Programmes**
9.00 **Prayer and Reflection** (S)(R)
9.30 **Christine's Garden** (S)(R)
10.30 LIVE **Athletics: World Championships** Coverage of the second session on day eight from Japan National Stadium in Tokyo. *Coverage continues on BBC1.* (S)
1.00 PM FILM **The Railway Children** Drama with Dinah Sheridan. (S)(AD) (1970, U, 105min) ★★★★★
2.45 **Hairy Bikers' Best of British** Si King and Dave Myers create classic puddings. (S)(R)
3.30 **The Great British Sewing Bee: The Final** 10/10. The finalists make garments that trick the eye. (S)(R)
4.30 **Final Score** Results round-up. (S)
5.30 **Wild Tales from the Village** Following animals that live near a remote French village. (S)(R)(AD)

8.30 Johnny Mathis at the BBC

6.30 **Michael Portillo's 200 Years of the Railways** 1/2. The broadcaster goes on a landmark journey through 200 years of train travel, marking the moment Britain's modern railway was born. In the first programme, he follows the route of the Stockton and Darlington Railway in north-east England. (S)(R)(AD)
7.30 **Celebrity Antiques Road Trip** *Countdown*'s Rachel Riley and her husband and former *Strictly* partner Pasha Kovalev compete, teaming up with Paul Martin and David Harper to help scour the shops of Essex. (S)(R)
8.30 NEW **Johnny Mathis at the BBC** Archive appearances by the American singer, including *Misty* and *Unforgettable*. (S)
9.45 **Johnny Mathis: Tribute to Nat King Cole** The singer leads a musical tribute to Nat King Cole, performing in the style of the vocalist and pianist, with a guest appearance by his daughter Natalie Cole. (S)(R)
10.40 **Johnny Mathis** A 1974 concert at Glasgow's Apollo Centre, in which the American singer was backed by the Alan Peters Orchestra. (S)(R)
11.25 FILM **Kindling** Coming-of-age drama, inspired by true events, starring George Somner. (S) (2023, 12, 90min) ★★★★
12.55 AM **Sign Zone: The Guest** (S)(R)
1.55 **Sign Zone: Death in Paradise** 8/8. A body is discovered in Mervin's shack. (S14) (S)(R)(AD)
2.55 **Sign Zone: MasterChef** (S)(R)(AD)
3.55 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
4.25 **to 6.05** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **James Martin's Great British Adventure** Snowdonia. (S)(R)(AD)
7.30 FILM **The Mitchells vs the Machines** Animated adventure. (2020, U, 114min) ★★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Amy Macdonald.
11.40 **Nisha Katona's Home Kitchen** New edition A meatball curry. (S)
12.45 PM **ITV News** (S)
1.00 LIVE **Racing** Today's meetings from Ayr and Newbury. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** With Jasmine Harman. (S)(R)

7.00 Win Win

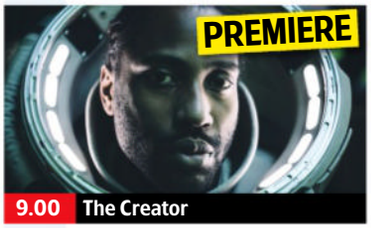
6.00 **You Bet! On Tour** New edition 4/6. Stephen Mulhern hosts the game show as it travels around the UK to find ordinary people taking on extraordinary challenges for the chance to win £5,000. (S)(AD)
7.00 **Win Win** New edition Mel Giedroyc and Sue Perkins host the interactive quiz show in which three viewers get the chance to win the same prizes as the 40 contestants playing in the studio. (S)
8.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six contestants the chance to take their place in the hot seat, and hopefully become the next million-pound winner. (S)(R)
9.00 **Password** Game show hosted by Stephen Mangan, with captains Alan Carr and Daisy May Cooper. (S)(R)
9.45 **The Jonathan Ross Show: Special Guests** Including interviews with Peter Kay, Stormzy, Paul McCartney and Harry Styles. (S)(R)
10.10 **ITV News** (S)
10.30 **One Night** Series finale *Tess:* 6/6. After 20 years of lies, Hat unearths a shattering secret that could finally give Tess and Simone the truth – and the closure they need to move on. (S1) (S)(AD)
■ Entire series on ITVX
11.30 **English Football League Highlights** Recent action. (S)(R)
12.55 AM **Teleshopping**
3.00 **The Twelve** (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.10 AM **Cheers** 16-19/26. (S10) (S)(R)
8.00 **Everybody Loves Raymond** 20-22/24. (S4) (S)(R)(AD)
9.25 **Frasier** 1&2/24. (S4) (S)(R)(AD)
10.25 **The Simpsons** (S)(R)(AD)
11.20 **A Place in the Sun** (S)(R)
12.20 PM **George Clarke's Amazing Spaces** An actor moves up the four-wheel property ladder. (S)(R)
1.25 **Location, Location, Location** Helping two house-hunting families in Surrey. (S)(R)(AD)
2.25 **Kirstie and Phil's Love It or List It** Kirstie and Phil help a couple in Strathaven, Lanarkshire. (S)(R)(AD)
3.25 **Worst House on the Street** A bungalow in Leeds in urgent need of restoration. (S)(R)(AD)
4.30 **The Great British Bake Off** 3/10. The bakers try to impress Paul Hollywood in Bread Week. (S)(R)



9.00 The Creator

6.00 **News** (S)
6.30 **F1: Azerbaijan Grand Prix Qualifying Highlights** Steve Jones presents action from the battle for grid positions for the 17th round of the season from the Baku City Circuit. With analysis from Billy Monger and Alice Powell. (S)
8.00 **Britain's Railway Empire in Colour** Series finale 2/2. Documentary investigating how railways continued to expand across the British Empire as the 20th century dawned. (S)(AD)
9.00 FILM PREMIERE **The Creator** Sci-fi action thriller starring John David Washington. An ex-Special Forces operative hunts the architect of an artificial intelligence that threatens humankind's existence. With Gemma Chan and Ken Watanabe. (S)(AD) (2023, 12, 155min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.35 FILM **Peppermint** Revenge thriller starring Jennifer Garner. (S)(AD) (2018, 15, 105min) ★★
1.20 AM **Ramsay's Kitchen Nightmares USA** Gordon heads to Arvada, Colorado. (S)(SL)(R)
2.15 **999: On the Front Line** (S)(R)
3.10 **The Yorkshire Dales and the Lakes: Season by Season** (S)(R)
4.05 **Location, Location, Location** (R)
5.00 **to 5.50** AM **The Simpsons** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **Ben Fogle: New Lives in the Wild** Triple bill of editions. (S)(R)
12.10 PM **Cumbria with Susan Calman** Documentary. (S)(R)
1.05 **The Pennines with Susan Calman** Documentary. (S)(R)
2.05 **Secret Life of the Forest** The young beaver kits bond with the rest of the family. (S)(R)
3.05 **Secret Life of the Forest** The wildlife in Dalby Forest prepares for autumn. (S)(R)
4.00 **Michael Portillo in Andalucia** Michael heads to the ancient city of Cordoba. (S)(R)
5.00 **Michael Portillo in Andalucia** Michael visits Huelva. (S)(R)
5.55 **News** (S)

8.30 Kate: Judge My Work...

6.00 **The King's Grandchildren: Growing Up Rich** Documentary examining the lives of the royal grandchildren, looking at how the King and Queen might navigate the complex dynamics of this very modern family. (S)(R)

7.30 **Secrets of the Royal Palaces** Exploring the history of Hampton Court's Great Hall, a huge dining area that was used by Henry VIII to keep an eye on his household. Plus, a look at the 2002 Golden Jubilee Party. (S)(R)

8.30 NEW **Kate: Judge My Work, Not My Clothes** Documentary examining the media's reporting on the Princess of Wales, exploring whether the obsession with her wardrobe has overshadowed the work she does for good causes. (S)

10.00 **When TV Goes Horribly Wrong** Tony Blackburn narrates a compilation of on-air disasters from the 1960s, including Doris Day's blouse bursting open and a candid interview with Muhammad Ali. (S)(R)

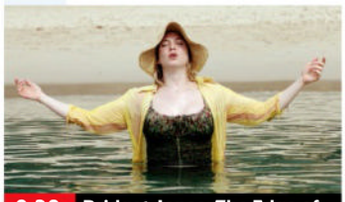
12.05 AM **Traffic Cops: Pursuit Squad One** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Jason Watkins & Lady Jane Grey: A Tower of London Special** Documentary. (S)(R)
3.50 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.00 **The Simpsons** (S)(R)
10.00 **The Great British Dig: History in Your Back Garden** (S)(R)
11.00 **Bone Detectives** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** Previews.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country.
5.00 **F1: Azerbaijan Grand Prix Qualifying Highlights** Action from the battle for grid positions for the 17th round of the season.


9.20 Bridget Jones: The Edge of...

F1: Azerbaijan Grand Prix Qualifying Highlights (started at 5.00pm)

7.00 **Ted's Notebook** Ted Kravitz reviews the Azerbaijan Grand Prix qualifying session in Baku.

7.30 **The Simpsons** *Brush with Greatness:* Marge is delighted to discover she still has a flair for art. (S)(R) **7.55** *Lisa's Substitute:* Lisa develops a crush on a supply teacher. (S)(R)

8.20 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Africa to spend time with rare mountain gorillas. (S)(R)

9.20 FILM **Bridget Jones: The Edge of Reason** Romantic comedy sequel starring Renée Zellweger, Colin Firth and Hugh Grant. The thirtysomething's blissful new relationship comes under threat when she is thrown together with her caddish ex-boss on a TV assignment to Thailand. (S) (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.20 **The Paper** 5/10. Ned chases a story about a scammer operating through a dating app. (S)(R)(AD) **11.55** 6/10. Ned takes on the advertorials. (S1) (S)(R)(AD)
12.35 AM **Katherine Ryan: Missus** Stand-up performance. (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Road Wars** (S)(R)(AD)
5.00 **Nothing to Declare** (S)(R)(AD)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
11.30am-12.00noon Back in the Day (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.30pm Flog It! (S)(R) **6.00** Abandoned Ulster (S)(R) **6.30-7.30pm** Paula McIntyre's Hamely Kitchen USA (S)(R)

WALES
Sky 968, Freesat 968
5.30pm Great Coastal Railway Journeys (S)(R) (AD) **6.00-6.30pm** Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **9.35** Dreigiau – Marchogion Berc **10.00** Help Llaw **10.15** Teulu'r Castell **11.15** Codi Pac **11.45** Bwyd Epic Chris (AD) **12.15pm** Iolo: Natur Bregus Cymru (AD) **1.15** Efaciwîs (AD) **2.15** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **2.45** Adeiladu'r Freuddwyd: Camp Out West **3.15** Am Dro! **4.15** Garddio a Mwy **4.45** 3 Lle **5.15** Ralïo: Pencampwriaeth Rali'r Byd 2025 **5.45** Antur Itera Tim Lowri Morgan **6.15** Antur Itera Tim Lowri Morgan **7.15** Newyddion a Chwaraeon **7.30** Cymry ar Gynfas **8.00** Noson Lawen **9.00** Rybish (AD) **9.30** Am Dro! **10.30pm-12.05am** Y Swn (AD)

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** Sarah Mulkerrins presents action from day eight of the biennial event, held at Japan National Stadium in Tokyo.
7.30 FILM **Horrible Histories: The Movie** Comedy spin-off starring Sebastian Croft, Nick Frost and Emilia Jones. (2019, PG, 92min) ★★
9.00 **Gavin & Stacey** 1/6. Gavin starts his job in Cardiff. **9.30** 2/6. Dave is unhappy about Nessa's plans to let Smithy see the baby. (S3)
10.00 **Two Pints of Lager and a Packet of Crisps** 8/11. Janet tries to be sexy for Jonny. **10.30** 9/11. Gaz offers Munch some dating advice. **11.00** 10/11. David tests Louise's commitment. (S3) **11.30** 1/8. Louise gets her revenge on David. (S4)
12.00 M'T **Juice** 1&2/6. (S2)
12.50 AM **Angels of the North**
1.50 **Donkey** Short comedy.
2.00 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Agatha Christie: An Unfinished Portrait** A 1990 profile made to celebrate the centenary of the mystery writer's birth, looking at her life, her character and the key moments in her childhood that influenced her writing.
8.00 **Miss Marple** *The Mirror Crack'd from Side to Side:* A film star arrives from America and throws a garden party for the entire village of St Mary Mead – where one of her fans drinks a poisoned cocktail and promptly drops dead.
10.00 **Parkinson Meets David Niven** Actor, author and raconteur David Niven talks about his first love, his school days and his distinguished career, in interviews recorded between 1972 and 1975.
11.10 **The Good Life**
11.40 **Yes, Minister**
12.10 AM **Agatha Christie: An Unfinished Portrait**
1.10 **to 3.05** AM **Miss Marple**

MORE4

136/137 127 147 18 124 15

8.55 AM **Ugly House to Lovely House with George Clarke** From London.
9.55 **George Clarke's Amazing Spaces** From Stockport.
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Love It or List It New Zealand** New edition A couple from Devonport can't decide whether to renovate or sell their home.
1.00 PM **Four in a Bed**
3.40 **Come Dine with Me** Five editions from Cardiff.
6.20 **Four in a Bed** The contest kicks off at 17th-century country inn the Fox and Hounds in Cattistock, Dorset. **6.50** From Milberry Green Meadows glampsite in Surrey. **7.25** The B&Bers head to the Lord Bute in Dorset. **7.55** The final visit is to The Pocklington in Leicester. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A boy is brought into A&E after being hit by a car, and doctors are concerned he may have suffered a bleed on the brain.
10.00 **24 Hours in A&E** A veterinary student is rushed in after being involved in a head-on car crash.
11.05 **999: On the Front Line**
12.05 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **The Goldbergs**
8.15 **Lego Masters Australia**
9.35 **Made in Chelsea: Thailand** Reality series.
10.40 **Ramsay's Kitchen Nightmares USA**
11.35 FILM **Home Alone 3** Comedy sequel starring Alex D Linz. (1997, PG, 102min) ★
1.35 PM **The Big Bang Theory**
3.00 **The Simpsons** Eight episodes, including at: **6.30** *Pygmoelian:* Moe decides to change his image by undergoing plastic surgery.
7.00 FILM **Sister Act** Comedy starring Whoopi Goldberg as a nightclub singer who is forced to take sanctuary in a convent after witnessing a gangland murder. Coerced into joining the convent's tone-deaf choir, the chanteuse soon has the nuns swinging along to godly versions of 1960s soul classics. With Maggie Smith. (1992, PG, 102min) ★★★★
9.00 **Celebrity Gogglebox** Famous faces appraise *Squid Game* and *Olivia Attwood: The Price of Perfection*.
10.00 **Gogglebox** The critics review *Coronation Street, Married at First Sight UK* and *Welcome to Wrexham*.
11.05 **Gogglebox**
12.10 AM **First Dates**
2.20 **Gogglebox**
4.10 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Send in the Dogs**
11.00 **The Force: Manchester**
12.00 NOON **Stop, Search, Seize** Documentary following the work of Ireland's border force.
1.00 PM **Bondi Rescue** Double bill following the work of lifeguards on Bondi Beach in Australia.
2.00 **Nothing to Declare** Ten editions of the documentary.

9.00 Blue Bloods

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Blue Bloods** *The Naked Truth:* 16/21. Jamie learns Eddie's friend may be using her restaurant as a drug front. (S13)

10 PM
10.00 **Elsbeth** *I've Got a Little List:* 19/20. Elsbeth meets an entitled playboy while investigating a seemingly random shooting. (S2)
11.00 **Law & Order: SVU** (S25)
12.00 M'T **Bull** 12/16. (S5)
1.00 AM **Caught on Dashcam**
2.00 New edition
3.00 **FBI** 12/15. (S3)
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Urban Secrets**
9.00 **Westworld** 1-6/8. (S3)
3.55 PM **Game of Thrones** 7/7. Sansa confronts Arya, while Sam and Bran discover a shocking secret about Jon. (S7)
5.25 1/6. As the Night King's army of the dead marches towards Westeros, Jon and Daenerys arrive in Winterfell.
6.25 2/6. Daenerys learns the truth about her relationship with Jon. (S8)

6.25 Game of Thrones

7.30 **Game of Thrones** *The Long Night:* 3/6. The Night King and the army of the dead reach Winterfell, and an epic battle between the living and the dead begins. (S8)

9.00 **Atomic** *The Path of Totality:* 5/5. Max and JJ face a choice when they attempt to win back the uranium. (S1)

10.00 **The White Lotus** *The Meaning of Dreams:* 3/8. Chelsea faces danger, and Jaclyn pushes Laurie toward Valentin. (S3)
11.10 **The Sopranos** 2/13. Janice returns from Seattle.
12.10 AM 3/13. Anthony Jr becomes the surprise star of his American football team.
1.15 4-6/13. (S3)
4.15 **Julia** 7/8. (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S2)
11.00 **Grimm** 13-16/22. (S1)
3.00 PM **The Walking Dead** 1/22. The group in Oceanside continue to train in case the Whisperers return.
4.00 2/22. The origins of Alpha and Beta are revealed.
5.00 3/22. The threat of the Whisperers' return leads to paranoia sweeping over Alexandria, while Carol battles with the need for revenge.
6.00 4/22. The outcast Lydia is badly treated by three Alexandrians. (S10)

9.00 Peacemaker

7.00 **The Walking Dead** *What It Always Is:* 5/22. Supplies go missing from Hilltop, and Negan is idolised by an Alexandrian. (S10)

8.00 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Africa to spend time with rare mountain gorillas.

9.00 **Peacemaker** *Back to the Suture:* 5/8. Superhero action comedy spin-off starring John Cena and Danielle Brooks. (S2)

10.00 **Never Mind the Buzzcocks** With guests Maisie Peters, Lethal Bizzle and James Buckley,
10.45 **The Paper** *Scam Alert!* 5/10. Ned chases a story about a scammer. (S1)
11.20 **The Paper** 6/10. (S1)
12.00 M'T **Resident Alien** (S4)
2.00 AM **S.W.A.T.** New episode 10/22. The squad must deal with a hostage crisis. (S8)
3.00 **Warrior** 5/10. (S2)
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.15 **Dinner Date**
9.15 **Sam and Billie: Sister Act**
10.20 **Deal or No Deal**
12.25 PM **Celebrity Wheel of Fortune** With Michelle Visage, Tom Allen and Eddie Kadi.
1.25 **Celebrity Catchphrase**
2.25 FILM **Stuart Little 2** Fantasy adventure sequel. (2002, U, 78min) ★★★★
4.10 FILM **Yes Man** Comedy starring Jim Carrey. (2008, 12, 100min) ★★★

6.15 Jurassic World: Dominion

6.15 FILM **Jurassic World: Dominion** Sci-fi action adventure sequel starring Chris Pratt. Operatives return to the destroyed dinosaur island on an important retrieval mission, and familiar faces make an appearance. (2022, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **I, Robot** Sci-fi crime thriller starring Will Smith. A maverick cop investigates when a robot gets blamed for the death of a scientist. With Bridget Moynahan and Bruce Greenwood. (2004, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.15 **Family Guy** 10/21. Three fairy tales are retold Quahog-style.
11.45 4/21. Meg is threatened by an unstable new pupil. (S12)
12.15 AM **American Dad!** (S14)
1.15 **Deal or No Deal**
2.10 **Buffering** (S2)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.50 **Doc Martin** 3&4/9. (S10)
10.55 **The Darling Buds of May**
1.05 PM **Agatha Christie's Marple** *Greenshaw's Folly:* A murderer strikes at a country house.
3.05 **Vera** *The Crow Trap:* DCI Stanhope investigates a murder at a remote cottage.
5.00 **Midsomer Murders** *The Silent Land:* Joyce Barnaby is involved in a car accident and thinks she is responsible for a man's death.

11.00 Shetland

7.00 **Midsomer Murders** *Happy Families:* As the owners of Karras Games gather for a murder mystery weekend, the immersive experience takes a twist when a killer strikes for real.

9.00 **Vera** *Natural Selection:* The detective investigates when the body of a wildlife ranger is found on a remote island off the coast of Northumberland. She seems to have been murdered, but was thought to be alone on the island when she died.
11.00 **Shetland** 5/6. Perez interviews Andrea Doyle.
12.00 M'T 6/6. Perez closes in on Zezi's location. (S5)
1.10 AM **Joanna Lumley's Home Sweet Home: Travels in My Own Land**
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sacked in the Morning** With John Hartson.
7.30 **Icons of Football** Profile of former Scotland striker Joe Jordan.
8.00 The life and career of former Scotland and Italy striker Rose Reilly.
8.30 **Shinty: Camanachd Cup Highlights** Kingussie v Newtonmore: Action from the final at Bught Park, Inverness.
9.00 **Paul Black: Nostalgia** A stand-up show at the Music Hall in Aberdeen.
10.00 FILM **Schemers** Comedy drama with Conor Berry and Tara Lee. A Dundee dreamer becomes a concert promoter in the hope of impressing a beautiful nurse. (2019, 15, 91min) ★★
11.30 PM **to 12.00** M'T **Best of Chewin' the Fat**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
9.00 **Ballers** 1-3/10. (S1)
10.55 **Veep** 7-9/10. (S5)
12.55 PM **Sex and the City**
4.00 **Will & Grace** (S2)
6.30 **The Office (US)** 5/25. Dwight takes Ryan out on his first sales call.
7.00 6/25. Michael encourages everyone to celebrate Diwali.
7.25 7/25. Michael learns the Scranton branch faces closure.
8.00 8/25. The Scranton and Stamford branches are merged.
8.30 9/25. A new employee's prison record is revealed. (S3)
9.00 **Amy Schumer: Live at the Apollo** Stand-up comedy show.
10.15 **And Just Like That...**
12.00 M'T FILM **Blithe Spirit** Comedy starring Isla Fisher and Dan Stevens. (2020, 12, 95min) ★★★
2.00 AM **Girls** (S2&3)
3.55 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM FILM **Kiss Me, Kate** Musical comedy. (1958, U, 90min) ★★
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Matthew Bourne's Edward Scissorhands**
2.40 FILM **The Great Dictator** Satire. (1940, b/w, PG, 129min) ★★★★★
4.55 **The Sound of Music: Live!** Rodgers and Hammerstein's musical.
7.15 **Queen: Live at the Rainbow** From 1974.
9.00 NEW **Queen: Is This the Real Life?** The career of the rockers.
10.10 **Queen: Live at Wembley Stadium** A concert from 1986.
12.40 AM **Queen: The Magic Years** Documentary.
2.00 **Johnson & Knopfler's Music Legends**
3.00 **The Great Songwriters**
4.00 **Classic Albums**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Nothing to Declare**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Arctic Secrets**
1.00 PM **Uptown Otters**
3.00 **David Attenborough's Wild City** Documentary.
4.00 **Secret World of Sound with David Attenborough**
5.00 **Orangutan Jungle School** Documentary.
6.00 **Evolution Earth**
7.00 **Planet Weird**
8.00 **Caught on Dashcam**
9.00 FILM **The Dry** Drama. (2020, 117min) ★★★★
11.20 FILM **One Shot** Thriller. (2021, 15, 96min) ★★
1.15 AM **World's Most Evil Killers** Danny Rolling.
2.10 **Nothing to Declare**
5.00 **to 6.00** AM **The Force: North East**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Deal or No Deal: Celebrity Special** Katarina Johnson-Thompson takes on the notorious Banker.
3.00 **Tenable** Double bill hosted by Warwick Davis.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Rickie tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** (S4&5)
3.00 PM FILM **The Horse Whisperer** Romantic drama directed by and starring Robert Redford, with Kristin Scott Thomas. (1998, PG, 169min) ★★★★
6.35 FILM **Phenomenon** Fantasy starring John Travolta, Kyra Sedgwick and Forest Whitaker. (1996, PG, 124min) ★★
9.10 FILM **Sleeping with the Enemy** Thriller starring Julia Roberts and Patrick Bergin. A battered wife attempts to flee from her psychopathic husband. (1991, 15, 100min) ★★★
11.20 FILM **The Juror** Legal trhriller starring Demi Moore and Alec Baldwin. (1996, 18, 118min) ★
1.50 AM **The Avengers**
3.25 **M*A*S*H** 8/16. (S11)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Best of Saint & Greavsie**
7.15 **The Saint** Double bill.
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **World of Sport**
11.40 **Silverstone Festival**
1.45 PM **The Motorbike Show**
2.50 FILM **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg and Colleen Camp. (1985, 12, 87min) ★★
4.35 **Sharpe** *Sharpe's Rifles:* Sharpe is sent behind enemy lines.

10.35 Crimson Tide

6.50 **Sharpe** *Sharpe's Eagle:* The officer vows to make amends by capturing the most jealously guarded battlefield prize of them all – a French eagle emblem touched by the hand of Napoleon himself.
9.00 **English Football League Highlights** Action from the latest EFL matches, including Leicester City v Coventry City and Hull City v Southampton.
10.35 FILM **Crimson Tide** Thriller starring Denzel Washington and Gene Hackman. A veteran US submarine captain clashes with his first officer over whether to launch their nuclear weapons. (1995, 15, 116min) ★★★★
SEX●●● VIOLENCE●●● LANG●●●
12.45 AM **Wrestling: AEW Dynamite**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Zodiac: Signs of the Apocalypse** Sci-fi disaster movie starring Christopher Lloyd. (2014, PG, 120min) ★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 21/26. The crew find themselves under attack from a weapons system. (S1)
6.00 **Star Trek: Enterprise** 9/26. The crew members race to cure a bizarre disease. (S1)

11.00 True Blood

7.00 **Star Trek: Enterprise** *Fortunate Son:* 10/26. The ship is sent to assist a freight vessel targeted by Nausicaan pirates.
8.00 **Star Trek: Enterprise** *Cold Front:* 11/26. Archer invites a group of stargazers to come on board the *Enterprise*.
9.00 **Star Trek: Enterprise** *Silent Enemy:* 12/26. The crew to work frantically to get the new phase cannons to operate.
10.00 **Star Trek: Enterprise** *Dear Doctor:* 13/26. The crew members discover a planet harbouring a race in distress. (S1)
11.00 **True Blood** 4/10. Sookie enlists a band of vampires and humans to find the H-Vamps. **12.00** M'T 5/10. An unwilling Sookie hosts a festive party for mainstreaming vampires. **1.00** AM 6/10. Sookie makes a shocking discovery. **2.00** 7&8/10. (S7)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S18)
9.55 **Inspector Alleyn Mysteries**
12.05 PM **Inspector George Gently**
2.00 **Father Brown** Four episodes of the drama, including at: **5.00** *The Beast of Wedlock:* Father Brown's past collides with the present when he investigates a missing person, a murder and a mythical wild cat.
6.00 **The Coroner** 1/10. First episode of the crime drama starring Claire Goose. A teenager is found dead at the foot of a tower. (S1)

6.00 The Coroner

7.00 **The Coroner** *How to Catch a Lobster:* 2/10. When a body washes ashore, Jane believes it is a botched sea burial. (S1)
8.00 **Father Brown** *The Sisters of Aeschylus:* Murder ensues when a prestigious group of writers are invited to Montague.
9.00 **Death in Paradise** *Sins of the Detective:* 7/8. The team must prove Neville's innocence after Professor Cartwright's murder.
10.00 **Death in Paradise** *A Calypso Caramba:* 8/8. The team investigate the murder of a calypso singer's husband. (S12)
11.00 **Father Brown** *The Company of Men:* The priest helps out a friend at a gentlemen's club. **12.00** M'T *The Gardeners of Eden:* A celebrity florist arrives in Kembleford.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Ten episodes, including at: **4.20** Rodney starts going out with a police officer, much to the consternation of dodgy dealer Del Boy. **5.00** Del Boy tries to sell two antique urns – but one of them contains the ashes of Trigger's late grandfather. **5.40** Del takes up cards in his latest bid to make a fortune. **6.20** Rodney finds a girlfriend, but unfortunately she is old enough to be his mother.

8.20 Fawlty Towers

7.00 **Only Fools and Horses** Del Boy jumps at the chance to decorate the local Chinese restaurant. **7.40** Del Boy launches his own chandelier-cleaning business.
8.20 **Fawlty Towers** A loud-mouthed, abrasive American comes to stay.
9.00 **Fawlty Towers** The death of a guest leads to all manner of mayhem. **9.45** Mischievous Basil pretends he has forgotten about his and Sybil's 15th wedding anniversary. **10.25** Manuel's pet rat escapes just as a health inspector is about to visit.
11.10 **Only Fools and Horses**
1.10 AM **Alma's Not Normal** First episode of the comedy. **1.50** Alma must find a day job. **2.20** Alma joins acting school.
2.50 **Men Behaving Badly**
3.30 **to 4.00** AM **Alma's Not Normal**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Storage Hunters UK**
9.00 **Railroad Australia**
11.00 **Top Gear** With Simon Pegg.
12.00 NOON **World's Most Dangerous Roads** Double bill.
2.00 PM **Will & Ralf Should Know Better** Exploring modern life.
3.00 **Would I Lie to You? At Christmas** With Clive Myrie and the Rev Richard Coles.
3.40 **Would I Lie to You?** Five editions, including at: **6.15** Unseen material from the comedy panel show.

9.00 I'm Alan Partridge

7.00 **Gavin & Stacey** Pete and Dawn prepare to renew their wedding vows. **7.40** Bank Holiday Monday sees the Essex mob arrive for a day at the beach in Barry. **8.20** Bryn and Jason put their secret to bed, while Stacey has news for Gavin.
9.00 **I'm Alan Partridge** Alan is dreading a visit from the Inland Revenue. **9.35** Poor sales see Alan's book, *Bouncing Back*, scheduled to be pulped.
10.15 **Not Going Out** The family go for a ride on a vintage steam train for Lucy's birthday.
10.55 **Not Going Out** Lee becomes obsessed with a strange beeping noise in the house.
11.35 **Two Pints of Lager and a Packet of Crisps** Double bill.
12.55 AM **Would I Lie to You?**
2.20 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

Saturday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Kirstie and Phil's Love It or List It: Brilliant Builds**
9.30 **Four in a Bed**
12.00 NOON **Come Dine with Me** From Southend.
2.30 PM **A Place in the Sun** Six editions, including at: **7.00** Lee Juggurnauth goes house-hunting in Pinar de Campoverde.
8.00 **Location, Location, Location** Kirstie and Phil help two house-hunting families in Surrey. **9.00** Kirstie and Phil go house-hunting in Buckinghamshire.
10.00 FILM **American Pie: The Wedding** Comedy sequel with Jason Biggs. (2003, 15, 96min) ★
11.55 FILM **The Kid Detective** Comedy drama. (2020, 15, 100min) ★★★★
1.50 AM **My Massive C**k**
2.50 **Taskmaster**
3.50 **to 4.50** AM **8 Out of 10 Cats Does Countdown: Best Bits**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** 13-16/16. (S18)
5.00 **NCIS** 1/21. The NCIS team search for Gibbs. **6.00** *Nearly Departed:* 2/21. The agents try to find the serial killer Gibbs was looking for. **7.00** *Road to Nowhere:* 3/21. Agent Knight goes undercover at a large manufacturing company. **8.00** *Great Wide Open:* 4/21. The team work to uncover the serial killer conspiracy. (S19)
9.00 **Criminal Minds** *Annihilator:* 15/22. The team investigate a quadruple murder. **10.00** *Last Gasp:* 16/22. The agents are forced to meet in secret. (S13)
11.00 **Law & Order: Special Victims Unit** (S20&18)
2.45 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S3)
10.00 **100 Amazing Animal Rescues**
12.00 NOON **Dogs Behaving (Very) Badly: Australia**
5.00 PM **Shoplifters: Caught Red Handed**
7.00 **Seconds from Death: Caught on Camera** Footage of explorers who get more than they bargained for. **8.00** A look into how a surfer survives when a colossal wave crashes down on him.
9.00 FILM **Battle: Los Angeles** Sci-fi thriller starring Aaron Eckhart and Ramon Rodriguez. (2011, 12, 116min) ★★★
11.25 **Motorway: Hell on the Highway** Double bill.
1.25 AM **Banged Up Abroad**
2.20 **Casualty 24/7: Every Second Counts**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **MacGyver** (S2)
1.55 PM **Police Interceptors**
2.50 FILM **The Fighting Kentuckian** Western with John Wayne and Vera Hruba Ralston. (1949, b/w, U, 99min) ★★★
4.55 FILM **Pillars of the Sky** Western starring Lee Marvin and Jeff Chandler. (1956, PG, 95min) ★★
6.55 FILM **Rough Night in Jericho** Western starring George Peppard and Dean Martin. (1967, PG, 97min) ★★
9.00 FILM **Bloodsport** Martial arts adventure starring Jean-Claude Van Damme. A martial arts expert competes in a tournament where fights are often to the death. (1987, 18, 92min) ★★
10.55 **Police Code Zero: Officer Under Attack**
1.55 AM **Fights, Camera, Action!** Double bill.
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Ambulance Australia** Four editions.
7.00 **Pete Wicks: For Dogs' Sake** Pete meets a puppy who needs urgent treatment for a badly broken leg. **8.00** Pete travels to Northern Ireland to pick up three dogs and bring them back to Essex.
9.00 **One Born: Twins and Triplets** Documentary following four couples through their multiple pregnancies and births.
10.00 **One Born: What Happened Next?** Catching up with three couples who appeared on the programme.
11.00 **Nurses on the Ward**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
8.10 **Lovejoy**
11.40 **Father Brown**
1.40 PM **Call the Midwife**
3.00 **New Tricks**
5.00 **Signora Volpe**
7.00 **The Brokenwood Mysteries** *As If Nothing Had Happened:* 4/4. An ex-finance boss is found floating in a swimming pool with a samurai sword in his back. (S4)
9.00 **The Count of Monte Cristo** Series finale 8/8. Edmond reveals to Villefort that Heloise stole poison from him. (S1) ■ Entire series on U
10.10 **Judge John Deed** *Evidence of Harm – Part One:* Deed attempts to secure justice for a soldier's family.
12.45 AM **Call the Midwife**
1.45 **Birds of a Feather**
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Ibiza.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
7.00 **Hotel Inspector: You're Fired** Alex tackles two hotels at the same time.
8.00 **Saving Lives at Sea** In Scotland, a simple call is not all that it seems.
9.00 **The Yorkshire Auction House** A woman asks Angus Ashworth to find new homes for her jewellery collection. **10.00** Angus spies a treasure while helping a couple downsize. **11.00** Angus finds a rare porcelain figure.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** In Ellesmere Port.
1.00 PM **The Crystal Maze**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** With Mathew Horne, Al Murray, Danny Care and Jodie Kidd. **5.00** Andi Osho, Jane Moore, Alex Beresford and Mark Ramprakash compete for charity.
6.00 **The Chase** Triple bill.
9.00 **The Chase Celebrity Special** With Anton Du Beke, Alistair McGowan, Sarah-Jane Crawford and Adrian Edmondson.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory** Western.
9.40 **The High Chaparral**
11.40 FILM **Demetrius and the Gladiators** Drama sequel to *The Robe*. (1954, PG, 101 min) ★★
1.55 PM FILM **Gunfighters** Western adventure. (1947, PG, 87min) ★★
3.50 FILM **Forty Guns** Western drama. (1957, b/w, PG, 76min) ★★★
5.45 FILM **Stagecoach** Classic Western. (1939, b/w, U, 99min) ★★★★★
8.00 FILM **The Undefeated** Western drama. (1969, PG, 120min) ★★★
10.30 FILM **Von Ryan's Express** World War Two action drama. (1965, PG, 117min) ★★★★
1.00 AM **The Persuaders!**
3.00 **Cops Uncut** Double bill.
4.10 **to 5.40** AM FILM **NYC: Tornado Terror** Thriller. (2008, PG, 90min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.15 **Diagnosis Murder**
11.15 **Lost Letter Mysteries: Freedom to Give**
1.10 PM **Lost Letter Mysteries: Family Reunited** Drama.
3.05 **Ruth Rendell Mysteries: Harm Done**
5.10 **Morning Show Mysteries: Murder on the Menu** Crime drama.
7.05 FILM **Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
9.00 **Hailey Dean Mysteries**
10.55 FILM **Off the Rails** Suspense drama starring Hannah Barefoot. (2017, PG, 82min) ★★
12.50 AM FILM **Wish You Were Dead** Thriller. (2017, PG, 89min) ★★
2.45 FILM **Gone Daughter Gone** Crime thriller. (2020, PG, 87min) ★★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Hart to Hart**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM FILM **Christmas by the Book** (2022) ★★
10.00 FILM **The Sweetest Christmas** (2017) ★★
12.00 NOON FILM **A Christmas to Savour** Drama. (2021, U) ★★
2.05 PM FILM **Christmas Romance Al Dente** Drama. (2020, PG) ★★
4.00 FILM **Christmas Cookies** (2016, PG) ★★
6.05 FILM **A Gingerbread Romance** Drama. (2018, PG, 90min) ★★
8.00 FILM **A Christmas Recipe for Romance** Drama. (2019, U) ★★
9.55 FILM **Christmas à la Carte** (2021, PG) ★★
12.00 M'T FILM **A Very British Christmas** Drama. (2019, PG, 90min) ★★
1.55 AM FILM **The Christmas Getaway** (2017, PG) ★★
3.20 **to 4.50** AM FILM **Christmas Romance Al Dente** As 2.05pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Soap** 4&5/25. (S1)
8.00 **Lucky Feller**
9.30 **Jokers Wild**
10.00 **Please Sir!** (S3&4)
11.30 **Jokers Wild**
12.00 NOON **Carry On Laughing** 6&7/7. (S2)
1.00 PM FILM **Press for Time** Madcap comedy. (1966, U, 99min) ★★
3.00 **Don't Drink the Water**
4.00 **Bubblegum & Cheese**
5.00 **Lucky Feller**
6.30 **Please Sir!** (S3&4)
8.00 **In Loving Memory** (S1)
9.00 **Police Woman** (S1)
10.00 **Don't Drink the Water**
11.00 **Stereo Underground**
12.00 M'T **Jokers Wild**
12.30 AM FILM **The Amazing Mr X** Chiller. (1948, b/w, PG, 79min) ★★★
2.00 **Carry On Laughing**
3.00 **Jokers Wild**
4.00 **Stereo Underground**
5.00 **to 6.00** AM **Bubblegum & Cheese**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
12.00 NOON **Wheeler Dealers**
12.45 PM LIVE **Snooker: English Open** The opening semi-final at the Brentwood Centre, Essex.
4.30 **Wheeler Dealers**
5.00 **Alaska: Homestead Rescue** Documentary.
6.00 **Wheeler Dealers**
6.45 LIVE **Snooker: English Open** The second semi-final from the Brentwood Centre, Essex.
10.00 **This Came Out of Me** Dr. Ruby Rose drains a patient's dental abscess.
11.00 **Goddess Face Tumour: Body Bizarre**
12.00 M'T **My Deadly Face Tumour: Body Bizarre**
1.00 AM **World's Biggest Cyst: Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Nigel Slater's Simple Cooking**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **Rick Stein's Food Heroes: Another Helping** Six editions.
7.00 **Jamie's Easy Meals for Every Day** Jamie Oliver gives traditional roast chicken a French twist. **7.30** Jamie whips up prawn toast toasties.
8.00 **Diners, Drive-Ins and Dives** Four editions.
10.00 **Cutthroat Kitchen: Knives Out** New edition The chefs play a carnival-style game to determine their protein choice.
11.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Mega Shark vs Kolossus** Fantasy. (2015, 12, 90min) ★
9.00 **Charlie's Angels** (S1)
2.00 PM FILM **The Hunters** Korean War drama. (1958, PG, 108min) ★★
4.10 FILM **Moby Dick** Adventure starring Gregory Peck. (1956, PG, 116min) ★★★★
6.25 FILM **The Gorgon** Horror starring Peter Cushing. (1964, 15, 83min) ★★★
8.00 **The Twilight Zone**
9.00 FILM **The Alamo** Western with Billy Bob Thornton, Jason Patric and Dennis Quaid. (2004, 12, 137min) ★★★
11.50 FILM **Heat** Michael Mann's crime thriller starring Al Pacino and Robert De Niro. (1995, 15, 171 min) ★★★★★
3.10 **to 5.00** AM FILM **She Never Died** Thriller starring Olunike Adeliyi. (2019, 15, 89min) ★★

+1 hour 318 371 139

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Tornado Warning** Sci-fi thriller. (2012, PG, 90min) ★★
8.00 FILM **Moby Dick** Thriller. (2010, 12, 87min) ★★
10.00 FILM **Weather Wars** Sci-fi disaster thriller. (2011, 15, 82min) ★★
12.00 NOON FILM **Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
2.00 PM FILM **Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
4.00 **Andromeda** (S2)
9.00 FILM **Escape Plan** Action thriller starring Sylvester Stallone. (2013, 15, 113min) ★★★
11.15 FILM **The Most Dangerous Game** Thriller with Chris Tamburello. (2022, 15, 95min) ★★
1.10 **to 3.00** AM FILM **The Legend of the 7 Golden Vampires** Horror. (1974, 15, 89min) ★★

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Container Wars**
8.00 **Pawn Stars**
10.00 **Strange Evidence**
12.00 NOON **World's Most Unexplained...**
1.00 PM **Strangest Things**
2.00 **Royal Murder Mysteries**
4.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens**
8.00 **The Proof Is Out There** A strange swirling vortex with a white centre spotted in the skies over Oklahoma.
9.00 **The Real Hunt for Red October** Part one of two. The 1968 incident involving a missing Soviet submarine. **10.00** Part two of two. The secret events surrounding the Russian submarine K-129.
11.00 **Weird or What? with William Shatner**
1.00 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Reuben Owen: Life in the Dales**
10.00 **All Creatures Great and Small** 4&5/6. (S5)
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **London's Greatest Bridges with Rob Bell**
7.00 **The Pacific War in Colour** A look at what happened at the Battle of Okinawa. **8.00** The US drops atomic bombs on Japan.
9.00 **Churchill** Winston Churchill's 1941 visit to Washington, DC. **10.00** In 1945, Churchill calls a general election. **11.00** The final years of Winston Churchill.
12.00 M'T **Drain the Oceans**
1.00 AM **Sunken Warships: Secrets from the Deep**
2.00 **747 Jumbo Jet: The Plane That Changed the World** 1&2/2.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Five editions in which people search for their ideal rural retreats.
8.00 **My Dream Derelict Home** Plasterer Chris and wife Jemma join forces with her father to renovate a faded Grade-II listed house into something beautiful.
9.00 **Derelict Rescue** Following the progress of Isadora and Ben as they tackle the restoration of a 500-year-old farmhouse in Devon. They battle decades of decay, missed deadlines and spiralling costs.
10.00 **Escape to the Country** Triple bill of the series in which people search for their ideal rural retreats.
1.00 **to 4.00** AM **Home Town**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** A bride faces a challenging fitting. **6.30** A customer wants a colourful gown.
7.00 **sMothered** Sandra causes drama at Mariah's 21st birthday party. Meanwhile, Sunhe confronts Jason.
8.00 **Dr Pimple Popper** Four editions of the series.
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** 8-13/24. (S5)
12.00 NOON FILM **The Money Pit** Romantic comedy. (1985, 15, 91 min) ★★★
1.45 PM **Friends** (S5)
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Paloma Faith.
9.00 **Al Murray: One Man, One Guvnor Uncut**
10.00 FILM **Zombieland: Double Tap** Comedy sequel. (2019, 15) ★★★
12.10 AM **Police Squad!** (S1)
1.10 **South Park** (S27)
1.40 **Iain Stirling's Roast the Internet**
2.40 **CC Live: Stand Up Shorts** With Priya Hall.
3.05 **8 Out of 10 Cats**
3.55 **Mike Judge's Beavis and Butt-Head** (S3)
4.20 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S9&1)
1.00 PM **Everybody Loves Raymond** (S1)
7.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **7.30** 23/24. Part one of two. The pals go to visit Joey in Las Vegas. **8.00** 24/24. Part two of two. Ross regrets playing a prank on Rachel. (S5) **8.30** 1/25. Joey and Phoebe have a cross-country adventure. **9.00** 2/25. Monica and Chandler decide to move in together. **9.30** 3/25. Ross makes a big decision. (S6)
10.00 **Friends** 4-11/25. (S6)
2.00 AM **Impractical Jokers**
3.00 **Utopia** 6-8/8. (S1)
4.05 **Key & Peele**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **NCIS: New Orleans**
3.00 PM **Caught on Dashcam** Double bill.
5.00 **Road Wars**
9.00 **SEAL Team** *Santa Muerte:* 9/22. The team suspect a mole is leaking information. **10.00** *Prisoner's Dilemma:* 10/22. The hunt for Andres Doza comes to a head. **11.00** *Backwards in High Heels:* 11/22. Jason and Bravo Team join forces with the SAS. **12.00** M'T *Things Not Seen:* 12/22. The unit race to Turkey to rescue a young American who married an ISIS leader. **1.00** AM *Time to Shine:* 13/22. Sonny becomes trapped in a submarine torpedo tube. (S2)
2.00 **A League of Their Own**
4.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Scammed**
4.00 **Catfish: The TV Show** Five editions, including at: **8.00** Nev helps a Navajo girl to find the Zuni man she loves.
9.00 **Ink Master Redemption** Canvases with memorial tattoos they would rather forget confront the Artist who wronged them. **9.30** Alex Rockoff returns to the shop with three unhappy Canvases.
10.00 FILM **Bring It On Again** Teen drama sequel with Anne Judson-Yager. (2003, 12, 86min) ★★
12.00 M'T **The Challenge: Vets & New Threats**
1.30 AM **Beavis and Butt-Head** (S4)
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Alaska: Homestead Rescue** Triple bill of editions.
12.00 NOON **Naked and Afraid: Last One Standing** Shocking sabotage and a medical emergency upend the contest. **2.00** PM Laura finds a shocking animal nest, while Patrick and Jermaine clash over hunting tactics. **4.00** Competitors scramble in a dome shelter challenge.
6.00 **Deadliest Catch** Sig runs into freezing spray, forcing an emergency set, while Jake opts for a risky strategy.

12.00 Naked and Afraid: Last...

7.00 **Gold Divers** 1/2. It's a historic week on the Bering Sea as Kris launches his crawler deeper than ever before.
8.00 **Gold Divers** 2/2. Chris makes a huge gold nugget discovery.
9.00 **In the Eye of the Storm** A woman braves Arctic conditions in an attempt to save a man freezing to death outside her home.
10.00 **Marooned with Ed Stafford** The survivalist puts his skills to the test on a beach on Coron Island in the Philippines.
11.00 **Expedition Unknown** Josh Gates learns more about the Third Reich's Amerikabomber.
12.00 M'T **Deadliest Catch** A rare weather event churns up some dangerous waves.
1.00 AM **Deadliest Catch**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson helps a mother and daughter with their two warring cats. **4.00** A Bengal is spraying every piece of house furniture.
5.00 **Treehouse Masters** Pete Nelson sets out to build an extravagant treehouse B'n'B.
6.00 **Saved by the Barn** Ginger the lamb battles an infection.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** How swarms of blind bats avoid collision. **7.30** How humpback whales are able to leap.
8.00 **Extinct or Alive** Forrest Galante visits Colombia, trekking into the lawless bush in search of a unique crocodile species.
9.00 **The Zoo** A markhor goat gives birth to the biggest baby of the year, and confiscated lizards require urgent medical attention.
10.00 **Tanked** Baseball star Pete Rose wants Riverfront Stadium in Cincinnati transformed into an aquarium.
11.00 **Alaska: The Last Frontier** Atz gives Jane a lesson in rabbit skinning, while Eve experiences conflicting thoughts about deer hunting.
12.00 M'T **Life at Vet University**
2.00 AM **Alaskan Bush People**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Lost Treasures of Arabia**
10.00 **Air Crash Investigation**
1.00 PM **WW2: Hell Under the Sea** Double bill of editions.
3.00 **Nazi Sunken Sub** The unexplained disappearance of a Nazi submarine in 1945.
4.00 **Eyewitness WWII: Invasion Italy** 1&2/2. The story of World War Two's Italian campaign told through the accounts of those who fought in it.
6.00 **Construction Fails** Footage of lightning bolts causing construction mayhem.

4.00 Eyewitness WWII

7.00 **Air Crash Investigation** Examining the crash-landing in the Hudson River of US Airways Flight 1549 in January 2009.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to get a Mazda MX5 back on the road.
9.00 **Car S.O.S** Tim and Fuzz head to Essex to rescue a 1974 Corvette Stingray, widely regarded as an all-American muscle car.
10.00 **Car S.O.S** Tim and Fuzz come across a Ford Escort RS that has seen better days and help bring it back to peak condition.
11.00 **World's Most Dangerous Drug: Super Meth**
12.00 M'T **Inside Airport Lost & Found** A travellers is reunited with a championship ring.
2.55 AM **Food Factory**
3.20 **Food Factory USA**
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Storage Wars** Four editions.
9.00 **Curse of Skinwalker Ranch**
10.00 **Beyond Skinwalker Ranch**
11.00 **Weird Britain** Double bill.
1.00 PM **Pawn Stars** Four editions of the series, including at: **4.00** Rick is blown away by a vintage eclipse windmill.
5.00 **The Great British Dig: History in Your Back Garden** The team hunt for the Morda Workhouse in Oswestry.
6.00 **Bone Detectives** A body buried in an unusual manner.

9.00 Titanic: Mystery Solved

7.00 **Secrets in the Ice** The discovery of the remains of a woolly mammoth, and a body buried on the Himalayas' Killer Mountain.
8.00 **Secrets in the Ice** The mummified remains of three Inca children, and members of the ancient Yupik people in Alaska.
9.00 **Titanic: Mystery Solved** Experts examine previously undiscovered evidence of flaws in the *Titanic*'s design that may have contributed to the ship sinking in April 1912.
11.00 **History's Greatest Mysteries** Laurence Fishburne explores Egypt's mighty Sphinx.
12.00 M'T **Forged in Fire** The German Sawback Hunting Sword. **1.00** AM Four bladesmiths must forge not just one, but three knives from railroad spikes in only three hours.
2.00 **Secrets in the Ice**
4.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **American Pickers**
10.00 **Bangers & Cash**
11.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **Fred Dibnah's Industrial Age** Four editions, including at: **4.30** Fred Dibnah explores Britain's mining heritage.
5.00 **Flipping Bangers** Will and Gus locate a Toyota MR2 MK2.
6.00 **Bangers & Cash** One hundred motorbikes come in for auction from every era.

3.00 Fred Dibnah's Industrial...

7.00 **Bangers & Cash** A rusty 1970 Fiat 500 goes under the hammer.
8.00 **Bangers & Cash** Dave gets nostalgic over a brace of Raleigh Choppers and a rare Mark 1 Ford Granada.
9.00 **Bangers & Cash** Tucked away in the showroom is a World War Two-era Willys Jeep which would be ripe for restoration.
10.00 **Bangers & Cash** An MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.
11.00 **Bangers & Cash** Dave's son Jack heads to Cheshire to collect two cars with a 35-year age difference. **12.00** M'T A 1970 Excalibur Roadstar, once owned by music legend Roy Orbison, arrives in Thornton-le-Dale.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Saturday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Cars** Off-road cars.
7.00 **Supertruckers**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
6.00 **Shed and Buried: Classic Cars** Henry and Fuzz go to Kent to view an eclectic collection. **7.00** Henry and Fuzz visit Basingstoke to scour a huge collection. **8.00** Henry and Fuzz look for vintage vehicles to restore and sell.
9.00 **Ant Anstead: Born Mechanic** Ant takes a gamble on a mysterious Ford Capri Mk1.
10.00 **Massive Engineering Mistakes** In Texas, an oil refinery explodes.
11.00 **Gem Hunters Down Under** Double bill.
1.00 AM **Mysteries of the Deep** Double bill.
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Murder Under the Friday Night Lights**
9.00 **Murder on CCTV** New edition Police retrace a 60-year-old woman's movements after she goes missing.
10.00 **Crime Scene Investigators** New edition In Ottawa, a mother-of-three is stabbed to death.
11.00 **Murder on CCTV**
12.00 M'T **Chris Watts: A Faking It Special**
1.00 AM **Michael Jackson: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** A woman vanishes without a trace during the dead of winter.
7.00 **Secrets of a Murder Detective** DI Steve Keogh uncovers secrets in the murder of Julian Webb in 1994. **8.00** Police reveal how they solved the manslaughter of eight-year-old Ayesha Ali.
9.00 **Killers: Caught on Camera** In America, a murder in a garage is recorded on camera. **10.00** Recordings provide vital evidence to solve the death of a man's wife.
11.00 **See No Evil**
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Five editions.
2.00 PM **Fraud Squad** A hoaxer is faking accidents for fun, and the UK's biggest Blue Badge fraud is unearthed. **3.00** A dentist fleeces the NHS, and a con artist makes thousands of pounds pretending to know Hilary Clinton.
4.00 **Wrongly Accused** 1/2. The case of Timothy Evans, who was hanged for murdering his wife and their baby daughter. **5.00** 2/2. With Evans hanged for a crime he did not commit, the local death toll of women was increasing, but justice would eventually catch up with John Christie.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Fraud Squad**
4.00 **48 Hours** True-crime.
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **The Force: Manchester**
8.00 **Highway Patrol**
9.00 **Snapped**
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **The Cheshire Murders** True-crime.
2.10 PM **Catching the Killer**
3.05 **Killer in My Village**
4.00 **Killing Mum and Dad**
5.00 **Britain's Most Evil Killers** The murder of a mother-of-four in 2016.
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Catching the Killer**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **The Killer Within**
1.00 AM **Murder Uncut**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** In Arizona.
8.35 **Battle of Okinawa in Colour** As 7.15pm.
9.45 **Vichy and the Nazis: A Deal with the Devil**
11.05 **Cheating Hitler: Surviving the Holocaust**
1.00 PM **America the Bountiful** In Arizona.
1.35 **WWII in Colour: Road to Victory**
7.15 **Battle of Okinawa in Colour** The story of the fight for Okinawa, the last great battle of the Pacific War.
8.20 **Vichy and the Nazis: A Deal with the Devil**
9.40 **1945: The Savage Peace** Violence toward Germans following World War Two.
10.55 **Battle of Okinawa in Colour** As 7.15pm.
12.00 M'T **Vichy and the Nazis: A Deal with the Devil**
1.20 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Nicolas Cage**
7.00 **Discovering: Jeremy Irons**
8.00 **The Directors**
9.00 **Being Mary Tyler Moore**
11.15 **I Am Raquel Welch**
1.00 PM **Natalie Wood: What Remains Behind**
3.00 **Hitsville: The Making of Motown** The history and origins of the Motown record label.
5.00 **Love to Love You, Donna Summer** A profile of the iconic artist, following her career from the avant-garde music scene in Germany, to the bright lights of dance clubs in New York.
7.00 **Gloria Gaynor: I Will Survive** A profile of the American singer, who overcame traumatic events to rebuild her life by earning a degree in psychology and won a Grammy for her 2019 gospel album *Testimony*.
9.00 FILM **Amy** Asif Kapadia's documentary portrait of singer-songwriter Amy Winehouse. (2015, 15, 128min) ★★★★
11.30 **The Case Against Adnan Syed**
4.20 **to 6.00** AM **Althea**

Sky Nature

145 113/114 189 354 369

6.00 AM **Land of Gremlins**
9.00 **The Great Elephant Tale**
10.00 **Carpathian Predators**
12.00 NOON **Deep Dive North America** Documentary.
1.00 PM **Coral City**
2.00 **Malawi Wildlife Rescue**
5.00 **America's Wild Border: Northern Exposure**
6.00 **David Attenborough Meets Obama** The former US President interviews the renowned documentarian.
7.00 **Attenborough at 90: Behind the Lens** A profile of the broadcaster and naturalist.
8.00 **Battle of the Alphas**
9.00 **Surviving the Amazon** The predators of the Amazon.
10.00 **City Wildlife Rescue**
12.00 M'T **Battle of the Alphas**
1.00 AM **Surviving the Amazon**
2.00 NEW **Invisible River: Under Water Between the Black Forest and the Vosges** Exploring Europe's largest groundwater reservoir.
3.00 **to 6.00** AM **A Wild Year on Earth**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships**
11.00 **Digging for Britain**
2.00 PM **UFOs Declassified**
4.00 **Combat Ships** Double bill.
6.00 **Britain's Most Historic Towns** Alice Roberts tells the story of Viking England by studying the history of York. **7.00** Alice investigates Norman Britain in Winchester. **8.00** Alice exxplores the Regency period by studying the history of Cheltenham.
9.00 **Gangland Chronicles** The Mongols Motorcycle Club. **9.30** An inside look at Whitey Bulger's notoriously violent and untouchable Winter Hill Gang.
10.00 **Secrets of the Hells Angels** The murder of Margo Compton and her six-year-old daughters.
11.00 **Ancient Aliens** The top 10 unexplained technologies. **12.00** M'T The top 10 mysterious mountains.
1.00 AM **Britain's Most Historic Towns** Double bill of editions.
3.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Hometown Tragedy**
1.05 PM **Meet, Marry, Murder**
3.00 **#Textmewhenyougethome**
4.00 **Cold Case Files**
5.00 **Accident, Suicide or Murder?**
8.00 **Lie Detector: Truth or Deception** Eva Hamby sits down for a polygraph test with former FBI agent George Olivo.
9.00 **Look What You Made Me Do** An up-and-coming cyclist is shot dead in cold blood.
10.00 **Laura Whitmore on Britain's Killer Teens** A 2014 murder inspired by the TV show *Dexter*.
11.00 **#Dead2Me** Focusing on the case of Kamila Ahmad.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Cold Case UK** New edition Revisiting the files on criminal investigations that went cold.
3.00 **#Textmewhenyougethome**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: North Carolina** Documentary.
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **The Croc that Ate Jaws**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Ben and Erin help a stray chicken find a new home, while a puppy receives award-winning splint work.
8.00 NEW **Dolphins Up Close with Bertie Gregory** Searching for a superpod of spinner dolphins.
9.00 **Secrets of the Zoo** The deadliest patients at the zoo.
10.00 **Asia's Wild Secrets: Young and Wild** Series highlights, including macaques embarking on epic journeys to find food.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: North Carolina** Documentary.
3.00 **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Experts explore the most astonishing discoveries of the *Voyager* spacecraft, and they examine how the operation has transformed into a big mission. **7.00** Some of the brightest minds on the planet explore the limits of human knowledge. **8.00** The search for the mysterious dark matter.
9.00 **Greatest Events of World War II** The German tactic of blitzkrieg, literally lightning war. **10.00** Restored footage tells the story of Operation Sealion in a new light. **11.00** Restored footage recounts Japan's extraordinary attack on Pearl Harbor.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Vets**
1.00 PM **Inside the Vets**
6.00 **Inside the Vets** A dog is brought in bleeding heavily from an injured tail, while the team also come to the aid of a parakeet and a lizard. **7.00** A dog ends up suffering from stress after sharing its home with a cheetah. **8.00** A 17-year-old cat has life-threatening surgery, while the vets also have two troublesome rats and a badly behaved puppy on their hands. **9.00** A tortoise awakens from hibernation to face losing a leg, and a guinea pig is in need of dental treatment. **10.00** A snake suffers a serious burn, and a chameleon undergoes a tricky treatment. **11.00** A pet belonging to a staff member fights for its life, and vets work out why a greyhound has lost power in its back legs.
12.00 M'T **Inside the Vets**
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
10.00 **Evil Lives Here** Double bill.
12.00 NOON **Forbidden: Dying for Love** Double bill of editions.
2.00 PM **Death by Fame**
4.00 **Dark Waters: Murder in the Deep** Double bill.
6.00 **Faking It: Tears of a Crime** The cases of Shafilea Ahmed and Gordon Wardell. **7.00** The 2016 murder of author Helen Bailey.
8.00 **American Monster** A look into the double lives of America's most terrifying criminals.
9.00 **The Playboy Murders** When Adrienne Pollack dies, her family suspect there's more to the story.
10.00 **Mean Girl Murders** Workouts turn a group of fitness fanatics into bitter rivals.
11.00 **The Big Swindle** A huge bogus scam involving hundreds of victims is uncovered.
12.00 M'T **Seduced to Slay**
2.00 AM **Broken Trust**
3.00 **The Lies That Bind**
4.00 **to 6.00** AM **Murder Chose Me**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
10.00 **How It's Made: Dream Cars**
11.00 **G.A.S. Extreme Customs**
12.00 NOON **Kindig Customs** Eight editions, including at: **2.00** PM A 1969 Camaro comes in and the team determine that it requires a full rebuild. **3.00** With the Camaro's design firmed up, the build continues, but soon hits a roadblock. **4.00** After several years of planning, Dave celebrates the opening of his passion project. **5.00** Dave needs to find a buyer for the Concept Corvette. **6.00** A 1964 Corvette arrives at the shop for a simple repaint. **7.00** An abandoned 1967 C10.
8.00 **Scrapyard Dynasty** Terry thinks he can make a quick profit on a vintage motorhome. **9.00** A fierce storm could cause the scrapyard to close. **10.00** A work from home trial causes tension.
11.00 **Wrecks to Riches**
1.00 **to 5.00** AM **Extreme RVs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Spin the Bottle** Horror. (2024, 15, 119min) ★★
9.30 **Wolf Man** As 8.00pm.
11.20 PREMIERE **Love Hurts** (2025)
12.50 PM **One of Them Days** Comedy with Keke Palmer and SZA. (2025, 15, 97min) ★★★
2.30 **Nosferatu** As 9.45pm.
4.45 **The Surfer** Psychological thriller. (2024, 15) ★★★★
6.30 PREMIERE **Love Hurts** Action comedy starring Ke Huy Quan. (2025, 15, 83min).

6.30 Love Hurts

8.00 **Wolf Man** Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Brutalist** Epic drama starring Adrien Brody, Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
3.20 AM **Amongst the Wolves** Thriller starring Luke McQuillan and Aidan Gillen. (2024, 15, 102min) ★★★
5.05 **to 6.40** AM **Die Alone** Zombie apocalypse drama starring Carrie-Anne Moss. (2024, 15, 91min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.05 AM **Sky Cinema Preview**
6.30 **The Cinema List: SNL**
6.50 **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
9.10 **Charlie's Angels** (2000)
10.50 **Charlie's Angels: Full Throttle** Comedy thriller. (2003, 12) ★★
12.40 PM **Wicked** (2024, PG) ★★★★
3.25 **Indiana Jones and the Last Crusade** (1989, PG) ★★★★★
5.45 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★

10.10 Love Actually

8.00 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. With Aaron Taylor-Johnson and Hannah Waddingham. (2023, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Love Actually** Romantic comedy with Hugh Grant, Martine McCutcheon, Bill Nighy, Colin Firth, Alan Rickman, Liam Neeson and Emma Thompson. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
2.30 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
4.15 **to 6.25** AM **Gods of Egypt** Fantasy adventure. (2016, 12, 127min) ★★★

Sky Cinema Drama

310 310 410 510 524

8.35 AM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
10.40 **Carmen** Musical starring Melissa Barrera and Paul Mescal. (2022, 15, 116min) ★★★
12.45 PM **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
2.35 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
4.40 **Speak Like a Child** Dark drama. (1998, 18, 80min) ★★
6.10 **Golda** Biopic starring Helen Mirren. (2023, 12, 100min) ★★
8.00 **Dunkirk** Christopher Nolan's wartime drama starring Kenneth Branagh, Tom Hardy and Fionn Whitehead. Allied soldiers surrounded by the German army wait for evacuation. (2017, 12, 106min) ★★★★★
9.50 **Exhibiting Forgiveness** Drama with André Holland. An artist's rise to success is scuppered by a visit from his estranged addict father. (2024, 15, 117min) ★★★
11.50 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
2.05 AM **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★
4.20 **to 6.15** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Salem's Lot** As 3.30am.
9.25 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
11.00 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
12.55 PM **The Ring Two** Horror chiller sequel. (2004, 15, 110min) ★★★
2.55 **A.I. Artificial Intelligence** Sci-fi fantasy. (2001, 12) ★★★★
5.30 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
8.00 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay to save the planet. (2002, PG, 88min) ★★★
9.40 **Battleship** Sci-fi action adventure starring Taylor Kitsch and Rihanna. A hot-headed US Navy lieutenant leads the fight back against alien invaders. (2012, 12, 126min) ★★★
12.00 M'T **Halloween** Horror. (2018, 18, 106min) ★★★★
1.50 AM **The Damned** Mystery. (2024, 15, 89min) ★★★★
3.30 **Salem's Lot** Horror chiller. (2024, 15, 109min) ★★★
5.30 **to 7.30** AM **Dorian Gray** Horror. (2009, 15, 112min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Spy Kids** (2001, U) ★★★★
8.45 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
10.45 **Snow White and the Huntsman** (2012, 12) ★★★
12.55 PM **Look Who's Talking** Comedy. (1989, 12) ★★★
2.35 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★
4.15 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
6.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★

8.05 The Secret Garden

8.05 The Secret Garden Family drama starring Colin Firth. When a young girl is sent to live with her uncle on his remote country estate after her parents die, she discovers a magical garden. With Dixie Egerickx. (2020, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bookworm Comedy adventure starring Elijah Wood, Nell Fisher and Michael Smiley. (2024, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **My Penguin Friend** Drama starring Jean Reno. (2024, PG, 98min) ★★★★
1.40 AM **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
3.25 **Ella Enchanted** Comic fantasy starring Anne Hathaway. (2004, PG, 96min) ★★★
5.10 **to 7.05** AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★

Sky Cinema DC

307 307 407 507 521

7.10 AM **Aquaman and the Lost Kingdom** As 5.40am.
9.15 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
11.30 **Wonder Woman** Adventure. (2017, 12, 121min) ★★★★
1.55 PM **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
4.20 **Superman** Fantasy adventure. (1978, PG, 143min) ★★★★
6.45 **Superman II** Fantasy sequel starring Christopher Reeve. (1980, PG, 127min) ★★★

4.20 Superman

8.55 Superman III Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. Clark Kent alias Superman battles against a megalomaniac tycoon who is using a bumbling computer genius to plan the crime of the century. With Robert Vaughn and Margot Kidder. (1983, PG, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
12.40 AM **Superman Returns** Adventure with Brandon Routh. (2006, 12, 154min) ★★★
3.15 **Aquaman** Action adventure. (2018, 12, 143min) ★★★
5.40 **to 7.45** AM **Aquaman and the Lost Kingdom** Fantasy sequel starring Jason Momoa. (2023, 12, 124min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **Beverly Hills Cop II**
9.10 **Baywatch** Action comedy. (2017, 15, 121min) ★★
11.15 **Heaven Can Wait** Fantasy. (1978, PG, 100min) ★★★★
1.00 PM **Wayne's World** Comedy. (1992, PG, 95min) ★★★★
2.40 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
4.25 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
6.10 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★

8.00 Singin' in the Rain

8.00 Singin' in the Rain Musical about the transition from silents to talkies in 1920s Hollywood, starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 A Night at the Roxbury Comedy starring Will Ferrell and Chris Kattan as wastrel brothers desperate to gain entry to an exclusive LA nightclub. (1998, 15, 82min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **You've Got Mail** Comedy with Tom Hanks and Meg Ryan. (1998, PG, 114min) ★★★
1.20 AM **The Nutty Professor** Comedy with Eddie Murphy. (1996, 12, 95min) ★★★
3.05 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
4.55 **The Cinema List: The 90s**
5.25 **to 7.15** AM **Nacho Libre** Comedy starring Jack Black. (2006, 12, 92min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **Sky Cinema Preview**
7.50 **Head Count** Crime thriller. (2023, 15, 77min) ★★★
9.20 **Barber** Mystery drama. (2023, 15, 90min) ★★★
11.00 **Eye in the Sky** Thriller. (2015, 15, 112min) ★★★★
12.50 PM **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★
3.30 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
6.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★

6.00 Patriot Games

8.00 Angels & Demons Mystery thriller starring Tom Hanks and Ewan McGregor. Harvard professor Robert Langdon must solve a series of cryptic riddles to prevent a hidden time bomb from destroying the Vatican. (2009, 12, 138min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Punisher** Thriller. (2004, 18, 123min) ★★★
2.15 **Lawless** Crime drama. (2012, 18, 111min) ★★★★
4.15 **to 6.30** AM **Jack Reacher** Thriller starring Tom Cruise. (2012, 15, 130min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Wonder Park** Animation. (2019, PG, 85min) ★★★★
12.45 PM **Born Free** Adventure. (1965, U, 95min) ★★★★
2.40 **Babe: Pig in the City** Comedy sequel. (1998, U) ★★★★
4.30 **The Devil Wears Prada** Satirical comedy drama. (2006, PG, 109min) ★★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★

11.00 Wonder Park

Jumanji: The Next Level (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 The Mechanic Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin embarks on a mission to avenge the murder of his mentor. (2011, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 Die Hard Action thriller starring Bruce Willis. A vacationing New York cop tackles a gang of terrorists when they seize control of a tower office block in LA. (1988, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

1.30 **to 3.40** AM **Ravenous** Horror comedy starring Guy Pearce. (1998, 18, 101min) ★★★

+1hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

7.40 AM **The Green Hornet** Fantasy comedy. (2011, 12, 118min) ★★★
9.40 **Sherlock Holmes: A Game of Shadows** Action adventure sequel. (2011, 12, 128min) ★★★
11.50 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
2.05 PM **Jack Reacher: Never Go Back** Thriller sequel with Tom Cruise and Cobie Smulders. (2016, 12, 118min) ★★★

4.05 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
6.05 **The Meg** Action thriller starring Jason Statham and Ruby Rose. (2018, 12, 113min) ★★★
8.00 **The Equalizer** Action thriller starring Denzel Washington. (2014, 15, 132min) ★★★
10.15 **The Equalizer 2** Thriller sequel starring Denzel Washington and Pedro Pascal. When a friend is murdered, vigilante Robert McCall sets out to avenge her death. (2018, 15, 121min) ★★★

12.20 AM **Gravity** Thriller with Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
1.55 **Darkest Hour** Period drama. (2017, PG, 122min) ★★★
4.05 **to 6.00** AM **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

6.00 AM **Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★★
8.00 **Coming 2 America** Comedy. (2021, 12, 108min) ★★★
10.00 **Hook** Fantasy. (1991, U) ★★★
12.25 PM **Zathura: A Space Adventure** Sci-fi fantasy. (2005, PG, 113min) ★★★★
2.20 **Journey to the Center of the Earth** Family fantasy adventure. (2008, PG, 92min) ★★

4.10 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★
6.10 **Big Daddy** Comedy with Adam Sandler and Kristy Swanson. (1999, 12, 95min) ★★★
8.00 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
9.35 **My Big Fat Greek Wedding 2** Romantic comedy sequel starring Nia Vardalos. A woman discovers her parents were never legally married, and sets about organising an elaborate wedding. (2016, 12, 94min) ★★

11.15 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
1.20 AM **Big Daddy** As 6.10pm.
2.55 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
4.50 **to 7.00** AM **A League of Their Own** Comedy with Tom Hanks. (1992, PG, 124min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Barnyard** Animated comedy. (2006, PG, 90min) ★
8.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
9.35 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
11.20 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
1.00 PM **Antz** Animated comedy. (1998, PG, 83min) ★★★

2.30 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
4.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
5.45 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
7.30 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
9.15 **Captain Underpants** Animation. (2017, U, 89min) ★★★★
11.00 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★

12.30 AM **Mavka: The Forest Song** Animation. (2023, PG) ★★
2.20 **Curious George** Animation. (2006, U, 87min) ★★★★
3.55 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★
5.35 **to 7.15** AM **The Road to El Dorado** (2000, U) ★★★

Movies 24

312 313 419

7.00 AM **The Story of Love** Comedy. (2022, PG, 91min) ★★
9.00 **The Reluctant Royal** Romantic comedy. (2025, PG, 84min) ★★
11.00 **Stepping into Love** Romantic drama. (2023, PG, 82min) ★★
1.00 PM **Love is a Dog's Best Friend** Canine comedy starring Arielle Kebbel. (2025, PG, 90min) ★★
3.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★

5.00 **The Dancing Detective: A Deadly Tango** Murder mystery starring Lacey Chabert. (2023, PG, 84min) ★★
7.00 **His and Hers** Romantic drama starring Lacey Chabert and Brennan Elliott. Married lawyers find their relationship strained when on opposite sides of a celebrity divorce case. (2024, PG, 90min) ★★
9.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. (2024, PG, 90min) ★★

11.00 **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
1.00 AM **The Blessing Bracelet** Drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **To Her, With Love** Drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **All in Good Fun**
6.55 **The Cuckoo Patrol** Musical. (1967, b/w, U, 75min) ★★
8.25 **Space Patrol** 28/39. (S1)
9.00 **Batman** 35/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 24/26. (S1)
10.30 **The Last Load** (1948, PG) ★★
11.30 **The Adventures of Robin Hood**
12.00 NOON **They Came from Beyond Space** Chiller. (1967, PG) ★★

1.45 PM **One Step Beyond** (S2)
2.20 **Look at Life** Documentary.
2.30 **Sitting Bull** (1954, U) ★★
4.35 **It Could Be You** Drama. (1957, U, 20min) ★★
4.55 **Wanted for Murder** Thriller. (1946, b/w, PG, 100min) ★★
7.00 **Maigret** 1/13. (S2)
8.00 **A Family at War** 18/19. (S2)
9.00 **The Night of the Shooting Stars** Italian drama. Subtitled. (1981, 12, 107min) ★★★★
11.10 **Mickey One** Melodrama. (1965, PG, 89min) ★★

1.00 AM **Where Has Poor Mickey Gone?** (1964, b/w, 18) ★★
2.10 **The Rough and the Smooth** Drama. (1959, b/w, 18) ★★
4.15 **Men Against the Sun** Adventure. (1953, b/w, PG, 70min) ★★
5.25 **Your Dustbin is Beating Hitler**
5.30 **to 6.00** AM **Out of Town**

Saturday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Soccer Saturday Pre-Match**
11.00 LIVE **EFL Leicester City v Coventry City.** The Championship match at the King Power Stadium, as the East Midlands rivals go head to head. Kick-off **12.30pm**.
3.00 PM LIVE **Metrobank One-Day Cup Cricket Hampshire v Worcestershire Rapids.** Coverage of the final from Trent Bridge, Nottingham.
5.00 LIVE **SNF Manchester United v Chelsea.** Coverage of the Premier League match from Old Trafford. Kick-off is at **5.30pm**.
7.45 LIVE **SNF Fulham v Brentford.** Coverage of the Premier League match from Craven Cottage, as the West London rivals go head to head for the first time this campaign. Kick-off is at **8.00pm**.
11.00 LIVE **LPGA Tour Golf** Coverage of the second day's play of the Walmart NW Arkansas Championship from Pinnacle Country Club in Rogers, Arkansas.
12.00 M'T **to 6.00** AM **Sky Sports Catch Up**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Soccer Saturday Pre-Match**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF Manchester United v Chelsea.** The Premier League match from Old Trafford. The visitors have won two of the last three meetings between the two teams, having not won any of the seven matches against the Red Devils before that. This fixture last year ended in a 1-1 draw as a Moises Caicedo finish cancelled out Bruno Fernandes' second-half penalty. Kick-off **5.30pm**.
7.45 LIVE **SNF Fulham v Brentford.** All the action from the Premier League encounter at Craven Cottage. Kick-off **8.00pm**.
11.00 **Premier League Highlights**
3.30 AM **PL Greatest Games**
4.00 **Best PL Goals 2017/18**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League Highlights**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2016/17 play-off finals.
9.15 **WSL** Action from Tottenham Hotspur v Manchester City.
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 LIVE **EFL Leicester City v Coventry City.** Coverage of the Championship match from the King Power Stadium. The hosts have dominated this fixture since the turn of the century, and have only lost four times in the last 20 meetings. Kick-off is at **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 LIVE **Bundesliga RB Leipzig v FC Cologne.** Coverage of the German top-flight match at the Red Bull Arena. Kick-off **5.30pm**.
7.30 **EFL** Another chance to see Leicester City v Coventry City.
9.30 **WSL** Action from Tottenham Hotspur v Manchester City.
10.00 **EFL Highlights** Action from Birmingham City v Swansea City.
10.15 **EFL Highlights** Championship.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **One-Day International Cricket** Recent highlights.
10.00 **Best of England v South Africa**
10.30 LIVE **Metrobank One-Day Cup Cricket Hampshire v Worcestershire Rapids.** Coverage of the final staged at Trent Bridge in Nottingham. Hampshire beat Yorkshire in the semi-final by 18 runs to reach this showpiece event while Worcestershire beat Somerset by a massive 131 runs to reach this stage. Hampshire are looking for their first title in this competition since 2018, while the Rapids are searching for their first ever title.
7.00 PM **Vitality T20 Blast Cricket** Another chance to see the final from Edgbaston in Birmingham.
10.45 **Best of England v South Africa**
11.00 **One-Day International Cricket** England v West Indies: Action from the first ODI at Edgbaston. **12.00** M'T England v West Indies: Action from the second ODI staged at Sophia Gardens, Cardiff. **1.00** AM England v West Indies: Highlights of the third and final ODI.
2.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **PGA Tour Champions**
7.00 **DP World Tour Golf**
8.00 **LPGA Tour Golf**
11.00 **My Ryder Cup** Memories.
11.30 **Countdown to the Ryder Cup**
12.00 NOON LIVE **DP World Tour Golf** Coverage of day three of the Fedex Open de France at Golf de Saint-Nom-La-Bretèche in Paris.
4.30 PM LIVE **Ladies European Tour Golf** Coverage of day three of the La Sella Open at La Sella Golf Resort near Alicante in Spain.
5.00 **PGA Tour Champions**
6.00 **Golf** British Par 3 Championship.
8.00 **DP World Tour Golf**
9.00 LIVE **LPGA Tour Golf** Day two of the Walmart NW Arkansas Championship from Pinnacle Country Club in Rogers, Arkansas.
12.00 M'T **PGA Tour Champions**
1.00 AM **DP World Tour Golf**
2.00 **Nick Dougherty's Tee Time Tips**
3.00 **Countdown to the Ryder Cup**
3.30 **Ryder Cup Memories**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **The Open Zone**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **WTA & ATP Tennis** Coverage includes the WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.
1.00 PM LIVE **ATP Tennis** Coverage of day four of the Hangzhou Open staged at Hangzhou Olympic Sports Expo Center in China.
2.30 **ATP Tour This Week**
3.00 **Tennis** Cincinnati Open.
4.30 **WTA Tennis** Canadian Open.
5.00 **WTA & ATP Tennis** The Tours.
9.00 **WTA & ATP Tennis** Including the WTA Korea Open, ATP Chengdu Open and ATP Hangzhou Open.
1.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **The Fantasy Show**
6.30 **Premier League Preview**
7.00 LIVE **AFL** Coverage from the second preliminary final.
10.00 **Under the Lights**
10.15 **Match Officials Mic'd Up**
10.45 **Training Day** From Grenfell.
11.00 LIVE **Premier League Liverpool v Everton.** Coverage of the top-flight match from Anfield. Kick-off is at **12.30pm**.
3.00 PM LIVE **PREM Rugby Cup Bath v Exeter Chiefs.** Coverage of the match from the Recreation Ground. Kick-off is at **3.05pm**.
5.15 **International T20 Cricket**
6.15 **Onboard** Ocean Race Europe.
6.45 LIVE **Snooker Home Nations Series English Open** Rhe second session in the semi-finals at the Brentwood Centre, Essex.
10.30 **British Superbikes**
11.00 **Athletics World Championship**
12.00 M'T LIVE **MLB St Louis Cardinals v Milwaukee Brewers.** The National League match. Start-time is at **12.15am**.
3.00 **to 6.00** AM LIVE **FIM Endurance World Championship** Coverage of the Bol d'Or from Circuit Paul Ricard.

TNT Sports 2

411 414 522 409 431

6.00 AM **TNT Sports Reload**
6.15 **British Speedway**
7.15 **The Fantasy Show**
7.45 LIVE **T100 Triathlon World Tour** Coverage of the Oropesa Del Mar from Valencia, Spain.
12.45 PM LIVE **Snooker Home Nations Series English Open** The first session in the semi-finals at the Brentwood Centre, Essex.
4.30 LIVE **Asia Cup Cricket** A Super Fours match at Dubai International Cricket Stadium.
7.15 **International T20 Cricket**
8.15 **CPL Highlights** A qualifier game.
8.45 **Training Day** From Grenfell.
9.00 LIVE **MLB New York Mets v Washington Nationals.** The National League match staged at Citi Field. Start-time **9.10pm**.
12.15 AM **UEFA Champions League Goals Reload**
12.30 **British Superbikes**
1.00 **Snooker Home Nations Series English Open** The sixth day.
3.00 LIVE **NWSL Portland Thorns v San Diego Wave FC.** Coverage of the match from Providence Park. Kick-off is at **3.00am**.
5.15 **MotoGP Rewind**
5.30 **to 6.00** AM **TNT Sports Reload**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Kansas City Chiefs v Philadelphia Eagles.
12.00 NOON **49 Hours** The 49 hours before the San Francisco 49ers take to the field for NFL action.
12.15 PM **NFL Bitesize Highlights**
12.30 **NFL Gameday** The latest news.
1.00 **NFL Highlights**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Las Vegas Raiders v Los Angeles Chargers. **5.00** Highlights from Buffalo Bills v Miami Dolphins.
6.00 **The Runway** New York Jets.
6.45 **NFL Bitesize Highlights** Kansas City Chiefs v Philadelphia Eagles.
7.00 **NFL Gameday** A round-up of the latest American football news.
7.30 **NFL Highlights** Highlights of Buffalo Bills v Miami Dolphins.
8.30 LIVE **NCAA College Football Notre Dame Fighting Irish v Purdue Boilermakers.** Coverage of the match at Notre Dame Stadium. Kick-off **8.30pm**.
12.00 M'T **NFL Bitesize Highlights**
12.45 AM **NFL Gameday**
1.15 **NFL Bitesize Highlights**
2.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including day five of the WTA Korea Open, with the semi-finals expected to take centre stage, and day four of both the ATP Chengdu Open and ATP Hangzhou Open, where the second round of each tournament is due to conclude.
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL Birmingham City v Swansea City.** Coverage of the Championship match staged at St Andrew's @ Knighthead Park. Kick-off **12.30pm**.
3.00 LIVE **Ladies European Tour Golf** Coverage of day three of the La Sella Open from La Sella Golf Resort. Last year's champion Helen Briem turned professional in June last year, just one month prior to her victory in this event.
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
6.00 **Gillette Soccer Saturday Fan Zone** The day's big talking points.
8.00 **Match Centre** Match previews.
10.00 **Sky Sports Catch Up**
1.00 AM **Championship Retro**
3.30 **Craig Brown: My Scotland**
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Mix

416 412 510 429 449

7.00 AM LIVE **NRLW** Coverage of a match from Australia.
9.15 **Super League Highlights**
9.30 **Women's Super League**
9.45 **Rugby Greatest Games**
9.50 **Women's State of Origin**
10.50 LIVE **NRL** Coverage of the second semi-final.
12.50 PM **Rugby Greatest Games**
1.00 **WTA Tennis** Sao Paulo Open.
2.00 LIVE **Ladies European Tour Golf** Coverage of day three of the La Sella Open staged at La Sella Golf Resort near Alicante in Spain.
5.00 **WTA Tennis** Guadalajara Open.
6.00 **International T20 Cricket**
10.30 **HotelPlanner Tour Golf**
11.00 **PDC Classics** Archive action.
12.00 M'T **British and Irish Lions Tour**
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Rugby League Retro**

TNT Sports 3

413 415 523 410 432

7.30 AM **International T20 Cricket Highlights** Ireland v England.
8.30 **Premier League Preview**
9.00 **Snooker Home Nations Series English Open** The fifth day.
11.00 LIVE **Athletics World Championship** Coverage of the second session on day eight at Japan National Stadium in Tokyo.
2.30 PM LIVE **Cycling: Tour of Slovakia** Coverage of stage four, a 169km route to Sladkovicovo.
4.00 LIVE **Cycling: Tour of Luxembourg** The fourth stage.
5.30 **La Vuelta Men** A review.
6.30 **Training Day** From Grenfell.
6.45 **SailGP Highlights**
8.15 **UEFA Champions League**
8.30 **UEFA Europa League & Conference League Magazine**
9.00 LIVE **Laver Cup Team Europe v Team World.** The second day.
1.00 AM **Men's Cycling Pro Series**
3.00 **to 7.00** AM LIVE **Laver Cup Team Europe v Team World.**

TNT Sports 4

414 416 524 411 434

7.00 AM **Men's Cycling Pro Series** Action from stage three of the Tour of Slovakia, a 161km route from Piestany to Dubnica nad Vahom. **8.00** Highlights from stage three of the Tour of Luxembourg.
9.00 **British Speedway** Highlights from the second leg of the second play-off semi-final.
10.00 LIVE **British Superbikes** Coverage of the first race at the ninth round of the season at TT Circuit Assen in the Netherlands.
3.00 PM **Xtra Time** Post-match reaction from Liverpool v Everton.
3.15 LIVE **FIM Endurance World Championship** Coverage of the Bol d'Or, a 24-hour race staged at Circuit Paul Ricard in France.
1.00 **to 6.15** AM LIVE **Athletics World Championship** Coverage from the first session on the ninth day staged at Japan National Stadium, Tokyo, featuring action from the men's decathlon.

Premier Sports 1

419 551

6.00 AM **FIM Sidecarcross**
7.00 **DTM Highlights**
8.00 **NASCAR Highlights**
9.00 **Transworld Sport** Magazine.
9.55 **Coppa Italia Show**
10.25 **Top 14 Rugby Union Highlights**
10.55 **NHL Tonight** Wing players.
11.55 **LaLiga Match Highlights**
12.55 PM LIVE **LaLiga Girona v Levante.** Coverage of the Spanish top-flight match from Estadi Montilivi. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
5.15 LIVE **Premier Sports Cup Rangers v Hibernian.** Coverage of the quarter-final staged at Ibrox. Kick-off **5.45pm**.
8.15 **Coppa Italia Show**
8.45 **LaLiga** Highlights and features.
1.00 AM **Sporting Greats**
2.00 **Transworld Sport** Magazine.
3.00 **NASCAR Highlights**
4.00 **FIA World Endurance Championship** Recent action.
5.00 **to 6.00** AM **Euro Le Mans**

Premier Sports 2

420 552

6.00 AM **FastZone** Motorsports.
6.30 **Bike World** Magazine.
7.00 **Top 14 Rugby Union**
9.00 **Eredivisie** A match replay.
11.00 **GP Confidential** F1 news.
11.30 **Top 14 Rugby Union**
1.25 PM LIVE **Top 14 Rugby Union Clermont Auvergne v Pau.** Kick-off **1.30pm**.
3.25 LIVE **Top 14 Rugby Union** A match in the French top flight.
5.25 LIVE **LaLiga Villarreal v Osasuna.** From Estadio de la Ceramica. Kick-off is at **5.30pm**.
7.30 **Temples of Sport**
8.00 LIVE **Top 14 Rugby Union Montpellier v Toulouse.** From Septeo Stadium. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights**
10.25 LIVE **Brasileiro Serie A Botafogo v Atletico Mineiro.**
12.30 AM **Football's Greatest**
1.00 **Top 14 Rugby Union**
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **The F1 Show** Race preview.
7.00 **Formula 1** Azerbaijan Grand Prix.
8.15 **The F1 Show** A look ahead.
9.15 LIVE **Formula 1** The Azerbaijan Grand Prix third practice session.
11.10 LIVE **Formula 2** The Azerbaijan Grand Prix sprint race in Baku.
12.15 PM LIVE **Formula 1** Azerbaijan Grand Prix qualifying session.
3.00 **Ted's Notebook**
3.30 **Formula 1** Azerbaijan Grand Prix.
5.30 **Ted's Notebook**
6.00 **GT World Challenge Europe**
8.00 **Ferrari Challenge Europe**
11.00 **Formula 2** Azerbaijan Grand Prix.
12.05 AM **The Red Bull Pitstop Team**
12.15 **Formula 1** From Azerbaijan.
1.30 **Gabriel Bortoleto IV**
1.40 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

21 September

Evening Planner

Drama

Wish You Were Here
Sky Premiere, 9am & 6.10pm
Tissues at the ready for this tearjerker about soulmates and bad timing. Stars Isabelle Fuhrman and Mena Massoud.

Football

Premier League
Sky Sports Main Event, Sky Sports Premier League & Sky Sports+
Today's matches include Sunderland v Aston Villa and Arsenal v Man City.

Factual

Top Guns: The Next Generation
National Geographic, 9pm
Cameras follow student pilots as they start the final stage of fighter training.

OnDemand

Paramount+

Tulsa King
Available today
Sylvester Stallone is back as Mob boss Dwight 'The General' Manfredi, who is facing his most dangerous adversary yet.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Freddie Flintoff's Field of Dreams...		9.15 King & Conqueror	10.00 News	10.30 Match of the...
	102 BBC2		7.10 Living Next Door to Putin		8.10 Deep Ocean: Kingdom of the...	9.00 Rob and Rylan's Passage to India		10.00 Film: Carrie	
	103 ITV1	‹ 6.55 M&S: Dress the Nation		8.00 Beat the Chasers		9.00 Coldwater		10.00 News	10.15 The Covid Contracts...
	104 CHANNEL 4	‹ 5.30 F1: Azerbaijan Grand Prix Highlights		8.00 Educating Yorkshire		9.00 The Inheritance		10.00 Gogglebox	
	105 5	‹ 5.30 NFL Big Game Night – Live: Philadelphia Eagles v Los Angeles Rams (Kick-off 6.00)					9.30 Rich Holiday, Poor Holiday		10.30 Inside the...
	106 SKY SHOWCASE	7.00 David Attenborough's Kingdom of Plants		8.00 Rob & Romesh vs Classical Music		9.00 S.W.A.T.		10.00 The Sopranos	
ENTERTAINMENT	115 BBC3	7.00 Athletics...	7.30 EastEnders				9.30 Stranded on Honeymoon Island		
	116 BBC4		7.15 Around the World in 80 Gardens		8.15 The Magic of Mozart at the Proms			10.00 Life of a Mountain: A Year on...	
	118 ITV2		7.05 Film: Legally Blonde			9.00 Olivia Attwood's Bad Boyfriends		10.00 The Only Way Is Essex	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 24 Hours in A&E	
	135 E4	‹ 6.55 Film: Sister Act 2: Back in the Habit				9.00 Married at First Sight UK			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Doc		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Task			10.15 True Detective
	110 U&GOLD		7.05 Fawlty Towers						10.20 Only Fools and Horses
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Mortimer & Whitehouse: Gone Fishing			9.20 Have I Got a Bit More News for You		10.20 QI XL
	119 ITV3	‹ 5.25 Midsomer...	7.25 The Road to Coronation Street			9.00 Doc Martin		10.00 Vera	
	120 ITV4		7.10 Film: Police Academy 2: Their First Assignment			9.00 Film: For a Few Dollars More			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Ace Ventura Pet Detective			10.35 Roast the...
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX	7.00 Brassic				9.00 S.W.A.T.		10.00 Film: Gods of Egypt	
	109 U&ALIBI	7.00 Beyond Paradise		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	‹ 6.20 Marillion: All One Tonight		8.00 The Bee Gees: How Can You Mend a Broken Heart				10.00 The Sky Arts Awards	
	132 U&W	7.00 Inside the Ambulance at Christmas				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Sin City Tow		10.00 Street Outlaws: Locals Only	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Treetop Cat Rescue		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Construction Fails		8.00 Engineering Europe		9.00 Top Guns: The Next Generation		10.00 Miracle Landing on the Hudson	
	123 SKY HISTORY	7.00 National Park Mysteries				9.00 Field of Vampires			
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	‹ 6.45 Tina				9.00 Death of a Showjumper		10.00 The Case Against Adnan Syed	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Wish You Were Here		8.00 Love Hurts			9.30 Wolf Man		
	302 10s	‹ 6.25 Gravity		8.00 Dunkirk				10.00 Darkest Hour	
	303 HITS	‹ 6.05 Fast & Furious		8.00 Collateral				10.00 Cloverfield	
	304 FEEL GOOD	‹ 6.05 Miss Congeniality		8.00 Miss Congeniality 2: Armed and Fabulous				10.00 Erin Brockovich	
	305 ANIMATION		7.10 Rugrats Go Wild		8.40 Smurfs: The Lost Village				10.20 Curious George
	306 FAMILY	‹ 6.00 Johnny English	7.35 Johnny English Reborn				9.20 The Flintstones		
	307 DC	‹ 5.25 Aquaman		7.50 Aquaman and the Lost Kingdom				10.00 Superman Returns	
	308 COMEDY	‹ 6.10 Beverly Hills Cop 3		8.00 Superbad				10.00 I Don't Understand You	
	309 THRILLER	‹ 5.50 Hotel Mumbai		8.00 Inferno					10.05 Jack Reacher: Never Go Back
	310 DRAMA	‹ 5.00 Meet Joe Black		8.00 Chicago				10.00 Saturday Night Fever	
	311 SCI-FI	‹ 6.20 Zombieland		8.00 I Am Legend				9.50 Constantine	
	313 FILM4	‹ 6.45 Fisherman's Friends				9.00 Wild Card			
SPORT	401 MAIN EVENT	‹ 4.00 Super Sunday – Live		8.00 NFL – Live: Minnesota Vikings v Cincinnati Bengals (Kick-off 6.00); Chicago Bears v Dallas Cowboys (Kick-off 9.25)					
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday – Live		8.00 PL Stories	8.30 PL Highlights	9.00 SNF		10.00 Premier League Highlights	
	403 FOOTBALL	‹ 5.30 NFL – Live: New England Patriots v Pittsburgh Steelers (Kick-off 6.00); San Francisco 49ers v Arizona Cardinals (Kick-off 9.25)							
	405 CRICKET	7.00 One-Day International Cricket		8.00 Women's International One-Day Cricket		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	‹ 6.45 UEFA...	7.30 Serie A – Live: Inter Milan v Sassuolo (Kick-off 7.45)					9.45 International T20 Cricket Highlights	
	411 TNT SPORTS 2	‹ 6.45 Snooker Home Nations Series English Open – Live: Coverage of the second session in the final of the tournament						10.00 Athletics World Championship	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Prayer & Reflection from Islandmagee Presbyterian Church, Northern Ireland** (S)
11.00 LIVE **Athletics: World Championships** The second session on the ninth and final day at Japan National Stadium, Tokyo. (S)
1.45 PM **BBC News** (S)
2.00 **Songs of Praise** New edition (S)
2.35 LIVE **Match of the Day: Women's Super League** Manchester United v Arsenal: From Leigh Sports Village. Kick-off is at 2.50. (S)
5.05 **Escape to the Country** Nicki Chapman helps a family find their dream home in Norfolk. (S)(R)
5.50 **BBC News** (S)

8.15 Freddie Flintoff's Field of Dreams

6 PM

6.05 **Local News** (S)
6.15 **Countryfile** New edition Joe Crowley and Adam Henson explore the Solway Coast, where ancient traditions and fragile wildlife are being nurtured by those who call the borderland home. (S)

7 PM

7.15 **Antiques Roadshow** New edition Fiona Bruce hosts from Stephens House & Gardens in Finchley, North London, where items include an unusual Italian bracelet and a painting of *Hamlet*'s Ophelia. (S)

8 PM

8.15 **Freddie Flintoff's Field of Dreams: Ultimate Test** New edition 3/4. Freddie faces dwindling team numbers and the reality that one of his clubs might be beyond saving. (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.15 **King & Conqueror** New episode 6/8. Ambition drives William and Harold to each seek costly alliances to enhance their chances of winning the crown. (S1) (S)(AD)
■ Entire series on BBC iPlayer

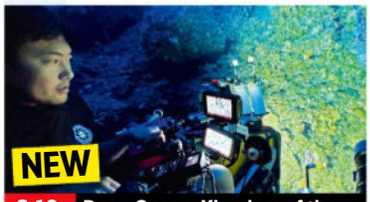
10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Arsenal v Manchester City at the Emirates Stadium. (S)
11.30 **The Women's Football Show** Highlights of the latest matches in the Super League, including Manchester United v Arsenal. (S)
12.20 AM NEW TO BBC1 **Juice** 1/6. Return of the comedy. Jamma bumps into Guy for the first time in six months. (S)(AD)
12.45 New episode 2/6. Guy asks Jamma to house-sit. (S2) (S)(AD)
1.10 **Weather for the Week Ahead** (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Take a Hike** (S)(R)
6.35 **Countryfile** (S)(R)
7.30 **Breakfast** (S)
9.00 **Beechgrove Garden** New edition
9.30 **Landward** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **Hairy Bikers' Best of British** Focusing on beer and cider. (S)(R)
12.15 PM FILM **Mary, Queen of Scots** Historical drama starring Vanessa Redgrave and Glenda Jackson. (S) (1971, 12, 125min) ★★
2.20 **Lifeline** New edition (S)(AD)
2.30 LIVE **Cycling: World Road Championships** Coverage of the men's individual time-trial on day one from Kigali in Rwanda. (S)
5.00 **Flog It!** From Edinburgh (S)(R)
5.40 **Great Coastal Railway Journeys** Michael explores Chatham. (S)(R)



8.10 Deep Ocean: Kingdom of the...

6 PM

6.10 **Saving Lives at Sea** 8/10. A kayaker issues a mayday call after getting into trouble near the Farne Islands, and in Crantock, north Cornwall, a man has been caught in a rip current. (S)(R)(AD)

7 PM

7.10 **Living Next Door to Putin** 2/2. Katya Adler continues her journey along the Russian border, going from Estonia into Scandinavia. She discovers the differences in attitudes from country to country. (S)(R)(AD)

8 PM

8.10 NEW **Deep Ocean: Kingdom of the Coelacanth** Documentary about a team using submersibles to film a group of coelacanths, mysterious primeval fish considered to be living fossils. (S)(AD)

9 PM

9.00 **Rob and Rylan's Passage to India** New edition 2/3. Rob and Rylan board a packed train to Rajasthan during Diwali, the vibrant festival of lights. (S)(AD)
■ Entire series on BBC iPlayer

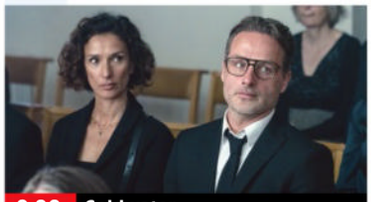
10 PM

10.00 FILM **Carrie** Director Brian De Palma's horror based on Stephen King's bestseller, starring Sissy Spacek. A bullied high-school girl uses her psychic powers against her tormentors. (S)(AD) (1976, 15, 95min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.35 FILM **Get Out** Psychological thriller starring Daniel Kaluuya. (S) (AD) (2017, 15, 100min) ★★★★★
1.15 AM **Sign Zone: Question Time** Political debate. (S)(R)
2.15 **Sign Zone: Panorama: Trump and Starmer – A Special Relationship?** (S)(R)
2.45 **Sign Zone: MasterChef** (S)(R)(AD)
3.45 **Sign Zone: Lifeline** (S)(R)(AD)
3.55 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.30 **M&S: Dress the Nation** (S)(R)
7.30 **James Martin's Saturday Morning** With Amy Macdonald. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Milo Parker. (S)(R)
11.30 **Fern Britton: Inside the Vet's** Fern meets a German shorthaired pointer puppy. (S)(R)(AD)
12.30 PM NEW SERIES **Talking Royals** Round-up of royal news. (S)
1.00 **ITV News** (S)
1.15 **Lingo** (S)(R)
2.20 **You Bet! On Tour** (S)(R)(AD)
3.25 FILM **Harry Potter and the Chamber of Secrets** Fantasy adventure based on JK Rowling's book, starring Daniel Radcliffe. (S) (AD) (2002, PG, 180min) ★★★★



9.00 Coldwater

6 PM

6.25 **ITV News** (S)
6.40 **Local News** (S)
6.55 **M&S: Dress the Nation** New edition 2/5. AJ Odudu and Vernon Kay host as the amateur designers face the challenges of another womanswear week, with guest judge Frankie Bridge joining M&S lead designers and customers to decide who will have the chance of winning the life-changing prize. (S)

8 PM

8.00 **Beat the Chasers** New edition Bradley Walsh hosts as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Paul Sinha, Shaun Wallace, Mark Labbett and Darragh Ennis. (S)(AD)

9 PM

9.00 **Coldwater** New episode 3/6. Tensions rise as John and Fiona are forced to attend the funeral of a beloved local resident. Stars Andrew Lincoln. (S1) (S)(AD)
■ Continues tomorrow

10 PM

10.00 **ITV News** (S)
10.15 NEW **The Covid Contracts: Follow the Money** Documentary examining the decision-making led to the disposal of billions of pounds' worth of wasted PPE. (S)(AD)
11.40 **Heathrow: Britain's Busiest Airport** Staff prepare for the arrival of *Air Force One*. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Motorsport UK** Action from Knockhill, featuring the Vertu Mini Challenge and the Porsche Carrera Cup Great Britain. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Nisha Katona's Home Kitchen** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

5.50 AM **Cheers** 20-24/26. (S10) (S)(R)
8.00 **Everybody Loves Raymond** (S)(R)
8.55 **Frasier** 3&4/24. (S4) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Alan Davies, Karen Carney, Jason Byrne and Niamh McCormack. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **Four in a Bed** The competition kicks off at the Red Lion in Charing Heath, Kent. (S)(R)
2.55 The second visit is to Glamp in Style in Battle, East Sussex. (S)(R)
3.25 The third visit is to Tottington Manor in West Sussex. (S)(R)
3.55 The final visit of the week is to Lakeview Studios, Dorset. (S)(R)
4.30 Payment Day arrives. (S)(R)
5.00 **News** (S)
5.30 **F1: Azerbaijan Grand Prix Highlights** Action from the 17th round of the season in Baku. (S)

9.00 The Inheritance

6 PM

F1: Azerbaijan Grand Prix Highlights (started at 5.30pm)

8 PM

8.00 **Educating Yorkshire** New edition Year seven's Ismaeel hopes to start a chess club at school and specialist teacher Mrs Burton thinks the club could help one of her students with autism. (S)(AD)

9 PM

9.00 **The Inheritance** New edition 10/12. The latest elimination has shifted the balance of power within the estate, exposing the players' true intentions. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **Gogglebox** The households' opinions on recent TV shows. (S)(R)(AD)
10.55 **First Dates** Aaron, *The Traitors* 2023 finalist, enters the restaurant looking for love. (S)(R)(AD)
12.00 M'T **Love Cheats** (S)(SL)(R)(AD)
12.55 AM FILM **The Guilty** Danish crime drama starring Jakob Cedergren. Subtitled. (2018, 15, 90min) ★★
2.25 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
3.15 **Travel Man: 48 Hours in Rovaniemi** (S)(SL)(R)(AD)
3.40 **George Clarke's Amazing Spaces**
4.35 **The Simpsons** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.15 **Cruising with Jane McDonald** The best bits of Jane's trip along the Danube. (S)(R)
9.30 **Cruising with Susan Calman** The presenter explores Crete, Athens and Corfu. (S)(R)
10.20 **Holidaying with Jane McDonald** Triple bill. (S)(R)
1.15 PM **Cornwall with Fern Britton** Fern delves into the pagan roots of Cornwall. (S)(R)
2.15 **Cornwall with Fern Britton** Fern explores the spectacular Tintagel Castle. (S)(R)
3.15 FILM **Crocodile Dundee II** Comedy adventure sequel with Paul Hogan and Linda Kozlowski. (S) (1988, PG, 95min) ★★

5.30 NFL Big Game Night

5.30 LIVE **NFL Big Game Night** Philadelphia Eagles v Los Angeles Rams: Dermot O'Leary and Sam Quek are joined by Osi Umenyiora for coverage of the week three match at Lincoln Financial Field. The Eagles are the reigning champions, having beaten Kansas City Chiefs 40-22 in last year's Super Bowl after beating the Rams 28-22 here in the NFC Divisional Playoffs. Tonight's coverage will also feature the 'game within a game' quiz element, whenever the NFL contest stops in the US. Kick-off is at 6.00. (S)

9.30 **Rich Holiday, Poor Holiday** Struggling Salford couple Janet and Gary swap holidays with wealthy twins Hussain and Hussan. Janet and Gary head for Iceland, while Hussain and Hussan go on a working holiday on a Pembrokeshire farm. (S)(R)

10.30 **Inside the Four Seasons: Park Lane** Pastry chef Shini is out to impress restaurant founder Yannick Alleno, while head of purchasing Ian Maynard provides a peek into the impressive wine cellar. (S)(R)

11.30 **Hotel Benidorm: Fun Loving Brits in the Sun** (S)(R)
12.30 AM **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S2) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S3) (S)(R)
11.00 LIVE **Football: WSL** Chelsea v Leicester City: The top-flight match from Kingsmeadow. Kick-off is at 12.00.
2.30 PM **The Simpsons** (S)(R)
3.30 **F1: Azerbaijan Grand Prix Highlights** Action from the 17th round of the season in Baku.
4.30 **Ted's Notebook** Analysis.
5.00 **David Attenborough's Kingdom of Plants** (S)(R)(AD)

9.00 S.W.A.T.

6.00 **David Attenborough's Kingdom of Plants** The naturalist explores how the plants at Kew Gardens change through the seasons and discover the properties of some the fungi. (S)(R)

7.00 **David Attenborough's Kingdom of Plants** The naturalist concludes his exploration in Kew by examining plants that have evolved to minimise their dependence on water. (S)(R)

8.00 **Rob & Romesh vs Classical Music** The duo are invited to join the London Philharmonic Orchestra for the final night of a year-long residency at the Royal Festival Hall. (S)(R)

9.00 **S.W.A.T.** New episode *The Heights:* 10/22. The squad must contend with a hostage crisis, while Hondo receives a family visit. (S8) (S)

10.00 **The Sopranos** *Nobody Knows Anything:* 11/13. Tony believes Big Pussy is an informant, and gives Paulie the task of uncovering the truth. (S1) (S)(R)

11.00 **The Sopranos** 12/13. Tony is targeted by killers. (S1) (S)(R)
12.00 M'T **The Force: North East** Police officers deal with a samurai sword attack. (S)(R)
1.00 AM Officers pursue two car thieves, and two women are caught fighting in the street in Sunderland. (S)(R)
2.00 **Road Wars** (S)(R)(AD)
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics Northern Ireland (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **5.05pm** Planet Earth: A Monkey's Tale (S)(R) **5.20-5.50pm** SOS: Extreme Rescues (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Live at the Apollo (S)(R) **10.45** Sunday Politics Northern Ireland (S)(R) **11.15** FILM Carrie (S)(AD) (1976, 15, 95min) ★★★★★ **12.50-1.15am** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
5.40-6.10pm Weatherman Walking (S)(R)

ITV1

As main ITV1 except:

WALES
8.00pm Backstage New edition (S) **8.30-9.00pm** Vanished Wales (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Yn y Gwaed **10.00** Garddio a Mwy **10.30** Gareth Jones: Nofio Adre **11.30** Ceffylau, Sheikhs a Chowbois **12.00noon** Rygbi Cymru: Y Gêm yn y Gwaed **1.00pm** Marw Isio Byw **2.00** Ty Ffit **3.00** Sgwrs Dan y Lloer **3.55** Mynyddoedd y Byd **4.50** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **5.20** Pobol y Cwm Omnibws (AD) **6.45** Newyddion a Chwaraeon **7.00** NEW SERIES Dechrau Canu Dechrau Canmol **8.00** Am Dro! New edition **9.00** Y Golau: Dwr New episode (AD) ■ Entire series on BBC iPlayer **10.00** Cyfrinachau'r Llyfrgell **11.00-11.35pm** Bois y Pizza (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Athletics: World Championships Highlights** Action from the ninth and final day at Japan National Stadium in Tokyo.
7.30 **EastEnders** Zoe is still shaken by the shooting. **8.00** Ravi is set on putting George out of action. **8.30** Stacey and Zoe stake out Greg's place. **9.00** Julie attempts to talk to Joel about his beliefs.
9.30 **Stranded on Honeymoon Island** 7/12. The couples split into groups and head out to separate islands. **10.30** 8/12. One husband finds himself with a shocking decision to make. **11.30** 9/12. The strain of stranded life starts to tell on even the strongest couples.
12.30 AM **Ibiza: Secrets of the Party Island** Exploring the island's drugs trade. **1.15** Zara McDermott follows the Spanish Civil Guard.
1.55 **We Built a Zoo**
2.55 **Juice** 1&2/6. (S2)
3.45 **to 4.00** AM **Where It Ends**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Beavers: The Master Builders?** Naturalist David Attenborough looks at the construction skills of beavers.
7.15 **Around the World in 80 Gardens** Monty Don travels to India to visit the gardens of the Taj Mahal.
8.15 **The Magic of Mozart at the Proms** Riccardo Minasi conducts Ensemble Resonanz, Clara-Jumi Kang and Timothy Ridout in an all-Mozart celebration.
10.00 **Life of a Mountain: A Year on Helvellyn** Documentary observing 12 months on the mountain in the Lake District, featuring insights from those that live by, care for and visit the area.
11.30 **Britain's Lost Waterlands: Escape to Swallows and Amazons Country** The landscapes that inspired Arthur Ransome's books.
12.30 AM **Socrates: Genius of the Ancient World**
1.30 **The Story of Welsh Art**
2.30 **to 3.30** AM **Around the World in 80 Gardens**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun** Seven editions, including at: **2.35** PM A couple who got engaged in Paphos on Cyprus come back in search of their own bolt hole.
3.35 **Come Dine with Me** Five editions of the culinary contest from Essex.
6.15 **Four in a Bed** The contest begins at the Greyhound Inn in the Peak District. **6.50** The second visit of the week is to Little Middop Farm in Ribble Valley
7.20 **Four in a Bed** The week's third visit is to Old Hall Country Breaks in Norfolk. **7.55** The final visit at the Half Moon Inn in Norfolk. **8.25** The winner is revealed.
9.00 **Surgeons: Life in Their Hands** New edition A farmer undergoes surgery to remove a brain aneurysm, and a patient wonders whether removing a lump in her neck will affect her ability to swallow and speak.
10.00 **24 Hours in A&E** A man is rushed into King's College Hospital with knife wounds after being attacked.
11.00 **24 Hours in A&E**
12.05 AM **999: On the Front Line** Documentary.
1.10 **Surgeons: Life in Their Hands** As 9.00pm.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Ramsay's Kitchen Nightmares USA**
11.00 **The Great British Bake Off** 3/10. The amateur bakers try to impress Paul Hollywood in Bread Week.
12.35 PM **The Big Bang Theory**
2.55 **The Simpsons**
5.15 **Lego Masters Australia** New edition Teams have eight hours to create vehicles for some of Batman's most notorious foes and earn a spot in the semi-final.
6.55 FILM **Sister Act 2: Back in the Habit** Comedy sequel starring Whoopi Goldberg. Nightclub singer Deloris Van Cartier gets back into a nun's habit to become the music teacher of a ghetto school. (1993, PG, 107min) ★★
9.00 NEW SERIES **Married at First Sight UK** The first two couples marry at first sight, and a surprise transforms one groom's big day.
10.50 NEW SERIES **MAFS UK: It's Official! With Lucinda Light** *Married at First Sight UK*'s podcast returns alongside the new series.
11.20 **Virgin Island**
12.20 AM **Open House: The Great Sex Experiment**
1.20 **Married at First Sight UK**
3.00 **First Dates**
3.55 **Modern Family**
4.20 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **UK Border Force**
9.00 **Stop, Search, Seize**
10.00 **Send in the Dogs**
11.00 **The Force: Manchester** Following the work of Greater Manchester Police.
12.00 NOON **Bondi Rescue** Four editions following the work of lifeguards patrolling Bondi Beach in Australia.
2.00 PM **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 The Rookie

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Doc** *If at First You Don't Succeed:* 1/10. Dr Amy Larsen must navigate an unfamiliar world after suffering a brain injury. (S1)

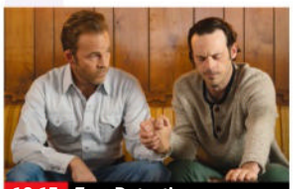
10 PM
10.00 **The Rookie** *The Return:* 16/18. The team members have mixed feelings when a familiar face returns to prove himself. (S7)
11.00 **Matlock** 9/19. (S1)
12.00 M'T **The Good Doctor** (S4)
1.00 AM **Law & Order: Special Victims Unit** 7/13. (S25)
2.00 **Elsbeth** Series finale (S2)
3.00 **FBI** 13/15. (S3)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
9.00 **Westworld** (S3&4)
1.25 PM **Game of Thrones** 4/6. Jon shares a secret. **2.50** 5/6. Daenerys brings her forces to King's Landing. **4.15** 6/6. Daenerys declares her intentions, and Tyrion faces the consequences of his actions. (S8) **5.40** 1/10. Lord Eddard Stark faces a dilemma. **6.50** 2/10. Bran clings to life as Ned prepares to head south with the king. (S1)


10.15 True Detective

7.55 **Game of Thrones** *Lord Snow:* 3/10. Ned struggles to deal with the politics of the king's court, and relations between Daenerys and Viserys become strained. (S1)

9.00 **Task** *Family Statements:* 2/7. Tom buries himself in a case, while Emily questions her obligations to the family. (S1)

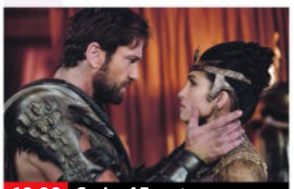
10.15 **True Detective** *The Big Never:* 3/8. Hays is given a second chance to vindicate himself and the investigation. (S3)
11.20 **The Wire** 8/13. (S1)
12.25 AM **In Treatment** (S1)
12.55 **The Last of Us** 4/9. (S1)
2.00 **Task** New episode 3/7. A raid leads Tom to a revelation. (S1)
3.15 **Succession** 5/9. (S3)
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 14-17/20. (S3)
10.00 **Grimm** 17-20/22. (S1)
2.00 PM **Brassic** 1/7. Vinnie and the gang realise there are only two ways to lift the FA Cup – win the final or steal the trophy. **3.00** 2/7. The comedy drama jumps back in time to 'that night' with Manolito. **4.00** 3/7. An old flame of Farmer Jim turns up in Hawley. **5.00** 4/7. The gang try to rescue Gideon from a cult. **6.00** 5/7. Cardi's mother shows up in Hawley. (S6)


10.00 Gods of Egypt

7.00 **Brassic** *The Mark:* 6/7. Ashley decides it's time to up his game after being physically humiliated by some local youths.

8.00 **Brassic** *Two Funerals and a Wedding:* 7/7. JJ and Sugar tie the knot, but the celebrations are cut short by some tragic news. (S6)

9.00 **S.W.A.T.** New episode *The Heights:* 10/22. The squad contend with a hostage crisis, and Hondo receives a family visit. (S8)

10.00 **FILM Gods of Egypt** Fantasy adventure with Nikolaj Coster-Waldau and Brenton Thwaites. (2016, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **The Force: North East** Police deal with a samurai sword attack, the abduction of a dog and a group of vandals. **1.05** The chase is on as officers pursue two car thieves who are in a stolen vehicle.
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.10 **Dress to Impress**
9.10 **The Only Way Is Essex**
11.10 **Deal or No Deal**
1.10 PM **Wheel of Fortune**
2.10 **Catchphrase**
2.55 **FILM The Croods** Animated comedy adventure featuring the voice of Nicolas Cage. (2013, U, 98min) ★★★★
5.00 **FILM Bruce Almighty** Comedy starring Jim Carrey, Morgan Freeman and Jennifer Aniston. (2003, 12, 96min) ★★★

5.00 Bruce Almighty

7.05 **FILM Legally Blonde** Comedy starring Reese Witherspoon as a seemingly ditzy blonde who enrols at Harvard Law School and proves she is anything but dumb. With Luke Wilson, Selma Blair and Matthew Davis. (2001, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Olivia Attwood's Bad Boyfriends** New edition A surprise elimination sparks tears and savage call-outs.

10.00 **The Only Way Is Essex** New edition Junaid and Joe celebrate their one-year anniversary.
11.00 **Family Guy** 11/21. Brian's estranged son Dylan turns up. **11.30** 5/21. Animation. (S12)
12.00 M'T **American Dad!** (S14)
1.05 AM **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.00 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
8.05 **Agatha Christie's Poirot**
9.10 **Endeavour**
11.15 **The Darling Buds of May**
1.25 PM **Agatha Christie's Marple** *Endless Night:* A couple build their dream home on supposedly cursed land.
3.25 **Vera** *Little Lazarus:* The key to a murder lies deep in the memory of the victim's son.
5.25 **Midsomer Murders** *The Scarecrow Murders:* The annual Scarecrow Festival takes a grisly turn.

7.25 The Road to Coronation...

7.25 **The Road to Coronation Street** Drama telling the story of how the long-running soap was born as creator Tony Warren faced opposition from ITV bosses. Stars David Dawson, Jane Horrocks and Jessie Wallace.

9.00 **Doc Martin** 5/9. Louisa is shocked and Martin suspicious by the unannounced return of her father. (S10)

10.00 **Vera** *Dark Angel:* The detective investigates the drug underworld to find the identity of a man found dead in the river.
12.00 M'T **I Fought the Law** 3/4. Anne campaigns to change the double jeopardy law. **1.00** AM 4/4. Ann takes her fight to the home secretary. (S1)
2.00 **On the Buses**
2.30 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Eilish McColgan: Running in the Family** The athlete tries to break her mother Liz's record for the marathon.
8.15 **Sacked in the Morning** With Alan Rough.
8.30 **Designing the Hebrides** A dated cafe and bookshop on Skye.
9.00 **Two Doors Down** 6/6. Alan and Michelle return from Las Vegas. (S7)
9.30 **Still Game** 6/6. Victor feigns illness. (S3)
10.00 **Scot Squad** 2/6. Lorraine Kelly discovers no one is above the law. (S5)
10.30 **Gary: Tank Commander** 1/6. Gary challenges physical trainer Corporal Fox to a race. (S3)
11.00 **The Sunday Show**
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
9.00 **Ballers** 4-6/10. (S1)
10.45 **Veep** (S5&6)
12.45 PM **Sex and the City**
4.00 **Will & Grace** (S2&3)
6.30 **The Office (US)** 10/25. Michael's Christmas cards upset Carol. **7.00** 11/25. Michael deals with being dumped. **7.30** 12/25. Michael returns from his holiday. **8.00** 13/25. Michael has the staff work together. **8.25** 14/25. Michael is distraught over Dwight's resignation. (S3)
9.00 **Rob Beckett: Wallop** Stand-up performance.
10.15 **And Just Like That...** *Bomb Cyclone:* 6/11. Carrie asks Che for moral support. **11.05** *February 14th:* 7/11. A single Miranda explores the possibilities of dating again. (S2)
12.00 M'T **And Just Like That...**
12.55 AM **Girls** 2-4/12. (S3)
2.40 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Bregenz: Madama Butterfly**
8.20 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **English National Ballet in Paris**
2.20 **Discovering**
3.20 **Blind Eye Artist**
5.00 **The Genesis Songbook**
6.20 **Marillion: All One Tonight** A 2017 concert at the Royal Albert Hall.
8.00 **The Bee Gees: How Can You Mend a Broken Heart** The history of the group.
10.00 **The Sky Arts Awards** Bill Bailey hosts the ceremony from London's Roundhouse.
11.55 **Gary Numan Resurrection**
1.35 AM **Greatest Albums Live** Featuring ABC.
2.35 **Led Zeppelin: In the Light** Documentary.
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Star Trek: The Next Generation** (S3)
1.00 PM **Caught on Dashcam**
3.00 **Border Security: Canada's Front Line**
5.00 **Caught on Dashcam**
6.00 **Caught Red Handed**
8.00 **The Rookie** *The Con:* 15/22. Detective Lopez puts everything on the line to help Elijah. **9.00** *Exposed:* 16/22. Nolan, Thorson, Juarez and Harper urgently search for three men who may have been exposed to Ebola. (S5)
10.00 **NCIS: New Orleans** 6&7/16. Double bill. (S7)
12.00 M'T **Caught on Dashcam**
1.00 AM **Night Cops**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune** Graham Norton hosts the game show.
3.00 **Tenable** Double bill hosted by Warwick Davis.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Paula tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.10 AM **Murder, She Wrote**
11.05 **A Fine Romance**
12.05 PM **Man About the House** 5&6/7. (S1)
1.05 **Rising Damp** (S1)
2.05 **FILM Carry On Constable** Comedy with Sidney James. (1960, b/w, U, 86min) ★★★
4.00 **FILM Pearl Harbor** World War Two romantic drama starring Ben Affleck, Josh Hartnett and Kate Beckinsale. (2001, 12, 183min) ★
7.40 **FILM Seabiscuit** Fact-based drama starring Tobey Maguire and Jeff Bridges. (2003, PG, 140min) ★★★
10.35 **FILM Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
12.50 AM **The New Avengers**
2.00 **M*A*S*H** 9-12/16. (S11)
4.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **British Rally Championship**
8.00 **World Rally Championship**
9.00 **English Football League Highlights** Recent action.
10.35 **World of Sport**
10.45 LIVE **British Touring Car Championship** Coverage of the 25th, 26th and 27th races of the season at Silverstone.
6.00 PM **Dramatic Finishes**
6.05 **The Motorbike Show** Henry Cole discovers the delights of riding in Cornwall.

7.10 Police Academy 2

7.10 FILM **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg and Colleen Camp. Six inept recruits are drafted to fight a crime wave. (1985, 12, 87min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **For a Few Dollars More** Classic Spaghetti Western starring Clint Eastwood and Lee Van Cleef as cowboy bounty hunters who join forces to track down a killer. With Klaus Kinski. (1965, 15, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

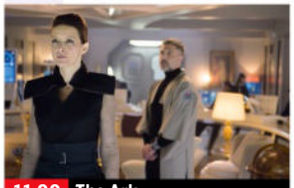
11.35 FILM **The Taking of Pelham 123** Action thriller remake starring Denzel Washington. (2009, 15, 105min) ★★★
1.40 AM **Berlin Station** 9/10. Hector and Daniel rush to save Patricia from Julian. (S1)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **Arctic Armageddon** Sci-fi thriller starring Patrick Labyorteaux and Joe Finfera. (2023, PG, 86min) ★★
1.00 PM **Stargate Atlantis** Five episodes, including at: **4.00** 12/20. The team try to salvage a damaged Hive ship. **5.00** 13/20. The ancient city goes into lockdown. (S4)
6.00 **Star Trek: Deep Space Nine** 5/26. A violent confrontation breaks out on the station. (S2)


11.00 The Ark

7.00 **Star Trek: Deep Space Nine** *Melora:* 6/26. Bashir falls in love with a woman whose species is unable to walk in normal gravity.

8.00 **Star Trek: Deep Space Nine** *Rules of Acquisition:* 7/26. A Ferengi female poses as a male, but finds herself falling for Quark.

9.00 **Star Trek: Deep Space Nine** *Necessary Evil:* 8/26. An attempt on Quark's life reopens an old unsolved murder case.

10.00 **Star Trek: Deep Space Nine** *Second Sight:* 9/26. Sisko finds himself falling for a seductive but mysterious alien. (S2)
11.00 **The Ark** 11/12. The crew attempt a dangerous rescue. **12.00** M'T 12/12. The two Arks have to work together – or go down together. (S1) **1.00** AM 1/12. The crew of *Ark One* must decide the best way forward. (S2) **2.00** 2&3/12. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **The Coroner** 1/10. Crime drama. A teenager is found dead at the foot of a tower. **5.00** 2/10. Jane and Davey are determined to prove each other wrong. (S1)
6.00 **Beyond Paradise** 5/6. On a moor outside of Shipton Abbott, a woman is found with an arrow in her back and no sign of who might have targeted her. (S2)

6.00 Beyond Paradise

7.00 **Beyond Paradise** 6/6. Humphrey and Martha's wedding day finally arrives. (S2)

8.00 **Death in Paradise** *Sins of the Detective:* 7/8. The team must prove Neville's innocence after Professor Cartwright's murder.

9.00 **Death in Paradise** *A Calypso Caramba:* 8/8. The team investigate the murder of a calypso singer's husband. (S12)

10.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret to Kembleford is jeopardised when a school caretaker is found dead.
11.00 **Annika** 2/6. When a body is discovered on a boat in the Clyde, the case takes the team to the Isle of Bute. (S1)
12.05 AM **Beyond Paradise** 5&6/6. Double bill. (S2)
2.05 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
1.20 PM **Only Fools and Horses** Christmas special from 2002. The Trotters head to France. **3.00** Christmas special from 1987. Del sets out to find his mother's treasure trove.
4.20 **Fawlty Towers: The Play** Three of the beloved comedy series' most iconic episodes are brought together in a single theatrical experience.
6.25 **Fawlty Towers** Basil tries to stop an unmarried couple lowering moral standards.

4.20 Fawlty Towers: The Play

7.05 **Fawlty Towers** Hotel inspectors throw Basil into a panic. **7.40** Basil decides to host an exclusive gourmet cuisine night. **8.20** A party of German guests come to stay and Basil ensures everyone is on their best behaviour.

9.00 **Fawlty Towers** Basil tries to stop an unmarried couple lowering standards. **9.45** A rumour that hotel inspectors are in town throws Basil into a panic.
10.20 **Only Fools and Horses** Del buys a new manual to show him how to make positive decisions.
11.45 **Bottom** Richie prepares for his birthday celebration – but suffers a nasty accident.
12.20 AM **Men Behaving Badly**
1.30 **Fawlty Towers**
2.40 **Bottom** As 11.45pm.
3.20 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Pointless** Quiz show.
8.00 **American Pickers: Best Of**
10.00 **Speed with Guy Martin: F1 Challenge** As 5.00pm.
11.00 **Top Gear: From A-Z**
1.30 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Speed with Guy Martin: F1 Challenge** Guy joins a Formula One pit crew during the 2017 Belgian Grand Prix.
6.00 **The Americas with Simon Reeve** Simon travels across Central America, from the Caribbean to the Pacific.

8.00 Mortimer & Whitehouse

7.00 **Special Ops: To Catch a Criminal** The Serious Fraud Office go undercover to investigate a suspect holiday home company.

8.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul fish for chub in the Irfon and Wye rivers. **8.40** Bob and Paul head to a secluded pike lake in Dumfries and Galloway.
9.20 **Have I Got a Bit More News for You** Actor Stephen Mangan hosts the satirical current affairs quiz, with guests Rachel Parris and Ed Davey MP.
10.20 **QI XL** With Ria Lina, Eshaan Akbar, Jimmy Carr and Alan Davies.
11.20 **Mock the Week** Double bill of the topical comedy show.
12.40 AM **Live at the Apollo Christmas Special** Tom Allen welcomes Thanyia Moore and Lloyd Griffith to the stage.
1.45 **Schitt's Creek**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Sunday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **7.00** Jasmine Harman helps Debra and Greg search for a holiday home in Murcia, Spain.
8.00 **The Dog House** New owners are sought for a pair of hounds that need to be kept together.
9.00 **Gogglebox** The households' opinions on recent TV shows.
10.00 FILM **Peppermint** Revenge thriller starring Jennifer Garner. An LA banker sets out on a vengeance mission after her husband and daughter are killed. (2018, 15, 101min) ★★
12.00 M'T **Celebrity Gogglebox**
1.00 AM **24 Hours in A&E**
2.05 **999: On the Front Line**
3.05 **The Dog House**
4.00 **to 5.00** AM **Location, Location, Location**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** 5–9/21. (S19)
6.00 **NCIS** *Pledge of Allegiance:* 10/21. A chief warrant officer is suspected of selling classified software. **7.00** *All Hands:* 11/21. A civilian research vessel in the North Atlantic is invaded by terrorists. **8.00** *Fight or Flight:* 12/21. A case leads the team into the world of cage fighting. (S19)
9.00 **Wild Cards** New episode *Howl to Get Away With Murder:* 3/10. Max and Ellis head to wine country to investigate a disappearance. (S1)
10.00 **Law & Order: Special Victims Unit** (S20)
1.50 AM **Criminal Minds: Evolution** 9/22. (S16)
2.50 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S3)
10.00 **Car Pound Cops**
1.00 PM **Traffic Cops**
4.00 **Traffic Cops: Under Attack** Documentary.
5.00 **Police Interceptors** The unit chase a drug dealer. **6.00** A pursuit from London arrives in Essex. **7.00** The officers chase a lorry driver across three counties. **8.00** The officers deal with a nightclub fight.
9.00 **999: Emergency Call Out** Response unit members deal with a party on the Isle of Grain.
10.00 **The Hospital: Life on the Line**
11.00 **Banged Up Abroad**
12.00 M'T **Britain's Hotel Murders** Documentary.
1.00 AM **Killer at the Crime Scene** Gladys Godfrey.
2.00 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Ice Cold Catch**
9.55 **Ice Road Truckers**
12.00 NOON **Mud Mountain Haulers** Documentary.
12.55 PM **Outback Truckers**
1.55 **The Motorway**
2.55 FILM **Horizons West** Western starring Rock Hudson and Robert Ryan. (1952, PG, 81min) ★★
4.40 FILM **The Kentuckian** Western drama starring Burt Lancaster and Dianne Foster. (1955, PG, 104min) ★★★
6.50 FILM **The Scalphunters** Western adventure with Burt Lancaster and Shelley Winters. (1968, PG, 102min) ★★★
9.00 LIVE **American Football: NFL** Chicago Bears v Dallas Cowboys: Coverage of the match in the third week of the season, held at Soldier Field. Kick-off is at 9.25.
12.30 AM **Cops** Documentary.
1.00 **to 4.00** AM **Fights, Camera, Action!**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **One Born Every Minute** Seven editions.
6.00 PM **Inside the Ambulance** Paramedics urgently need to get a sick baby to hospital.
7.00 **Inside the Ambulance at Christmas** Following crews from West Midlands Ambulance Service during the busy festive period. **8.00** Heavy snow in the West Midlands causes problems for the crews.
9.00 **Inside the Operating Theatre** A rugby player's broken nose is reset. **10.00** A woman has gel removed from her eye to make her see again.
11.00 **Nurses on the Ward** Double bill of editions.
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
12.25 PM **Home Fires**
3.25 **Catherine Cookson's The Man Who Cried** Drama with Ciarán Hinds.
6.40 **Call the Midwife** 7/9. The outbreak of a worrying disease directly impacts the residents of Nonnatus House. (S12)
8.00 **Sister Boniface Mysteries** *The It Girl:* 3/12. Sister Boniface investigates a locked room mystery. (S2)
9.00 **Silent Witness** *And Then I Fell in Love:* Nikki stumbles upon a sinister world of sex grooming.
11.10 **New Tricks** *Life Expectancy:* A bloodstained bust is uncovered during building work in a cemetery.
12.15 AM **The Last Detective**
2.15 **Hamish Macbeth**
3.05 **to 4.00** AM **The Count of Monte Cristo**

+1 hr 243 316 60 260

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family: What Happened Next**
3.00 **A Place in the Sun**
7.00 **Long Lost Family**
9.00 **Dr Pimple Popper** Roger has huge growths on his nose that make breathing difficult. **10.00** Dr Lee has a surprise for Paula, who has oozing, odoriferous and painful legs. **11.00** Gerard has nearly 100 lumps varying in size all over his body.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge
130/131 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Through the Keyhole** Double bill.
2.00 **Celebrity Who Wants to Be a Millionaire?** With Ann Widdecombe and Piers Morgan. **3.00** With Jerry Hall and Nicholas Owen.
4.00 **The Bidding Room**
5.00 **Tenable** Five members of a Leicester church choir compete.
6.00 **The Chase Celebrity Special** With Melanie Sykes, Heather Small, Andrew Castle and Graeme Le Saux.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action
323 319 426 42 33

9.10 AM **Tombstone Territory** Western.
9.40 **The High Chaparral**
12.40 PM **FILM Sands of Iwo Jima** World War Two adventure. (1949, b/w, PG, 109min) ★★★
3.00 **FILM The Professionals** Western adventure with Burt Lancaster. (1966, PG, 117min) ★★★★
5.30 **FILM Valdez is Coming** Western drama starring Burt Lancaster, Susan Clark and Jon Cypher. (1970, 15, 86min) ★★★
7.30 **FILM Rawhide** Western with Tyrone Power. (1950, b/w, PG, 86min) ★★
9.30 **FILM Machete** Thriller starring Danny Trejo and Robert De Niro. (2010, 18, 104min) ★★★
11.50 **The Persuaders!**
2.50 AM **Cops Uncut**
4.10 **FILM Stonados** Thriller. (2013, PG, 90min) ★
5.35 **to 6.00** AM **Cops Uncut**
+1hour 324

Great! Mystery
321 318 425 50 48

7.10 AM **Hart to Hart: Old Friends Never Die**
8.55 **Sue Thomas: F.B.Eye**
9.55 **Ruth Rendell Mysteries: Harm Done**
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **Unforgettable** 8-11/22. Four episodes of the crime drama. (S1)
9.00 **FILM Deceived** Thriller starring Goldie Hawn and John Heard. (1991, 15, 104min) ★★★
11.20 **FILM Cry for Justice** Fact-based drama starring Francine Locke. (2013, 12, 107min) ★★
1.30 AM **FILM Erasing His Past** Crime thriller starring Michael Welch. (2019, PG, 87min) ★★
3.00 **FILM Killer Reputation** Thriller with Mark Lawson and Anna Hutchison. (2019, 12, 90min) ★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Hart to Hart**
+1hour 322

Great! Christmas
319 317 424 52 47

8.00 AM **FILM Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
10.00 **FILM A Bride for Christmas** Drama. (2012, PG, 90min) ★★
12.00 NOON **FILM A Christmas Wedding Date** (2012, PG) ★★
2.05 PM **FILM My Christmas Fiancé** (2022, PG) ★★
4.05 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
6.00 **FILM Christmas Wedding Planner** Drama. (2017, PG) ★★
8.00 **FILM Marry Me at Christmas** Drama. (2017, PG, 90min) ★★
9.50 **FILM Christmas by Chance** (2020, PG) ★★
12.00 M'T **FILM Welcome to Christmas** (2018) ★★
1.45 AM **FILM All I Want for Christmas** (2013) ★★
3.20 **to 4.50** AM **FILM My Christmas Fiancé**
+1hour 320

Rewind TV
182 81 141

6.00 AM **Sherlock Holmes**
7.30 **Soap** 6-8/25. (S1)
9.00 **Lucky Feller**
10.00 **Jokers Wild**
10.30 **Please Sir!**
11.30 **Jokers Wild**
12.00 NOON **Don't Drink...**
12.30 PM **FILM Royal Wedding** Musical. (1951, U) ★★★
2.30 **Don't Drink the Water**
3.30 **The Tony Hancock Show**
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Robinson Country**
5.30 **Discovering Gardens**
6.00 **Jokers Wild**
6.30 **Please Sir!** (S4)
7.30 **In Loving Memory**
9.00 **FILM Cyberon** Sci-fi drama. (2000, 15, 70min) ★★★★
10.20 **Police Woman** (S1)
11.20 **Jokers Wild** Double bill.
12.20 AM **Soap** 4-6/25. (S1)
1.50 **FILM Cyberon** (2000)
3.10 **Don't Drink the Water**
3.40 **Discovering Gardens**
4.10 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
12.00 NOON **Wheeler Dealers** Double bill.
12.45 PM **LIVE Snooker: English Open** Coverage of the first session of the final from Brentwood Centre in Essex.
4.00 **Wheeler Dealers**
5.00 **Alaska: Homestead Rescue** Documentary.
6.00 **Wheeler Dealers**
6.45 **LIVE Snooker: English Open** Coverage of the second session of the final at the Brentwood Centre in Essex.
10.00 **Paranormal: Caught on Camera** A UFO crashes a family gathering, and a mutated being terrifies hikers in the ruins of Chernobyl.
11.00 **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**
+1hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
12.00 NOON **Jamie's Easy Meals for Every Day**
1.00 PM **James Martin's Great British Adventure**
3.00 **The Great British Bake Off** Six editions.
9.00 **James Martin's Islands to Highlands** James and fellow chef Mark Jordan discover the culinary delights of Guernsey. **10.00** The chef is joined by Paul Ainsworth to explore the culinary delights of Dorset. **11.00** James is joined by Monica Galetti for a culinary journey around Oxford, where they pay a visit to Raymond Blanc. **12.00** M'T James travels to south Wales with chef Stephen Terry.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**
+1hour 240/241 154

Legend
148 156 149 41 137 38

7.00 AM **FILM Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
9.00 **The Fall Guy** (S4)
2.00 PM **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
4.30 **FILM Western World** Western with Greg Steele. (2017, 12, 78min) ★★
6.05 **FILM Ransom** Thriller starring Sean Connery. (1974, PG, 98min) ★★★
8.00 **The Twilight Zone**
9.00 **FILM Chain Reaction** Thriller starring Keanu Reeves and Rachel Weisz. (1996, 12, 106min) ★★
11.05 **FILM Welcome to the Punch** Crime thriller. (2013, 15, 98min) ★★★
1.05 AM **FILM Best of the Best 2** Martial arts action adventure sequel. (1992, 18, 100min) ★★
3.05 **to 5.00** AM **FILM Steel Sharks** Adventure. (1996, 18, 91min) ★

Legend Xtra
317 316 171 69 138 51

6.00 AM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
8.00 **FILM The Curse of the Werewolf** Horror chiller. (1961, 12, 92min) ★★★
10.00 **FILM Collision Earth** Sci-fi action thriller. (2011, 12, 95min) ★★
12.00 NOON **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
2.00 PM **FILM Shark** Thriller starring Burt Reynolds. (1969, 15, 88min) ★★
4.00 **Six Million Dollar Man**
9.00 **FILM Duel** Director Steven Spielberg's thriller with Dennis Weaver and Jacqueline Scott. (1971, PG, 91min) ★★★★
10.50 **FILM Bad Lieutenant** Director Abel Ferrara's crime drama starring Harvey Keitel. (1992, 18, 98min) ★★★★
1.00 **to 3.00** AM **FILM Duel**
+1hour 318 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Auction Hunters: Pawn Shop Edition**
8.00 **Irish Pickers**
9.00 **Junk and Disorderly**
10.00 **Alien Disclosure Files**
11.00 **Ancient Aliens**
12.00 NOON **UFOs: The Lost Evidence** Double bill.
2.00 PM **World's Most Unexplained...**
7.00 **History's Greatest Mysteries** Zodiac Killer.
8.00 **The Curse of Oak Island**
9.00 **Greatest Prison Escapes with Billy Hayes** Documentary.
10.00 **Legends of the Pharaohs** The tomb of Tutankhamun.
11.00 **Queens of Ancient Egypt** Documentary.
12.00 M'T **Evidence of the Unexplained**
1.00 AM **Craig Charles: UFO Conspiracies**
2.00 **Paranormal Survivor**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **Claw Hunters**

5SELECT
153 166 138 46 133 30

9.00 AM **All Creatures Great and Small** 6/6. (S5)
10.00 **All Creatures Great and Small: Christmas Special** From 2024.
11.10 **Columbo** Five episodes of the drama, including at: **5.10** PM *Uneasy Lies the Crown:* A dentist plans to poison his wife's lover and make it look like she killed him. **7.05** *Now You See Him:* A stage magician kills a nightclub manager to cover up his past as a Nazi war criminal.
9.00 **Billy Connolly: In His Own Words** A profile of the comedian and actor.
10.30 **Dad's Army: Secret Lives & Scandals**
12.00 M'T **The Hunt for Hitler's Missing Millions**
1.00 AM **Nazi Megastructures**
2.00 **London's Greatest Bridges with Rob Bell**
3.45 **to 4.00** AM **Britain's Greatest Bridges**

HGTV
158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions of the series in which city-dwelling families, couples and individuals set out to find their ideal rural retreats with the help of a property expert.
7.00 **A Place in the Sun** Six editions of the series in which people are given advice on buying a second home abroad.
1.00 AM **Bargain Mansions** Tamara and her father help a woman design her dream kitchen, perfect for entertaining and large gatherings. **2.00** Tamara and her team transform a charming 1927 Tudor into a masterpiece.
3.00 **to 4.00** AM **Bargain Mansions**
+1hour 258/262 391

TLC
133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
7.00 **Good Bones**
8.00 **The Bad Foot Clinic**
9.00 **It's Me or the Dog UK**
10.00 **24 Hour Baby Hospital** A couple wait anxiously for news when their premature baby is taken into intensive care.
11.00 **Body Bizarre**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **1000-lb Sisters**
3.00 **Body Bizarre**
4.00 **The Bad Foot Clinic**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Bradley & Barney Walsh: Breaking Dad**
9.00 **Friends** (S5&6)
2.00 PM **FILM Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
4.00 **Friends** 10-19/25. (S6)
9.00 **FILM Ace Ventura Pet Detective** Comedy with Jim Carrey. (1993, 12, 86min) ★★★★
10.35 **Iain Stirling's Roast the Internet** With Katherine Ryan, Layton Williams and Amy Gledhill.
11.35 **CC Live: Stand Up Shorts** With Priya Hall.
12.05 AM **Whose Line Is It Anyway? USA**
1.35 **Important Things with Demetri Martin**
2.05 **South Park** (S17)
3.00 **Whose Line Is It Anyway? USA**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Most Ridiculous**
+1hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S9&1)
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 12/25. Joey takes a job as a waiter. **7.30** 13/25. Guest stars Reese Witherspoon. **8.00** 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. Part one of two. The pals ponder what might have been. **9.00** 22/25. Elizabeth sneaks away with Ross to her grandmother's cabin. **9.30** 23/25. Phoebe agrees to help Chandler choose an engagement ring for Monica. (S6)
10.00 **Friends** (S6&7)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.50 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay
152 160 156

7.00 AM **Celebrity Four Weddings** Reality series.
8.00 **Four Weddings**
9.00 **Highway Cops**
10.00 **Highway Patrol**
2.00 PM **Caught on Dashcam**
5.00 **Road Wars** Four editions.
9.00 **SEAL Team** *What Appears to Be:* 14/22. Bravo Team work with the Congolese army. **10.00** *You Only Die Once:* 15/22. The unit attempt to take down the mastermind of several terrorist attacks. **11.00** *Dirt, Dirt, Gucci:* 16/22. Jason tries to find a way to pay for Emma's college fees. **12.00** M'T *Paradise Lost:* 17/22. A bomb attack puts the unit in peril. **1.00** AM *Payback:* 18/22. Bravo Team are out for revenge. (S2)
2.00 **A League of Their Own**
4.00 **to 6.00** AM **Four Weddings**

MTV
126/127 137 134 351 366

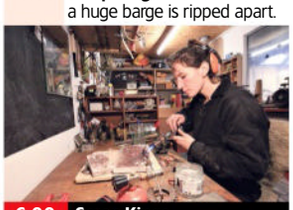
6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
1.00 PM **Catfish: Love Triangles** Triple bill.
4.00 **Catfish: The TV Show** Five editions, including at: **7.00** Buried secrets threaten to drive a wedge between two online sweethearts. **8.00** Nev and Kamie try to help Dre finally meet the elusive Case.
9.00 **My Lover, My Killer** A millionaire whose obsessions led him to blackmail and revenge.
10.00 **Aussie Shore** Eleven fun-loving people enter a house in Cairns. **11.00** Charlotte Crosby presides over the house.
12.00 M'T **Jersey Shore Family Vacation**
1.00 AM **Caught in the Act: Double Life**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Street Outlaws: Locals Only** Six editions.
12.00 NOON **Marooned with Ed Stafford** Six editions of the series, including at: **2.00** PM Ed tries to survive alone in the wilds of Rwanda. **3.00** Ed attempts to survive alone in the Sonoran Desert. **4.00** The adventurer reveals his top 10 survival tips. **5.00** The survivalist tests Mayan hunting techniques in the Guatemalan jungle.
6.00 **Scrap Kings** In Swansea, a huge barge is ripped apart.


6.00 Scrap Kings

7.00 **Alaska: Homestead Rescue** Marty responds to a new, desperate plea from the Bower family in Vermont after a 100-year flood wipes out their property access route.

9.00 **Sin City Tow** Tow truck drivers hunt for illegally parked cars in Las Vegas, and a driver accepts payment in casino chips.

10.00 **Street Outlaws: Locals Only** Farmtruck and AZN gather another group of local racers in North Carolina.

11.00 **Roadworthy Rescues** Derek finds a 1962 Bonneville that has been sitting for decades.
12.00 M'T **Alaskan Bush People** Bear welcomes son River to North Star for the first time.
1.00 AM **Alaskan Bush People**
4.00 **How Do They Do It?**
4.30 **to 5.00** AM **Buying Alaska**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A mother and daughter whose cats are having a spraying match. **4.00** A mischievous cat that is terrifying its owner's children.
5.00 **Treehouse Masters** A treetop fortress for a couple who like all things medieval.
6.00 **Bad Dog!** A dog that likes ice-cream, and a swearing parrot.

9.00 The Zoo

7.00 **How Do Animals Do That?** Whether wolves are smarter than dogs. **7.30** Why drowned ants do not actually drown.

8.00 **Treetop Cat Rescue** Shaun battles to get a repeat offender down. **8.30** Cake the cat proves not to be quite so sweet.

9.00 **The Zoo** Keepers introduce three gaur to the rest of the herd, and a Sambar fawn is rushed to the health centre.

10.00 **Tanked** Brett Raymer and Wayde King build a dragon-guarded, gem-filled aquarium for a family in California.

11.00 **Alaska: The Last Frontier** The Kilchers race through the last few days of autumn.
12.00 M'T **Fish or Die** The anglers follow a lead to Greenland.
1.00 AM **Saved by the Barn**
2.00 **Alaskan Bush People**
3.00 **Treetop Cat Rescue**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
11.00 **WW2: Hell Under the Sea**
1.00 PM **Hitler's Last Stand**
3.00 **Nazi Megastructures** The creation of one of history's greatest air defence systems.
4.00 **Apocalypse: The Fall of Hitler** In 1943, the Allies prepare to rid the world of the Nazi leader once and for all. **5.00** The Allied forces take over the West and Nazis retreat in the East.
6.00 **Tucci in Italy** Stanley delves into the identity of Trentino.

9.00 Top Guns: The Next...

7.00 **Construction Fails** Lightning bolts are causing construction mayhem, and cooling towers are collapsing.

8.00 **Engineering Europe** New edition Exploring some of Spain's engineering wonders.

9.00 NEW SERIES **Top Guns: The Next Generation** Documentary following fighter pilots in training. *See feature, page 21.*

10.00 **Miracle Landing on the Hudson** Charting how US Airways Flight 1549 was forced to land on the Hudson River in 2009.

11.00 **Inside Melbourne Airport** A kangaroo keeps Trent on his toes, and Brad has just 90 minutes to turn around an Air India flight.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory USA**
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
8.00 **Alone** Reality series.
9.00 **Kevin Costner's The West**
10.00 **Britain's Most Historic Towns**
1.00 PM **Storage Wars** Eight editions, including at: **4.30** Mary needs help managing a tiny parking lot in Van Nuys, California.
5.00 **Beyond the Myth: The SS Unveiled** The story of Nazi leader Reinhard Heydrich. **6.00** The Waffen-SS, a military elite intended to attract the best German soldiers.

9.00 Field of Vampires

7.00 **National Park Mysteries** A Nazi base in Montana's Glacier National Park. **7.30** Investigating Mount Shasta National Park.

8.00 **National Park Mysteries** Puerto Rico's mysterious El Yunque National Forest. **8.30** A visit to Gettysburg National Military Park.

9.00 **Field of Vampires** 1/2. Examining a plot in Poland containing 30 'deviant burials'.

10.00 **Field of Vampires** 2/2. Investigating a woman who was buried with a sickle across her neck and a padlock on her toe.

11.00 **History's Most Shocking** Featuring footage of real-life events, including a mid-air plane collision narrowly avoided by skydivers.
12.00 M'T **Storage Wars** Ivy puts economies of scale to the test. **12.30** AM Dave brings his mentor to Rancho Cucamonga.
1.00 **Storage Wars** Six editions.
4.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Warbird Workshop**
11.00 **Bangers & Cash: Restoring Classics** Double bill.
1.00 PM **Bangers & Cash**
2.00 **Flipping Bangers**
3.00 **Blue Planet II** Exploring marine life around the world. **4.00** A look into creatures that live in volcanic hot spots on the ocean bed. **5.00** Creatures on coral reefs. **6.00** Wildlife living thousands of kilometres from land.

10.00 Bangers & Cash: Restoring

7.00 **Wilderness with Simon Reeve** Simon travels across the Kalahari desert, and goes on a hunt with a group of San trackers.

8.00 **Flipping Bangers** Will and Gus look to make some quick cash as they fix and wrap a Toyota MR2 MK2.

9.00 **Bangers & Cash** Dave gets nostalgic over a brace of Raleigh Choppers and a rare Mark 1 Ford Granada.

10.00 **Bangers & Cash: Restoring Classics** The team take Derek's advice when he sniffs out the last remaining Hillman GT.

11.00 **Bangers & Cash: Restoring Classics** The team take on their biggest restoration yet – a Series 1 Land Rover. **12.00** M'T The team fly the flag for King and country with a 1981 Rolls-Royce Silver Spirit.
1.00 **to 3.00** AM **Bangers & Cash: Restoring Classics**

+1 hour 255 329

Sunday

7 PM

8 PM

9 PM

10 PM

Quest

144 149 137 12 144 17

6.00 AM **Impossible Builds**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Yorkshire Auction House**
8.00 **Salvage Hunters** Drew hits the road with Viki and Alister to visit some of his most trusted contacts.
9.00 **The Yorkshire Auction House** Angus finds a 4,000-piece collection of royal memorabilia. **10.00** Angus discovers Morris Minor cars and African carvings. **11.00** Angus must pull out all the stops in an attempt to sell two cherished collections.
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Destroyed in Seconds** Four editions.
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Murder in the Heartland** Four editions.
7.00 **Murder in the Heartland** The case of mountain bike pioneer Mike Rust, who vanished from his Colorado home. **8.00** A case in which a saddle-maker in the cowboy town of Emmett, Idaho, was beaten to death.
9.00 **A Killer's Mistake**
11.00 **Murder on CCTV**
12.00 M'T **Shamima Begum: A Faking It Special**
1.00 AM **Jussie Smollett: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** Investigators find the remains of NBA player Lorenzen Wright.
7.00 **Secrets of a Murder Detective** Detectives Steve Keogh and Richard Leonard look into the murder of Sophie Lionnet. **8.00** Detectives Steve Keogh and Steve Whittaker discuss Aseel Al-Essaie's murder.
9.00 **Killers: Caught on Camera** A five-year-old boy is found dead after a trip to Disneyland. **10.00** A gloating social media post entraps a killer.
11.00 **See No Evil**
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **New Scotland Yard Files** Triple bill.
12.00 NOON **Murder She Solved** Double bill.
2.00 PM **Fraud Squad** A manager taking a gamble with an NHS credit card. **3.00** A boss of recycling company steals £2million of public cash.
4.00 **Wrongly Accused** 1/2. The story of how Colin Stagg was imprisoned for the 1992 murder of Rachel Nickel. **5.00** 2/2. The murder trial against Colin Stagg collapses, but it would be 16 years before a breakthrough in DNA evidence would catch the real killer, Robert Napper.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Fraud Squad**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Ireland's Most Evil Killers** Joe O'Reilly.
2.00 **World's Most Evil Killers**
3.00 **Murder Uncut**
4.00 **Forensics: Catching the Killer** True-crime.
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Forensics: Catching the Killer** True-crime.
9.00 **Libby, Are You Home Yet?** 1-3/3. Documentary.
12.15 AM **How I Caught the...**
1.10 **The Real Manhunter**
2.05 **Killer in My Village**
3.00 **Love You to Death**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
9.00 **Egypt's Darkest Hour**
11.00 **Cleopatra** 1&2/2.
1.00 PM **World of Stonehenge** Four editions, including at: **4.35** An exploration of the Bronze Age.
5.45 **Walking with the Ancients** Evidence of humans in America far earlier than thought.
7.25 **Cleopatra** 1/2. The truth behind the myth of the iconic Egyptian ruler. **8.25** 2/2. How Cleopatra tried to win the Mark Antony's heart.
9.25 **Egypt's Darkest Hour** 1/2. A mass grave dating to the fall of the Egyptian Empire. **10.20** 2/2. The Tomb of the Warriors near Luxor in southern Egypt.
11.30 **America the Bountiful**
12.00 M'T **to 2.00** AM **Walking with the Ancients**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Emma Thompson**
7.00 **Discovering: John Travolta**
8.00 **The Directors**
9.00 **Val** The life of Val Kilmer.
11.00 FILM **Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
1.00 PM **Rise of the Superheroes**
3.15 **On the Line: The Richard Williams Story** Documentary.
5.00 **I Am Luke Perry**
6.45 **Tina** A celebration of singer Tina Turner's life and career.
9.00 **Death of a Showjumper** Series finale 3/3. The case takes a shocking turn in court.
10.00 **The Case Against Adnan Syed** New revelations expose flaws in the original prosecution of Adnan Syed as other potential suspects, suppressed witness testimony and untested crime scene DNA come to light.
11.15 **Flight 149: Hostage of War**
1.15 AM **Wirecard: A Billion Euro Lie**
3.15 **Steve McQueen: The Lost Movie** Documentary.
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Mysteries of Evolution**
8.00 **A Wild Year on Earth**
11.00 **City Wildlife Rescue**
1.00 PM **Impossible Animals**
4.00 NEW **Invisible River: Under Water Between the Black Forest and the Vosges** Exploring Europe's largest groundwater reservoir.
5.00 **Coral City** New edition Winter descends on the bustling reef.
6.00 **Deep Dive North America** New edition Wildlife biologist Lizzie Daly explores North America's coastlines.
7.00 **The Bachelor King** Exploring the lives of king penguins.
8.30 **Flying Monsters with David Attenborough** The veteran broadcaster explores the world of the pterosaur.
10.00 **Evolution Earth** Discovering how animal species transform and restore our grasslands.
11.00 **Coral City** As 5.00pm.
12.00 M'T **Deep Dive North America**
1.00 AM **Mysteries of Evolution**
3.00 **to 6.00** AM **Malawi Wildlife Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships**
11.00 **Digging for Britain**
12.00 NOON **Digging for Britain: Iron Age Revealed**
1.00 PM **Britain's Most Historic Towns** The history of Chester.
2.00 **UFOs Declassified**
4.00 **Combat Ships** Double bill.
6.00 **Britain's Most Historic Towns**
7.00 **Ancient Aliens** The top 10 unexplained technologies. **8.00** Ten mountains notorious for otherworldly phenomena.
9.00 **Clash of Ancient Warriors** The Battle of Hastings, fought between the forces of William Duke of Normandy and King Harold in 1066. **10.00** The Battle of Marathon, which took place in 490 BC.
11.00 **Discovered by Disaster** A medieval shipwreck. **12.00** M'T Evidence of early human activity previously hidden by the landscape.
1.00 AM **Britain's Most Historic Towns** Double bill of editions.
3.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **Jo Frost on Britain's Killer Kids** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Rosie Darbyshire.
11.00 **Nightmare in Suburbia**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **Interrogation Raw**
7.00 **When Missing Turns to Murder**
8.00 **The Real Murders of Atlanta**
9.00 **Cold Case UK** New edition Revisiting the files on criminal investigations that went cold.
10.00 **Cold Case Files** The murder of 14-year-old Tina Faelz.
11.00 **Look What You Made Me Do**
12.00 M'T **Secrets of Celebrity Sex Tapes** Documentary.
1.00 AM **Murders at Little Bridge Farm** An examination of the crimes of Mark Brown.
2.00 **Laura Whitmore on Britain's Killer Teens** New edition The presenter looks at cases of teens who committed murder.
3.00 **Cold Case UK** As 9.00pm.
4.00 **to 6.00** AM **Green Eyed Killers**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **Ocean's Weirdest**
11.00 **Queens** Double bill.
1.00 PM **Secrets of the Penguins**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets** New edition Documentary set in a Georgia veterinary hospital.
7.00 **Close Encounters of the Wild Kind** New edition Exploring the truth behind animal encounters in the city.
8.00 **Wild Vietnam** The wildlife of Vietnam's mountains, including crocodile lizards, endangered pangolins and the golden-headed langurs of Cat Ba Island.
9.00 **Thailand's Hidden Wilderness** The wildlife of Thailand's jungles, where elephants and gibbons roam and the tiger rules.
10.00 **Crocodile King** Examining the territorial crocodile.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Codes and Conspiracies**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Investigators use CGI to reveal where the tomb of Alexander the Great may lie. **7.00** Archaeologists believe they have found the ruins of the Greek city of Helike. **8.00** The lost city of Olous is a great metropolis submerged in the Mediterranean. Now, archaeologists uncover its secrets using CGI reconstruction.
9.00 **Salvage Hunters: The Restorers** Sculptor Nick revives an antique anatomy model in need of urgent attention. **10.00** French polisher Alex pieces a grand Tudor style four poster bed back together. **11.00** Restoring a rare 1940s American basketball game.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Vets**
10.00 **Fascinating New Zealand**
12.00 NOON **The Hidden River**
3.00 PM **Inside the Vets**
4.00 **Fascinating New Zealand**
6.00 **The Hidden River** The secrets of one of South America's largest rivers – the Essequibo. **7.00** The team cross unspoiled landscapes, discover rare species and meet indigenous people. **8.00** The final journey down the Essequibo River proves the most challenging.
9.00 **Inside the Vets** A bearded dragon has a bowel problem.
10.00 **Fascinating New Zealand** Exploring New Zealand's rugged fjords, high mountain peaks and steaming volcanic landscapes. **11.00** How New Zealand is responding to major climate challenges with a radical environmental policy.
12.00 M'T **The Hidden River**
3.00 AM **Inside the Vets**
3.50 **Fascinating New Zealand**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married with Secrets**
10.00 **Web of Lies** Double bill.
12.00 NOON **Murder in the Heartland** Double bill.
2.00 PM **Disappeared**
4.00 **On the Case with Paula Zahn**
6.00 **Hometown Homicide** The case of 40-year-old Rachael Anderson, who disappeared shortly after calling a friend. **7.00** The disappearance of college student Jessica O'Grady.
8.00 **Disappeared** The case of physical therapist Holly Cantrell.
9.00 **A Body in the Snow: The Trial of Karen Read** At trial, humiliating texts shock the courtroom.
10.00 **What Happened to Valentino Dixon?** A young man is gunned down in his prime in front of scores of witnesses.
11.00 **Evil Lives Here: The Killer Speaks** Documentary.
12.00 M'T **Murder in the Heartland**
2.00 AM **Killer Unknown**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Shorty's Dream Shop**
5.00 PM **Richard Hammond's Workshop** The team enter the UK's most prestigious classic car show contest. **6.00** Richard's new state-of-the-art workshop is finally open.
7.00 **Wheeler Dealers** The boys are determined to mark the MGB's 60th anniversary in style. **8.00** After years of searching, Mike has finally found the ultimate '80s hot hatch. **9.00** To Ant's dismay, Mike buys a 1979 Triumph TR7. **10.00** Mike and Ant finally get hold a great British sports cars never to have been built in the UK, a 1969 Datsun Roadster. **11.00** Mike heads to Idaho to buy a Karmann Ghia. **12.00** M'T Mike finds a rust-free Triumph TR6 sports car from the 1970s.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **The Lord of the Rings: The War of the Rohirrim**
9.00 PREMIERE **Wish You Were...**
10.45 **Love Hurts** As 8.00pm.
12.15 PM **Wolf Man** As 9.30pm.
2.05 **Nosferatu** As 11.25pm.
4.20 **The Surfer** Psychological thriller starring Nicolas Cage. (2024, 15, 100min) ★★★★
6.10 PREMIERE **Wish You Were Here** Drama starring Isabelle Fuhrman. (2025, 12, 99min) ★★★ *See review, page 23.*

9.30 Wolf Man

8.00 **Love Hurts** Action comedy starring Ke Huy Quan. An estate agent is pulled back into the life he left behind after his former partner-in-crime resurfaces with an ominous message. (2025, 15, 83min)

9.30 **Wolf Man** Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
1.40 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
5.00 **to 7.25** AM **The Lord of the Rings: The War of the Rohirrim** Animated adventure. (2024, 12, 134min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.25 AM **Charlie's Angels** (2000)
8.05 **Charlie's Angels: Full Throttle** Comedy thriller. (2003, 12) ★★
9.55 **Evolution** As 3.50am.
11.40 **The Fall Guy** (2023) ★★★★
1.50 PM **Indiana Jones and the Last Crusade** Adventure. (1989, PG, 127min) ★★★★★
4.00 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
6.05 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★

10.00 Cloverfield

8.00 **Collateral** Michael Mann's thriller starring Tom Cruise and Jamie Foxx. A contract killer chooses an unwilling LA taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Cloverfield** Disaster movie with Lizzy Caplan. A young New Yorker with a camcorder films events as he and his friends react to a shocking catastrophe in the city. (2007, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
1.40 AM **The Book of Clarence** Comedy with LaKeith Stanfield. (2023, 15, 129min) ★★★
3.50 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
5.35 **to 7.20** AM **Calvary** Drama. (2014, 15, 99min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Boy Meets Boy** As 11.45am.
7.30 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
10.00 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
11.45 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
1.10 PM **L'immensità** Italian drama. (2022, 12, 99min) ★★
3.05 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
5.00 **Meet Joe Black** Romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
8.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row – with help from a slick lawyer. (2002, 12, 112min) ★★★★
10.00 **Saturday Night Fever** Dance drama starring John Travolta. (1977, 18, 119min) ★★★★
12.10 AM **The Holiday** Romantic comedy starring Cameron Diaz. (2006, 12, 135min) ★★★
2.30 **Sky Cinema Preview**
3.25 **to 6.15** AM **There Will Be Blood** Epic drama with Daniel Day-Lewis and Paul Dano. (2007, 15, 158min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.30 AM **The Core** Sci-fi action thriller. (2002, 12, 135min) ★★★
9.50 **The Ring Two** Horror chiller sequel. (2004, 15, 110min) ★★★
11.50 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
2.20 PM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
4.40 **Men in Black II** Sci-fi action comedy sequel starring Will Smith. (2002, PG, 88min) ★★★
6.20 **Zombieland** Horror comedy starring Woody Harrelson. (2009, 15, 84min) ★★★★
8.00 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
9.50 **Constantine** Horror thriller starring Keanu Reeves and Rachel Weisz. A cynical hero realises that the truce between heaven and hell is breaking down. (2005, 15, 121min) ★★★
12.00 M'T **MaXXXine** Crime thriller. (2024, 18, 110min) ★★★
1.50 AM **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★
3.55 **Ouija** Horror chiller with Olivia Cooke. (2014, 15, 87min) ★★
5.35 **The Cinema List: Horror Villians**
5.50 **to 7.20** AM **Out of Darkness** Horror. (2022, 15, 88min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.05 AM **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
8.55 **Snow White and the Huntsman** (2012, 12) ★★★
11.05 **Peter Rabbit** (2018, PG) ★★★
12.45 PM **The Golden Compass** Fantasy. (2007, PG) ★★★
2.50 **The Witches** Fantasy. (1989, PG, 90min) ★★★★
4.30 **Spy Kids 3: Game Over** Sci-fi comedy. (2003, U) ★★★
6.00 **Johnny English** Comedy. (2002, PG, 88min) ★★★

6.00 Johnny English

7.35 **Johnny English Reborn** Spy comedy sequel starring Rowan Atkinson and Gillian Anderson. (2011, PG, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **The Flintstones** Comedy based on the cartoon series set in the Stone Age town of Bedrock, starring John Goodman and Rick Moranis. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
2.15 **Pups United** Adventure. (2015, U, 89min) ★★★
3.50 **Friend or Foe** Family drama. (1981, U, 70min) ★★★
5.05 **to 6.40** AM **The Witches**

Sky Cinema DC

307 307 407 507 521

7.45 AM **Shazam!** As 12.35am.
10.00 **Superman Returns** (2006)
12.35 PM **Wonder Woman** (2017)
3.00 **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★
5.25 **Aquaman** Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds of ocean and land. (2018, 12, 143min) ★★★

5.25 Aquaman

7.50 **Aquaman and the Lost Kingdom** Fantasy adventure starring Jason Momoa and Yahya Abdul-Mateen II. The King of Atlantis sets out to defeat a ruthless mercenary, Black Manta. With Patrick Wilson. (2023, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Superman Returns** Adventure starring Brandon Routh. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Shazam!** Comedy adventure with Zachary Levi. (2019, 12, 132min) ★★★★
2.50 **Wonder Woman** Adventure with Gal Gadot and Chris Pine. (2017, 12, 121 min) ★★★★
5.15 **to 7.40** AM **Man of Steel**

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Big Daddy** As 2.35pm.
8.50 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
10.45 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
12.30 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
2.35 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
4.20 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
6.10 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★

6.10 Beverly Hills Cop 3

8.00 **Superbad** Teen comedy starring Jonah Hill and Michael Cera. Two high-school friends embark on a quest to buy booze and lose their virginity. With Christopher Mintz-Plasse, Bill Hader and Seth Rogen. (2007, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **I Don't Understand You** Horror comedy starring Nick Kroll and Andrew Rannells. A couple on the verge of adopting try to reconnect on holiday. (2024, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
1.40 AM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
3.30 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
5.10 **to 7.25** AM **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **Caddo Lake** As 4.05pm.
8.15 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
9.45 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
11.45 **Now You See Me** As 12.10am.
1.45 PM **Angels & Demons** Thriller. (2009, 12, 138min) ★★
4.05 **Caddo Lake** Crime thriller. (2024, 12, 99min) ★★★
5.50 **Hotel Mumbai** Fact-based thriller starring Dev Patel. (2018, 15, 123min) ★★★★

5.50 Hotel Mumbai

8.00 **Inferno** Thriller starring Tom Hanks, Felicity Jones and Irrfan Khan. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. With Sidse Babett Knudsen. (2016, 12, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Now You See Me** Thriller. (2013, 12, 115min) ★★★
2.10 **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
4.15 **to 6.40** AM **Vanilla Sky** Romantic fantasy drama. (2001, 15, 136min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Kind Hearts and Coronets** Comedy. (1949, b/w, U, 106min) ★★★★★
1.10 PM **Think Like a Dog** Comedy drama. (2020, PG, 91 min) ★★
3.00 **Dunston Checks In** Comedy. (1995, PG, 88min) ★★★
4.45 **Secret Headquarters** Comedy. (2022, PG, 104min) ★★★
6.45 **Fisherman's Friends** Comedy drama starring James Purefoy. (2019, 12, 112min) ★★★

3.00 Dunston Checks In

8 PM **Fisherman's Friends** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Wild Card** Action thriller starring Jason Statham and Michael Angarano. A Las Vegas bodyguard with a gambling problem finds himself on the wrong side of a mob boss. (2015, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.50** **Glass** Director M Night Shyamalan's fantasy thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. (2019, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.25** **to 3.10** AM **Benjamin** Simon Amstell's comedy drama starring Colin Morgan, Jack Rowan and Anna Chancellor. (2018, 15, 85min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema 10s

302 302 402 502 516

6.00 AM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
8.10 **The King's Speech** As 12.05am.
10.15 **Dunkirk** As shown at 8.00pm.
12.05 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.05 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
4.20 **The Equalizer 2** Action thriller sequel with Denzel Washington. (2018, 15, 121 min) ★★★

6.25 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91 min) ★★★★★
8.00 **Dunkirk** Christopher Nolan's drama with Kenneth Branagh, Tom Hardy and Fionn Whitehead. (2017, 12, 106min) ★★★★★
10.00 **Darkest Hour** Biopic starring Gary Oldman and Kristin Scott Thomas. British prime minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★

12.05 AM **The King's Speech** Oscar-winning royal drama. (2010, 12, 118min) ★★★★★
2.05 **Now You See Me** Heist thriller. (2013, 12, 115min) ★★★
4.10 **to 6.20** AM **Snow White and the Huntsman** Adventure. (2012, 12, 127min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

7.00 AM **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
9.05 **Home Delivery** Comedy. (2023, 15, 86min) ★★★
11.05 **Baywatch** Action comedy. (2017, 15, 121 min) ★★
1.10 PM **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
2.50 **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★

4.25 **13 Going on 30** Romantic comedy starring Jennifer Garner. (2004, 12, 98min) ★★★
6.05 **Miss Congeniality** Comedy starring Sandra Bullock, Michael Caine and Benjamin Bratt. (2000, 12, 109min) ★★★★
8.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel with Sandra Bullock and Regina King. (2005, 12, 113min) ★★
10.00 **Erin Brockovich** Fact-based drama starring Julia Roberts. (2000, 15, 133min) ★★★★

12.15 AM **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
1.55 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
4.00 **Sky Cinema Preview**
5.00 **to 6.50** AM **HouseSitter** Comedy starring Steve Martin. (1992, PG, 102min) ★★★

Sky Cinema Animation

305 305 412 500 514

7.15 AM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
9.05 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
10.45 **Dr Seuss' The Lorax** As 3.00am.
12.25 PM **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
2.15 **Turbo** (2013, U) ★★★★
4.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★

5.30 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
7.10 **Rugrats Go Wild** Animated family comedy adventure. (2003, U, 81 min) ★★★
8.40 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
10.20 **Curious George** Animation with the voice of Will Ferrell. (2006, U, 87min) ★★★★
11.55 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★

1.35 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
3.00 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
4.40 **to 6.25** AM **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★

Movies 24

312 313 419

7.00 AM **Betty's Bad Luck in Love** Comedy. (2024, PG, 84min) ★★
9.00 **A Priceless Love** Romantic drama. (2022, PG, 85min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **A Missed Connection** Drama. (2023, PG, 90min) ★★
3.00 **PREMIERE** **Catch of the Day** Romantic drama starring Emilie Ullerup. (2025, PG, 84min) ★★

5.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
7.00 **Wedding of a Lifetime** Comedy starring Brooke D'Orsay. A couple who have decided to go their separate ways are nominated for a TV wedding contest. (2022, PG, 84min) ★★
9.00 **A Nashville Legacy** Comedy starring Andrea Lewis. A woman visiting Nashville to discover the story behind a forgotten pop group finds love with a fellow fan. (2023, PG, 85min) ★★

11.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
1.00 AM **The Story of Love** Comedy. (2022, PG, 91 min) ★★
3.00 **to 5.00** AM **The Reluctant Royal** Comedy. (2025, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Confessions of Boston Blackie** Mystery. (1941, PG) ★★
7.20 **Unearthly Stranger** Chiller. (1963, b/w, PG, 90min) ★★
8.55 **Hollow Triumph** Crime thriller. (1948, b/w, PG, 83min) ★★★
10.30 **Cinebox Memories**
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Battle of the Rails** Drama. (1946, PG, 85min) ★★
12.50 PM **Worzel Gummidge** (S3)

1.25 **Batman** 35/60. (S2)
2.00 **Black Beauty** (1971, U) ★★★
4.10 **Look at Life** Documentary.
4.30 **The Vise** 12/39. (S1)
5.00 **The Footage Detectives**
6.00 **The Railway Children** Drama. (2000, U, 108min) ★★
8.00 **Memories of Making Sergeant Cork** With William Gaunt.
8.05 **Sergeant Cork** 4/13. (S1)
9.10 **At the Wheeltappers**
9.45 **Confessions of a Pop Performer** Comedy with Robin Askwith. (1975, 18, 86min) ★

11.30 **Star Treatment Show**
12.00 M'T **The Heritage Chart Show**
1.05 AM **During One Night** Drama. (1961, b/w, 15, 80min) ★★
2.45 **Nell Gwyn** Period drama. (1934, b/w, U, 85min) ★★★
4.10 **to 6.00** AM **I'll Turn To You** Musical. (1946, b/w, U) ★★

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
10.30 LIVE **Formula 1** The Azerbaijan Grand Prix, the 17th round of the season staged at the Baku City Circuit. Start-time **12.00noon**.
1.30 PM LIVE **Super Sunday Sunderland v Aston Villa.** The Premier League match from the Stadium of Light. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Arsenal v Manchester City.** The Premier League match from the Emirates Stadium. Kick-off is at **4.30pm**.
8.00 LIVE **NFL Minnesota Vikings v Cincinnati Bengals.** Coverage of the week three match at U.S. Bank Stadium. Kick-off **6.00pm**.
9.00 LIVE **NFL Chicago Bears v Dallas Cowboys.** Coverage of the week three match staged at Soldier Field. Kick-off **9.25pm**.
12.30 AM **NBC's FNIA**
1.10 LIVE **NFL New York Giants v Kansas City Chiefs.** Coverage of the week three match at MetLife Stadium in East Rutherford, New Jersey. Kick-off is at **1.20am**.
4.40 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM LIVE **Super Sunday Bournemouth v Newcastle United.** Coverage of the Premier League match staged at the Vitality Stadium. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday Arsenal v Manchester City.** Coverage of the Premier League match staged at the Emirates Stadium. The hosts have had the slight upper hand in recent fixtures between these two teams, winning two and drawing three of the last five meetings. Kick-off is at **4.30pm**.
8.00 **Premier League Stories**
8.30 **Premier League Highlights** Brighton v Tottenham Hotspur. **9.00** Man United v Chelsea. **9.30** Fulham v Brentford. **10.00** Sunderland v Aston Villa. **10.30** Highlights from Bournemouth v Newcastle United. **11.00** Arsenal v Manchester City.
10.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Best PL Goals 2018/19**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 LIVE **WSL Chelsea v Leicester City.** Coverage of the Women's Super League match staged at Kingsmeadow. These two sides last met here in March as the hosts came away with a 3-1 victory, as goals from Catarina Macario, Aggie Beever-Jones and Erin Cuthbert gave the Blues all three points. Kick-off **12.00noon**.
2.30 PM **EFL Highlights**
5.30 LIVE **NFL New England Patriots v Pittsburgh Steelers.** Coverage of the week three match at Gillette Stadium in Foxborough. Kick-off **6.00pm**.
9.15 LIVE **NFL San Francisco 49ers v Arizona Cardinals.** Coverage of the week three match staged at Levi's Stadium in Santa Clara, California. Kick-off is at **9.25pm**.
12.30 AM **WSL** Highlights of Chelsea v Leicester City from Kingsmeadow.
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Old Firm Derby Best Goals**
5.30 **to 6.00** AM **Edinburgh Derby Best Goals**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Women's One-Day International Cricket**
10.00 **Women's ICC World T20 Cricket**
11.00 **Women's One-Day International Cricket**
1.00 PM **Women's ICC World T20 Cricket** Recent highlights.
2.00 **One-Day International Cricket**
3.00 **Women's ICC World T20 Cricket**
4.00 **One-Day International Cricket**
6.00 **Women's ICC World T20 Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's One-Day International Cricket**
9.00 **Women's ICC World T20 Cricket** Pakistan v New Zealand. **9.30** Bangladesh v Scotland.
10.00 **Women's One-Day International Cricket**
11.00 **Women's ICC World T20 Cricket** Recent highlights.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **Vitality T20 Blast Cricket**
4.45 **Best of England v South Africa**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
7.00 **Rose Ladies Series**
8.00 **LPGA Tour Golf** Highlights.
11.00 **Countdown to the Ryder Cup**
11.30 LIVE **DP World Tour Golf** Coverage of day four of the Fedex Open de France from Golf de Saint-Nom-La-Bretèche in Paris.
4.30 PM LIVE **Ladies European Tour Golf** Coverage of day four of the La Sella Open in Spain.
5.00 **Defining Decisions: Justin Rose and the Ryder Cup**
5.30 **Tales from the Ryder Cup**
6.30 **Countdown to the Ryder Cup**
7.00 **DP World Tour Golf**
8.00 LIVE **LPGA Tour Golf** The third day of the Walmart NW Arkansas Championship from Pinnacle Country Club in Rogers, Arkansas.
11.00 **HotelPlanner Tour Golf**
11.30 **PGA Tour Champions Learning Centre** Golf tips and life lessons.
12.00 M'T **Legends Tour Golf**
1.00 AM **The Open Zone**
2.00 **Best of the Open Zone 2024**
3.00 **Countdown to the Ryder Cup**
3.30 **Ryder Cup Memories**
4.30 **DP World Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

5.15 AM LIVE **FIM Endurance World Championship** Coverage of the Bol d'Or from Circuit Paul Ricard in France.
11.00 LIVE **British Superbikes** Coverage of the second race at the ninth round of the season at TT Circuit Assen, the Netherlands.
1.00 PM LIVE **International T20 Cricket Ireland v England.** Coverage of the third and final T20 in the series at The Village.
5.15 **Women's One-Day International Cricket**
6.15 **UEFA Europa League & Conference League Magazine**
6.45 **UEFA Champions League**
7.30 LIVE **Serie A Inter Milan v Sassuolo.** Italian top-flight action at the San Siro. Kick-off **7.45pm**.
9.45 **International T20 Cricket**
10.45 **Women's One-Day International Cricket**
11.45 **UEFA Champions League Goals Reload**
12.00 M'T LIVE **MLB** Coverage of the Major League Baseball match.
3.15 AM **MLB Plays of the Week**
3.45 **Playing for Our Future: Cycling**
4.00 **Cycling World Championship**
5.00 **to 6.00** AM **La Vuelta Men**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **AFLW Western Bulldogs v Brisbane Lions.** Coverage from Mission Whitten Oval. Bounce-up is at **6.05am**.
8.00 LIVE **AFLW Gold Coast Suns v Adelaide Crows.** Coverage of the match from People First Stadium. Bounce-up **8.05am**.
10.00 **UCI Mountain Bike World Series** From Lenzerheide.
11.00 **BMX Racing** From Argentina.
12.00 NOON **TNT Sports Reload**
12.15 PM **Asia Cup Cricket**
12.45 LIVE **Snooker Home Nations Series English Open** Coverage of the first session in the final at the Brentwood Centre in Essex.
4.00 **PREM Rugby Cup**
5.00 **AFL** The second preliminary final.
6.30 **Training Day** From Grenfell.
6.45 LIVE **Snooker Home Nations Series English Open** Coverage of the second session in the final at the Brentwood Centre in Essex.
10.00 **Athletics World Championship**
11.00 **PREM Rugby Cup**
12.00 M'T **CPL Highlights**
12.30 AM LIVE **CPL** The final.
4.45 **Women's CPL Highlights**
5.15 **UEFA Champions League**
5.30 **to 6.00** AM **MotoE Highlights**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Action from Chicago Bears v Minnesota Vikings.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **NFL Highlights** Action from Buffalo Bills v Miami Dolphins.
2.00 **NFL Gameday** A round-up of the latest American football news and results, and a look ahead to forthcoming matches.
5.30 LIVE **NFL Minnesota Vikings v Cincinnati Bengals.** Coverage of the week three encounter from U.S. Bank Stadium in Minneapolis. Kick-off **6.00pm**.
9.15 LIVE **NFL Chicago Bears v Dallas Cowboys.** Coverage of the week three match staged at Soldier Field. Kick-off **9.25pm**.
12.30 AM **NBC's FNIA** Including a preview of New York Giants v Kansas City Chiefs, plus reaction to Sunday's week three matches.
1.10 LIVE **NFL New York Giants v Kansas City Chiefs.** Coverage of the week three match at MetLife Stadium in East Rutherford, New Jersey. Kick-off **1.20am**.
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **ATP Tennis** Coverage from the ATP Tour, including day five of both the ATP Chengdu Open and ATP Hangzhou Open, where the quarter-finals of each tournament are due to take place.
11.00 LIVE **WSL Aston Villa v Liverpool.** Coverage of the top-flight match at Villa Park. The corresponding fixture last season ended in a 2-1 win for the Reds thanks to a first-half brace from Taylor Hinds. Kick-off **12.00noon**.
2.30 PM **Sports Sunday**
4.30 LIVE **Women's Super League St Helens v York Valkyrie.** Coverage of the first play-off semi-final from the Totally Wicked Stadium. Kick-off **5.00pm**.
7.00 LIVE **Women's Super League Wigan Warriors v Leeds Rhinos.** Coverage of the second play-off semi-final, which takes place at Brick Community Stadium. Kick-off is at **7.30pm**.
9.45 **British and Irish Lions Tour** Chiefs v British & Irish Lions.
9.50 **Rugby Greatest Games**
10.00 **Sky Sports Catch Up**
12.00 M'T **Women's Super League**
5.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **ATP Tennis** Coverage from the ATP Tour, including day five of both the ATP Chengdu Open and ATP Hangzhou Open.
9.00 LIVE **WTA Tennis** Coverage of the Korea Open final staged at Seoul Olympic Park Tennis Center.
11.00 LIVE **ATP Tennis** Further coverage from the ATP Tour, including the ATP Chengdu Open and ATP Hangzhou Open.
2.30 PM **Tennis** Canadian Open finals.
3.00 **WTA Tennis** Korea Open final.
5.00 **ATP Tennis** Action from the Tour.
9.00 **WTA Tennis** Korea Open final.
11.00 **ATP Tennis** Action from the Tour.
3.00 AM **Billie Jean King: My Story**
3.15 **Tim Henman Podcast 2024**
3.30 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 510 429 449

6.00 AM **British and Irish Lions Tour**
8.00 **LPGA Tour Golf**
11.00 LIVE **WSL Brighton & Hove Albion v West Ham United.** Coverage of the top-flight match staged at Broadfield Stadium in Crawley. Kick-off is at **12.00noon**.
2.30 PM LIVE **Ladies European Tour Golf** Coverage of day four of the La Sella Open at La Sella Golf Resort near Alicante in Spain.
5.00 **NFL Bitesize Highlights**
5.30 **NFL Redzone** The Network show that switches between games.
1.00 AM **Formula 1** From Azerbaijan.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Rugby League Retro**

TNT Sports 3

413 415 523 410 432

7.00 AM **Premier League**
8.30 **UEFA Europa League & Conference League Magazine**
9.00 LIVE **Cycling World Championship** Coverage of the women's elite time trial in Kigali.
12.30 PM LIVE **Cycling World Championship** Coverage of the men's elite time trial in Kigali.
4.30 **CPL Highlights**
5.00 **SailGP Highlights**
6.30 LIVE **MLB Tampa Bay Rays v Boston Red Sox.** Coverage of the American League match from George M. Steinbrenner Field.
9.45 **TNT Sports Reload**
10.00 **British Superbikes**
11.00 **Men's Cycling Pro Series**
12.00 M'T **Cycling World Championship**
1.00 AM **Men's Cycling Pro Series**
2.00 **UCI Mountain Bike World Series** From Lenzerheide.
3.00 **Snooker Home Nations Series English Open** The seventh day.
5.00 **to 6.00** AM **Serie A**

TNT Sports 4

414 416 524 411 434

6.15 AM LIVE **AFLW St Kilda Saints v Richmond Tigers.** Coverage of the match from RSEA Park.
8.00 **TNT Sports Cricket Reload**
8.15 **UEFA Champions League**
8.30 **Men's Cycling Pro Series**
9.30 LIVE **Athletics World Championship** Coverage of the second session on day nine at Japan National Stadium in Tokyo.
1.30 PM LIVE **British Superbikes** Coverage of the second race at the ninth round of the season at TT Circuit Assen, the Netherlands.
4.00 **MLB Highlights**
5.00 **UEFA Europa League & Conference League Magazine**
5.30 **Supertri E World Triathlon Championship** From London.
8.00 LIVE **Laver Cup Team Europe v Team World.** The third day.
4.00 AM **International T20 Cricket**
5.00 **UEFA Champions League**
5.30 **to 6.00** AM **UEFA Europa League & Conference League**

Premier Sports 1

419 551

6.00 AM **Highlights**
9.00 **Euro Le Mans Highlights**
10.00 **NHL Tonight** Goalies.
11.00 **LaLiga** Girona v Levante.
12.55 PM LIVE **LaLiga Rayo Vallecano v Celta Vigo.** Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.15 LIVE **Premier Sports Cup Partick Thistle v Celtic.** The quarter-final. Kick-off **3.30pm**.
6.15 **Coppa Italia Show**
6.45 **NHL Tonight** Highlights.
7.45 **LaLiga Match Highlights**
7.55 LIVE **LaLiga Barcelona v Getafe.** Kick-off is at **8.00pm**.
10.00 **Football** Highlights and features.
10.55 LIVE **Argentine Primera Division Rosario Central v Talleres.** Kick-off is at **11.00pm**.
1.00 AM **LaLiga Match Highlights**
1.10 LIVE **Argentine Primera Division Boca Juniors v Central Cordoba.** Kick-off **1.15am**.
3.15 **to 6.00** AM **Highlights**

Premier Sports 2

420 552

6.00 AM **Eredivisie** A match replay.
8.00 **FastZone** Motorsports highlights.
8.30 **Top 14 Rugby Union**
12.25 PM **Eredivisie Highlights**
1.25 LIVE **Eredivisie PSV Eindhoven v Ajax.** From Philips Stadion. Kick-off is at **1.30pm**.
3.30 **LaLiga Match Highlights**
3.40 LIVE **Eredivisie AZ Alkmaar v Feyenoord.** Coverage from AFAS Stadion. Kick-off **3.45pm**.
5.45 **LaLiga Specials** Goalkeepers.
6.00 **FastZone** Motorsports highlights.
6.30 LIVE **NASCAR** NASCAR Cup Series race at New Hampshire.
11.00 **Bike World** Magazine.
11.30 **FastZone** Motorsports highlights.
12.00 M'T **LaLiga Match Highlights**
12.25 AM LIVE **Brasileiro Serie A Santos v Sao Paulo.** Coverage from Estádio Urbano Caldeira Stadium. Kick-off **12.30am**.
2.30 **Football's Greatest**
3.30 **Top 14 Rugby Union**
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 2** From Azerbaijan.
7.05 **F1 Features**
7.55 LIVE **Formula 2** The Azerbaijan Grand Prix feature race in Baku.
9.15 **F1 Features**
10.30 LIVE **Formula 1** The Azerbaijan Grand Prix staged at the Baku City Circuit. Start-time **12.00noon**.
3.00 PM **Ted's Notebook**
3.30 **Formula 1** Azerbaijan Grand Prix.
4.30 **Ted's Notebook**
5.00 **Formula 1** From Azerbaijan.
6.00 **GT World Challenge Europe**
8.00 **Ferrari Challenge Europe**
11.00 **Formula 2** Azerbaijan Grand Prix.
12.20 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

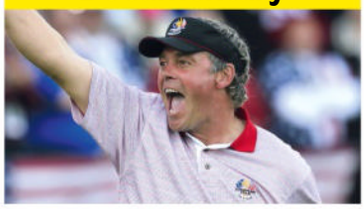
Monday

22 September

Evening Planner

Monday

Documentary



Tales from the Ryder Cup
Sky Documentaries, 7.30pm
Ahead of this year's competition, which starts on Friday, this three-parter looks back at memorable Ryder Cup moments.

Documentary

Disease X: Hunting the Next Pandemic
BBC2, 9pm
Dr Chris van Tulleken meets experts who are tracking the next global pandemic.

Documentary

Secrets in the Dark
Sky History, 10pm
If you're afraid of the dark, you might need to keep the lights on for this look at discoveries in the darkest places on Earth.

Comedy

Trying
BBC1, 10.40pm & 11.10pm
Jason and Nikki try to make a good impression on their path to being parents. Stars Rafe Spall and Esther Smith.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †	8.30 Policing... †	9.00 The Guest		10.00 News; Local News	10.40 Trying
	102 BBC2	7.00 Global Eye	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Disease X: Hunting the Next Pandemic		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Coldwater		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie: Eat Yourself Healthy		9.00 The Inheritance		10.05 24 Hours in A&E	
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Traffic Cops: Pursuit Squad One		9.00 Fare Dodgers: At War with the Law		10.00 Police: Night Shift 999	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Ultimate Romcom Movies		9.00 Film: Bridget Jones's Baby			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Missing in Paradise: Searching for Sarm			10.30 Film: Before I...
	116 BBC4	7.00 Earth's Natural Wonders		8.00 Britain's Lost Masterpieces		9.00 Call My Bluff	9.30 Face the Music	10.15 Arena: My Way	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 The Only Way Is Essex	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Ancient Autopsy		10.00 Ancient Egypt by Train with Alice...	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 First Dates		9.00 Married at First Sight UK			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Elsbeth		10.00 Matlock	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Task		10.10 Mare of Easttown	
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.30 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Vera					
	120 ITV4	◂ 6.45 British Open Snooker – Live: The evening session on day one						10.15 An Audience with Billy...	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Universe		8.00 The Ultimate Romcom Movies		9.00 The Paper		10.10 Film: Stargate – Ark of Truth	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Waltz Around the World		9.00 André Rieu: Live in Vienna			
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 The Supervet			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Roadworthy Rescues		9.00 Mystery at Blind Frog Ranch		10.00 Salvage Dawgs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 To Catch a Smuggler		10.00 Trafficked with Mariana Van Zeller	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 The Great British Dig: History in Your...		9.00 Kevin Costner's The West		10.00 Secrets in the Dark	
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 Indian Ocean with Simon Reeve		9.00 Russia with Simon Reeve		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Tales from the Ryder Cup		8.00 Seve				10.00 Film: The Armstrong Lie	
FILMS – Sky Cinema	301 PREMIERE	◂ 5.40 Nosferatu		8.00 Wolf Man			9.45 The Brutalist		
	302 20s	◂ 6.00 The Bikeriders		8.00 It Ends with Us				10.15 Anora	
	303 HITS	◂ 6.00 300		8.00 Gladiator II					10.30 Edge of...
	304 FEEL GOOD	◂ 6.10 Mamma Mia!		8.00 Mamma Mia! Here We Go Again				9.55 The Holiday	
	305 ANIMATION	◂ 5.35 Rango	7.25 Kung Fu Panda			9.00 Transformers One			
	306 FAMILY	◂ 6.00 Teenage Mutant Ninja...	7.45 The BFG				9.45 Peter Pan		
	307 ACTION	◂ 5.45 The Mummy Returns		8.00 Troy					
	308 COMEDY	◂ 6.20 Mr Deeds		8.00 Crazy Rich Asians				10.10 Yesterday	
	309 THRILLER	◂ 6.10 Layer Cake		8.00 Vanilla Sky					10.20 Jack Reacher
	310 DRAMA	◂ 5.35 Love Actually		8.00 Valentine's Day				10.10 Lost in Translation	
	311 SCI-FI	◂ 6.15 Men in Black		8.00 King Kong					
	313 FILM4	◂ 6.15 Midway				9.00 Infinite			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 EFL – Live: Millwall v Watford (Kick-off 8.00)						10.30 Tales from the...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Ref Watch	8.30 Big Interview	9.00 PL Stories	9.30 PL Review		10.30 Big Interview
	403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL – Live: Millwall v Watford (Kick-off 8.00)						10.30 EFL Highlights
	405 CRICKET	7.00 One-Day International Cricket		8.00 Women's International One-Day Cricket		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	◂ 6.30 Serie A	7.30 Serie A – Live: Napoli v Pisa (Kick-off 7.45)				9.45 PL Review		
	411 TNT SPORTS 2	◂ 6.00 Ultimate Pool – Live: Coverage of Group 16 of the Pairs Cup					9.31 Longines Global Champions Tour		10.30 Cycling World...

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Robson Green's Weekend Escapes** Robson and three family members head to Co Durham. (S)(R)(AD)
3.00 **Escape to the Country** House-hunting in Somerset. (S)(R)
3.45 **The Travelling Auctioneers** Series finale African masks and a tea caddy head to auction. (S)
4.30 **The Answer Run** Series finale (S)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Guest

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** The Slaters are still in shock from last night's ordeal, while Cindy causes tension between Lauren and Peter. (S)(AD)

8 PM

8.00 NEW **Panorama: Gaza – Dying for Food** Investigating the desperate lack of food in Gaza. (S)
8.30 **Policing Paradise** The K9 unit execute a raid on a property suspected of illegally breeding pit bulls. (S)(R)

9 PM

9.00 **The Guest** Series finale 4/4. Finding herself as a fugitive on the run, Ria must stay one step ahead long enough to repair old relationships and find evidence that will clear her. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Trying** New episode *Tickets for a Queue:* 3/8. Nikki and Jason attend an adoption support picnic and are alarmed at the different achievements of the group members. (S1) (S)(AD)
11.10 **Trying** New episode *Rainbow Castle People:* 4/8. Nikki and Jason receive a home visit from the adoption agency. (S1) (S)(AD)
■ Entire series on BBC iPlayer
11.40 **Have I Got News for You** Roy Wood Jr hosts, with Richard Osman and Roisin Conaty. (S)(R)
12.10 AM **Stranded on Honeymoon Island** 7&8/12. (S)(R)(AD)
2.10 **Weather for the Week Ahead** (S)
2.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Beechgrove Garden** (S)(R)
7.00 **Sign Zone: Antiques Roadshow** Fiona Bruce presents from Belfast's Botanic Gardens. (S)(R)
8.00 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Earth** Chris Packham explores the history of the planet. (S)(R)(AD)
5.15 **Flog It!** From Norfolk. (S)(R)
6.00 **Richard Osman's House of Games** Yasmine Akram, Stephen Mangan, Ingrid Oliver and Tom Rosenthal take part. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael takes on a trip along the east coast of England. (S)(R)(AD)

7.30 Mastermind

7.00 **Global Eye** New edition Focusing on forensic journalism. (S)
7.30 **Mastermind** New edition Tonight's specialist subjects include the history of Hereford Cathedral and Spanish golfer Seve Ballesteros. (S)
8.00 **Only Connect** New edition The 5ks take on the Grapevines in round one. (S)
8.30 **University Challenge** New edition Durham University take on Merton College, Oxford, in a first-round match. (S)
9.00 NEW **Disease X: Hunting the Next Pandemic** Chris Van Tulleken embarks on a global investigation into the hunt for the pathogen that could trigger the next pandemic and the cutting-edge science developed to tackle it. (S)(AD)
10.00 **Upstart Crow** *The Quality of Mercy:* 6/6. Will's savings go missing and he is forced to make a bargain with Robert Greene. (S1) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 FILM **The History Boys** Comedy drama adapted from Alan Bennett's hit stage play, starring Richard Griffiths, Frances de la Tour and Stephen Campbell Moore. (S)(AD) (2006, 15, 110min) ★★★★
12.50 AM **Sign Zone: Countryfile** From Worcestershire. (S)(R)
1.45 **Sign Zone: Stacey & Joe** (S)(R)
2.45 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
3.45 **Sign Zone: MasterChef** (S)(R)(AD)
4.15 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Stoke-on-Trent, assessing items including a collection of 500 vinyl records and a painting that has been in the loft for 40 years. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as colleagues from the British Transport Police take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7.30 **Emmerdale** Ray is pleased about Dylan's new job, Ross invites April to the cafe for a chat when he notices she appears anxious, while Liam cancels his appointment. (S)(AD)
8.00 **Coronation Street** Danielle's barrister questions Theo about his violent temper and accuses him of assaulting Miles. Becky reveals that she is moving into a rented flat nearby, and Abi quizzes Carl about Tracy. (S)(AD)
9.00 **Coldwater** New episode 4/6. John is full of regret over his friendship with Tommy and attempts to voice his suspicions to Fiona, who feels she needs space from her husband. (S1) (S)(AD)
■ Entire series on ITVX
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **The Life and Death of Lily Savage** Documentary paying tribute to Paul O'Grady. (S)(R)(AD)
12.50 AM **Teleshopping**
3.00 **Cooking with the Stars** 6/6. Emma Willis and Tom Allen host as the remaining contestants take on their mentors' signature dishes in the Grand Final. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tour de Fred: Northern Ireland** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S4) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA** With singer-songwriter Seal. (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition A couple plan to revive a forgotten rural estate. (S)
5.00 **Four in a Bed** New edition The first visit is to Sefton Blackpool. (S)
5.30 **Come Dine with Me** Spray tan artist Saffron hosts the week's first dinner party in north Wales. (S)(R)
6.00 **Sun, Sea and Selling Houses** Sharon and Shaun catch up with a couple in Almería, Spain. (S)(R)

8.00 Jamie: Eat Yourself Healthy

7.00 **News** (S)
8.00 **Jamie: Eat Yourself Healthy** Series finale 5/5. Chef Jamie Oliver demonstrates how he incorporates more white fish into his diet, by serving up cod in crispy filo pastry and a sensational tomato orzo. (S)(AD)
9.00 **The Inheritance** New edition 11/12. The players are pushed to their limits and forced to adapt their strategies and sharpen their instincts in order to survive. (S)(AD)
■ Concludes tomorrow
10.05 **24 Hours in A&E** A teenager comes in after being struck in the eye with an arrow during an archery class, and a 50-year-old joiner suffers a wound to his head in a work accident. (S)(R)(AD)
11.10 **24 Hours in A&E** A 21-year-old man is rushed in following a motorbike accident. (S)(R)(AD)
12.10 AM **Educating Yorkshire** (S)(SL)(R)
1.05 **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
2.00 **Taskmaster** (S)(SL)(R)(AD)
2.55 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(SL)(R)
3.45 **Location, Location, Location** (R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM Dangerous Connections** Thriller starring Shiva Negar. (S)(AD) (2023, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Holding the Baby:* 2/6. Helen begins to realise that James needs to get the hang of life with a baby. (S5) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Pride organiser Mandy Quinn plans a night away in her newly-purchased campervan with friend Daniela. (S)(R)(AD)
6.55 **News** (S)

9.00 Fare Dodgers: At War with...

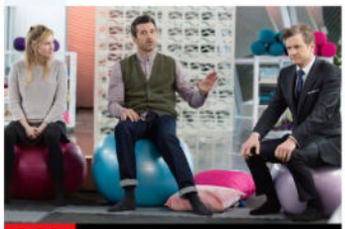
7.00 **Motorway Cops: Catching Britain's Speeders** In Sunderland, PC Martain Anderson stops a car thought to be linked to organised crime. (S)(R)(AD)
7.55 **News** (S)
8.00 **Traffic Cops: Pursuit Squad One** New edition Paul Buckley intercepts a suspected fraudster on the A1, while Paddy Green ends up in a dangerous high-speed pursuit with a motorist. (S)
9.00 **Fare Dodgers: At War with the Law** New edition At Hayes, investigators trail a man they believe has racked up nearly £2,500 in unpaid fares by making contactless payments with a rogue bank card. (S)
10.00 **Police: Night Shift 999** A nuisance electric scooter rider refuses to go quietly, and officers are stretched to their limit while dealing with a number of fights in the city centre. (S)(R)
11.05 **Traffic Cops** Derbyshire officers receive a tip-off about a suspected drink-driver. (S)(R)
12.00 M'T **Police Interceptors** Jen and Quantum are called to intercept a burglar. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Elvis: Rise and Fall of the King** Documentary. (S)(R)
4.15 **Friends** (S2) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 5/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Bart the Lover:* Mrs Krabappel looks for love in the personal ads. (S)(R) **5.30** *Radio Bart:* Bart uses a radio transmitter to trick the townsfolk of Springfield. (S)(R)
6.00 **The Office (US)** 15/25. Michael invites a stripper to Phyllis's wedding shower. (S)(R) **6.30** 16/25. Michael causes problems at Phyllis's wedding, and she regrets giving him so much responsibility. (S3) (S)(R)



9.00 Bridget Jones's Baby

7.00 **The Simpsons** *Homer at the Bat:* Homer joins the power plant's softball team. (S)(R) **7.30** *Separate Vocations:* Lisa falls in with a bad crowd, while Bart has a new respect for law and order. (S)(R)
8.00 **The Ultimate Romcom Movies** Film fans Clara Amfo, Ellie Taylor and Russell Kane go head to head as they discuss the essential elements that must feature in the ideal romantic comedy. (S)(R)(AD)
9.00 **FILM Bridget Jones's Baby** Romantic comedy sequel starring Renée Zellweger, Colin Firth and Patrick Dempsey. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. With Emma Thompson and Sally Phillips. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 **Last Week Tonight with John Oliver** Satirical talk show. (R)
12.00 M'T **Curb Your Enthusiasm** 9/10. Larry and Cheryl renew their marriage vows. (S)(R) **12.40** AM 10/10. Larry prepares for the opening night of *The Producers*. (S4) (S)(R)
1.50 **The Force: Manchester** (S)(R)
2.45 **Road Wars** (S)(R)
3.10 **Magnum P.I.** (S5) (S)(R)(AD)
4.05 **S.W.A.T.** (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00-9.00pm Disclosure New edition (S) **11.40** NEW Panorama: Gaza: Dying for Food (S) **12.10am** Have I Got News for You (S)(R) **12.40** Sportscene: SWPL Highlights (S)(R) **1.10** Scotcast (S)(R) **1.40** Weather for the Week Ahead (S) **1.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm NEW Restoration Rescue (S) **8.30-9.00pm** NEW Panorama: Gaza: Dying for Food (S)

WALES
Sky 965, Virgin 864, Freesat 965
8.30-9.00pm Chris Cooks Cymru (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Giorraíonn Beirt Bóthar (S)(R)

WALES
Sky 968, Freesat 968
10.00-10.30pm Rewind: 60 Years of Welsh Pop (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **12.30** Heno **1.00** Yr Anialwch **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Antur Itera Tim Lowri Morgan **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Adeiladu'r Freuddwyd: Camp Out West Series finale **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Teulu Shadog: Tymhorau'r Flwyddyn New edition (AD) **9.28** Y Tywydd **9.30** Rali Ceredigion **10.30** Sgorio **11.00pm-12.05am** Mike Phillips: Croeso i Dubai (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Charles II bans coffee shops. **7.30** A Victorian businessman decides to go undercover in his own factory.
7.55 **The Catch Up**
8.00 **Top Gear** Jeremy Clarkson tests the BMW X6.
9.00 **Missing in Paradise: Searching for Sarm** 1/3. Journalist Tir Dhondy looks into the disappearance of Sarm Heslop in 2021. **9.30** 2/3. Tir meets with island police and is given rare CCTV footage. **10.00** 3/3. Tir searches for the yacht Sarm vanished from, and tracks down Ryan Bane's ex-wife.
10.30 **FILM Before I Go to Sleep** Psychological thriller starring Nicole Kidman, Colin Firth and Mark Strong. (2014, 15, 90min) ★★★
11.55 **Top Gear** As 8.00pm.
12.55 AM **Juice** 1&2/6. (S2)
1.45 **Missing in Paradise: Searching for Sarm**
3.15 **to 4.00** AM **Ibiza: Secrets of the Party Island**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Earth's Natural Wonders** 1/3. A look at the most inhospitable places on the planet.
8.00 **Britain's Lost Masterpieces** 2/3. A mysterious portrait at Tatton Park in Cheshire.
9.00 **Call My Bluff** With Hannah Gordon, Charles Gray, Tim Rice and Angela Rippon.
9.30 **Face the Music** With Valerie Pitts, Tony Lewis and David Attenborough.
10.00 NEW **Anthony Wall Remembers... Arena** The film-maker reflects on his time as series editor of the arts strand.
10.15 **Arena: My Way** The appeal of Paul Anka's song.
10.50 **Arena: The Dreams of William Golding** The life of the writer interpreted through his diaries.
12.20 AM **Arena: The Banana**
1.20 **Britain's Lost Masterpieces**
2.20 **Face the Music**
2.50 **to 3.50** AM **Earth's Natural Wonders**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw take on a rundown Renault Alpine GTA. **4.50** Fuzz and Tim attempt to restore Ford Mondeo.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Oxfordshire. **6.55** Helping first-time buyers and a record-breaking rower in south London.
7.55 **Grand Designs** Presenter Kevin McCloud meets Penny and Mark, who plan to combine their love of old and contemporary architecture as they work to transform a derelict Victorian gatehouse in north London.
9.00 NEW SERIES **Ancient Autopsy** 1/4. Professor Suzannah Lipscomb and forensic pathologist, Dr Richard Shepherd look into the deaths and final moments of four of ancient history's most iconic figures, beginning with Cleopatra.
10.00 **Ancient Egypt by Train with Alice Roberts** 1/4. A journey by rail through the world's oldest civilisation.
11.05 **999: On the Front Line**
12.05 AM **24 Hours in A&E**
2.15 **Ancient Autopsy**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
7.55 **Married at First Sight UK**
9.40 **The Simpsons**
10.05 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 19-22/24. (S6)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.45 **Rude(ish) Tube Shorts**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Diane is forced to face her feelings for Tony.
7.30 **The Simpsons** *A Star Is Born – Again:* A Hollywood star visits Springfield.
8.00 **First Dates** An international DJ gets to grips with the same-sex dating scene.
9.00 **Married at First Sight UK** New edition While one bride makes a showstopping entrance, another suffers a major wedding day wobble.
10.50 **Made in Chelsea: Thailand** New edition 2/10. Jules is infuriated that Tristan's ex Molly is growing closer to her friends.
11.55 **Gogglebox**
12.55 AM **Married at First Sight UK** As shown at 9.00pm.
2.45 **Made in Chelsea: Thailand**
3.35 **Below Deck**
4.25 **The Simpsons**
5.10 **to 6.00** AM **The Big Bang Theory**

+1 hr 235/236 306 30 123 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 1/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 1/13. The Task Force head to Virginia when a mysterious deal results in multiple fatalities. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Elsbeth

7 PM
7.00 **Nothing to Declare** A musician claims to have special powers. **7.30** A father and son are carrying undeclared food.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Elsbeth** Series finale *Ramen Holiday:* 20/20. Elsbeth finds herself in prison with criminals she helped put away. (S2)

10 PM
10.00 **Matlock** *Crash Helmets On:* 10/19. A senior living facility faces a wrongful death suit. (S1)
11.00 **Blue Bloods** 17/21. (S13)
12.00 M'T **The Equalizer** 9/18. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **The Rookie** New episode (S7)
3.00 **FBI: Most Wanted** New episode 7/22. (S6)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **The Guest Wing**
8.00 **Boardwalk Empire** (S1)
10.15 **Westworld** 3&4/8. (S4)
12.25 PM **Game of Thrones** (S3)
1.30 **Das Boot** 1/6. (S4)
2.30 **Boardwalk Empire** (S1)
4.40 **Homicide: Life on the Street** 18/20. Howard gets lumbered with a crime she cannot solve. **5.45** 19/20. Officers investigate a teenager's shooting. (S3)
6.50 **Game of Thrones** 6/10. Roose Bolton decides what to do with Jaime. (S3)

9.00 Task

7.55 **Game of Thrones** *The Bear and the Maiden Fair:* 7/10. Tywin counsels the king, Daenerys exchanges gifts with a slave lord, and Melisandre reveals a secret to Gendry. (S3)

9.00 **Task** New episode *Nobody's Stronger Than Forgiveness:* 3/7. A raid leads Tom to a shocking revelation. (S1)

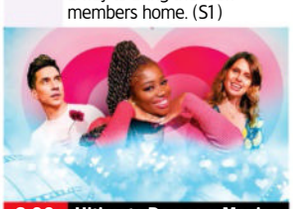
10.10 **Mare of Easttown** *Enter Number Two:* 3/7. Phone records lead Mare and Colin to question an unlikely suspect. (S1)
11.15 **The Sopranos** 7/13. Junior undergoes surgery. (S3)
12.20 AM **I Know This Much Is True**
1.30 **The White Lotus** 3/8. (S3)
2.35 **The Leftovers** 3/8. (S3)
3.35 **Game of Thrones** (S3)
4.40 **In Treatment** (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 1/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 18/20. (S3)
12.00 NOON **The Flash** 2/20. (S8)
1.00 PM **Hawaii Five-0** 5/24. (S3)
3.00 **Magnum P.I.** 10/20. (S5)
4.00 **S.W.A.T.** 5/13. (S7)
5.00 **SEAL Team** 17/20. In Texas, Sonny is reacquainted with a childhood friend. (S3)
6.00 **Stargate Universe** 7/20. Scientists on Earth propose a way to bring the crew members home. (S1)



8.00 Ultimate Romcom Movies

7.00 **Stargate Universe** *Time:* 8/20. The crew members land on a jungle-like planet and contract a mysterious illness. (S1)

8.00 **The Ultimate Romcom Movies** Film fans Clara Amfo, Ellie Taylor and Russell Kane discuss their ideal romantic comedy.

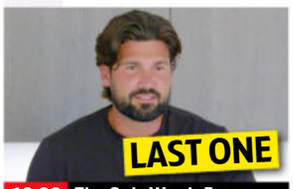
9.00 **The Paper** *Scam Alert!* 5/10. Ned chases a story about a local scammer. **9.35** *Churnalism:* 6/10. Ned takes on Esmeralda's advertorials. (S1)

10.10 FILM **Stargate: Ark of Truth** Sci-fi spin-off starring Michael Shanks, The SG-1 team journey to another galaxy to stop an invasion of Earth. (2008, 12, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Resident Alien** (S4)
2.00 NEW SERIES **Romesh: Can't Knock the Hustle**
3.30 **Warrior** 6/10. (S2)
4.20 **Magnum P.I.** 10/20. (S5)
5.10 **to 6.00** AM **S.W.A.T.**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Celebrity Homes**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New...**
6.00 **Celebrity Catchphrase**



10.00 The Only Way is Essex

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **Olivia Attwood's Bad Boyfriends** New edition A bad boyfriend gets a huge shock before a Vegas night spectacular.

10.00 **The Only Way Is Essex** Series finale The whole group attend a charity event for Young Epilepsy with Diags hosting a quiz.
11.05 **Family Guy** 12&6/21. (S12)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 1/22. (S10)
1.35 **Plebs** 1/9. (S5)
2.05 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.05 **Doc Martin** 3&4/8. (S5)
10.15 **The Royal** *Duty Bound.*
11.20 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 1/7. First episode of the drama. (S1)
5.00 **Doc Martin** 5/8. PC Penhale's ex-wife Maggie shows up unexpectedly. (S5)
6.00 **Heartbeat** *Kindness of Strangers:* Greengrass tries to organise Aidensfield's car rally.

8.00 Vera

7.00 **Heartbeat** *Hollywood or Bust:* A film crew descend on Aidensfield, filling the villagers' heads with thoughts of stardom.

8.00 **Vera** *On Harbour Street:* Investigating the death of a pensioner found stabbed on a busy train, Vera follows the trail to a quiet coastal town where clues appear to lead to one particular street.

10.00 **Vera** *Young Gods:* Vera delves into the past of an extreme sports fan who has plunged from a cliff in a ball of flames.
11.55 **Nolly** 1/3. Biopic of Noele Gordon, with Helena Bonham Carter and Con O'Neill. **1.00** AM 2/3. Noele is desperate to know how the *Crossroads* producers plan to get rid of her. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove Garden**
2.30 **Sign Zone: Landward**
3.00 **Sign Zone: Amazing Hotels: Life Beyond the Lobby** From Turkey.
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Travelling Auctioneers**
8.30 **Grand Tours of Scotland's Rivers**
9.00 **Amazing Hotels: Life Beyond the Lobby**
10.00 **The Scotts** 1/6. Collette and Darren throw a gender reveal party. **10.30** 2/6. Laura is troubled by the apparent doppelgänger of a Hollywood star. (S2)
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Up for It** Dance school.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S5)
11.15 **Girls** 7&8/12. (S3)
12.25 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S5)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 8/8. A wedding gives Carrie food for thought. (S5) **8.25** 1/20. Carrie's date with Jack Berger draws near. (S6)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **Real Time with Bill Maher** New edition
10.55 **Last Week Tonight with John Oliver**
11.40 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.40 AM **Entourage** (S5)
2.20 **Veep** 4&5/8. (S1)
3.40 **to 5.00** AM **Curb Your Enthusiasm**

Sky Arts

124/125 114/115 123 36
143 24 350 365

6.00 AM **LSO: Rattle Conducts Sibelius & Bruckner**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Julie Andrews Forever**
3.00 **Painting Birds with Jim and Nancy Moir**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Waltz Around the World**
9.00 **André Rieu: Live in Vienna**
11.55 **English National Ballet in Paris**
1.15 AM **Wuthering Heights**
4.00 **Dickens in Italy with David Harewood**
5.00 **to 6.00** AM **Art Traffickers: Treasures Stolen from the Tombs**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S7)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** *The Vengeance Factor:* 9/26. The crew mediate in a violent dispute. (S3)
8.00 **Star Trek: Deep Space Nine** 15/26. (S4)
9.00 **FBI** 12&13/15. (S3)
11.00 **Grimm** 7/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Tyreece takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Dion Dublin and Steph McGovern compete.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Who Wants to Be a Millionaire? Celebrity Special** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Murder, She Wrote**
10.00 **Little House on the Prairie** 9&10/26. (S5)
12.00 NOON **Highway to Heaven** 4/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Kaleidoscope** Drama starring Jaclyn Smith.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 6/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S2)
8.30 **Home to Roost**(S2)
9.00 FILM **The General's Daughter** Thriller starring John Travolta. (1999, 18, 116min) ★★★
11.25 **Rising Damp** 6/8. (S2)
11.55 **Man About the House**
12.25 AM **M*A*S*H** (S1)
1.25 **Home to Roost** (S2)
1.55 **A Fine Romance** (S2)
2.25 **Danielle Steel's Kaleidoscope** As 4pm.
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.30 **Magnum, PI**
11.30 **Robin of Sherwood**
12.45 PM **LIVE Snooker: British Open** Coverage of the afternoon session on the opening day from the Centaur in Cheltenham, featuring first-round matches, played over the best of seven frames.
5.30 **Magnum, PI**
6.30 **The Best of the 70s** Some of the sports covered by ITV.

10.15 An Audience with Billy...

6.45 **LIVE Snooker: British Open** Jill Douglas presents coverage of the evening session on day one from the Centaur in Cheltenham, featuring first-round matches played over the best of seven frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **An Audience with Billy Connolly** The comedian entertains a celebrity crowd in London, covering topics including ageing, parties and his idea for a new national anthem.
11.15 **BattleBots**
12.15 AM **Motorsport UK**
1.10 **The Saint**
2.10 **The Protectors**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 22/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 10/26. (S2)
2.00 **Warehouse 13** 1&2/13. (S1)
4.00 **Star Trek: The Next Generation** 22/26. (S1)
5.00 **Stargate Atlantis** 14/20. (S4)
6.00 **Star Trek: Enterprise** 14/26. The crew are ambushed by a hostile Klingon when they board a stricken vessel. (S1)

2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *Sanctuary:* 10/26. An alien race claim Bajor as their legendary homeland. (S2)

8.00 **Stargate Atlantis** *Harmony:* 14/20. Sheppard and McKay guide a child princess. Guest stars Jodelle Ferland. (S4)

9.00 **The Ark** *The Other You:* 4/12. Two alternative realities intertwine. (S2)

10.00 **True Blood** *Love Is to Die:* 9/10. Hoyt is reminded of his past, Bill pushes Sookie away, and Eric faces a dilemma. (S7)
11.05 **Westworld** 5/8. Dolores piles the pressure on Liam for access to Rehoboam. (S3)
12.10 AM **SurrealEstate** 8/10. (S2)
1.00 **Warehouse 13** 1&2/13. (S1)
3.00 **FILM Arctic Armageddon** Sci-fi thriller starring Patrick Labyorteaux and Joe Finfera. (2023, 12, 86min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 21/23. (S2)
11.00 **Hudson & Rex** 14/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 21/23. (S2)
5.00 **Hudson & Rex** 14/16. Charlie and Rex find a stranger dying in their kitchen. (S6)
6.00 **Father Brown** *Eve of St John:* The priest investigates when a group of pagans are suspected of killing one of their own.

8.00 Death in Paradise

7.00 **Body of Proof** *Hard Knocks:* 7/20. Megan investigates when a 17-year-old boy is found dead outside a rave. (S2)

8.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)

9.00 **Shakespeare & Hathaway: Private Investigators** 1/10. The duo help to expose a mole within a tech company.

10.00 **Shakespeare & Hathaway: Private Investigators** 2/10. The duo enter the world of ballroom dancing. (S4)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 6/16. A conman's crime spree appears to be inspired by one carried out by Neal. (S3)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.15 **Only Fools and Horses**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.35 **Fawlty Towers**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

6.20 Porridge

7.00 **Dad's Army** Platoon pensioner Private Godfrey is accused of cowardice.
7.40 **Fawlty Towers** Basil plans an exclusive night of gourmet cuisine. **8.20** A party of German guests come to stay and Basil ensures everyone is on their best behaviour.

9.00 **Fawlty Towers** An abrasive woman comes to stay at the hotel. **9.45** Basil goes to great lengths to prove a guest has smuggled a woman into his room.
10.30 **Porridge** Fletcher helps cellmate Godber make it through a long night.
11.10 **Not Going Out** Lee is injured while training for a fun run.
11.50 **Bottom**
12.30 AM **Fawlty Towers**
1.55 **Not Going Out**
2.30 **Bottom**
3.00 **to 4.00** AM **Alma's Not Normal**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Trawlermen** Double bill.
12.00 NOON **Storage Hunters UK: Celebrity Special**
1.00 PM **Storage Hunters UK**
2.00 **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Far Eastern Odyssey** The chef concludes his journey in Bangladesh.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers take a look at the history of Britain's favourite breakfast dishes.

5.00 Far Eastern Odyssey

7.00 **Would I Lie to You?** With Clare Balding, Asim Chaudhry, Victoria Coren Mitchell and Greg James.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Anna Richardson. **8.20** With Ronni Ancona, Colin Murray, Nathan Caton and Sally Phillips.

9.00 **Have I Got a Bit More News for You** David Tennant hosts the satirical quiz, with guests Jack Dee and Helen Lewis.

10.00 **QI XL** Guests Liza Tarbuck, Phill Jupitus and Sean Lock join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats**
11.50 **Mock the Week: Election Special** With James Acaster.
12.30 AM **Would I Lie to You? The Unseen Bits** Extra material.
1.10 **Would I Lie to You?**
1.50 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Almería.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.30 **The Great British Bake Off** The bakers try to impress Paul Hollywood in Bread Week.
9.00 **Gogglebox** Double bill.
11.00 **Taskmaster**
12.00 M'T **Big Fat Quiz: Best Bits** Jimmy Carr presents a compilation.
1.05 AM **8 Out of 10 Cats Does Countdown: Best Bits** A compilation of memorable moments.
2.05 **The Fear Clinic: Face Your Phobia** Clinicians treat phobias of spiders.
3.05 **999: On the Front Line**
4.00 **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *The Namesake:* 5/24. A petty officer is gunned down by a motorcyclist while driving a billionaire's car. **7.00** *Shell Shock – Part One:* 6/24. A US Navy lieutenant dies after a fight, but the sole witness has PTSD and cannot be relied upon. **8.00** *Shell Shock – Part Two:* 7/24. Abby creates a 3D computer model of the attack that injured Joe Westcott. (S10)
9.00 **Wild Cards** New episode *Strangers on a Wave:* 4/10. A surfer gets shot and washes up on the beach. (S1)
10.00 **Law & Order: Special Victims Unit** (S20)
1.50 AM **Blue Bloods** (S7)
2.45 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **NEW SERIES Ambulance: Code Red** Following emergency response teams on extreme medical callouts.
10.00 **999: Critical Condition**
11.00 **Skin A&E** Documentary.
12.00 M'T **Prison Brides**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Traffic Cops**
12.00 NOON **Police Interceptors**
2.05 PM **FILM Pillars of the Sky** Western with Jeff Chandler and Ward Bond. (1956, PG, 95min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
7.00 **Police Interceptors** A driver's erratic behaviour signals imminent disaster. **8.00** Two suspected car thieves are pursued.
9.00 **Ice Road Truckers**
11.00 **MacGyver** 15/23. (S2)
12.00 M'T **La Brea** New episode 2/6. Ty seeks assistance. (S3)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants must juggle 12 sets of ingredients to make it into the Top 10.
8.20 **Simply Nigella** Recipes include a chicken shawarma.
9.00 **The Supervet** Noel treats a Labrador puppy with an elbow disease.
11.00 **Dog School** New edition A Bedlington cross called Mr Scraps must learn a trick for a TV role.
12.00 M'T **Nurses on the Ward**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Brokenwood Mysteries** Series finale *An Oades to Christmas:* 6/6. Christmas in Brokenwood takes a dark turn when a man in a Santa oufit is found dead by the roadside. (S11)
10.00 **New Tricks**
11.20 **Spooks** 8/8. (S7)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Majorca.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Salvage Hunters: Georgian House Restoration** Following Drew Pritchard's mission to repair his Georgian house in Bath.
10.00 **Celebrity Yorkshire Auction House** Angus helps Claire Sweeney sell off some very glamorous items.
11.00 **The Yorkshire Auction House** A collection of ancient artefacts.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Chase Celebrity Special** With Natalie Anderson, Patsy Kensit, Esther Rantzen and Brian McFadden.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Wanted: Dead or Alive** Double bill.
10.00 **FILM Gunfighters** Western. (1947, PG) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Five Guns West** Western drama. (1954, PG, 78min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S4)
8.00 **The New Avengers** (S1)
9.00 **FILM Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
11.15 **FILM American Heist** Drama with Adrien Brody. (2014, 15, 94min) ★★
1.15 AM **The Avengers** (S4)
2.15 **The New Avengers** (S1)
3.15 **Cops Uncut** Double bill.
4.15 **to 5.40** AM **FILM San Andreas Mega Quake** Thriller. (2019, 12) ★★

+1hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.10 **FILM Past Sins** Thriller. (2006, 12, 88min) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 2/24. (S2)
12.00 NOON **Morning Show Mysteries: Murder on the Menu** Crime drama.
1.55 PM **Hailey Dean Mysteries** Crime drama.
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 3/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
10.55 **FILM The Alleged Abduction** Mystery. (2019, PG, 90min) ★★
1.00 AM **FILM The Nanny Betrayal** (2018, 12) ★★
2.45 **FILM Lost and Found** Thriller. (2019, 12) ★★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Rose for Christmas** Drama. (2017, U, 90min) ★★
10.05 **FILM Annie Claus is Coming to Town** Drama. (2011, U, 87min) ★★★
12.00 NOON **FILM Cupid for Christmas** Fantasy. (2021, PG, 90min) ★★
2.00 PM **FILM A Christmas Crush** (2019, PG) ★
4.05 **FILM Dancing Through Christmas** Drama. (2021, PG, 90min) ★★
6.05 **FILM A Christmas Hero** Drama. (2020, 12) ★★
8.00 **FILM Christmas Makeover** Romance. (2018, PG, 90min) ★★
9.50 **FILM Finding Santa** Drama. (2017, U) ★★
11.50 **FILM The Santa Squad** Drama. (2020, PG) ★★
1.45 AM **FILM A Holiday Wish Come True** Drama. (2018, U, 90min) ★★
3.25 **to 4.50** AM **FILM A Christmas Crush**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 9/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Haggard** 1/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **Last Days of Pompeii**
3.45 **We Had One of Those**
3.55 **Mysterious Tales**
4.00 **Mapp and Lucia** (S2)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **The Monkees** (S1)
6.30 **Soap** 9/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 1/7. (S1)
8.30 **Lucky Feller**
9.00 **Please Sir!** 5/21. (S4)
9.30 **Brass** 6/6. (S3)
10.00 **Game On** 6/6. (S2)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **Last Days of...**
2.50 **We Had One of Those**
3.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Wild Bill's crew face the full wrath of a bomb cyclone. **8.00** Mandy takes the helm to face an unhappy *Northwestern* crew.
9.00 **Body Bizarre** In India, baby Chahat weighs as much as a six-year-old. **10.00** A man who had a face transplant after he was shot in the face.
11.00 **Mysteries of the Deep**
12.00 M'T **Naked and Afraid XL** A brutal extraction.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Goes to Hollywood** A road trip.
7.00 **Rachel Allen's...**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Rachel Allen's Everyday Kitchen**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Tom Kerridge More Sunday Lunch**
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 6/28. (S1)
9.00 **The Fall Guy** 9/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
1.00 PM **FILM Five Guns West** Western drama. (1954, PG, 78min) ★★
2.35 **FILM Gold** Adventure. (1974, 12, 124min) ★★
5.00 **Star Trek** 20/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 10/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Flight of the Intruder** Vietnam War drama with Willem Dafoe. (1991, 15, 113min) ★
11.15 **FILM Basic Instinct** Erotic thriller. (1992, 18, 128min) ★★★
1.40 AM **FILM Unchained** Thriller with Adrien Brody. (2017, 15, 110min) ★★
3.30 **to 5.15** AM **FILM The Asphyx** Horror chiller. (1973, 15, 99min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Frank Herbert's Children of Dune**
8.00 **FILM Apocalypse Pompeii** Disaster movie. (2014, 15, 87min) ★
10.00 **Andromeda** 5/22. (S2)
11.00 **FILM Shark** Thriller. (1969, 15, 88min) ★★
1.00 PM **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
3.00 **Andromeda** 5/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **Frank Herbert's Children of Dune**
7.00 **Andromeda** 6/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM The Sentinel** Political thriller starring Michael Douglas. (2006, 12, 108min) ★★★
11.10 **FILM POW: The Escape** Action thriller starring David Carradine. (1986, 15, 90min) ★★
1.00 **to 3.00** AM **FILM Sacrifice** Horror thriller. (2020, 15, 87min) ★★

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **History's Greatest Mysteries** The 1963 assassination of JFK.
11.00 **Greatest Prison Escapes**
12.00 M'T **Weird Britain**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Exmoor.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben returns to Scotland to revisit the Goddard family.
9.00 **Reuben Owen: Life in the Dales** Reuben takes on a new apprentice – his 18-year-old brother.
10.00 **Coastal Adventures with Helen, Jules & JB** From Pembrokeshire.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
2.55 **Paul Martin's Antiques Showdown**
3.45 **to 4.00** AM **Britain's Greatest Bridges**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Fixer Upper: The Hotel** Chip and Jo focus on the design elements of the public spaces. **9.30** The duo meet with the new general manager.
10.00 **The Renovator** New edition Marcus Lemonis eases the tension in a family of six's ranch-style home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** A large, bulbous nose.
9.00 **1000-lb Sisters**
10.00 **Baylen Out Loud**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Baylen Out Loud**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 21&22/24. (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 13-16/22. (S1)
1.00 PM **Friends** (S6&7)
9.00 **Iain Stirling's Roast the Internet** New edition With guests Asim Chaudhry, Maisie Adam and Kerry Godliman.
10.00 **Bradley & Barney Walsh: Breaking Dad** The duo continue their adventure in Switzerland. **10.30** From Slovenia.
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **Important Things with Demetri Martin**
12.30 AM **Mike Judge's Beavis and Butt-Head**
1.00 **South Park** (S18)
2.00 **Utopia** 1&2/8. (S2)
3.00 **Dara O Briain: Voice of Reason** Stand-up show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 11&12/13. (S2)
11.00 **Friends** 14-17/24. (S7)
1.00 PM **Impractical Jokers**
2.00 **Daria** (S2&3)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S9)
7.00 **Everybody Loves Raymond** 13-16/22. (S1)
9.00 **New Girl** 6/25. Nick prepares for a visit from a girl he had a crush on. **9.30** 7/25. The boys tell Jess to get a job. (S2)
10.00 **Friends** 16-21/25. (S6)
1.00 AM **Beavis and Butt-Head** (S7)
2.00 **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 **Jessica Fostekew: Silence of the Nans**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S1)
1.00 PM **Motorway Patrol**
2.00 **Highway Cops**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **Road Wars**
8.00 **The Cleaning Lady** *TNT:* 1/10. Drama with Elodie Yung. A single mother becomes a cleaning lady for the Mob to provide for her child. (S1)
9.00 **SEAL Team** (S2)
11.00 **Last King of the Cross**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Alan Carr.
2.00 **Duck Quacks Don't Echo** Double bill.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.15 **Teen Mom: The Next Chapter** Reality series.
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: The Dramatic**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **NEW SERIES Sweet Home Alabama** An all-American sweetheart is looking for love.
9.00 **Skin A&E** Documentary.
10.00 **Just Tattoo of Us**
11.00 **Ink Master Redemption** New edition Reality show.
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush: White Water**
11.00 **Wheeler Dealers**
12.00 NOON **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters**
5.00 **The Last Woodsmen** Drowning in debt, Jared fights to keep his business afloat.
6.00 **Hoffman Family Gold** Todd Hoffman brings a wash plant and all-star crew to his remote Alaskan claim to mine 1,000 ounces of gold.

9.00 Mystery at Blind Frog...

7.00 Wheeler Dealers World Tour Mike and Elvis find a 1970s classic VW camper in need of some mechanical TLC.

8.00 Roadworthy Rescues Derek works to revive a 1960 El Camino that has been stuck in a garage for 30 years.

9.00 Mystery at Blind Frog Ranch New edition Chad and Josh trace the flooded tunnel to a mysterious stone structure.

10.00 Salvage Dawgs Mike builds a four-poster bed. **10.30** The crew save parts from the former First Baptist Church in Bluefield.

11.00 **Mystery at Blind Frog Ranch** Duane makes a costly mistake.
12.00 M'T **Blowing Up History**
1.00 AM **Mystery at Blind Frog Ranch** Documentary.
2.00 **Salvage Dawgs** Double bill.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Saved by the Barn**
10.00 **Tanked** A mermaid tank.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A veteran with PTSD whose therapy cat is making him feel worse. **4.00** Helping a diabetic cat.
5.00 **Lone Star Law** All hands are on deck after a flash flood.
6.00 **Dr Jeff: Rocky Mountain Vet** The team treat an English bulldog who swallowed a rock.

7.00 Treehouse Masters

7.00 Treehouse Masters A friend wants a treehouse B&B building, so Pete Nelson lets his imagination run wild.

8.00 Expedition Bigfoot The expedition takes a turn when Bryce comes across a photo of a human-like hand with claws.

9.00 Alaska: The Last Frontier Atz Sr, Bonnie and Shane attempt to defend the head of the bay against grizzlies.

10.00 Alaskan Bush People The Browns raise the defences when they find evidence that a predator is stalking the ranch.

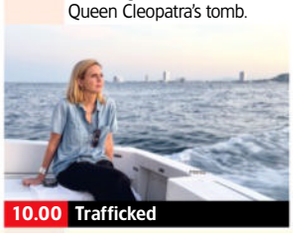
11.00 **Pit Bulls & Parolees** Hurricane Isaac tears New Orleans apart.
12.00 M'T **Crikey! It's the Irwins** Robert relocates the zoo's most aggressive crocodile.
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Megastructures**
1.00 PM **Engineering Europe**
2.00 **Secret Nazi Science**
3.00 **Hitler's Teen Killers**
4.00 **Vikings: The Rise and Fall** The Siege of York in 866.
5.00 **Car S.O.S** Tim and Fuzz restore a Ford Escort XR3i.
6.00 **Lost Treasures of Egypt** Following a search for Queen Cleopatra's tomb.


10.00 Trafficked

7.00 Air Crash Investigation Examining the case of a plane that crashed and burst into flames just moments after take-off.

8.00 Construction Fails New edition Featuring an Italian supermarket collapse, a light rail fail and a roofless stadium.

9.00 To Catch a Smuggler New edition In Miami, CBP and HSI agents extradite a suspected cocaine trafficker.

10.00 Trafficked with Mariana Van Zeller New edition Mariana exposes global networks that are involved in illegal hunting.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Melbourne Airport**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** Bidders vie for an 18th-century flintlock.
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Swamp People: Serpent Invasion**
6.55 **Storage Hunters**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable**
1.00 PM **Kevin Costner's The West**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 NEW SERIES **Full Custom Garage** Ian Roussel creates innovative custom vehicles.
4.00 **Ancient Impossible**
6.00 **American Pickers**

10.00 Secrets in the Dark

7.00 Forged in Fire After a challenging preliminary, the two finalists recreate one of the Ottoman Empire's lethal sabers.

8.00 The Great British Dig: History in Your Back Garden A search for a monastic grange known as Biggin Hall in Coventry.

9.00 Kevin Costner's The West New edition The story of hunter John Colter, one of the first Americans to explore the West.

10.00 NEW SERIES Secrets in the Dark Shedding light on unusual findings, starting with the discovery of 17 'fairy coffins'.

11.00 **World's Most Unexplained...**
12.00 M'T **Alien Corridors** Patterns in UFO and UAP sightings across the world.
12.55 AM **The UnBelievable with Dan Aykroyd** A look at some unconventional weapons.
1.50 **Kevin Costner's The West**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: Dictators at War**
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Rise of the Nazis: Dictators at War**
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** The team visit the Plas Newydd country estate on Anglesey.

9.00 Russia with Simon Reeve

7.00 Wilderness with Simon Reeve Simon treks across the high mountains and treacherous ice fields of Patagonia.

8.00 Indian Ocean with Simon Reeve The adventurer's journey takes him spearfishing off the coast of Madagascar.

9.00 Russia with Simon Reeve Simon witnesses a commemoration of World War Two in Irkutsk.

10.00 Bangers & Cash: Restoring Classics The team fall for a Subaru Pick-up, which has all the Mathewsons in agreement.

11.00 **Bangers & Cash** Paul goes to Co Durham to pick up a 1936 Singer Le Mans sports car.
12.00 M'T **Find It, Fix It, Flog It** Henry and Simon assess sewing machines in Kent.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Wilderness with Simon Reeve** As 7.00pm.

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Find It, Fix It, Drive It**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Yorkshire Auction House** From Timperley.
8.00 **Ant Anstead: Born Mechanic**
9.00 **Shed and Buried: Classic Cars** New edition A Triumph TR3A.
10.00 **Shed and Buried**.
11.00 **British Superbikes**
12.00 M'T **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New edition
10.00 **British Police Murdered on Duty**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction**
8.00 **Murder by the Sea** When a change of will is followed by a sudden death, a local GP decides to raise his suspicions to the police.
9.00 **Murder: Fight for the Truth** A woman is shot seven times and killed on her doorstep.
10.00 NEW SERIES **Murder UK** Series exploring crimes where a victim's body was found in water. Bennylyn Burke and her daughter vanish after visiting a man she met online.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Murder UK**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder She Solved**
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **See No Evil**
4.00 **Facing Evil** The murders of Twila Busby and her two adult sons. **4.30** The murder of Stefan Andersson.
5.00 **Medical Detectives** Investigators use cutting-edge technology to lift a fingerprint from a pillowcase. **5.30** Investigators look into the disappearance of a six-year-old girl. **6.00** Investigators track down a professional photographer. **6.30** Investigating a real death at a murder mystery event.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Aria Armstead.
12.00 NOON **Murdered at...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **Murdered at First Sight**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **Polk: The Trial of Philip Polkinghorne**
12.00 M'T **What the Killer Did Next** Joy Morgan.
1.00 AM **How I Caught the Killer** True-crime.
2.00 **Killer in My Village**
3.00 **Snapped** Sherra Wright.
4.00 **Border Security: Canada's Front Line**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **The Last Days of...**
9.55 **Ancient Secrets of...**
10.55 **The Great Escape: The True Story**
11.55 **The First World War: The People's Story**
1.00 PM **America the Bountiful** Documentary.
1.35 **The Last Days of...**
2.55 **Ancient Secrets of...**
4.00 **The Great Escape: The True Story**
5.05 **The First World War: The People's Story**
6.15 **The Last Days of Anne Boleyn**
7.35 **Ancient Secrets of Althorp** Documentary.
8.40 **The Great Escape: The True Story**
9.40 **The First World War: The People's Story**
10.55 **Ancient Secrets of...**
12.00 M'T **The Great Escape: The True Story**
1.05 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: Matthew Broderick**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **Lockerbie**
11.00 **The Jinx Part Two**
12.00 NOON **I Am Raquel Welch**
1.45 PM **My Icon: Denise Lewis**
2.00 **Quant** Documentary.
3.50 **My Icon: Kadeena Cox**
4.00 **Discovering: Matthew Broderick**
5.00 **The Directors**
6.00 **The Nineties**
7.00 NEW SERIES **Tales from the Ryder Cup** 1/3. Stories from the famous golf tournament between USA and Europe.
8.00 **Seve** The story of legendary golfer Severiano Ballesteros.
10.00 FILM **The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
12.30 AM **The Scheme**
2.45 **At the Heart of Gold: Inside the USA Gymnastics Scandal**
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: Matthew Broderick**

Sky Nature

145 113/114 189 354 369

6.00 AM **Zambia Untamed**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Secrets of the Enchanted...**
10.00 **Wild Tales from the Farm**
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the...**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Secrets of the Enchanted...**
4.00 **Wild Tales from the Farm**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Coral City** Winter descends on the bustling reef.
9.00 **Undiscovered Vistas** The stunning vistas of the Niagara Escarpment.
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Orangutan Jungle School**
1.00 AM **Zambia Untamed**
2.00 **Coral City** As 8.00pm.
3.00 **Undiscovered Vistas**
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

6.00 AM **The UnBelievable with Dan Aykroyd** Double bill.
8.00 **Mysteries from Above**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
1.00 PM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **The UnBelievable with Dan Aykroyd** Double bill.
6.00 **Mysteries from Above** Drones and satellite imagery reveal a vanished Neolithic structure in an Irish field.
7.00 **Combat Ships** Viking longships. **8.00** The vessels that operate in secret, unseen by their enemies.
9.00 **Gangland Chronicles** The history of the Chicago Outfit. **9.30** The Aryan Brotherhood, a neo-Nazi prison gang.
10.00 **Secrets of the Hells Angels** The experiences of Charles 'Peewee' Goldsmith.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs Declassified**
2.00 **Britain's Most Historic Towns**
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** Cliff Mitchell.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Laura Whitmore on Britain's Killer Teens** New edition
10.00 **Cold Case UK**
11.00 **Killed Without A Trace**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Laura Whitmore on Britain's Killer Teens**
2.00 **An Hour to Kill**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A very pregnant rhino has keepers in Tampa on edge.
8.00 NEW **The Last Rhinos: A New Hope** A global effort to save the northern white rhinoceros from extinction.
9.00 **Deadly Dozen** A look at snake species native to Africa.
10.00 **Lawless Island** Troy revisits his quest to spear a halibut.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Creating the X-Craft**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The destructive power of quasars.
8.00 **Creating the X-Craft** The development of the US Navy's latest warship, the X-Craft, going behind the scenes at America's Naval Surface Warfare Centre where the vessel is being designed.
9.00 **Unexplained and Unexplored** Unravelling the mystery of the Mayan empire's fate.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Legendary film sets with surprising pasts and real locations that inspired Hollywood. **8.00** Ruins of a vast industrial ghost town in the United States, a windswept Scottish island, and the remains of a resort in Japan that watched a city burn. **9.00** A town in West Virginia that fell victim to the pace of change when steam trains became obsolete, and an underground complex in Italy that had been abandoned for nearly 2,000 years.. **10.00** A sprawling Wild West ghost town that sits peaceful and abandoned in Montana.. **11.00** The desert town that faced a disaster of biblical proportions, and vast coastal ruins that reveal a past once wiped from history.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married with Secrets**
9.00 **People Magazine Investigates**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **True Conviction**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Diabolical: Deadly Love**
7.00 **The Lies That Bind** The 2014 murder of Karla Villagra Garzon by her husband Abayuba Rivas. **8.00** In 2006, Angela Ferguson told police her husband left during an argument and hadn't been seen since. When his body was found in a car boot, it triggered the hunt for his killer.
9.00 **Mean Girl Murders** A deserted bloody vehicle has detectives suspecting murder.
10.00 **On the Case with Paula Zahn** Officers must solve the murder of a young mother.
11.00 **Two Shallow Graves**
12.00 M'T **Betrayed**
2.00 AM **Diabolical: Deadly Love**
4.00 **to 6.00** AM **The Lies That Bind**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** In Pennsylvania, a catastrophic landslide devastates a community.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.25 AM **Wish You Were Here**
9.15 **Love Hurts** As 4.10pm.
10.50 **Wolf Man** As 8.00pm.
12.40 PM **Restless** Dark thriller. (2024, 15, 89min) ★★
2.20 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
4.10 **Love Hurts** Action comedy with Ke Huy Quan and Ariana DeBose. (2025, 15, 83min)
5.40 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★

2.20 Amongst the Wolves

8.00 Wolf Man Werewolf horror starring Christopher Abbott. After barricading themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Brutalist Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in the US are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Wish You Were Here** Drama starring Isabelle Fuhrman and Mena Massoud. (2025, 12, 99min) ★★★
2.55 **One of Them Days** Comedy starring Keke Palmer and SZA. (2025, 15, 97min) ★★★
4.40 **to 6.30** AM **Amongst the Wolves** As shown at 2.20pm.

Sky Cinema Hits

303 303 403 503 517

7.20 AM **Cloverfield** Disaster movie. (2007, 15, 81min) ★★★
8.55 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
10.40 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
12.15 PM **Ferris Bueller's Day Off** Comedy. (1986, 12) ★★★★
2.00 **Baywatch** (2017, 15) ★★
4.00 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
6.00 **300** Historical adventure. (2006, 15, 116min) ★★★★

6.00 300

8.00 Gladiator II Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. With Pedro Pascal and Denzel Washington. (2024, 15, 148min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Edge of Tomorrow Sci-fi adventure starring Tom Cruise. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
2.15 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★
4.10 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
5.50 **to 7.40** AM **Footloose** Dance drama starring Kevin Bacon. (1984, 12, 107min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Manodrome** As 3.55pm.
8.05 **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
10.20 **Speak Like a Child** Dark drama. (1998, 18, 80min) ★★
11.55 **Grease 2** Musical sequel. (1982, PG, 109min) ★★
1.55 PM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
3.55 **Manodrome** Offbeat thriller. (2023, 15, 96min) ★★★
5.35 **Love Actually** Romantic comedy written and directed by Richard Curtis. (2003, 15, 135min) ★★★
8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February, starring Ashton Kutcher, Jennifer Garner, Anne Hathaway and Julia Roberts. (2010, 12, 125min) ★★★
10.10 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
11.55 **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
2.10 AM **Meet Joe Black** Supernatural romantic drama. (1998, 12, 181min) ★★★★
5.15 **to 7.15** AM **The Shamrock Spitfire** Biographical drama. (2024, 12, 108min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **Insidious** Horror thriller. (2010, 15, 103min) ★★★★
9.15 **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
11.15 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.50 PM **Sick** Horror starring Gideon Adlon. (2022, 18, 83min) ★★★
2.20 **Congo** Michael Crichton's jungle adventure starring Laura Linney. (1995, 12, 108min) ★★★
4.10 **The Ring** US remake of the cult Japanese chiller, starring Naomi Watts and Martin Henderson. (2002, 15, 115min) ★★★
6.15 **Men in Black** Sci-fi comedy with Tommy Lee Jones and Will Smith. (1997, PG, 94min) ★★★★
8.00 **King Kong** Peter Jackson's remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. (2005, 12, 187min) ★★★★
11.10 **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
12.50 AM **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
2.30 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
4.00 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
5.35 **to 7.20** AM **Monolith** Thriller. (2022, 15, 90min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Spy Kids 3: Game Over** Sci-fi comedy. (2003, U) ★★★
8.10 **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
9.45 **Twist** (2021, 12) ★★★★
11.25 **Pups United** (2015, U) ★★★
1.00 PM **Johnny English** Comedy. (2002, PG, 88min) ★★★
2.35 **Johnny English Reborn** Comedy. (2011, PG) ★★★
4.20 **The Flintstones** Comedy. (1994, U, 93min) ★★★
6.00 **Teenage Mutant Ninja Turtles**

7.45 The BFG

7.45 **The BFG** Fantasy adventure starring Mark Rylance and Ruby Barnhill. An orphaned girl befriends a benevolent giant, who takes her off to a magical land. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Peter Pan** Adventure based on JM Barrie's play, starring Jeremy Sumpter. The Darling children leave their bedroom to fly to Neverland with Peter Pan. With Jason Isaacs. (2003, PG, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Friend or Foe** Family drama. (1981, U, 70min) ★★★
12.55 AM **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
2.25 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
4.05 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
5.45 **to 7.30** AM **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101 min) ★★

Sky Cinema Action

307 307 407 507 521

7.40 AM **Cinema List: Antiheroes**
8.00 **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
10.00 **Seeking Justice** As 1.00am.
11.55 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
1.45 PM **SAS: Red Notice** Thriller. (2021, 15, 90min) ★★★
3.55 **300: Rise of an Empire** Fantasy sequel. (2014, 15) ★★★
5.45 **The Mummy Returns** Historical adventure sequel. (2001, 12, 129min) ★★★★

8.00 Troy

8.00 **Troy** Spectacular epic inspired by *The Iliad*, starring Brad Pitt, Eric Bana and Orlando Bloom. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for invading and conquering Troy. With Diane Kruger, Brian Cox and Sean Bean. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **The Magnificent Seven** Western starring Yul Brynner, Steve McQueen and Eli Wallach. (1960, PG, 138min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★
2.50 **Enter the Dragon** Action thriller starring Bruce Lee. (1973, 18, 97min) ★★★★
4.40 **to 6.25** AM **R.I.P.D** Action comedy starring Jeff Bridges. (2013, 12, 96min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **Mr Deeds** As 6.20pm.
9.05 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
10.45 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
12.35 PM **School of Rock** Comedy. (2003, PG, 109min) ★★★★
2.30 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
4.20 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
6.20 **Mr Deeds** Comedy. (2002, 12, 96min) ★★★

10.10 Yesterday

8.00 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Yesterday** Comedy written by Richard Curtis, directed by Danny Boyle and starring Himesh Patel. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **David Brent: Life on the Road** Mockumentary comedy. (2016, 15, 96min) ★★
2.00 **The Men Who Stare at Goats** Offbeat comedy. (2009, 15, 89min) ★★★
3.45 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
5.15 **The Cinema List: SNL**
5.30 **to 7.05** AM **Nacho Libre** Comedy starring Jack Black. (2006, 12, 92min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
8.55 **The Line** As 4.20am.
10.45 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
12.50 PM **Inferno** Adventure thriller. (2016, 12, 121min) ★★★
2.55 **The Last Stop in Yuma County**
4.30 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
6.10 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

6.10 Layer Cake

8.00 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Jack Reacher** Thriller with Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Last Stop in Yuma County** Crime thriller. (2023, 15, 90min) ★★★★
2.10 **Serpico** Crime drama. (1973, 18, 130min) ★★★★
4.20 **to 6.10** AM **The Line** Drama. (2023, 15, 100min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Winslow Boy** Drama. (1948, b/w, U, 117min) ★★★★
1.20 PM **The 300 Spartans** War epic starring Richard Egan. (1962, PG, 113min) ★★★
3.40 **The Devil at 4 O'Clock** Adventure starring Spencer Tracy. (1961, PG, 126min) ★★
6.15 **Midway** World War Two drama starring Ed Skrein, Patrick Wilson and Woody Harrelson. (2019, 12, 138min) ★★★★

9.00 Infinite

Midway (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Infinite** Sci-fi thriller starring Mark Wahlberg and Chiwetel Ejiofor. A man experiencing memories of his past lives is recruited for a mission to save the human race. With Sophie Cookson and Dylan O'Brien. (2021, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Team America: World Police** Spoof of Hollywood action movies performed by puppets, featuring the voices of Trey Parker and Matt Stone. (2004, 15, 98min) ★★★★
1.05 **to 3.25** AM **Antwone Fisher** Fact-based drama directed by and co-starring Denzel Washington, with Derek Luke. (2002, 15, 120min) ★★★★

+1hour 314 430 47 301 257

Monday

8 PM
9 PM
10 PM
11 PM

Sky Cinema 20s

302 302 402 502 516

6.20 AM **Poison** Drama starring Tim Roth. (2024, PG, 86min) ★★★★
7.55 **One Life** As 4.10pm.
9.55 **The Bikeriders** As 6.00pm.
11.55 **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★
1.55 PM **The Holdovers** As 12.35am.
4.10 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
6.00 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★

8.00 **It Ends with Us** Drama based on Colleen Hoover's bestselling novel, starring Blake Lively and Justin Baldoni. A woman's abusive relationship is shaken after her first love reappears. (2024, 15, 125min) ★★★
10.15 **Anora** Comedy drama starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eyldelshteyn and Yura Borisov. (2024, 18, 139min) ★★★★★

12.35 AM **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15, 133min) ★★★★★
2.55 **to 6.00** AM **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner, who also co-wrote and directed. (2024, 15, 181min) ★★★★

Sky Cinema Feel Good

304 304 404 504 518

6.50 AM **13 Going on 30** Romantic comedy. (2004, 12, 98min) ★★★
8.35 **Just Friends** Romantic comedy. (2005, 12, 94min) ★★
10.15 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
12.30 PM **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
2.25 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★

4.25 **50 First Dates** Romantic comedy. (2004, 12, 99min) ★★★
6.10 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
8.00 **Mamma Mia! Here We Go Again** Musical sequel with Lily James and Amanda Seyfried. (2018, PG, 114min) ★★★★
9.55 **The Holiday** Romantic comedy starring Cameron Diaz and Kate Winslet. (2006, 12, 135min) ★★★
12.15 AM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★

2.30 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
4.15 **The Breakfast Club** John Hughes' comedy drama. (1984, 15, 97min) ★★★★★
5.55 **to 7.30** AM **Sixteen Candles** John Hughes' teen comedy. (1984, 12, 89min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **The Sloth Lane** As 2.00am.
8.05 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★
9.40 **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
11.10 **Madagascar** Animated comedy. (2005, U, 86min) ★★★
12.40 PM **Madagascar: Escape 2 Africa** Animated comedy sequel with the voice of Ben Stiller. (2008, PG, 89min) ★★★

2.20 **Smurfs: The Lost Village** Animation. (2017, U) ★★★
4.00 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
5.35 **Rango** Animated Western. (2011, PG, 103min) ★★★★
7.25 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
9.00 **Transformers One** Animation. (2024, PG, 104min) ★★★★
10.50 **The Inseparables** Animation. (2023, U, 90min) ★★★
12.25 AM **Rugrats in Paris** Animation. (2000, U, 79min) ★★★

2.00 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
3.40 **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
5.10 **to 6.40** AM **Open Season: Scared Silly** Animation. (2015, PG, 84min) ★★★

Movies 24

312 313 419

7.00 AM **Stepping into Love** Drama. (2023, PG, 82min) ★★
9.00 **Groundswell** Romantic comedy. (2022, PG, 84min) ★★
11.00 **My Dreams of You** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Signs of Your Heart** Romantic comedy drama. (2023, PG, 89min) ★★
3.00 **Mountain Rescue Romance** Comedy. (2023, PG, 84min) ★★

5.00 **A Bridesmaid in Love** Romantic comedy drama. (2022, PG, 87min) ★★
7.00 **Writing a Love Song** Romantic drama starring Nina Kiri and Connor McMahon. An aspiring music producer lands her first gig working with a former rising star. (2024, PG, 85min) ★★
9.00 **A Whitewater Romance** Drama starring Cindy Busby. (2024, U, 84min) ★★
11.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★

1.00 AM **Betty's Bad Luck In Love** Romantic comedy starring Laci J Mailey. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **A Priceless Love** Drama starring Erin Agostino. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 15/38. (S1)
6.30 **Look at Life**
6.45 **Who Killed The Cat** Mystery. (1966, b/w, U, 86min) ★★★
8.30 **Out of Town**
9.00 **The Rossiter Case** Mystery. (1950, b/w, PG, 75min) ★★★
10.35 **Cinebox Memories**
10.40 **Murder at the Windmill** Thriller. (1949, b/w, PG, 70min) ★★★
12.00 NOON **Dixon of Dock Green**

1.00 PM **Wanted for Murder** Drama. (1946, b/w, PG, 100min) ★★
3.05 **Charlie Chester Don't Take Chances** Comic rhyming poem.
3.10 **Mark of the Phoenix** Thriller. (1958, b/w, U, 68min) ★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 32/39. (S1)
5.30 **Bonanza** 1/34. (S2)
6.30 **The Vise** 12/39. (S1)
7.00 **The Footage Detectives**
8.00 **Public Eye** 13/13. (S7)
9.05 **Remember My Name** Offbeat drama. (1978, 15, 96min) ★★★

11.05 **Framed** Lynda La Plante's thriller.
1.20 AM **Never Look Back** Mystery. (1952, b/w, PG, 73min) ★★★
2.50 **Carry On Admiral** Comedy. (1957, b/w, U, 85min) ★★
4.30 **Talking Pictures... Sally Geeson**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **The Premier League Show**
7.00 **Sports Centre** A round-up of the day's main sports news.
7.30 LIVE **EFL Millwall v Watford.** The Championship match from the Den. The hosts have a decent recent record against their visitors having won four of the last six meetings between the two sides. Watford have only won one match in that period which happened to be in this fixture last season, when they came away with 3-2 victory in August last year. Kick-off **8.00pm**.
10.30 **Tales from the Ryder Cup**
11.30 **Sky Sports News**
1.00 AM LIVE **NFL Baltimore Ravens v Detroit Lions.** Coverage of the week three match at M&T Bank Stadium. These two sides last met back in October 2023 when the Ravens came away with an impressive 38-6 victory. Kick-off **1.15am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Highlights** Brighton & Hove Albion v Tottenham Hotspur. **12.30** PM Highlights from Bournemouth v Newcastle United. **1.00** West Ham United v Crystal Palace at the London Stadium. **1.30** Sunderland v Aston Villa. **2.00** Wolves v Leeds United.
2.30 **Premier League Highlights** Action from Brighton & Hove Albion v Tottenham Hotspur. **3.00** Manchester United v Chelsea. **3.30** Fulham v Brentford. **4.00** Sunderland v Aston Villa. **4.30** Arsenal v Manchester City.
5.00 **The Premier League Show**
7.00 **Premier League Review**
8.00 **Ref Watch** Refereeing decisions.
8.30 **The Big Interview**
9.00 **Premier League Stories**
9.30 **Premier League Review**
10.30 **The Big Interview**
11.00 **Ref Watch** Refereeing decisions.
11.30 **Premier League Years**
1.30 AM **PL Retro** Chelsea v Liverpool.
3.30 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **WSL** Chelsea v Leicester.
2.00 PM **EFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **EFL Highlights**
4.30 **WSL** Recent action.
5.30 **EFL League One Goals**
6.00 **EFL League Two Goals**
6.30 **Bundesliga Highlights Show**
7.30 LIVE **EFL Millwall v Watford.** The Championship match from the Den. The hosts have a decent recent record against their visitors having won four of the last six meetings between the two sides. Watford have only won one match in that period which happened to be in this fixture last season, when they came away with 3-2 victory in August last year. Kick-off **8.00pm**.
10.30 **EFL Highlights** Championship.
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Craig Brown: My Scotland**
5.30 **to 6.00** AM **There's Only One Sauzee**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Women's One-Day International Cricket**
10.00 **Women's ICC World T20 Cricket**
11.00 **Women's One-Day International Cricket**
1.00 PM **Women's ICC World T20 Cricket** Recent highlights.
2.00 **One-Day International Cricket**
3.00 **Women's ICC World T20 Cricket**
4.00 **One-Day International Cricket**
6.00 **Women's ICC World T20 Cricket**
7.00 **One-Day International Cricket** Action from England v South Africa.
8.00 **Women's One-Day International Cricket** England v India from Lord's in London.
9.00 **Women's ICC World T20 Cricket** Recent highlights.
10.00 **Women's One-Day International Cricket** England v India at Utilita Bowl, Southampton.
11.00 **Women's ICC World T20 Cricket**
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.30 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup** Day three from the 2023 event at Marco Simone Golf and Country Club in Rome.
2.00 PM **How the 2004 Ryder Cup Was Won** Tournament review.
4.00 **How the 2012 Ryder Cup Was Won** At Medinah Country Club.
6.00 **Ryder Cup 2023: Una Famiglia** A look back at the event.
8.00 **Ryder Cup Golf** The latest news in the build-up to the Ryder Cup.
11.00 **Tales from the Ryder Cup**
12.00 M'T **How the 1995 Ryder Cup Was Won** Tournament review.
2.00 AM **How the 2004 Ryder Cup Was Won** Review of the event.
4.00 **to 6.00** AM **How the 2012 Ryder Cup Was Won**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Event highlights.
10.00 LIVE **ATP Tennis** Coverage from the ATP Tour, including day six of both the ATP Chengdu Open and ATP Hangzhou Open.
2.30 PM **US Open Tennis** A review of the men's and women's singles.
3.30 **ATP Tour This Week**
4.00 **WTA Tennis** Korea Open final.
5.00 **ATP Tennis** Event highlights.
9.00 **WTA Tennis** Korea Open final.
10.00 **ATP Tennis** Tour highlights.
2.00 AM **Bitesize Tennis**
2.15 **Tim Henman Podcast 2024**
2.30 **Billie Jean King: My Story**
2.45 **Martina Navratilova: Unstoppable** Player profile.
3.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **International T20 Cricket**
8.00 **TNT Sports Cricket Reload**
8.15 **Cycling World Championship**
9.15 LIVE **Cycling World Championship** The women's under-23 time trial from Rwanda.
12.15 PM LIVE **Cycling World Championship** The men's under-23 time trial from Rwanda.
4.00 **BMX Racing** UCI World Cup.
5.00 **CPL Highlights**
5.30 **British Superbikes Highlights**
6.30 **Serie A** Inter Milan v Sassuolo.
7.30 LIVE **Serie A Napoli v Pisa.** Coverage of the Italian top-flight match at Stadio Diego Armando Maradona. Kick-off **7.45pm**.
9.45 **Premier League Review**
10.45 **Asia Cup Cricket**
11.15 **International T20 Cricket**
12.15 AM **Women's One-Day International Cricket**
1.15 **The Gruppetto** Cycling action.
1.30 **MLB Highlights**
2.30 LIVE **MLB San Diego Padres v Milwaukee Brewers.** The National League match from Petco Park. Start-time **2.40am**.
5.45 **to 6.00** AM **TNT Sports Cricket Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Superbikes** The ninth round of the season at TT Circuit Assen in the Netherlands.
7.00 **Premier League** A replay of Liverpool v Everton at Anfield.
8.30 **Serie A** Inter Milan v Sassuolo.
9.30 **UEFA Europa League & Conference League Magazine**
10.00 **Snooker Home Nations Series English Open** The seventh day.
12.00 NOON **Premier League Review**
1.00 PM **MLB Highlights** Baseball.
2.00 **NWSL** Highlights from Orlando Pride v North Carolina Courage. **3.00** Action from Portland Thorns v San Diego Wave FC.
4.00 **Snooker Home Nations Series English Open** The seventh day staged at Brentwood Centre.
6.00 LIVE **Ultimate Pool** Coverage of Group 16 of the Pairs Cup.
9.30 **Global Champions Tour** The Grand Prix of New York.
10.30 **Cycling World Championship**
11.30 **Men's Cycling Pro Series**
12.30 AM **Snooker Home Nations Series English Open**
2.30 **UEFA Europa League & Conference League Magazine**
3.00 AM **NWSL** Match highlights.
5.00 **to 6.00** AM **EWC All Access**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Minnesota Vikings v Cincinnati Bengals. **5.00** Highlights from Chicago Bears v Dallas Cowboys.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** New England Patriots v Pittsburgh Steelers at Gillette Stadium. **8.15** Action from Los Angeles Chargers v Denver Broncos. **8.30** Highlights of San Francisco 49ers v Arizona Cardinals. **8.45** New York Giants v Kansas City Chiefs at MetLife Stadium.
9.00 **NFL Highlights** Minnesota Vikings v Cincinnati Bengals. **10.00** Highlights from New York Giants v Kansas City Chiefs.
11.00 **NFL Fantasy** Analysis.
12.00 M'T **NFL Bitesize Highlights**
1.00 AM LIVE **NFL Baltimore Ravens v Detroit Lions.** From M&T Bank Stadium. Kick-off is at **1.15am**.
4.30 **NFL Bitesize Highlights**
5.30 **to 6.00** AM **NFL Gameday**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Refereeing decisions.
10.00 LIVE **ATP Tennis** Coverage from the ATP Tour, including day six of both the ATP Chengdu Open and ATP Hangzhou Open, where the semi-finals of each tournament are due to take place.
2.30 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
10.00 **Sky Sports News** A recap of the day's main sports news, plus updates from sporting events.
10.30 **Back Pages Tonight** A look at the leading sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
1.00 AM **EFL Cup Retro** Another chance to see Liverpool v Cardiff City in the 2012 final at Wembley.
3.45 **EFL Greatest Games** Leeds United v Bristol City in 2017/18.
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Formula 1** Azerbaijan Grand Prix.
8.00 **Women's Super League** Wigan Warriors v Leeds Rhinos.
10.45 **Women's Super League** St Helens v York Valkyrie.
1.30 PM **My Icon** Denise Lewis.
2.00 **PL Greatest Games**
3.00 **Formula 1** Azerbaijan Grand Prix.
4.00 **The Rugby Championship** Argentina v New Zealand.
6.00 **Formula 1** Azerbaijan Grand Prix.
7.00 **WTA Tennis** Guadalajara Open. **8.00** The Korea Open final.
9.00 **Formula 1** Azerbaijan Grand Prix.
10.00 **World Darts Championship**
12.00 M'T **PL Greatest Games**
1.00 AM **The Rise of MVG**
1.30 **Gary Anderson: Back2Back Champion** Darts documentary.
2.00 **Rob Cross: A Year to Remember 2018** Archive action.
2.30 **Peter Wright: Double Champ 20 & 22** Darts documentary.
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **The Open Zone**

TNT Sports 3

413 415 523 410 432

6.00 AM **Cycling** Men's Tour of Slovakia. **7.00** Men's Tour of Luxembourg.
8.00 **UCI Mountain Bike World Series** From Lenzerheide.
11.00 **Motocross World Championship** Action from Hidden Valley Motorsports Complex in Australia.
2.00 PM **International T20 Cricket Highlights** Ireland v England.
3.00 **Asia Cup Cricket** Highlights from a Super Fours fixture.
3.30 **Athletics World Championship** Action from the final day in Tokyo.
4.30 **V8 Supercars Highlights** The Airtouch 500 at The Bend.
6.30 **British Speedway** The second play-off semi-final second-leg.
7.30 LIVE **British Speedway** Coverage of the first play-off final.
10.00 **British Superbikes Highlights**
11.00 **EWC All Access** Bol d'Or.
12.00 M'T **UFC Main Event** UFC 302.
1.00 AM **PREM Rugby Cup**
2.00 **BMX Racing** From Argentina.
4.00 **to 6.00** AM **Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **The PREM** Highlights of games from the 2024/25 season.
12.00 NOON **PREM Rugby Cup** Action from Bath v Exeter Chiefs.
1.00 PM **UEFA Champions League Highlights Show**
4.00 **Premier League Review** Recent action from the top flight.
5.00 **AFL** The first preliminary final.
6.30 **AFL** Another chance to see the second preliminary final.
8.00 **CPL Highlights** Action from the final of this year's tournament.
8.30 **TNT Sports Cricket Reload**
8.45 **The Gruppetto** Cycling action.
9.00 **Fishing: On the Bank**
10.00 **Onboard** Ocean Race Europe.
10.30 **UCI Mountain Bike World Series** From Lenzerheide.
1.30 **Motocross World Championship** At Hidden Valley Motorsports Complex in Australia.
4.30 **CPL Highlights** The final.
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Premier Sports 1

419 551

6.00 AM **Mass Participation World**
7.00 **World Surf League**
8.00 **FIA World Endurance Championship** Recent action.
9.00 **Transworld Sport** Magazine.
10.00 **Coppa Italia Show**
10.30 **DTM Highlights**
11.30 **Sporting Greats**
12.00 NOON **Mass Participation World**
1.00 PM **World Surf League**
2.00 **NHL Tonight** Highlights.
3.00 **Sporting Greats**
3.30 **Motorsport** Drew Gibson.
4.30 **Coppa Italia Show**
5.00 **Transworld Sport** Magazine.
6.00 **Motorsport** Recent action.
7.00 **Sporting Countdowns**
8.00 **Football** Highlights and features.
10.30 **Motorsport Highlights**
1.00 AM **Transworld Sport** Magazine.
2.00 **Mass Participation World**
3.00 **FIM Sidecarcross** From Vesoul.
4.00 **World Surf League**
5.00 **to 6.00** AM **FIA World Endurance Championship**

Premier Sports 2

420 552

6.00 AM **NASCAR** The NASCAR Cup Series Race at New Hampshire.
10.00 **FastZone** Motorsports highlights.
10.30 **GP Confidential**
11.00 **NASCAR Trucks** From New Hampshire Motor Speedway.
2.00 PM **Bike World** Magazine.
2.30 **Brasileiro Serie A** A replay of Botafogo v Atletico Mineiro.
4.30 **Brasileiro Serie A** Another chance to see Santos v Sao Paulo at the Estádio Urbano Caldeira.
6.30 **Football's Greatest**
7.00 **Eredivisie** Another chance to see PSV Eindhoven v Ajax staged at Philips Stadion.
9.00 **Elite Ice Hockey League** Glasgow Clan v Dundee Stars.
11.00 **Football's Greatest**
12.00 M'T **LaLiga** Another chance to see Real Madrid v Espanyol.
2.00 AM **Bike World** Magazine.
2.30 **GP Confidential**
3.00 **LaLiga** Elche v Oviedo.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Another chance to see the Azerbaijan Grand Prix.
10.30 **Carlos Sainz & the Lie Detector**
10.45 **Brad Pitt Drives a McLaren**
11.00 **Graham Hill – World Champion**
11.30 **Formula 1** Azerbaijan Grand Prix first and second practice sessions.
2.00 PM **The F1 Show**
3.00 **Formula 1** The Azerbaijan Grand Prix third practice session.
4.15 **Carlos Sainz & the Lie Detector**
4.30 **Formula 1** Azerbaijan Grand Prix qualifying session in Baku.
6.30 **Ted's Notebook**
7.00 **Formula 1** Another chance to see the Azerbaijan Grand Prix staged at the Baku City Circuit.
9.15 **Ted's Notebook**
9.45 **GT World Challenge Europe** Action from Valencia, Spain.
1.45 AM **Brad Pitt Drives a McLaren**
2.00 **to 6.00** AM **The Home of F1**

Tuesday

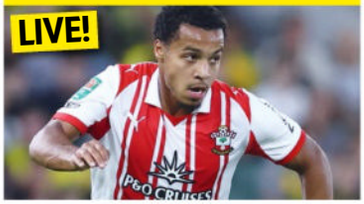
23 September

Evening Planner

Cookery

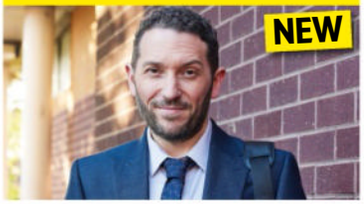
The Great British Bake Off
C4, 8pm
The bakers go back to school this week, hoping for full marks and not a class detention from judges Paul and Prue.

Football



EFL Cup Third Round
ITV1 & Sky Sports Football, k-o 8pm
Liverpool start their Carabao Cup competition in this third-round tie against Championship side Southampton.

Drama



Waterloo Road
BBC1, 9pm & 10.40pm (box set, iPlayer)
Jon Richardson pranked us in April when he revealed he'd taken a teaching job – in the new series of the school-set drama.

Travelogue

Romesh: Can't Knock the Hustle
Sky Max & Sky Showcase, 10pm (box set)
The comic looks for answers to life's big questions in this entertaining new series.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Stacey & Joe		9.00 Waterloo Road		10.00 News; Local News	
	102 BBC2	7.00 Nigella: At My...	7.30 Chronicles of...	8.00 Michael Portillo's 200 Years of the...		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	7.00 Emmerdale	7.30 Football: EFL Cup – Live: Liverpool v Southampton (Kick-off 8.00)					10.20 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off		9.15 The Inheritance: Final		10.20 Celebrity Gogglebox	
	105 5	7.00 Puppy School for Guide Dogs		8.00 The Yorkshire Vet		9.00 Michael Palin in Venezuela		10.00 Buried Secrets: The Body in the Carpet	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Global...		9.00 Rob & Romesh vs Classical Music		10.00 Romesh: Can't Knock the Hustle	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Film: Red Eye		10.15 Film: Get Out	
	116 BBC4	7.00 Earth's Natural Wonders		8.00 The Good...	8.25 Yes, Minister	9.00 Great Railway Journeys		10.10 Michael...	10.35 Storyville
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club for Soccer Aid		9.00 Olivia Attwood's Bad Boyfriends		10.00 Sam and Billie: Sister Act	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Our Welsh Chapel Dream		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 First Dates		9.00 Married at First Sight UK		10.10 Bring It!	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Rookie		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Gomorrah			
	110 U&GOLD	◂ 6.55 Dad's Army	7.30 Fawlty Towers				9.40 Fawlty Towers: The Play		
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Dave Gorman: Modern Life Is Goodish	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera					
	120 ITV4	◂ 6.45 British Open Snooker – Live: The afternoon session on day two						10.15 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre: Live & Laughing		10.00 Film: Zombieland: Double Tap	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 True Blood	
	113 SKY MAX	7.00 Stargate Universe		8.00 Rob Beckett's Smart TV		9.00 Rob & Romesh vs Classical Music		10.00 Romesh: Can't Knock the Hustle	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Leonardo da Vinci: The Universal Man		9.15 Back to Basquiat			10.30 My Week with...
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Roadworthy Rescues		9.00 Deadliest Catch		10.00 Gold Divers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Hitler's Last Stand		10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bone Detectives		9.00 History's Most Shocking		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Tales from the Ryder Cup		8.00 The Jinx Part Two		9.00 Undercurrent: The Disappearance of Kim Wall			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.30 Love Hurts		8.00 Nosferatu				10.20 Wolf Man	
	302 20s	◂ 6.10 Bob Marley: One Love		8.00 Joker: Folie à Deux				10.20 Trap	
	303 HITS	◂ 5.50 Jack Reacher		8.00 Jack Reacher: Never Go Back				10.00 Blade	
	304 FEEL GOOD	◂ 6.10 Singin' in the Rain		8.00 Grease			9.55 Grease 2		
	305 ANIMATION		7.10 Trolls			8.50 The Wild Thornberrys Movie			10.20 Into the Wonderwoods
	306 FAMILY	◂ 6.00 Hook			8.25 Cats & Dogs		9.55 A Tiger's Journey		
	307 ACTION	◂ 5.30 Robin Hood: Prince of Thieves		8.00 Saving Private Ryan					
	308 COMEDY	◂ 6.15 Nacho Libre		8.00 Dumb and Dumber			9.55 Dumb and Dumber To		
	309 THRILLER	◂ 6.10 Maggie Moore(s)		8.00 The Equalizer				10.20 Lawless	
	310 DRAMA	◂ 5.40 The Quiet Man		8.00 One Life			9.50 The Illusionist		
	311 SCI-FI	◂ 6.20 Men in Black II		8.00 Dune: Part Two					
	313 FILM4	◂ 6.45 Cowboys & Aliens				9.00 Good Luck to You, Leo Grande			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Liverpool v Southampton (Kick-off 8.00)							
	402 PREMIER LEAGUE	7.00 Gillette Soccer...	7.30 Gillette Labs Soccer Special						10.30 Unpacked
	403 FOOTBALL	7.00 EFL Cup – Live: Liverpool v Southampton (Kick-off 8.00)							
	405 CRICKET	7.00 One-Day International Cricket		8.00 Women's International One-Day Cricket		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	7.00 British Superbikes Highlights		8.00 British Speedway		9.00 Onboard			10.15 Sign Up – Into Football
	411 TNT SPORTS 2		7.15 SailGP Highlights		8.15 Sign Up – Into Football	9.00 BMX Racing			

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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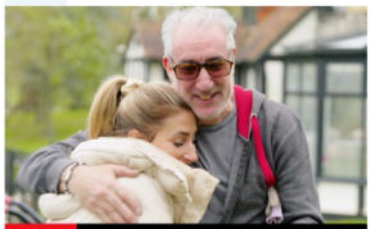
Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in Coventry, Leeds and Northampton. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Robson Green's Weekend Escapes** Robson and Helen Skelton visit the Lake District. (S)(R)(AD)
3.00 **Escape to the Country** A property search in the East Midlands. (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



8.00 Stacey & Joe

7 PM

7.00 **The One Show** Lauren Laverne and Roman Kemp host the topical show. (S)
7.30 **EastEnders** Vicki and Zoe come to blows in the Square, while Sharon offers Phil an olive branch after an awkward encounter. (S)(AD)

8 PM

8.00 **Stacey & Joe** New edition 3/6. The family celebrate Zach's 17th birthday, Joe takes a plane to Andalusia to see his mother, and Stacey visits Grandma Gwen – before plotting her latest animal takeover of the garden. (S)(AD)

9 PM

9.00 NEW SERIES **Waterloo Road** 1/8. The classroom drama returns for a new term. New teacher Mr Donovan shakes things up at the school. Jon Richardson joins the cast. *See feature, page 12.* (S16) (S)(AD)
■ Continues at 10.40pm

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Waterloo Road** New episode 2/8. Ashton takes drastic measures when Donte is plunged into crippling debt. Debs is excited to step into Wendy's shoes for the day, but Nicky has to step in when things get out of hand. (S16) (S)(AD)
■ Entire series on BBC iPlayer
11.40 **Stranded on Honeymoon Island** 9/12. The recent flare-up causes suspicion and speculation among the remaining honeymooners – and even some of the strongest couples start to really feel the strain of stranded life. (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Hairy Bikers' Best of British** The history of famous pies. (S)(R)
2.15 **Politics Live Conference** (S)
3.45 **Beechgrove Repotted** (S)(R)
4.15 **Earth** Chris Packham tells the story of the time when almost the entire planet froze. (S)(R)(AD)
5.15 **Flog It!** From Dover Castle. (S)(R)
6.00 **Richard Osman's House of Games** Yasmine Akram, Stephen Mangan, Ingrid Oliver and Tom Rosenthal take part. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael travels from Woodbridge to Southwold. (S)(R)(AD)

8.00 200 Years of the Railways

7.00 **Nigella: At My Table** 1/6. Nigella Lawson prepares Turkish-inspired eggs. (S)(R)(AD)
7.30 NEW SERIES **Chronicles of the Sperrins** 1/4. A season-by-season chronicle of the Sperrin mountains across mid-Ulster. (S)
8.00 **Michael Portillo's 200 Years of the Railways** Series finale 2/2. Michael looks at the transformative effect of railways on Britain by travelling the world's first intercity line, which opened in 1830. (S)(AD)
■ Entire series on BBC iPlayer
9.00 **QI XL** *Secrets, Spies and Sleuths:* Sandi Toksvig uncovers a stash of secrets, joined by Alan Davies, James Acaster, Cariad Lloyd and Daliso Chaponda. (S)(R)
9.45 **Live at the Apollo** Joel Dommett introduces sets by Fatiha El-Ghorri and Jamie MacDonald at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Rob and Rylan's Passage to India** 2/3. Rob and Rylan board a train to Rajasthan during Diwali, the vibrant festival of lights. (S)(R)(AD)
12.00 M'T **Sign Zone: Saving Lives at Sea** 8/10. Documentary. (S)(R)(AD)
1.00 AM **Sign Zone: The Newsreader** 3/6. Drama. (S3) (S)(R)(AD)
1.55 **Sign Zone: King & Conqueror** (R)
2.45 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
3.45 **Sign Zone: Global Eye** (S)(R)
4.15 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Cirencester, where a collection of jewellery helps pay for a trip to America and Henry Nicholls spends more than planned. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five family members from the Isle of Wight take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Football: EFL Cup

7.00 **Emmerdale** Caleb is startled when Ruby catches him sneaking out, a secret mission is carried out, and Cain gets involved. (S)(AD)
7.30 LIVE **Football: EFL Cup** Liverpool v Southampton: Mark Pougatch presents all the action from the third-round tie at Anfield. The teams also met in this competition last season, with Liverpool claiming a 2-1 quarter-final win at St Mary's Stadium thanks to goals by Darwin Nunez and Harvey Elliott. Those players have moved to Al-Hilal and Aston Villa respectively this season, but Arne Slot still has a wealth of talent at his disposal even if he decides to make wholesale changes. Commentary from Sam Matterface and Stephen Warnock, with reports by Gabriel Clarke. Kick-off is at 8.00. (S)
10.20 **ITV News** (S)
10.55 **Local News** (S)
11.10 **Barry Humphries: The Last Laugh** A profile of the comedy writer and performer. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Madeleine McCann: Searching for the Prime Suspect** Criminologist Dr Graham Hill investigates recent developments in the case. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **You Bet! On Tour** Game show. (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S4) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Lucie and Jerry need planning permission to rebuild their earthquake-damaged village. (S)
5.00 **Four in a Bed** New edition The second visit is to the Apple Farm glampsite in Warwickshire. (S)
5.30 **Come Dine with Me** Law student Jake hosts in north Wales. (S)(R)
6.00 **Sun, Sea and Selling Houses** A couple hope to find their perfect home in Spain. (S)(R)

4.00 Help! We Bought a Village

7.00 **News** (S)
8.00 **The Great British Bake Off** New edition 4/10. The contestants return to school, starting with classic canteen favourite flapjacks, followed by a fondly remembered school cake technical and finally a school fete showstopper, full of nostalgic treats. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm
9.15 **The Inheritance: Final** Series finale 12/12. The players reach their final day on the estate, and with a vast fortune still waiting to be claimed, trust becomes the most valuable currency of all. With Robert Rinder and Liz Hurley. (S)(AD)
10.20 **Celebrity Gogglebox** A rolling cast of famous faces – including Rylan, Danny Dyer, Clare Balding and Jane McDonald – critique the week's biggest TV shows. (S)(R)(AD)
11.25 **Gogglebox** (S)(SL)(R)(AD)
12.25 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.10 **Celebrity Undercover Boss USA**
1.55 **The Donald Trump Show** (S)(R)
2.45 **The Yorkshire Dales and the Lakes: Season by Season** (S)(R)
3.40 **Kirstie's House of Craft** (S)(R)
4.00 **Location, Location, Location** (R)
4.55 **George Clarke's Amazing Christmas Spaces** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **If I Can't Have You** Mystery drama starring Bailey Kai. (S) (2023, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Homecoming:* 3/6. It's Jimmy's Christening day and everyone is determined to make it a special occasion. (S5) (S)(R)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Ian Harvey takes clients to taste tapas at places they might not normally visit while in Marbella. (S)(R)(AD)
6.55 **News** (S)

9.00 Michael Palin in Venezuela

7.00 Puppy School for Guide Dogs 1/4. Following guide dogs at every stage of their journey – from newborns to trainees and veterans. (S)(R)(AD)

7.55 News (S)

8.00 The Yorkshire Vet New edition Julian Norton embarks on an adventure through his old English sheepdog patient, and Peter Wright gets a shock when operating on a stallion. (S)

9.00 Michael Palin in Venezuela New edition 2/3. Michael flies to a cluster of coral islands in the Caribbean Sea called Los Roques and is taken on a journey across the archipelago. (S)(AD)

10.00 NEW **Buried Secrets: The Body in the Carpet** Following the detective work that solved the case of 15-year-old Karen Price, whose remains were found bundled up in an off-cut of carpet in Cardiff in 1989. (S)

11.05 **999: Killer on the Line** (S)(R)
12.05 AM **Murdered at First Sight** New edition The case of an 18-year-old who was murdered by a married father. (S)
1.00 **PlayOJO Live Casino Show** (S)
3.05 **Meal Deals: Which One Is Best?** Documentary. (S)(R)
3.50 **Storms from Space** (S)(R)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 6/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Black Widower:* Selma tells the family she is getting engaged to her prison pen-pal – Sideshow Bob. (S)(R) **5.30** *Lisa the Greek:* Lisa feels neglected by Homer so feigns an interest in football. (S)(R)
6.00 **The Office (US)** 17/25. Ryan asks Michael to be a speaker at his business school. (S)(R) **6.30** 18/25. Michael and Jan reveal their secret romance at the office party. (S3) (S)(R)

10.00 Romesh: Can't Knock the...

7.00 The Simpsons *The Otto Show:* Marge and Homer buy Bart a guitar. With Spinal Tap. (S)(R) **7.30** *Bart's Friend Falls in Love:* Bart is jealous when Milhouse falls in love with a new girl at school. (S)(R)

8.00 David Attenborough's Global Adventure: Home Planet Footage of the naturlist's global wildlife adventures, from the depths of the Great Barrier Reef, to the ancient rainforests of Borneo. (S)(R)

9.00 Rob & Romesh vs Classical Music Rob Beckett and Romesh Ranganathan are invited to join the London Philharmonic Orchestra for the final night of a year-long residency at the Royal Festival Hall. (S)(R)(AD)

10.00 NEW SERIES **Romesh: Can't Knock the Hustle** 1/4. Romesh Ranganathan embarks on a mission across India, USA, South Korea and Canada. *See feature, page 20.* (S1) (S)(AD)
■ Entire series on Box Sets

11.30 **Resident Alien** New episode *The End Is Here:* 9/10. With lives hanging in the balance, Harry is put to the test. (S) **12.30** AM LAST EPISODE *Back to the Suture:* 10/10. Harry faces one final threat. (S4) (S)
1.30 AM **Peacemaker** 5/8. (S1) (R)
2.20 **Road Wars** (S)(R)
3.10 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Situationships with Sophie and Christine (S)(R) **12.10-12.40am** Scotcast (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
3.45pm First Minister's Questions (S) **4.40-5.15pm** Beechgrove Repotted (S)(R)

ITV1

As main ITV1 except:

WALES
11.10pm-12.05am Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.30** Heno **1.00** Cledrau Coll **1.30** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adeiladu'r Freuddwyd: Camp Out West **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Llyfrgell New edition **10.00** Clwb Rygbi **10.30-11.35pm** Gareth Jones: Nofio Adre

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** DI Bones investigates a Victorian traffic accident. **7.30** Brian the handsome scientist reveals the wonders of the Greek universe.
7.55 **The Catch Up**
8.00 **Top Gear** James May drives a Toyota Hilux up an active Icelandic volcano.
9.00 FILM **Red Eye** Thriller starring Rachel McAdams. A hotel manager on a flight to Miami is blackmailed into helping terrorists assassinate a leading US politician. (2005, 12, 85min) ★★★★
10.15 FILM **Get Out** Thriller starring Daniel Kaluuya. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
11.55 **Charlie Cooper's Myth Country** Double bill.
12.55 AM **Angels of the North**
2.00 **Top Gear** As 8.00pm.
3.00 **Zoners** Short comedy.
3.15 **to 4.00** AM **Ibiza: Secrets of the Party Island**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Earth's Natural Wonders** The world's most inhospitable landscapes.
8.00 **The Good Life** Barbara tries public speaking.
8.25 **Yes, Minister** Jim supports the sale of an art gallery.
8.55 **Natural World: Africa's Lion Kings** African lions that learned to prey on elephants in the drought.
9.00 **Great Railway Journeys** Michael Palin journeys from Derry to Kerry.
10.00 **Michael Palin: The Art of Travel** The actor looks back at a century-old rail service to St Andrews.
10.10 **Michael Palin: Comic Roots** The actor discusses his early interest in acting and comedy.
10.35 **Storyville: Attica – America's Bloodiest Prison Uprising**
12.30 AM **Dan Cruickshank and the Family That Built Gothic Britain**
1.30 **Great Railway Journeys**
2.25 **to 3.25** AM **Earth's Natural Wonders**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend secretly restore a 1953 Riley RMF. **4.50** Breathing new life into a 1973 Porsche 911 Targa.
5.50 **Location, Location, Location** Phil Spencer catches up with two sets of discerning house-hunters. **6.55** Kirstie Allsopp and Phil Spencer help house-hunters in Belfast and Co Down.
7.55 **Grand Designs** Kevin McCloud follows Matt and Sophie from Sussex as they build a giant family house of fun, featuring a revolving bookcase door, secret dens and hiding places.
9.00 **Our Welsh Chapel Dream** 3/4. Keith and Marj start renovations on their Victorian-inspired parlour bathroom. Taking inspiration from Coventry Cathedral, the pair make a clay candlestick holder and a lampshade.
10.00 **24 Hours in A&E** A psychologist injures his shoulder in a motorcycle accident, and an elderly widower is treated after being bitten by his dog.
11.05 **24 Hours in A&E**
12.05 AM **999: On the Front Line** Documentary.
1.05 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.10 **Ramsay's Kitchen Nightmares USA**
8.05 **Married at First Sight UK**
10.00 **The Big Bang Theory**
10.55 **Modern Family**
11.55 **The Big Bang Theory**
1.55 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
6.00 **The Simpsons**
7.00 **Hollyoaks** Peri finds comfort in Tom as sparks fly.
7.30 **The Simpsons** *The Good, the Sad and the Drugly:* Bart tries to win the affections of a girl at his school.
8.00 **First Dates** Those taking part include self-confessed man-eater Caroline.
9.00 **Married at First Sight UK** New edition A frosty first impression might leave one bride out in the cold, while one couple's romance goes from strength to strength.
10.10 NEW SERIES **Bring It!** Following coach Dianna 'Miss D' Williams and her dance troupe in Mississippi.
11.10 **Naked Attraction**
12.15 AM **First Dates**
1.20 **Married at First Sight UK** As shown at 9.00pm.
2.25 **Ramsay's Kitchen Nightmares**
4.00 **The Simpsons**
5.15 **to 5.40** AM **The Big Bang Theory**

+1 hr 235/236 306 30 123 256

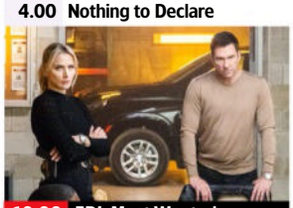
TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue** Double bill.
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 2/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 2/13. The gang must investigate multiple bombings targeting retired police officers. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



10.00 **FBI: Most Wanted**

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** New episode *Mutiny and the Bounty:* 17/18. Angela and Nyla enlist their mothers to catch a con artist. (S7)

10 PM
10.00 **FBI: Most Wanted** New episode *Highway to Hell:* 7/22. The team uncover a money laundering scheme. (S6)
11.00 **Law & Order: Special Victims Unit** 1/13. (S25)
12.00 M'T **The Equalizer** 10/18. (S3)
1.00 AM **The Rookie: Feds** 2/22.
2.00 **Doc** New episode 2/10. (S1)
3.00 **Fire Country** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** Miami's South Beach.
8.00 **Boardwalk Empire** (S1)
10.10 **Westworld** 5&6/8. (S4)
12.25 PM **Game of Thrones** (S3)
1.30 **Das Boot** 2/6. (S4)
2.30 **Boardwalk Empire** (S1)
4.40 **Homicide: Life on the Street** 20/20. An ex-convict threatens Frank's wife. (S3)
5.45 1/22. Drama series. (S4)
6.50 **Game of Thrones** 8/10. Davos demands to see proof of Melisandre's power. (S3)

9.00 **Gomorrah**

7.55 **Game of Thrones** *The Rains of Castamere:* 9/10. Lord Walder Frey plays host to a wedding, Jon faces his harshest test to date, and Bran discovers a new gift. (S3)

9.00 **Gomorrah** 11/12. Genny is forced to put a plan into action which could result in him losing everything.

10.00 **Gomorrah** 12/12. Ciro, Genny and Enzo agree a treaty with the Confederati. Subtitled. (S3)
11.00 **The Sopranos** 8/13. Tony's generosity pays off. (S3)
12.05 AM **The Wire** 8/13. (S1)
1.10 **The Pacific** 9/10. (S1)
2.20 **Game of Thrones** 7/10. (S3)
3.30 **Fish Town**
4.30 **In Treatment** (S2)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 2/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 19/20. (S3)
12.00 NOON **The Flash** 3/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 11/20. (S5)
4.00 **S.W.A.T.** 6/13. The team hunt three female fugitives. (S7)
5.00 **SEAL Team** 18/20. The unit search for the leader of a new terrorist group. (S3)
6.00 **Stargate Universe** 9/20. Camille and Scott visit loved ones on Earth. (S1)

11.30 **Resident Alien**

7.00 **Stargate Universe** *Justice:* 10/20. Colonel Young becomes the chief suspect when a crew member is killed. (S1)

8.00 **Rob Beckett's Smart TV** With Jon Richardson, Russell Tovey, Stacey Dooley and Jamie Laing.

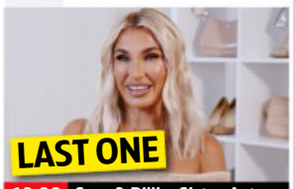
9.00 **Rob & Romesh vs Classical Music** The duo join the London Philharmonic Orchestra at the Royal Festival Hall.

10.00 NEW SERIES **Romesh: Can't Knock the Hustle** 1/4. A worldwide mission. *See feature, page 20.* ■ Entire series on Box Sets
11.30 **Resident Alien** New episode 9/10. Harry is put to the test.
12.30 AM LAST EPISODE 10/10. Harry is forced to use more than alien strength. (S4)
1.30 **Peacemaker** 5/8. (S2)
2.20 **From** 5/10. (S1)
3.15 **Magnum P.I.** 11/20. (S5)
4.05 **S.W.A.T.** 6/13. (S7)
5.05 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**



10.00 **Sam & Billie: Sister Act**

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club for Soccer Aid** Lee Mack hosts a special edition of the quiz, with 100 sports stars and celebrities competing.

9.00 **Olivia Attwood's Bad Boyfriends** New edition An icy challenge chills, and a next-level twist stuns everyone.

10.00 **Sam and Billie: Sister Act** Series finale Sam opens up to Rochelle Humes and faces some past demons.
11.05 **Family Guy** 14&7/21. (S12)
12.05 AM **American Dad!** (S14)
1.05 **Bob's Burgers** 2/22. (S10)
1.35 **Plebs** 2/9. Grumio is mistaken for a schoolboy. (S5)
2.00 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Duty Bound.*
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 5/8. (S5)
10.25 **The Royal** *Sins of the Father.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 2/7. (S1)
4.40 **Doc Martin** 6/8. PC Penhale tries to persuade Maggie to stay in Portwenn. (S5)
5.50 **Heartbeat** *Flesh and Blood:* Bellamy is reunited with a childhood sweetheart.

4.40 **Doc Martin**

6.55 **Heartbeat** *No Surrender:* A farmers' feud turns dangerous, while Greengrass's sidekick David looks to the future.

8.00 **Vera** *Protected:* The son of a prominent local family is found murdered on the beach at Whitley Bay, and a second death leaves Vera facing puzzling questions and mounting pressure to crack the case.

10.00 **Vera** *The Deer Hunters:* When a poacher is found dead from a single gunshot wound, Vera must unearth the truth.
11.55 **Nolly** 3/3. Noele returns to the stage in one of theatre's hardest roles. (S1)
12.55 AM **Agatha Christie's Poirot** *The Third Floor Flat:* A murder takes place in the detective's apartment block.
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Eat the Town** Natalie Erskine and Darren 'Dazza' Dowling head to to Arbroath.
8.00 **Scotland from the Sky** Jamie Crawford discovers how people in Scotland have lived off the land over the centuries.
9.00 **The Firm** 1/3. Aamer Anwar fights for a public inquiry into the Emma Caldwell murder case.
9.45 2/3. Aamer campaigns to change an archaic legal loophole.
10.30 3/3. The inquiry into Sheku Bayoh's death concludes.
11.15 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.45 PM **to 12.00** M'T **Rewind 1990s** A look at the major events and news from 1999.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City**
11.20 **Girls** 9&10/12. (S3)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City**
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 2/20. Carrie and Berger enjoy some steamy public foreplay.
8.25 3/20. Miranda sends out confusing signals to Steve. (S6)
9.00 FILM **The Estate** Comedy starring Toni Collette and Anna Faris. (2022, 15, 96min) ★★
11.00 **And Just Like That...**
11.55 **Entourage** 5&6/12. (S5)
1.05 AM **Girls** 1&2/10. (S1)
2.10 **Veep** 6&7/8. (S1)
3.10 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Opera North's Resonance**
6.15 **Gods of the Game**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Painting Birds**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Leonardo da Vinci: The Universal Man**
9.15 **Back to Basquiat**
10.30 **My Week with Guerrilla Girls**
11.30 **Garbo: Where Did You Go?** Documentary.
1.25 AM **Discovering**
2.55 **Arts Uncovered**
3.05 **Sky Arts from Hay**
4.00 **Dickens in Italy**
5.00 **to 6.00** AM **Art Traffickers**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *The Defector:* 10/26. A Romulan admiral defects. (S3)
8.00 **Star Trek: Deep Space Nine** 16/26. (S4)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S3)
11.00 **Grimm** 8/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Who Wants to Be a Millionaire? Celebrity Special** Steph McGovern and Dion Dublin compete to win money for charity.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 11&12/26. (S5)
12.00 NOON **Highway to Heaven** 5/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's A Perfect Stranger** Romantic drama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 7/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S2)
9.00 **The New Avengers** *Hostage:* 7/13. Purdey is kidnapped. (S2)
10.00 **The Avengers** (S5&6)
12.00 M'T **Rising Damp** (S2)
12.30 AM **Man About the House** 1/7. (S3)
1.00 **M*A*S*H** 3&4/24. (S1)
2.00 **Home to Roost** (S2)
2.25 **A Fine Romance** (S3)
3.00 **Rumpole of the Bailey**
4.00 **to 4.50** AM **Highway to Heaven**

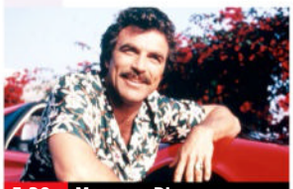
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.15 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI**
11.30 **Robin of Sherwood**
12.45 PM **LIVE Snooker: British Open** Jill Douglas presents coverage of the afternoon session on day two from the Centaur in Cheltenham, featuring second-round games.
5.30 **Magnum, PI**
6.30 **World of Sport** Featuring George Best and Zaire's 1974 World Cup campaign.



5.30 Magnum, PI

6.45 **LIVE Snooker: British Open** Jill Douglas presents coverage of the afternoon session on day two from the Centaur in Cheltenham, featuring second-round matches played over the best of seven frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Miro and Bryan Danielson.
12.10 AM **Hell's Kitchen** The final nine chefs create elevated tacos with various proteins.
1.10 **BattleBots** Rotator attempts to live up to its reputation.
2.05 **The Protectors**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 23/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 11/26. (S2)
2.00 **Warehouse 13** 3&4/13 (S1)
4.00 **Star Trek: The Next Generation** 23/26. (S1)
5.00 **Stargate Atlantis** 15/20. (S4)
6.00 **Star Trek: Enterprise** 15/26. The crew learn T'Pol has been ordered to leave the ship by the Vulcan High Command. (S1)

11.10 Westworld

7.00 **Star Trek: Deep Space Nine** *Rivals:* 11/26. The arrival of a conman jeopardises Quark's business monopoly. (S2)

8.00 **Stargate Atlantis** *Outcast:* 15/20. Sheppard is asked to help a researcher track down an escaped Replicator. (S4)

9.00 **The Ark** *Museum of Death:* 5/12. Garnet, Eva and Brice uncover long-hidden secrets that could endanger everything. (S2)

10.00 **True Blood** *Thank You:* 10/10. Last-ever episode of the supernatural drama. Sookie contemplates a future without Bill. (S7)
11.10 **Westworld** 6/8. As the world falls into chaos, Serac gains control of Delos, and Maeve is given one last chance to stop Dolores. (S3)
12.15 AM **SurrealEstate** 9/10. (S2)
1.05 **Warehouse 13** 3&4/13. (S1)
3.00 **Westworld** 5/8. (S3)
4.05 **SurrealEstate** 8/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 22/23. (S2)
11.00 **Hudson & Rex** 15/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 22/23. (S2)
5.00 **Hudson & Rex** 15/16. Charlie and Rex protect a prominent political figure. (S6)
6.00 **Father Brown** *The Chedworth Cyclone:* Suspicious circumstances surround the death of a local boxer.

5.00 Hudson & Rex

7.00 **Body of Proof** *Love Bites:* 8/20. The seemingly bloodless body of a pharmaceutical rep is pulled out of a river. (S2)

8.00 **Death in Paradise** *Murder Begins at Home:* 8/8. A dead body turns up in the police station. (S8)

9.00 **Death in Paradise** *Predicting Murder:* 3/8. A voodoo priestess is found dead after predicting her own murder. (S1)

10.00 **Mudtown** *Fly Away Home:* 5/6. Beca does everything in her power to get Sonny out of prison. (S1)

11.00 **Father Brown** As 6pm.
12.00 M'T **White Collar** 7/16. Neal assumes a computer hacker's identity. Guest stars Lena Headley. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.15 **Porridge**

6.55 Dad's Army

6.55 **Dad's Army** Captain Mainwaring enlists an unusual new recruit.
7.30 **Fawlty Towers** An abrasive woman comes to stay at the hotel. **8.10** Basil goes to great lengths to prove to Sybil that a guest has smuggled a woman into his room.

9.00 **Fawlty Towers** A loud-mouthed, abrasive American comes to stay.
9.40 **Fawlty Towers: The Play** Three of the comedy series' most iconic episodes are brought together in a single theatrical experience.

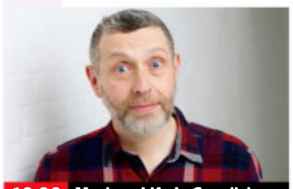
11.40 **Porridge** The inmates face a day of hard labour digging drains – but try to turn the situation to their advantage.
12.15 AM **Fawlty Towers** As 9pm.
1.00 **Men Behaving Badly**
2.05 **to 4.00** AM **Alma's Not Normal**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Spain** The chef embarks on a culinary tour of the country in an old camper van, beginning in Galicia.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore Britain's knack for gardening and the passion for growing vegetables at home.



10.00 Modern Life Is Goodish

7 PM
7.00 **Would I Lie to You?** With guest panellists Liz Carr, Miles Jupp, Samson Kayo and Anneka Rice.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Tom Rosenthal.

8 PM
8.20 With Ronni Ancona, Colin Murray, Nathan Caton and Sally Phillips.

9 PM
9.00 **Have I Got a Bit More News for You** Adrian Dunbar hosts the satirical quiz, with guests Katherine Ryan and Tim Shipman.

10 PM
10.00 **Dave Gorman: Modern Life Is Goodish** Dave reveals the secrets of how television is made.

11.00 **8 Out of 10 Cats** With Jamie Cullum, Kirsty Young, Joe Wilkinson and Katherine Ryan.
11.50 **Mock the Week** With James Acaster and Ed Gamble.
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Almeria.
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **The Dog House** New owners are sought for a pair of hounds that need to be kept together.
8.00 **The Great British Bake Off** New edition 4/10. The bakers take on school-based challenges.
9.20 **FILM The Creator** Sci-fi thriller with John David Washington. (2023, 12, 133min) ★★★★
12.00 M'T **FILM The Guilty** Danish drama. Subtitled. (2018, 15, 85min) ★★★
1.45 AM **Taskmaster**
2.50 **Gogglebox**
3.50 **to 4.50** AM **Celebrity Gogglebox**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 17-19/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Gone:* 8/24. The teenage daughter of a US Navy commander is abducted. **7.00** *Devil's Trifecta:* 9/24. Gibbs teams up with FBI agent TC Fornell. **8.00** *You Better Watch Out:* 10/24. Tony's father visits for Christmas. (S10)
9.00 **Criminal Minds: Evolution** New episode *Dead End:* 10/22. The BAU tightens their grip on Voit. (S16)
10.00 **Law & Order: Special Victims Unit** *I'm Going to Make You a Star:* 1/20. Benson gets caught up in a risky game. (S21)
11.00 **Law & Order: Special Victims Unit** (S21&20)
1.50 AM **Person of Interest**
2.45 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Skin A&E** New edition Dr Emma's patient sticks his neck out.
10.00 **A&E After Dark**
11.00 **999: Emergency Call Out** Documentary.
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 **FILM Horizons West** Western starring Rock Hudson and Robert Ryan. (1952, PG, 81min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at: **8.00** A wanted man abandons his car before running off into a park.
9.00 **The Motorway** Extreme snow and wind causes chaos on the M6.
10.00 **Frontline Police 24/7**
11.00 **MacGyver** 16/23. (S2)
12.00 M'T **La Brea** New episode 3/6. Gavin and Sam search for a secret military base. (S3)
12.55 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The Top 10 face a Mystery Box containing an air fryer.
8.00 **Inside the Ambulance** Two paramedics treat an elderly man who is having a heart attack.
9.00 **One Born Every Minute** A pair of childhood sweethearts worry about their premature baby. **10.00** A mother prepares to risk her life to have a third child.
11.00 **Nurses on the Ward**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *A Sweeter Lazarus:* A brewery heiress is the sole witness to the murder of a serial killer.
10.00 **New Tricks** *The Crazy Gang:* The team look into the murder of a political activist 15 years earlier.
11.20 **Spooks** 1/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: What Happened Next** An update on two people who both found family members in a different country. **10.00** Revisits include a man who was looking for his older brother.
11.00 **Long Lost Family** Following the story of a man who finally feels ready to face his fears and find his birth mother.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** With guests Ken Bruce, Paul Ince, Laila Morse and David Haye.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.20 FILM **The Lone Gun** Western. (1954, U) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM FILM **The Professionals** Western. (1966, PG) ★★★★
3.30 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S4)
8.00 **The New Avengers** (S2)
9.00 FILM **Maximum Conviction** Thriller starring Steven Seagal. (2012, 15, 93min) ★★
11.10 FILM **The Keeper** Thriller. (2009, 15, 90min) ★★
1.10 AM **The Avengers** (S4)
2.10 **The New Avengers** (S2)
3.10 **Cops Uncut** Double bill.
4.20 **to 5.40** AM FILM **Deadly Voltage** Thriller. (2015, PG, 84min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.10 FILM **Murder at the Mansion** (2018, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 3/24. (S2)
12.00 NOON FILM **Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
1.55 PM FILM **Ruby Herring Mysteries: Silent Witness** (2019, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 4/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **Morning Show Mysteries: A Murder in Mind** Crime drama.
10.55 **Island of Shadows** Thriller. (2020, 12) ★★
1.00 AM FILM **If Looks Could Kill** (2016, 15) ★★
2.45 FILM **The Landlord** Thriller. (2017, PG) ★★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM FILM **A Perfect Christmas** Comedy. (2016, U, 84min) ★★
10.00 FILM **A Family for Christmas** Drama. (2015, PG, 90min) ★★
12.00 NOON FILM **Christmas Connection** Drama. (2017, U, 90min) ★★
2.00 PM FILM **Christmas Joy** Drama. (2018, U) ★★
4.05 FILM **Charming Christmas** Drama. (2015, PG, 85min) ★★
6.05 FILM **Christmas Love Letter** (2019, PG) ★★
8.00 FILM **Christmas with a View** (2018, PG) ★★
10.00 FILM **A Storybook Christmas** Comedy. (2019, PG, 83min) ★★
12.00 M'T FILM **My Christmas Dream** (2016, PG) ★★
1.50 AM FILM **Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
3.20 **to 4.50** AM FILM **Christmas Joy** (2018)

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 10/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Haggard** 2/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **Last Days of Pompeii**
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 3/8. (S2)
4.00 **Mapp and Lucia** (S2)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **The Monkees** (S1)
6.30 **Soap** 10/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 2/7. (S1)
8.30 **Lucky Feller**
9.00 **Please Sir!** (S4)
9.30 **Brass** 1/13. (S1)
10.00 **Game On** 1/6. (S3)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **Last Days of...**
1.50 **We Had One of Those**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Outback Crystal Hunters** Tom heads to Tasmania in search of meteorite-impact glass. **10.00** Patrick and Kirsty revisit a 15-year-old ocean kyanite dig site.
11.00 **Mysteries of the Deep** The disappearance of an Indonesian submarine.
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** Survival challenge.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Tom Kerridge More Sunday Lunch**
7.00 **Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Hairy Bikers' Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **French Adventure**
3.00 **Everyday Kitchen**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **Hairy Bikers' Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Jamie's Easy Meals for Every Day** New editions
10.00 **Jamie's 15 Minute Meals**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 7/28. (S1)
9.00 **The Fall Guy** (S4)
10.00 **Charlie's Angels** (S1)
11.00 **10.5 Apocalypse**
2.40 PM FILM **Jules Verne's Rocket to the Moon** Sci-fi period comedy starring Burl Ives. (1967, U, 115min) ★★
5.00 **Star Trek** 21/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** 11/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 FILM **Push** Sci-fi thriller starring Chris Evans. (2008, 12, 111min) ★
11.10 FILM **Universal Soldier: Regeneration** Thriller sequel starring Jean-Claude Van Damme. (2009, 18, 97min) ★★★
1.05 AM FILM **Blind Fury** Comedy adventure starring Rutger Hauer. (1989, 18, 87min) ★★
2.50 **to 4.50** AM FILM **First Kill** Action thriller. (2017, 15, 97min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Frank Herbert's Children of Dune**
8.00 FILM **7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
10.00 **Andromeda** 6/22. (S2)
11.00 **Frank Herbert's Children of Dune**
1.00 PM FILM **Ape vs Monster** Adventure. (2021, 12, 88min) ★★
3.00 **Andromeda** 6/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **Frank Herbert's Children of Dune**
7.00 **Andromeda** 7/23. (S2)
8.00 **Six Million Dollar Man**
9.00 FILM **Boiling Point** Action thriller starring Wesley Snipes and Dennis Hopper. (1992, 15, 89min) ★★★
10.55 FILM **Beyond Suspicion** Crime thriller with Karl Urban and Sofia Vergara. (2018, 15, 96min) ★★
1.00 **to 3.00** AM FILM **Boiling Point** (1992)

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Jungle** Documentary.
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Junk and Disorderly**
10.00 **Al Murray: Why Does Everyone Hate the British Empire?**
11.00 **JFK: The Final Evidence**
12.00 M'T **UFO Conspiracies**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Scotland.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **The Yorkshire Vet: Herriot Land to the Highlands** Documentary.
2.00 **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** From Wales.
9.00 **Titanic's Tragic Twin: The Britannic Disaster** The sinking of the *Britannic* in 1916.
10.20 **Nazi Megastructures**
11.20 **Prisoner: Cell Block H**
1.20 AM **The Yorkshire Vet: Herriot Land to the Highlands** Documentary.
2.20 **The Yorkshire Vet**
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue** Transforming a crumbling Methodist chapel.
9.00 **Rico to the Rescue** New edition A couple's home extension is continually delayed for almost a year.
10.00 **Battle on the Mountain** New edition The teams rush to finish their bonus rooms on time.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles** The group arrive in Los Angeles.
3.00 **Outdaughtered: Busby Quints** A Disney cruise.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **The Bad Foot Clinic**
10.00 **My Feet Are Killing Me**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **My Feet Are Killing Me**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** (S1)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 17-20/22. (S1)
1.00 PM **Friends** (S6&7)
8.00 **Friends** 13/24. Phoebe spends a surreal first day at work. **8.30** 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 **Michael McIntyre: Live & Laughing** Stand-up.
10.00 FILM **Zombieland: Double Tap** Horror comedy sequel. (2019, 15, 99min) ★★★
12.10 AM **Police Squad!**
1.10 **Whose Line Is It Anyway? USA**
2.10 **South Park** (S18)
3.10 **Important Things with Demetri Martin**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** (S2&3)
11.00 **Friends** (S7)
1.00 PM **Impractical Jokers**
2.00 **Daria** 3&4/13. (S3)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 17-20/22. (S1)
9.00 **New Girl** 8/25. Jess tries to trick her parents into a reconciliation. **9.30** 9/25. Jess and Cece panic about their biological clocks. (S2)
10.00 **Friends** (S6&7)
2.00 AM **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.45 **The Alternative Comedy Experience**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S1)
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **Road Wars**
8.00 **The Cleaning Lady** *The Lion's Den:* 2/10. Thony turns to the Mob for help when her son falls ill. (S1)
9.00 **SEAL Team** 11 & 12/22. Double bill. (S2)
11.00 **Last King of the Cross** 7/8. Crime drama. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With AJ Odudu.
2.00 **Road Wars** Double bill.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **Highlights**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
9.00 **Catfish: The Dramatic**
10.00 **Catfish: Scammed**
11.00 **Catfish: The TV Show**
2.00 PM **Catfish: Teams**
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition
9.00 **Rich Kids, Skint Holiday**
10.00 **Geordie Shore: The Reunion Series** New edition Reality show.
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Reality show.
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **to 4.00** AM **Highlights**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
9.00 **Gold Rush: White Water**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew finds a lamp that could make his entire trip worthwhile. **4.00** Drew examines unusual items at a beachside sale.
5.00 **The Last Woodsmen** Jared needs to move $1,000,000 of wood down a river to market.
6.00 **Hoffman Family Gold** Todd gets Holy Roller running.

10.00 Gold Divers

7.00 **Wheeler Dealers World Tour** Mike and Elvis hunt for Australia's favourite pick up, the Hilux, to build an off-roading beast.

8.00 **Roadworthy Rescues** Derek teams up with his brothers to get their grandfather's grain truck up and running.

9.00 **Deadliest Catch** New edition Keith fires a dishonest deckhand, ending in a confrontation at the airport bar.

10.00 **Gold Divers** New edition 1/2. The end of the mining season looms, and Shawn unleashes his full fury inland.

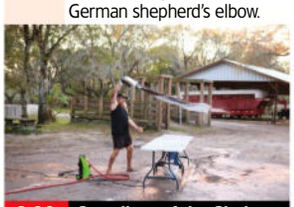
11.00 **Gold Divers** New edition 2/2. Joe gambles with marathon dives, and Chris fights powerful currents for his payday.
12.00 M'T **Blowing Up History**
1.00 AM **Deadliest Catch**
2.00 **Gold Divers** Double bill.
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Project Grizzly**
10.00 **Tanked** With Mario Lopez.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A bullying cat who is holding all the female felines hostage. **4.00** A cat low on confidence.
5.00 **Lone Star Law** A game warden enforces fishing laws.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff attempts to mend a German shepherd's elbow.



8.00 Guardians of the Glades

7.00 **Treehouse Masters** The gang look back at builds from the past, and gather around the campfire to tell funny stories.

8.00 **Guardians of the Glades** Dusty leads the team to an abandoned missile factory near the epicentre of the snake epidemic.

9.00 **Alaska: The Last Frontier** Spring arrives and temperatures improve, but tensions mount during the annual cattle drive.

10.00 **Alaskan Bush People** The family join a competitive pheasant hunt ahead of Thanksgiving.

11.00 **Pit Bulls & Parolees** Tia looks back at series highlights.
12.00 M'T **Crikey! It's the Irwins** Robert gets set to swim with a huge reticulated python.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **WW2 Heroes of the Sky** Focusing on the US Eighth Air Force in World War Two.
4.00 **Top Guns: The Next Generation** Following fighter pilots in training.
5.00 **Car S.O.S** Restoring a Land Rover Discovery Series 1.
6.00 **Lost Treasures of Egypt** Unlocking the mysteries of Egypt's most famous pharaoh – Tutankhamen.

8.00 WWII: Secrets from Above

7.00 **Air Crash Investigation** The case of an airliner that went down over a warzone in Ukraine, killing 298 people.

8.00 **World War II: Secrets from Above** The Battle of Britain from a unique aerial perspective.

9.00 **Hitler's Last Stand** In 1944, resistance fighters declare a Free French Republic in eastern France.

10.00 **Nazi Megastructures** The German air force during World War Two, exploring the world's most advanced jet bomber.

11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A World War Two searchlight in Colorado.
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **History's Most Shocking**
2.00 **History's Greatest Mysteries**
3.00 **Full Custom Garage** New edition Ian Roussel has his work cut out when he takes on a wild concept car build.
4.00 **Ancient Impossible**
6.00 **American Pickers**

9.00 History's Most Shocking

7.00 **Forged in Fire** The bladesmiths must create the ultimate wilderness weapon – the German Sawback Hunting Sword.

8.00 **Bone Detectives** Zahi Hawass tries to solve the mystery of an unmarked coffin hidden in the crypt of an ancient physician.

9.00 **History's Most Shocking** New edition Chaos ensues when the wheels literally come off a vehicle on a busy motorway.

10.00 **History's Greatest Mysteries** New edition The lost treasure of notorious pirate, spy and crime boss Jean Lafitte.

11.00 **World's Most Unexplained...**
12.00 M'T **Alien Corridors** Possible alien activity in Sedona.
12.55 AM **The UnBelievable with Dan Aykroyd** A look at some of the strangest and most ghastly jobs in history.
1.50 **History's Most Shocking**
2.50 **Full Custom Garage**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Downfall** As 4.00pm.
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** The actions of Hitler and his inner circle as the Third Reich faced collapse.
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** From RAF Coningsby, Lincolnshire.

8.00 Flipping Bangers

7.00 **Wilderness with Simon Reeve** Simon voyages across the Coral Triangle, an area of tropical seas and jungle-clad islands.

8.00 **Flipping Bangers** Car enthusiasts Will and Gus get to work on a Citroën in an attempt to double their selling price.

9.00 **Bangers & Cash** Dave gets nostalgic over a brace of Raleigh Choppers and a rare Mark 1 Ford Granada.

10.00 **Bangers & Cash: Restoring Classics** A 1973 Ford Escort Mexico is the team's most expensive purchase to date.

11.00 **Bangers & Cash** Derek is reunited with the vehicle he took his driving test in – a 1957 Ford 100E Estate.
12.00 M'T **Find It, Fix It, Flog It** Restoring an old monkey bike.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Wilderness with Simon Reeve** As 7.00pm.

+1hour 255 329

Tuesday

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Find It, Fix It, Drive It**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried: Classic Cars** A Triumph TR3A need reviving.
9.00 **Ant Anstead: Born Mechanic** New edition Ant and his dad find a 'perfect' Morris Traveller, but there's a catch.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Crime Stories**
8.00 **Murder on CCTV**
9.00 **Road Rage** New edition
9.30 **Exposed: Naked Crimes** New edition
10.00 **Forensic Factor: A New Era** Misty Morse.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Erica Vassell.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** In Detroit, a cop's wife is killed in what looks like a botched robbery.
8.00 **Murder by the Sea** Police receive a strange phone call that triggers a hunt for a killer.
9.00 **Murder: Fight for the Truth** Bill Stutzman and Mike Kirby return to a 35-year-old case, determined to solve it once and for all.
10.00 **Body in the Water** New edition A murdered woman is found in a duffel bag washed up on the Florida coast.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Body in the Water**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
11.00 **Facing Evil**
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **See No Evil**
4.00 **48 Hours** Correspondent Erin Moriarty looks into the deaths of one woman's two husbands.
5.00 **Medical Detectives** The death of a woman in an apparent horse riding accident. **5.30** The story of a killer who murdered prostitutes and left their bodies in plain sight. **6.00** A tale in which cattle auctions were tainted by false cheques. **6.30** The inspection of a woman's skull found in a lake reveals she was brutally butchered.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Documentary.
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil Killers** Vincent Tabak.
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **Britain's Most Evil Killers**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Michael Ryan.
1.00 AM **How I Caught the...**
2.00 NEW SERIES **Killer in My Village**
3.00 **Snapped** Judy Naylor.
4.00 **to 6.00** AM **Highlights**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **The Normans**
9.55 **Secrets of the Royal...**
10.50 **The Great Escape...**
11.55 **The First World War...**
1.00 PM **America the Bountiful** Documentary.
1.35 **The Normans**
2.55 **Secrets of the Royal Palaces** Windsor Castle.
3.55 **The Great Escape: The True Story**
4.55 **America the Bountiful**
5.30 **The First World War: The People's Story**
6.40 **The Normans**
7.55 **Secrets of the Royal Palaces** Windsor Castle.
8.55 **The Great Escape: The True Story**
9.55 **The First World War: The People's Story**
11.00 **Secrets of the Royal Palaces** Windsor Castle.
12.00 M'T **The Great Escape: The True Story**
1.05 **to 2.00** AM **America the Bountiful**

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: William Hurt**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **Lockerbie**
11.00 **The Jinx Part Two**
12.00 NOON **Love to Love You, Donna Summer** Documentary.
2.00 PM **Hitsville: The Making of Motown** Documentary.
4.00 **Discovering: William Hurt**
5.00 **The Directors**
6.00 **The Nineties**
7.00 **Tales from the Ryder Cup** New edition 2/3. Stories from the 2004, 2008 and 2012 stagings of the tournament.
8.00 **The Jinx Part Two** 1/6. The film-makers continue their investigation into Robert Durst.
9.00 **Undercurrent: The Disappearance of Kim Wall** 1&2/2. Documentary.
11.30 **Death of a Showjumper**
12.30 AM **15 Minutes of Shame**
2.10 **Dettori** Documentary.
4.20 **The Great Horsemeat Scandal**
5.00 **to 6.00** AM **Discovering: William Hurt**

Sky Nature

145 113/114 189 354 369

6.00 AM **Zambia Untamed**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Secrets of the Enchanted...**
10.00 **Wild Tales from the Farm**
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Secrets of the Enchanted...**
4.00 **Wild Tales from the Farm**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive North America** Biologist Lizzie Daly explores North America's coastlines.
9.00 **Beasts of the Big Blue**
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Orangutan Jungle School**
1.00 AM **Zambia Untamed**
2.00 **Deep Dive North America**
3.00 **Beasts of the Big Blue**
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Secrets of the Enchanted Forests**

Sky History 2

163/168 143 186

6.00 AM **The UnBelievable with Dan Aykroyd** Double bill.
8.00 **Mysteries from Above**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
2.00 PM **Britain's Most Historic Towns** Double bill of editions.
4.00 **The UnBelievable with Dan Aykroyd** Double bill.
6.00 **Mysteries from Above** Focusing on military mysteries.
7.00 **Combat Ships** A look at how bad design, human error and the enemy sent some great ships to tragic ends. **8.00** Focusing on the ships that made mighty empires.
9.00 **Discovered by Disaster** Featuring a submerged funerary complex in Greece. **10.00** A prehistoric village smoked out by a forest fire, and a collapsed kingdom in Turkey.
11.00 **Ancient Aliens** Triple bill.
2.00 AM **Britain's Most Historic Towns** Double bill.
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad**
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Look What You Made Me Do** New edition A father vanishes.
10.00 **The Real Murders of Atlanta** New edition Documentary.
11.00 **Truth or Deception**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Look What You Made...**
2.00 **Secrets of Celebrity Sex Tapes** New edition
3.00 **The Real Murders of Atlanta**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish of the Amazon**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Close Encounters of the Wild Kind** Documentary.
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Lulu the giraffe gives birth.
8.00 **Katavi: Africa's Fallen Paradise** Double bill. The impact of extreme weather on Tanzania's Katavi National Park.
10.00 **Lawless Island** In Port Protection, the old guard attempt to pass on their wisdom to a new generation.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Coast Guard at War**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Scientists seek to solve the mystery surrounding the Milky Way's slow demise.
8.00 **Coast Guard at War** Exploring the role of the Coast Guard in the Vietnam War.
9.00 **Unexplained and Unexplored** Justin Fornal and Emiliano Ruprah journey through Egypt and Ethiopia in search of the Ark of the Covenant.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Concrete channels hidden in a mountaintop forest, a marooned military base, and the upright rusting carcass of ship. **8.00** A towering structure with an explosive past, a mysterious top-secret facility, and a vast Nazi construction. **9.00** An engineering masterpiece carved into the cliff-face, and a long-range beacon that transmitted one of the most infamous messages in American history. **10.00** An American desert canyon where fortunes were made and lives were lost, and an island fortress in Scotland. **11.00** An iron monster lost in the Alaskan tundra, a Crusader fort thrown into a modern conflict, and a prison built to house a mafia kingpin.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
9.00 **True Conviction**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Death by Fame**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Forbidden: Dying for Love**
7.00 **Grave Secrets** The murder of 57-year-old cellist Janine Sutphen, whose body was found floating in a lake. **8.00** The death of 19-year-old Devon Guzman, whose body was discovered in her car.
9.00 **Evil Lives Here: The Killer Speaks** A killer answers questions from inside prison.
10.00 **A Body in the Snow: The Trial of Karen Read** At trial, humiliating text messages shock the courtroom.
11.00 **American Monster**
12.00 M'T **The Real Story with Maria Elena Salinas** Double bill.
2.00 AM **Forbidden: Dying for Love**
4.00 **to 6.00** AM **Grave Secrets**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Catastrophe strikes in the heart of Minnesota.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop** Joe creates a widebody Accord.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **Sky Cinema Preview**
7.00 **Wish You Were Here** (2025)
8.55 **Love Hurts** As 6.30pm.
10.25 **Spin the Bottle** Horror. (2024, 15, 119min) ★★
12.35 PM **Nosferatu** As 8.00pm.
2.50 **Wolf Man** As 10.20pm.
4.40 **Wish You Were Here** Drama starring Isabelle Fuhrman. (2025, 12, 99min) ★★★
6.30 **Love Hurts** Action comedy with Ke Huy Quan and Ariana DeBose. (2025, 15, 83min)

8.00 Nosferatu

8.00 **Nosferatu** Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Aaron Taylor-Johnson and Willem Dafoe. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Wolf Man** Werewolf horror starring Christopher Abbott. After barricading themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.50 **Die Alone** Zombie apocalypse drama with Carrie-Anne Moss. (2024, 15, 91min) ★★★★
5.30 **to 7.10** AM **Restless** Thriller starring Lyndsey Marshal. (2024, 15, 89min) ★★

Sky Cinema Hits

303 303 403 503 517

7.40 AM **The Green Hornet** Action comedy. (2011, 12) ★★★
9.40 **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
11.40 **The Nun** Horror thriller. (2018, 15, 96min) ★★★
1.20 PM **300** Epic adventure. (2006, 15, 116min) ★★★★
3.20 **Gladiator II** Historical drama sequel. (2024, 15) ★★★
5.50 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★

5.50 Jack Reacher

8.00 **Jack Reacher: Never Go Back** Action thriller sequel starring Tom Cruise and Cobie Smulders. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Blade** Action adventure chiller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. (1998, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
1.45 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
3.55 **Dorian Gray** Gorror drama. (2009, 15, 112min) ★★★
5.55 **to 7.40** AM **The Dark Tower** Fantasy adventure with Idris Elba. (2017, 12, 95min) ★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **The Quiet Man** As 5.40pm.
9.35 **The Illusionist** As 9.50pm.
11.40 **Lost in Translation** Romantic comedy drama starring Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
1.30 PM **Tommy** Ken Russell's screen version of The Who's rock opera. (1975, 15, 111min) ★★★★
3.25 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
5.40 **The Quiet Man** John Ford's drama. (1952, U, 129min) ★★★
8.00 **One Life** Fact-based drama starring Anthony Hopkins and Johnny Flynn. Months before World War Two, a London stockbroker attempts to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
9.50 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. (2006, PG, 110min) ★★★★
11.40 **Love Actually** Romantic comedy written and directed by Richard Curtis. (2003, 15, 135min) ★★★
1.55 AM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
4.05 **to 6.15** AM **Chicago** Musical. (2002, 12, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **Slingshot** Sci-fi thriller. (2024, 15, 108min) ★★★
9.15 **The Ring** Chiller remake. (2002, 15, 115min) ★★★
11.20 **King Kong** Monster movie remake starring Naomi Watts. (2005, 12, 187min) ★★★★
2.35 PM **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
4.20 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
6.20 **Men in Black II** Sci-fi comedy sequel starring Will Smith. (2002, PG, 88min) ★★★
8.00 **Dune: Part Two** Sci-fi drama starring Timothée Chalamet. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.50 **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★★
12.20 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
2.15 **Monolith** Thriller starring Lily Sullivan. (2022, 15, 90min) ★★★
3.55 **The Pact** Mystery thriller. (2012, 15, 85min) ★★★
5.30 **The Cinema List: Horror Villians**
5.45 **to 8.00** AM **Concrete Utopia** South Korean thriller. Subtitled. (2023, 15, 130min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.30 AM **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
9.30 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
11.00 **A Tiger's Journey** As 9.55pm.
12.40 PM **The BFG** Fantasy. (2016, PG, 117min) ★★★★
2.40 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
4.20 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
6.00 **Hook** Fantasy adventure. (1991, U, 140min) ★★★

Sky Cinema Action

307 307 407 507 521

6.25 AM **Cinema List: Antiheroes**
6.40 **Streetfighter** As 1.05am.
8.25 **Last Action Hero** (1993)
10.40 **The Mummy Returns** Action adventure sequel. (2001, 12, 129min) ★★★★
12.55 PM **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
2.45 **Troy** Epic historical drama. (2004, 15, 163min) ★★★
5.30 **Robin Hood: Prince of Thieves** Fantasy adventure. (1991, PG, 138min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Dumb and Dumber**
9.00 **Dumb and Dumber To**
11.00 **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
12.50 PM **Yesterday** Comedy. (2019, 12, 116min) ★★★
2.50 **The Men Who Stare at Goats** Comedy. (2009, 15) ★★★
4.35 **Disaster Movie** Spoof comedy. (2008, 12, 86min) ★
6.15 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **A Place Called Silence** Thriller. (2024, 15) ★★★
8.20 **The Wasp** As 2.35am.
10.05 **Greedy People** Crime comedy. (2024, 15, 113min) ★★★★
12.10 PM **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
1.55 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
3.50 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
6.10 **Maggie Moore(s)** Comedy thriller. (2023, 15) ★★★

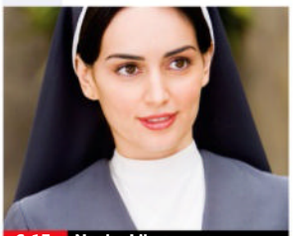
Film4

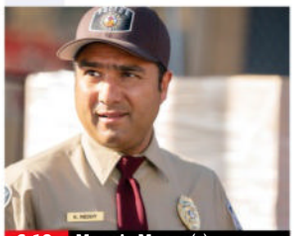
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **All the King's Men** Oscar-winning drama. (1949, b/w, PG, 109min) ★★★★★
1.15 PM **Mandy** Ealing drama. (1952, b/w, U, 93min) ★★★
3.05 **The Swimmer** Offbeat drama. (1967, PG, 94min) ★★★★★
4.55 **Footsteps in the Fog** Thriller. (1955, PG, 90min) ★★★
6.45 **Cowboys & Aliens** Sci-fi Western starring Harrison Ford. (2011, 12, 119min) ★★★

9.55 A Tiger's Journey

5.30 Robin Hood: Prince of...


6.15 Nacho Libre


6.10 Maggie Moore(s)

6.45 Cowboys & Aliens

8.25 **Cats & Dogs** Fantasy comedy featuring the voices of Tobey Maguire, Alec Baldwin and Sean Hayes. Fiendish cats come up with a plan to make humans allergic to their canine pets. (2001, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **A Tiger's Journey** Drama starring Sunny Pawar. In the valleys of the Himalayas, an orphan boy and a Bengal tiger cub head off on an adventure. (2023, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Three Musketeers: Milady** Swashbuckling sequel starring François Civil. (2023, 12, 115min) ★★★★
1.35 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
3.20 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
5.00 **to 6.40** AM **The Golden Child**

8.00 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks, Matt Damon, Tom Sizemore and Edward Burns. A small team of US soldiers are sent to find and rescue a young private whose three brothers have been killed in action. (1998, 15, 169min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Last Action Hero** Action fantasy starring Arnold Schwarzenegger and Austin O'Brien. A magic cinema ticket transports a young movie fan into the on-screen action. (1993, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Streetfighter** Action drama. (1994, 12, 102min) ★★
2.50 **R.I.P.D** Action comedy. (2013, 12, 96min) ★★★
4.30 **to 6.40** AM **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★

8.00 **Dumb and Dumber** Comedy starring Jim Carrey, Jeff Daniels and Lauren Holly. Two nerdy friends embark on a cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Dumb and Dumber To** Comedy sequel starring Jim Carrey and Jeff Daniels. The dim-witted friends are reunited after 20 years and set off on a road trip to find Harry's estranged daughter. (2014, 15, 107min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Scott Pilgrim vs. the World** Quirky comic-book comedy. (2010, 12, 112min) ★★★★
1.50 AM **It's Complicated** Comedy. (2009, 15, 115min) ★★★★
4.00 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
5.40 **to 7.20** AM **The Money Pit** Comedy. (1985, 15) ★★★

8.00 **The Equalizer** Action thriller based on the 1980s TV series, starring Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. With Marton Csokas and David Harbour. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Lawless** Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
2.35 **The Wasp** Thriller set in Bath. (2024, 15, 96min) ★★★★
4.25 **to 6.05** AM **Mob Cops** Crime drama. (2024, 15, 87min) ★

8 PM **Cowboys & Aliens** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Good Luck to You, Leo Grande** Comedy drama starring Emma Thompson and Daryl McCormack. A retired school teacher is yearning for adventure, and begins by hiring a young sex worker. (2022, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.55** **Fresh** Horror comedy with Daisy Edgar-Jones and Sebastian Stan. A young woman battles to survive her new boyfriend's unusual appetites. (2022, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.10** **to 3.20** AM **The Riot Club** Thriller starring Sam Claflin. (2014, 15, 105min) ★★★

+1hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

6.00 AM **The Surfer** As 4.25pm.
7.45 **Ferrari** Biographical drama. (2023, 15, 130min) ★★★
10.00 **Aquaman and the Lost Kingdom** As 12.10am.
12.10 PM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
2.10 **It Ends with Us** Romantic drama. (2024, 15, 125min) ★★★
4.25 **The Surfer** Psychological thriller. (2024, 15, 100min) ★★★★

6.10 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
8.00 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix and Lady Gaga. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. With Brendan Gleeson. (2024, 15, 138min) ★★★★
10.20 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★

12.10 AM **Aquaman and the Lost Kingdom** Fantasy adventure starring Jason Momoa. (2023, 12, 124min) ★★★
2.20 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
4.45 **to 7.15** AM **The Glorias** Biopic. (2020, 12, 139min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

7.30 AM **It's a Wonderful Life** Frank Capra's fantasy drama. (1946, b/w, U, 125min) ★★★★★
9.50 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
12.10 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
2.10 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
4.15 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★

6.10 **Singin' in the Rain** Classic musical starring Gene Kelly. (1952, U, 102min) ★★★★★
8.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
9.55 **Grease 2** Musical sequel starring Maxwell Caulfield, Michelle Pfeiffer and Adrian Zmed. (1982, PG, 109min) ★★
11.50 **The Breakfast Club** John Hughes' comedy drama starring Emilio Estevez and Ally Sheedy. (1984, 15, 97min) ★★★★★

1.30 AM **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
3.10 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
5.40 **to 7.55** AM **Parenthood** Comedy drama with Steve Martin. (1989, 15, 124min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
7.55 **Rango** Animated Western. (2011, PG, 103min) ★★★★
9.45 **Transformers One** Animation. (2024, PG, 104min) ★★★★
11.35 **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
1.10 PM **The Wild Thornberrys Movie** As shown at 8.50pm.

2.40 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★
4.00 **Home** Animated adventure. (2014, U, 94min) ★★★
5.35 **Kung Fu Panda 2** Animated sequel. (2011, PG, 90min) ★★★★
7.10 **Trolls** Animated musical. (2016, U, 92min) ★★★
8.50 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
10.20 **Into the Wonderwoods** Animation. (2024, U) ★★★
11.50 **Open Season: Scared Silly** Animation. (2015, PG) ★★★

1.25 AM **Batman Unlimited: Monster Mayhem** Animation. (2015, PG, 76min) ★★★
2.55 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
4.20 **Rugrats Go Wild** Animated comedy. (2003, U, 81min) ★★★
5.50 **to 6.10** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
9.00 **You, Me, and that Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★
11.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
1.00 PM **Wedding of a Lifetime** Comedy. (2022, PG, 84min) ★★
3.00 **Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★

5.00 **Scented with Love** Romantic drama. (2022, PG, 83min) ★★
7.00 **A Scottish Love Scheme** Romantic drama starring Erica Durance and Jordan Young. (2024, PG, 84min) ★★
9.00 **The Reluctant Royal** Romantic comedy starring Andrew W Walker and Emilie de Ravin. A working class mechanic discovers his estranged father is a duke who wants him to take up the title. With Simon Coury. (2025, PG, 84min) ★★

11.00 **Journey to You** Romantic drama. (2025, PG, 84min) ★★
1.00 AM **Stepping into Love** Drama. (2023, PG, 82min) ★★
3.00 **to 5.00** AM **Groundswell** Comedy. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Westerner** 1/13. (S1)
6.30 **Turn of the Tide** Drama. (1935, b/w, U, 79min) ★★★
8.05 **Away for the Day in 1952**
8.30 **Out of Town**
9.00 **Life with the Lyons** Family comedy. (1953, U, 80min) ★★
10.40 **The Sicilians** (1964, b/w, PG) ★★
12.00 NOON **Dixon of Dock Green**
1.00 PM **School for Secrets** Drama. (1946, b/w, PG, 108min) ★★★

3.05 **Talk About Jacqueline** Comedy. (1942, b/w, PG, 84min) ★★★
4.50 **Douglas Fairbanks Presents**
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre** 31/38. (S3)
7.05 **Batman** 27/60. (S2)
7.35 **Dial 999** 35/39. (S1)
8.05 **The Mind of Mr JG Reeder** (S1)
9.10 **Night of the Big Heat** Sci-fi chiller starring Christopher Lee. (1967, 18, 94min) ★
11.00 **Pickup Alley** Crime thriller. (1957, b/w, PG, 92min) ★★★
12.50 AM **Cellar Club with Caroline...**

12.55 **Vault of Horror** Horror chiller. (1973, 15, 87min) ★★
2.40 **Cellar Club with Caroline Munro**
2.45 **The Dark** Thriller. (1979, 18) ★★
4.35 **Cellar Club with Caroline Munro**
4.40 **Talking Pictures TV Remembers Sam Kydd**
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
1.00 PM **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
7.00 **LIVE EFL Cup Liverpool v Southampton.** Coverage of the third-round tie from Anfield. The hosts have a strong recent record against Southampton, having lost only one of the last 17 meetings against the south-coast club since 2017. In that time Liverpool have picked up 14 victories, including a 2-1 win in this competition against the Saints last year. Kick-off is at **8.00pm**.
11.00 **Tales from the Ryder Cup** Stories from the 2004, 2008 and 2012 editions of the team event between USA and Europe.
12.00 M'T **Sky Sports News**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** Moments of the 2015/16 season.
3.00 **Premier League Highlights** Sunderland v Aston Villa. **3.30** Arsenal v Manchester City.
4.00 **Premier League Review** Action from the top flight, featuring all of the goals, news and major talking points from around the top flight.
5.00 **The Premier League Show**
7.00 **Gillette Soccer Special: Pre-Match** Build-up.
7.30 **Gillette Soccer Special**
10.30 **Unpacked** Mikel Arteta answers questions from football fans.
10.45 **The Big Padel Match**
11.00 **Premier League Years** Classic games, infamous blunders and moments of skill from the 2016/17 season, as London rivals Chelsea and Tottenham Hotspur battled it out for the title.
1.00 AM **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2018/19 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL** Millwall v Watford.
2.00 PM **EFL Highlights**
3.00 **WSL** Recent highlights.
4.00 **EFL Highlights**
5.00 **EFL Greatest Games**
6.00 **WSL** Chelsea v Leicester City.
6.30 **EFL Cup Highlights** Swansea City v Nottingham Forest.
7.00 **LIVE EFL Cup Liverpool v Southampton.** Coverage of the third-round tie from Anfield. The hosts have a strong recent record against Southampton, having lost only one of the last 17 meetings against the south-coast club since 2017. Kick-off **8.00pm**.
11.00 **EFL Cup Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
12.30 AM **EFL Cup Retro**
2.30 **SPFL** Action from 2010/11.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Women's One-Day International Cricket**
10.00 **Women's ICC World T20 Cricket**
11.00 **Women's One-Day International Cricket**
1.00 PM **Women's ICC World T20 Cricket** Recent highlights.
2.00 **One-Day International Cricket**
3.00 **Women's ICC World T20 Cricket**
4.00 **One-Day International Cricket**
6.00 **Women's ICC World T20 Cricket**
7.00 **One-Day International Cricket** England v South Africa.
8.00 **Women's One-Day International Cricket**
9.00 **Women's ICC World T20 Cricket** Australia v Sri Lanka. **9.30** Bangladesh v England.
10.00 **Women's One-Day International Cricket** Highlights from England v India.
11.00 **Women's ICC World T20 Cricket** Recent highlights.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.30 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup Memories**
7.00 **How the 1997 Ryder Cup Was Won** From Valderrama Golf Club.
10.00 **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
1.00 PM **Ryder Cup Golf** Further analysis from Bethpage Black.
11.00 PM **Tales from the Ryder Cup** Stories from the 2004, 2008 and 2012 editions of the team event between USA and Europe, which came from Michigan, Louisville and Illinois respectively.
12.00 M'T **Ryder Cup Memories**
1.00 AM **Ladies European Tour Golf**
2.00 **How the 2010 Ryder Cup Was Won** From Celtic Manor Resort.
4.00 **to 6.00** AM **How the 2014 Ryder Cup Was Won**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **ATP Tennis** Tour highlights.
12.00 NOON **LIVE ATP Tennis** Coverage from the ATP Tour, including the finals of the Chengdu Open and Hangzhou Open.
2.30 PM **WTA Tennis** Korea Open.
3.30 **US Open Tennis** Singles finals.
5.30 **ATP Tour This Week**
6.00 **ATP Tennis** The Chengdu Open and Hangzhou Open finals.
2.00 AM **ATP Sizzle Reel 2024**
2.15 **WTA Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** San Diego Open.
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **Serie A** Napoli v Pisa.
7.00 **Premier League Review**
8.00 **CPL Highlights**
8.30 **Cycling World Championship**
9.30 **LIVE Cycling World Championship** The women's junior time trial in Kigali, Rwanda.
12.15 PM **The Gruppetto**
12.30 **Playing for Our Future: Cycling**
12.45 **LIVE Cycling World Championship** Coverage of the men's junior time trial from Kigali.
4.00 **Men's Cycling Pro Series**
5.00 **UEFA Champions League Magazine** News and updates.
5.30 **Premier League: Big Interview**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **British Superbikes Highlights**
8.00 **British Speedway**
9.00 **Onboard** Ocean Race Europe.
10.00 **Premier League Reload**
10.15 **Sign Up – Into Football**
11.00 **MLB Highlights**
12.00 M'T **MLB Lead Off** A look ahead.
12.30 AM **LIVE MLB** Coverage of a Major League Baseball match.
3.30 **MLB Closer** A look back.
4.00 **MLB Classic** The 2003 ALCS.
4.30 **CPL Highlights** The final.
5.00 **to 6.00** AM **PREM Rugby Cup**

TNT Sports 2

411 414 522 409 431

6.00 AM **Snooker Home Nations Series English Open**
8.00 **AFL** The first preliminary final.
9.30 **AFL** The second preliminary final.
11.00 **Serie A** Inter Milan v Sassuolo. **12.00** NOON Napoli v Pisa.
1.00 PM **MLB Highlights**
2.00 **Training Day** Former sporting stars spend the day training with modern day pros.
2.15 **CPL Highlights**
2.45 **Asia Cup Cricket** Highlights from a Super Fours match.
3.15 **LIVE Asia Cup Cricket** Coverage of a Super Fours match at Sheikh Zayed Cricket Stadium.
7.15 **SailGP Highlights**
8.15 **Sign Up – Into Football** Highlights and analysis using British Sign Language and subtitles.
9.00 **BMX Racing** From Argentina.
11.00 **Cycling World Championship** Action from the third day of the event in Kigali, Rwanda.
12.00 M'T **International T20 Cricket Highlights** Ireland v England.
1.00 AM **Fishing: On the Bank**
2.00 **Longines Global Champions Tour** Grand Prix of New York.
3.00 **Cycling World Championship**
4.00 **to 6.00** AM **MotoGP Classics**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Baltimore Ravens v Detroit Lions.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Action from Chicago Bears v Dallas Cowboys. **5.00** Highlights of Baltimore Ravens v Detroit Lions.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Bitesize Highlights** Action from Minnesota Vikings v Cincinnati Bengals. **8.15** Highlights from Chicago Bears v Dallas Cowboys. **8.30** Action from New York Giants v Kansas City Chiefs. **8.45** Buffalo Bills v Miami Dolphins.
9.00 **NFL Highlights** Baltimore Ravens v Detroit Lions. **10.00** Highlights of New York Giants v Kansas City Chiefs.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** NFL news.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **LIVE ATP Tennis** Coverage from the ATP Tour, including the finals of the Chengdu Open and Hangzhou Open.
2.30 PM **Sports Desk**
5.00 **The Premier League Show**
7.00 **EFL Cup Build-Up** All the build-up to the evening's matches.
7.40 **LIVE EFL Cup Lincoln City v Chelsea.** Coverage of the third-round tie staged at the LNER Stadium, as these teams face each other for the first time since 1911. The Imps claimed a 1-0 win away to Burton Albion in the previous round, and prior to that triumphed 3-1 away to Harrogate. Town Kick-off **7.45pm**.
11.00 **Sky Sports News**
1.00 AM **Best Moments from the Championship Play-Off Final**
1.30 **Best Moments from the League 1 & 2 Play-Off Final**
2.00 **Sky Sports News**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **World Darts Championship**
8.00 **Formula 1** Azerbaijan Grand Prix.
9.00 **PL Retro** A replay of Leicester City v Manchester United.
11.00 **PGA Tour Champions**
12.00 NOON **Ladies European Tour Golf** VP Bank Swiss Ladies Open.
1.00 PM **Formula 1** From Baku.
2.00 **PL Greatest Games**
3.00 **International T20 Cricket** England v South Africa.
7.30 **DP World Tour Golf** Day four of the BMW PGA Championship.
8.00 **Formula 1** Azerbaijan Grand Prix.
9.00 **WTA Tennis** Korea Open final.
10.00 **World Darts Championship**
12.00 M'T **PL Greatest Games**
1.00 AM **Gerwyn Price: Welsh Glory 2021** Archive action.
1.30 **The Greatest Leg – 2023 Final**
2.00 **30 Years of the World Champs**
2.30 **The Taylor Years**
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
2.30 PM **Women's One-Day International Cricket**
3.30 **International T20 Cricket Highlights** Ireland v England.
4.30 **The Gruppetto** Cycling action.
4.45 **MLB Classic** An All-Star game.
5.00 **T100 Triathlon World Tour**
6.00 **Serie A** Inter Milan v Sassuolo. **7.00** Action from Napoli v Pisa.
8.00 **Rocky & Wrighty: From Brockley to the Big Time** How David Rocastle's meteoric rise to stardom inspired Ian Wright.
9.30 **UFC Main Event** Islam Makhachev v Dustin Poirier.
10.30 **V8 Supercars Highlights** The Airtouch 500 at the Bend, the ninth round of the season.
12.30 AM **The Gruppetto**
12.45 **Playing for Our Future: Cycling**
1.00 **British Speedway** Action from the first leg of the play-off final.
2.00 **British Superbikes Highlights**
3.00 **to 6.00** AM **UCI Mountain Bike World Series**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
2.00 PM **NWSL** Highlights of Orlando Pride v North Carolina Courage. **3.00** Highlights from Portland Thorns v San Diego Wave FC.
4.00 **UEFA Europa League & Conference League Magazine**
4.30 **Onboard** Ocean Race Europe.
5.00 **PREM Rugby Cup** Highlights from Bath v Exeter Chiefs.
6.00 **AFL** The first preliminary final.
7.30 **AFL** The second preliminary final.
9.00 **EWC All Access** Behind the scenes access to the Bol d'Or.
10.00 **Tom Daley: 1.6 Seconds** Tom Daley's journey from Olympic prodigy to national treasure.
11.45 **Playing for Our Future: Football**
12.00 M'T **Serie A** Action from Italy.
2.00 AM **UEFA Europa League & Conference League Magazine**
2.30 **UEFA Champions League Goals Reload**
2.45 **Premier League Reload**
3.00 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **FIM Sidecarcross**
7.00 **UK Independent Kart Racing**
8.30 **Coppa Italia Show**
9.00 **LaLiga Match Highlights**
10.30 **Motorsport Highlights**
12.00 NOON **Football Highlights**
1.30 PM **Sporting Greats**
2.00 **NHL Tonight** Recent action.
3.00 **DTM Highlights**
4.00 **LaLiga Match Highlights**
5.15 **NASCAR Highlights**
6.15 **Eredivisie Highlights**
7.15 **LIVE SPFL Falkirk v Hibernian.** The Scottish Premiership match at Falkirk Stadium. Kick-off **7.45pm**.
10.15 **Coppa Italia Show**
10.45 **Top 14 Rugby Union Highlights**
11.15 **LaLiga Specials**
11.30 **Michelin Le Mans Cup**
12.00 M'T **Scottish Football**
1.00 AM **NASCAR Highlights**
2.00 **Euro Le Mans Highlights**
3.00 **UK Independent Kart Racing**
4.30 **Eredivisie Highlights**
5.30 **to 6.00** AM **Le Mans Cup**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **FastZone** Motorsports highlights.
9.30 **Top 14 Rugby Union**
11.30 **Football's Greatest**
12.00 NOON **Eredivisie**
2.00 PM **LaLiga** Another chance to see Real Betis v Real Sociedad.
4.00 **Argentine Primera**
5.55 **LIVE LaLiga Espanyol v Valencia.** Coverage of the Spanish top-flight match from RCDE Stadium. Kick-off **6.00pm**.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga Levante v Real Madrid.** Coverage of the Spanish top-flight match at Estadi Ciutat de Valencia. Kick-off **8.30pm**.
10.30 **Football's Greatest**
11.00 **GP Confidential** F1 news.
11.30 **Football's Greatest**
12.00 M'T **LaLiga** Barcelona v Getafe.
2.00 AM **GP Confidential**
2.30 **Bike World** Magazine.
3.00 **LaLiga** Real Betis v Real Sociedad.
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 2** From Azerbaijan.
8.20 **F1 Explained: Cadillac**
8.25 **Lego F1 Cars**
8.30 **Formula 1** Azerbaijan Grand Prix.
10.30 **Ted's Notebook**
11.00 **Formula 1** From Baku.
1.15 PM **Ted's Notebook**
1.45 **Carlos Sainz & the Lie Detector**
2.00 **Formula 1** Azerbaijan Grand Prix.
3.00 **GT World Challenge Europe**
7.00 **Formula 2** The Azerbaijan Grand Prix sprint and feature races.
9.20 **The Hungarian GP Through Team Radio**
9.25 **F1 Explained: Front Wing Flexibility**
9.30 **Formula 1** Azerbaijan Grand Prix.
11.30 **Ted's Notebook**
12.00 M'T **Formula 1** From Baku.
1.00 **to 6.00** AM **The Home of F1**

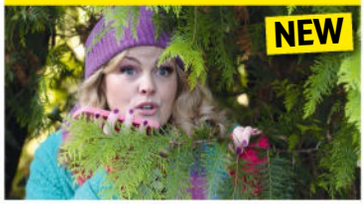
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday

24 September

Evening Planner

Crime Drama

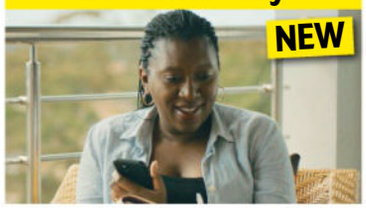


Shakespeare & Hathaway: Private Investigators
U&Alibi, 8pm (box set, Sky Box Sets)
Mark Benton and Jo Joyner return as the sleuths for a fifth series of the whodunit.

Drama

The Hack
ITV1, 9pm (box set, ITVX)
Wall-to-wall stars including Robert Carlyle feature in this drama based on the newspaper phone-hacking scandal.

Documentary



The Shadow Scholars: Fake Essay Scandal
C4, 10pm
Uncovering the lucrative industry of essay-writing for Western students.

OnDemand

tv+

Slow Horses
Available today
The Slough House rejects are called into action when London comes under attack. Stars Gary Oldman and Jack Lowden.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Stranded on Honeymoon Island		10.00 News; Local News	
	102 BBC2	7.00 SOS: Extreme...	7.30 Grand Tours of...	8.00 Digging for Britain		9.00 Wilderness with Simon Reeve		10.00 Cracking the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Hack		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Donald Trump Show		10.00 The Shadow Scholars: Fake Essay...	
	105 5	7.00 Puppy School for Guide Dogs		8.00 Street Cops: Catching the Yobs		9.00 Coastguard SOS: Search & Rescue		10.00 Catching Britain's Street Thieves	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Whale with Steve Backshall		9.00 Big Little Lies			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Freddie Flintoff's Field of Dreams...		9.00 Stacey & Joe		10.00 Waterloo Road	
	116 BBC4	7.00 Tornado...	7.30 The Return of...	8.00 Flying Scotsman from the Footplate		9.00 Ian Hislop Goes Off the Rails			10.15 The Clothes in the...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 Family Guy	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 First Dates Valentine's		9.00 Married at First Sight UK			10.35 Gogglebox
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Doc		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.45 Game of Thrones				9.00 The White Lotus			10.15 Atomic
	110 U&GOLD	◂ 6.55 Dad's Army	7.35 Porridge	8.15 Fawlty Towers					10.20 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera					
	120 ITV4	◂ 6.45 British Open Snooker – Live: The evening session on day three							10.15 River Monsters
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 Rob & Romesh vs West End Musicals		9.00 The Ultimate Romcom Movies		10.00 An Idiot Abroad 2	
	109 U&ALIBI	7.00 Body of Proof		8.00 Shakespeare & Hathaway		9.00 Mudtown		10.00 Death in Paradise	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Van Gogh by Vincent		9.00 Science Fiction in the Atomic Age		10.00 Miyazaki: Spirit of Nature	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Roadworthy Rescues		9.00 Wheeler Dealers World Tour		10.00 Roadworthy Rescues	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Top Guns: The Next Generation		9.00 US Secret Service: In the Line of Fire		10.00 No Man Left Behind	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 Train Truckers		9.00 Train Rescue Down Under		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Tales from the Ryder Cup		8.00 The Jinx Part Two		9.00 The Truth vs Alex Jones			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.20 One of Them Days		8.00 Wolf Man			9.45 Nosferatu		
	302 20s	◂ 6.10 Trap		8.00 Gladiator II					10.30 The Bikeriders
	303 HITS	◂ 6.00 One Life		8.00 It Ends with Us					10.15 Chicago
	304 FEEL GOOD	◂ 6.00 Yesterday		8.00 The Terminal					10.15 Jerry Maguire
	305 ANIMATION	◂ 5.50 Kung Fu Panda 3	7.40 Monsters vs Aliens				9.25 Over the Hedge		
	306 FAMILY	◂ 6.00 Stardust		8.15 Wicked					
	307 ACTION	◂ 5.40 Godzilla		8.00 The Meg				10.00 Baby Driver	
	308 COMEDY	◂ 6.15 My Big Fat Greek Wedding 2		8.00 Parenthood				10.05 Mamma Mia!	
	309 THRILLER	◂ 5.30 Angels & Demons		8.00 The Day of the Jackal					10.35 Law...
	310 DRAMA	◂ 6.10 Quartet		8.00 Meet Joe Black					
	311 SCI-FI	◂ 6.05 Insidious		8.00 Passengers				10.10 Concrete Utopia	
	313 FILM4	◂ 5.10 Titanic				9.00 The Contractor			
SPORT	401 MAIN EVENT	7.00 EFL Cup – Live: Port Vale v Arsenal (Kick-off 8.00)							
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 Netbusters	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 Ref Watch	10.00 PL Icons	10.30 Arteta Meets...
	403 FOOTBALL	7.00 EFL Cup – Live: Port Vale v Arsenal (Kick-off 8.00)							
	405 CRICKET	7.00 Women's ICC...	7.30 Best of the...	8.00 Women's ICC World T20 Cricket				10.00 Women's International One-Day...	
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Real Betis v Nottingham Forest (Kick-off 8.00)							10.30 Snooker...
	411 TNT SPORTS 2	7.00 UEFA Europa League – Live: Red Star Belgrade v Celtic (Kick-off 8.00)							10.30 Serie A – Full...

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition From Derby. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Robson Green's Weekend Escapes** Robson and Janette Manrara head to Co Durham. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** By the Liberal Democrats. (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Ian attempts to convince Sharon that Zoe is lying, while Jasmine makes a good impression with Cindy. (S)(AD)

8 PM

8.00 **MasterChef** New edition 22/24. The finalists take a culinary trip to Athens, Greece, where they cook for locals before working in the kitchens of two fine dining restaurants. (S)(AD)
■ Continues tomorrow

9 PM

9.00 **Stranded on Honeymoon Island** New edition 10/12. The honeymooners are visited by their friends and family, who are ready to give their opinions on their new partners. (S)(AD)
■ Continues tomorrow

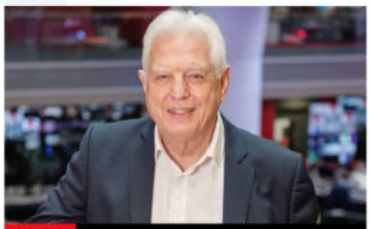
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 FILM PREMIERE **Road House** Action thriller remake of the 1989 Patrick Swayze movie, starring Jake Gyllenhaal. Former UFC fighter Elwood Dalton accepts a position as head bouncer at an ailing roadhouse in the Florida Keys. With Daniela Melchior and Conor McGregor. (S)(AD) (2024, 15, 110min) ★★★ *See review, page 27.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** From Yorkshire. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Earth** A look at how plant life transformed the planet. (S)(R)(AD)
5.15 **Flog It!** Paul Martin hosts from Capesthorne Hall, Cheshire. (S)(R)
6.00 **Richard Osman's House of Games** Yasmine Akram, Stephen Mangan, Ingrid Oliver and Tom Rosenthal take part. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael travels from Lowestoft to Great Yarmouth. (S)(R)(AD)



11.00 Unspun World

7.00 **SOS: Extreme Rescues** New edition 11/12. A slip on a rocky beach turns into a race against the tide. (S)
7.30 **Grand Tours of Scotland's Rivers** Paul Murton continues his trip down the River Forth. (S)(R)(AD)

8.00 **Digging for Britain** In Scotland and northern England, Alice Roberts investigates an Ice Age camp, a mysterious medieval skeleton and the earliest evidence of salt making in Britain. (S)(R)(AD)

9.00 **Wilderness with Simon Reeve** Simon voyages across the Coral Triangle, an area of tropical seas and jungle-clad islands in the south-western Pacific, surrounded by the Philippines, Malaysia and Indonesia. (S)(R)

10.00 NEW SERIES **Cracking the Case: The Torso Wrapped in Plastic** 1/3. The discovery of a human torso in Salford. (S)(AD)
■ Continues tomorrow
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 NEW **Una Famiglia: Team Europe's Ryder Cup Story** An in-depth behind-the-scenes account of Europe's landmark Ryder Cup victory in 2023. (S)
1.10 AM **Sign Zone: Twiggy** (S)(R)(AD)
2.40 **Sign Zone: The Newsreader** (S)(R)
3.30 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
4.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Solihull, where Simon Schneider falls for a vintage political poster. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of family and friends take part in the quiz. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.25 **Party Political Broadcast** By the Liberal Democrats. (S)
6.30 **ITV News** (S)

5.00 The Chase

7.30 **Emmerdale** Dylan is unable to avoid Ray, chaos at the surgery leads Liam to ignore matters of his own health, and Charity's guilt over potentially carrying Ross's baby weighs heavily on her. (S)(AD)

8.00 **Coronation Street** Asha encounters her abusive patient, Becky inadvertently upsets Betsy, Theo overhears Todd discussing him, and Abi announces to Kevin that their marriage is over. (S)(AD)

9.00 NEW SERIES **The Hack** 1/7. Drama starring David Tennant. Journalist Nick Davies investigates a tip-off about phone hacking at Rupert Murdoch's *News of the World*. *See feature, page 4.* (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 NEW **ITV News at 70: The Stories That Shaped Our Nation** Documentary looking at some of the most memorable stories in politics, music, celebrities and sport broken by ITV News since 1955. (S)
12.00 M'T **Teleshopping**
3.00 AM **Tonight: Parking Problems: The True Cost** Ginny Buckley examines parking pricing and investigates whether charge penalties are fair. (S)(SL)(R)
3.25 **Unwind with ITV** (S)
4.50 **to 6.00** AM **ITV News at 70: The Stories That Shaped Our Nation** As shown at 10.00pm. (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S4) (S)(R)(AD)
11.10 **Celebrity Undercover Boss USA**
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition It's opening time at Kevin and Anna's French pub. (S)
5.00 **Four in a Bed** New edition The B&Bers visit the luxury lodges at Bechan Retreats in Powys. (S)
5.30 **Come Dine with Me** Property developer Joey hosts the third night in north Wales. (S)(R)
6.00 **Sun, Sea and Selling Houses** A man looks for a spacious villa to house his car collection. (S)(R)

8.00 Location, Location, Location

7.00 **News** (S)

8.00 **Location, Location, Location** New edition Kirstie Allsopp and Phil Spencer help two couples looking for a new home in Edinburgh, including Claire and Mark, who have moved from Australia to be close to where Claire grew up. (S)(AD)

9.00 **The Donald Trump Show** Series finale 3/3. A novel take on the US President's second term in office. Trump sets out an unlikely foreign policy agenda and is forced to make some big decisions about his war involvement. (S)(AD)

10.00 NEW **The Shadow Scholars: Fake Essay Scandal** Professor Patricia Kingori investigates how thousands of Kenyans are providing essays for Western students. (S)(AD)
12.05 AM NEW **Untold: The Ibiza Final Boss – Haircuts and Hangovers** The new-found fame of TikTok Ibiza dancer Jack Kay. (S)
12.35 **Kitchen Nightmares USA** (S)(R)
1.25 **Mitchell and Webb Are Not Helping** (S)(SL)(R)(AD)
1.50 **Travel Man: 48 Hours in Trieste**
2.15 FILM **Significant Other** Thriller. (S)(SL) (2022, 15, 85min) ★★
3.40 **Location, Location, Location** (R)
4.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)(AD)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM PREMIERE **Deadly Nightmare in Paradise** Thriller starring AnnaLynne McCord. (S) (2019, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Uninvited Guests:* 4/6. Tristan settles into life back at Skeldale, but Carmody has taken his bed. (S5) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** In Benidorm, fish and chip shop owner Caroline prepares for a birthday party. (S)(R)(AD)
6.55 **News** (S)

9.00 Coastguard SOS

7.00 **Puppy School for Guide Dogs** 2/4. Puppy midwife Tim is keeping an eye on Ela's weight loss, but the youngsters are thriving. (S)(R)(AD)
7.55 **News** (S)
8.00 **Street Cops: Catching the Yobs** New edition Police call in firearms officers as they try to disarm a potentially lethal shooter, and officers raid a suspected criminal gang's stronghold. (S)
9.00 NEW SERIES **Coastguard SOS: Search & Rescue** A yacht is in trouble during strong winds and rough tide, and a Coastguard Fixed Wing surveillance flight investigates potential sources of marine pollution. (S)(AD)
10.00 **Catching Britain's Street Thieves** Ex-police detective Rebecca Mason investigates the case of a criminal who has been terrorising shopkeepers and stealing in broad daylight in Newham, east London. (S)(R)
11.05 **Fare Dodgers: At War with the Law** Documentary. (S)(R)
12.05 AM **Traffic Cops: Pursuit Squad One** Documentary. (S)(R)
1.00 **Entertainment News** (S)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **The Omaze Dream House: Are You Missing Out?** (S)(R)
3.55 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 7/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Realty Bites:* Marge takes a job as an estate agent, but her honesty gets her into trouble with her boss. (S)(R) **5.30** *Homer Alone:* Marge has a nervous breakdown and takes a well-earned holiday. (S)(R)
6.00 **The Office (US)** 19/25. Pam's confession to Roy causes problems for Jim. (S)(R) **6.30** 20/25. The staff take part in safety training, and Andy returns to the office. (S3) (S)(R)

9.00 Big Little Lies

7.00 **The Simpsons** *Simpson Tide:* Homer gets fired and becomes a submarine captain. (S)(R) **7.30** *The Principal and the Pauper:* Principal Skinner is exposed as an imposter. With Martin Sheen. (S)(R)
8.00 **Whale with Steve Backshall** 4/4. Steve returns home and travels around the British Isles to follow stories of survival and meet the people striving to give whales and dolphins a safe future. (S)(R)(AD)
9.00 **Big Little Lies** *Living the Dream:* 3/7. Madeline gets under Renata's skin in retaliation for snubbing Ziggy, Jane opens up about her past, while Celeste and Perry see a counsellor. (S)(R)(AD)
10.00 **Big Little Lies** *Push Come to Shove:* 4/7. Nathan invites Madeline to a dinner to discuss Abigail, while Celeste angers Perry by lending her legal skills to get the play back on track. (S1) (S)(R)(AD)
11.00 FILM **Retribution** Action thriller starring Liam Neeson. While driving his children to school, a businessman learns that his vehicle is rigged with explosives. (S)(AD) (2023, 12, 91min) ★★
1.00 AM **An Idiot Abroad 2** 5/8. Karl heads to Africa. (S)(R)(AD)
2.00 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 7/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
2.30pm Politics Scotland (S) **3.15-3.45** Robson Green's Weekend Escapes (S)(R)(AD) **10.40** Debate Night (S)(R) **11.40** Scotcast (S)(R) **12.10am** FILM Road House (S)(AD) (2024, 15, 110min) ★★★ **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Girl Fight Series finale (S) **11.10** FILM Road House: As Scotland. **1.05-6.00am** BBC News (S)

WALES
Sky **965**, Virgin **864**, Freesat **965**
7.00-7.30pm SOS: Extreme Rescues New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Adeiladu'r Freuddwyd: Camp Out West **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Rali Ceredigion **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** NEW SERIES Rhys Patchell: Japan a'r Gic Olaf **8.55** Newyddion a'r Tywydd **9.00** Y Golau: Dwr (AD) **10.00** Priodas Pum Mil **11.00-11.35pm** Bwyd Bach Shumana a Catrin

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Historical characters perform songs of tales of their lives. **7.30** The show focuses on historical 'love rats'.
7.55 **The Catch Up**
8.00 **Freddie Flintoff's Field of Dreams: Ultimate Test** 3/4. The reality that one of the clubs might be beyond saving begins to sink in.
9.00 **Stacey & Joe** 3/6. The family gather to celebrate Zach's 17th birthday.
10.00 **Waterloo Road** 1/8. New teacher Mr Donovan shakes things up at the school. Stars Jon Richardson.
11.00 **Waterloo Road** 2/8. Ashton resorts to drastic measures when Donte is plunged into debt. (S16)
12.00 M'T **Juice** 1&2/6. (S2)
12.50 AM **Ibiza: Secrets of the Party Island** 3&4/4.
2.15 **The Fast and the Farmer-ish** Featuring the Northern Irish heat.
2.25 **to 3.55** AM **Missing in Paradise: Searching for Sarm**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Tornado: The 100mph Steam Engine** Following a new A1 class steam engine.
7.30 **The Return of Flying Scotsman** The steam engine returns to the tracks.
8.00 **Flying Scotsman from the Footplate** Life on the footplate of the nation's favourite steam engine.
9.00 **Ian Hislop Goes Off the Rails** The impact of the 1963 Beeching Report.
10.00 NEW **Waris Hussein Remembers... The Clothes in the Wardrobe** Director Waris Hussein looks back at the 1993 drama.
10.15 **The Clothes in the Wardrobe: Screen Two** Drama starring Julie Walters.
11.35 **Crime and Punishment: The Story of Corporal Punishment** Documentary.
12.35 AM **Tornado: The...**
1.05 **The Return of Flying...**
1.35 **Flying Scotsman from...**
2.35 **to 3.35** AM **Dan Cruickshank and the Family That Built Gothic Britain** Documentary.

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw try to restore a Jeep Grand Cherokee. **4.50** Fuzz and Tim restore a 1986 Rover SD1 that was rotting away in a lock-up.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with successful buyers. **6.55** Two couples search for properties in Edinburgh.
7.55 **Grand Designs** Kevin McCloud follows a couple building a unique home near a West Sussex estuary, turning a swampy pond into a biodiverse waterscape and floating the house above it.
9.00 **The Orient Express: A Golden Era of Travel** Series finale 4/4. The train travels through the Balkans and reaches its final stop in Sofia, the capital of Bulgaria, before ending its journey in Istanbul.
10.00 **24 Hours in A&E** Doctors treat a girl who fell and hit her head at a diving pool, and the security team deal with challenging patients.
11.05 **24 Hours in A&E**
12.05 AM **The Orient Express: A Golden Era of Travel**
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 3-6/24. (S7)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** Tony's case suffers a shocking blow.
7.30 **The Simpsons** *The 7 Beer Itch:* Homer is tempted by a British femme fatale.
8.00 **First Dates Valentine's** Fred and the staff serve an extra portion of romance.
9.00 **Married at First Sight UK** New edition Two more pairs of singles take the leap of faith, and while there's an instant spark for one couple, another bride's arrival sends her new in-laws reeling.
10.35 **Gogglebox** Views on *Line of Duty* and *Made in Chelsea*.
11.35 **First Dates**
12.45 AM **Married at First Sight UK** As shown at 9.00pm.
2.15 **Gogglebox**
3.15 **Below Deck**
4.05 **The Simpsons**
4.30 **The Big Bang Theory**
5.25 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 3/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 3/13. The team investigate the murder of a woman whose face is used for a popular AI bot. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Doc

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Doc** New episode ...*Try Try Again:* 2/10. While in hospital, Amy can't resist getting involved in her roommate's case. (S1)

10 PM
10.00 **Fire Country** New episode *Coming In Hot:* 9/20. Manny risks his freedom for Gabriela. (S3) ■ Entire series on Box Sets
11.00 **Law & Order: SVU** 2/13. (S25)
12.00 M'T **The Equalizer** 11/18. (S3)
1.00 AM **The Rookie: Feds** 3/22.
2.00 **FBI** New episode 8/22. (S7)
3.00 **FBI: International** New episode 8/22. (S4)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** From Hong Kong.
8.00 **Boardwalk Empire** (S1)
10.10 **Westworld** 7&8/8. (S4)
12.25 PM **Game of Thrones** (S3)
1.30 **Das Boot** 3/6. (S4)
2.30 **Boardwalk Empire** (S1)
4.40 **Homicide: Life on the Street** 2&3/22. Double bill. (S4)
6.45 **Game of Thrones** 10/10. Joffrey stands up to his grandfather, and Daenerys discovers if she is seen as a conqueror or liberator. (S3)

9.00 The White Lotus

7.55 **Game of Thrones** *Two Swords:* 1/10. Tyrion is sent to greet a royal party from Dorne, Jon Snow finds himself on trial at Castle Black, Daenerys heads to Meereen. (S4)

9.00 **The White Lotus** *Hide or Seek:* 4/8. Jaclyn's resort getaway with friends falls flat, and Rick reveals his past to Chelsea. (S3)

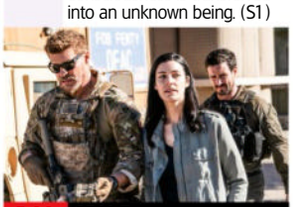
10.15 **Atomic** *The Path of Totality:* 5/5. Max and JJ face a choice when they attempt to win back the uranium. (S1)
11.15 **True Detective** 3/8. (S3)
12.15 AM **The Sopranos** 9/13. Tony checks out a new car. (S3)
1.15 **Succession** 6/9. (S3)
2.25 **Dexter: New Blood** 6/10. (S1)
3.30 **Game of Thrones** (S3)
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 3/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 20/20. (S3)
12.00 NOON **The Flash** 4/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 12/20. (S5)
4.00 **S.W.A.T.** 7/13. (S7)
5.00 **SEAL Team** 19/20. Bravo Team are ambushed by enemy forces during a mission. (S3)
6.00 **Stargate Universe** 11/20. Colonel Young's consciousness is transferred into an unknown being. (S1)


5.00 SEAL Team

7.00 **Stargate Universe** *Divided:* 12/20. Rush suspects a tracking device has been planted on the *Destiny*. (S1)

8.00 **Rob & Romesh vs West End Musicals** Rob Beckett and Romesh Ranganathan try to crack the world of musicals.

9.00 **The Ultimate Romcom Movies** Film fans Clara Amfo, Ellie Taylor and Russell Kane discuss their ideal romantic comedy.

10.00 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Africa to spend time with rare mountain gorillas.
11.00 **The Force: Manchester**
1.00 AM **Road Wars**
2.00 NEW SERIES **Brassic** 1/6. The comedy drama returns for its final series. Vinnie and the crew come up against a new, younger gang. (S7)
3.00 **Magnum P.I.** 12/20. (S5)
4.00 **S.W.A.T.** 7/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New...**
6.00 **Celebrity Catchphrase**

9.00 Olivia Attwood's Bad...

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Olivia Attwood's Bad Boyfriends** New edition Accusations fly as the bad boyfriends battle to survive.

10.00 **Family Guy** 15/21. Peter takes up smoking. **10.30** 9/21. Lois tires of Peter's performances in the bedroom. (S12)
11.00 **Universal Basic Guys** New episode 7/13. (S1)
11.30 **American Dad!** (S14)
12.35 AM **Bob's Burgers** 3/22. (S10)
1.05 **Olivia Attwood's Bad Boyfriends** As 9.00pm.
2.05 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 6/8. (S5)
10.25 **The Royal**
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 3/7. Mary is smitten by a houseguest. (S1)
4.40 **Doc Martin** 7/8. Bert struggles to repay two loan sharks. (S5)
5.50 **Heartbeat** *Stag at Bay:* David befriends a little girl. Guest stars Charlotte Church.

11.55 Unforgotten

6.55 **Heartbeat** *Full Circle:* Mike reunites an estranged family while investigating a puzzling spate of burglaries.

8.00 **Vera** *Death of a Family Man:* Vera investigates the death of a businessman who was working as an informant for HM Revenue and Customs offering information on his own company.

10.00 **Vera** *Fast Love:* Vera investigates when a market trader is found dead following a collision with a car, and it becomes clear it was not an accident.
11.55 **Unforgotten** 1/6. Suspected human remains are uncovered on Whitney Marsh. **12.55** AM 2/6. The Bishop Street team investigate Gerry Cooper's record. (S6)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** From the Highlands and Islands.
8.00 **This Farming Life** Emma and Ewan struggle to get to grips with their new farm.
9.00 NEW SERIES **Debate Night** Topical discussion from Edinburgh.
10.00 **Designing the Hebrides** Banjo Beale makes over two spaces on the Isle of Mull.
10.30 **Gary: Tank Commander** 2/6. Gary finds himself in Captain Fanshaw's good books. (S3)
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **The Scandals That Shocked Scotland** The banking crisis that nearly broke Britain.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 11&12/12. (S3)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 4/20. Jerry drops a bombshell. **8.25** 5/20. Samantha visits Brooklyn to see Jerry's play. (S6)
9.00 **Chris Ramsey: Live from London** Stand-up.
10.00 **And Just Like That...** *The Last Supper – Part One: Appetizer:* 10/11. Miranda takes steps to make amends. (S2)
10.55 **Entourage** (S5)
12.00 M'T **Girls** 3&4/10. (S1)
1.10 AM **Veep** (S1&2)
2.25 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **The South Bank Show Originals**
6.30 **Academy of Ancient Music: Vivaldi's Four Seasons**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **The Timeless Louvre**
3.00 **Painting Birds**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Van Gogh by Vincent**
9.00 **Sci-Fi in the Atomic Age**
10.00 **Miyazaki: Spirit of Nature** Documentary.
11.35 **Fellini by Fellini**
1.00 AM **A Sudden Glimpse to Deeper Things**
3.00 **Sky Arts Book Club**
4.00 **A Play in a Day**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *The Hunted:* 11/26. Picard hunts an escaped prisoner. (S3)
8.00 **Star Trek: Deep Space Nine** 17/26. (S4)
9.00 **The Rookie** 17&18/22. Double bill. (S5)
11.00 **Grimm** 9/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Wheel of Fortune** Graham Norton hosts the game show.
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Luke takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Beat the Chasers** Bradley Walsh hosts as more hopefuls take on all of the Chasers.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Beat the Chasers**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 13&14/26. (S5)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Changes** Romantic drama with Cheryl Ladd.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp Christmas Special** 8/8. (S2)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S3)
9.00 **M*A*S*H** 16/16. Feature-length finale of the comedy. (S11)
11.30 **Rising Damp Christmas Special** From 1975.
12.00 M'T **Man About the House** 2/7. (S3)
12.30 AM **M*A*S*H** (S1)
1.30 **Home to Roost** (S3)
2.00 **A Fine Romance** (S3)
2.25 **Danielle Steel's Changes** As 4.00pm.
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.15 **The Saint**
7.20 **Kojak** Double bill.
9.30 **Magnum, PI**
11.30 **Robin of Sherwood**
12.45 PM LIVE **Snooker: British Open** Coverage of the afternoon session on day three from the Centaur in Cheltenham, featuring second-round matches, played over the best of seven frames.
5.30 **Magnum, PI**
6.30 **The Best of the 70s**

10.15 River Monsters

6.45 LIVE **Snooker: British Open** Jill Douglas presents coverage of the evening session on day three from the Centaur in Cheltenham, featuring third-round matches, played over the best of seven frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **River Monsters** Jeremy Wade wonders whether a goonch catfish could be active in Nepal, after hearing reports of a fisherman being dragged into a river by an unseen creature.

11.15 **Wrestling: AEW Collision**
1.10 AM **The Saint**
2.10 **The Protectors**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 24/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 12/26. (S2)
2.00 **Warehouse 13** 5&6/13. (S1)
4.00 **Star Trek: The Next Generation** 24/26. (S1)
5.00 **Stargate Atlantis** 16/20. (S4)
6.00 **Star Trek: Enterprise** 16/26. Tucker and Reed are cut off from the ship with little chance of rescue. (S1)

4.00 Star Trek: The Next...

7.00 **Star Trek: Deep Space Nine** *The Alternate:* 12/26. Odo's mentor arrives at the station. (S2)

8.00 **Stargate Atlantis** *Trio:* 16/20. Carter, McKay and Keller are sent to help a village that is being rocked by tremors. (S4)

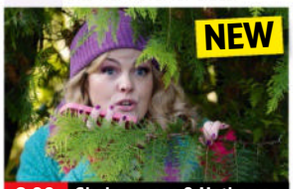
9.00 **The Ark** *Pretty Big Deal:* 6/12. The crew members follow a distress call to a desolate planet. (S2)

10.00 **Grimm** *Pilot:* 1/22. First episode of the fantasy crime drama starring David Giuntoli. A college student is murdered. (S1)
11.00 **Westworld** 7/8. Bernard, Stubbs, and William escape from all of the chaos. (S3)
12.10 AM **SurrealEstate** 10/10. Luke must use his regained powers to save the team. (S2)
1.00 **Warehouse 13** 5&6/13. (S1)
3.00 **Westworld** 6/8. (S3)
4.05 **SurrealEstate** 9/10. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 23/23. (S2)
11.00 **Hudson & Rex** 16/16. (S6)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 23/23. (S2)
5.00 **Hudson & Rex** 16/16. Jesse's music teacher is killed at his recording studio. (S6)
6.00 **Father Brown** *The Hand of Lucia:* A local writer is killed, leaving Father Brown delving into her novel for clues.



8.00 Shakespeare & Hathaway

7.00 **Body of Proof** *Gross Anatomy:* 9/20. A medical student helps Megan on an investigation. (S2)

8.00 NEW SERIES **Shakespeare & Hathaway: Private Investigators** 1/10. (S5) ■ Entire series on Box Sets

9.00 **Mudtown** Series finale *Into the Mud:* 6/6. Claire and Pete learn the truth about the shooting. (S1) ■ Entire series on Box Sets

10.00 **Death in Paradise** *La Murder Le Diable:* 1/8. A masked man stabs a woman in her own home on New Year's Eve. (S9)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 8/16. Peter and Neal help investigate the disappearance of a student from the Naval Academy. (S3)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Last of the Summer Wine**
9.50 **Hi-de-Hi!**
10.25 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
2.55 **Last of the Summer Wine**
4.15 **Don't Wait Up**
4.55 **The Green Green Grass**
5.35 **Hi-de-Hi!**
6.15 **Only Fools and Horses**

6.15 Only Fools and Horses

6.55 **Dad's Army** Frazer is asked to look after the platoon's Lewis gun.
7.35 **Porridge** Fletch is desperate to get out of making fishing nets.
8.15 **Fawlty Towers** A loud-mouthed, abrasive American comes to stay at the hotel.

9.00 **Fawlty Towers** A guest's death plunges the hotel into chaos. Guest stars Geoffrey Palmer. **9.45** Sybil walks out on Basil on their 15th wedding anniversary.
10.20 **Porridge** As 7.35pm.
10.55 **Not Going Out** Lee checks himself for lumps.
11.30 **Bottom** Richie and Eddie's TV gets repossessed, so they have to amuse themselves.
12.10 AM **Fawlty Towers** Double bill.
1.35 **Not Going Out** As 10.55pm.
2.10 **Bottom** As 11.30pm.
2.40 **Avoidance**
3.25 **to 4.00** AM **Bottom**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Spain** The chef continues his tour of Spain by travelling east from the Basque country toward the Mediterranean coast.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore food-related customs associated with weddings.

11.00 8 Out of 10 Cats

7.00 **Would I Lie to You?** With Greg Davies, Guz Khan, Lucy Worsley and Claudia Winkleman.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Anna Richardson. **8.20** With Ronni Ancona, Colin Murray, Nathan Caton and Sally Phillips.

9.00 **QI XL** Rob Brydon, Jimmy Carr, Jo Brand and Alan Davies tackle Stephen Fry's questions on the subject of geography.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the quiz, with Emma Dabiri and Josh Widdicombe.
11.00 **8 Out of 10 Cats** With guests Carol Vorderman, Krishnan Guru-Murthy, Rob Beckett and Sara Pascoe.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

Wednesday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Portugal.
11.00 **Help! We Bought a Village** From Spain.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.45 **The Great British Bake Off** 4/10, The bakers take on three school-based challenges.
9.00 **Gogglebox** Opinions on recent TV shows.
10.00 **8 Out of 10 Cats Does Countdown: Best Bits** Memorable moments from the recent series.
11.00 **Taskmaster**
12.05 AM **Celebrity Gogglebox**
1.05 **Big Fat Quiz: Best Bits**
2.05 **Educating Yorkshire**
3.05 **Kirstie and Phil's Love It or List It**
4.05 **to 5.00** AM **Jamie: Eat Yourself Healthy**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 20-22/24. (S9)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Shabbat Shalom:* 11/24. Part one of two. Ziva's father turns up unannounced. **7.00** *Shiva:* 12/24. Part two of two. The team identify the killer as a Swedish mercenary. **8.00** *Hit-and-Run:* 13/24. A Marine lance corporal is involved in a fatal car crash. (S10)
9.00 **Criminal Minds** *The Capilanos:* 17/22. A killer clown terrorises a sleepy Oklahoma town. **10.00** *The Dance of Love:* 18/22. The agents search for a killer who leaves red roses on his victims. (S13)
11.00 **Law & Order: Special Victims Unit** (S21 &20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly: Australia**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 **999: Critical Condition** A 52-year-old woman has a collision with a bus.
11.00 **Skin A&E** Documentary.
12.00 M'T **The Hospital: Life on the Line**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Traffic Cops**
12.00 NOON **Police Interceptors**
2.00 PM FILM **The Kentuckian** Western directed by and starring Burt Lancaster. (1955, PG, 104min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 NEW SERIES **World's Deadliest Weather: Caught on Camera** A look at earthquakes which hit Turkey and Syria, toppling buildings and trapping residents.
10.00 **Seconds from Death: Caught on Camera**
11.00 **MacGyver** 17/23. (S2)
12.00 M'T **La Brea** New episode 4/6. (S3)
12.55 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants recreate chef Philip Khoury's plant-based dessert.
8.00 **Inside the Ambulance** A father-to-be suffers serious burns.
9.00 **One Born Every Minute** The roles men play as birthing partners. **10.00** A brain injury threatens to stop a man building memories of his child's birth.
11.00 **Nurses on the Ward**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 **A Remarkable Place to Die** New episode *Hard to Swallow – Part Two:* 4/8. An autopsy reveals that Edward Templeton died before Sean. (S1) ■ Entire series on U
10.00 **New Tricks**
12.00 M'T **Spooks** 2/8. (S8)
1.20 AM **Lovejoy**
2.15 **'Allo 'Allo!**
2.45 **Waiting for God**
3.15 **to 4.00** AM **The Bletchley Circle**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Corfu.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Charles Hanson and Raj Bisram embark on the final leg in north Wales. **8.00** Margie Cooper and Ochuko Ojiri visit north-west England.
9.00 **Dr Pimple Popper**
10.00 **Britain's Fattest People: Shut-Ins** New edition Across the UK, thousands of people are affected by obesity and are shut away from the world.
11.00 **Dr Pimple Popper**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room** Items include a drinks cabinet, a toy milk cart and a knife sharpener.
7.00 **The Celebrity Chase** With Tony Audenshaw, Beth Tweddle, Kara Tointon and Louis Walsh.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Western.
9.50 **FILM Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Proud Rebel** Western. (1958, b/w, U, 108min) ★★★
3.20 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Centurion** Thriller. (2009, 15, 91min) ★★★
11.15 **FILM Last Knights** Medieval adventure. (2015, 15, 112min) ★★
1.40 AM **The Avengers** (S4)
2.40 **The New Avengers**
3.40 **Cops Uncut** Double bill.
4.40 **to 5.40** AM **Wild West Chronicles**

+1hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas...**
8.10 **FILM Lies and Deception** Thriller. (2005, PG) ★
10.00 **Unforgettable** (S1)
11.00 **Castle** 4/24. (S2)
12.00 NOON **FILM An Aurora Teagarden Mystery: Dead Over Heels** (2016)
1.55 PM **FILM An Aurora Teagarden Mystery: A Bundle of Trouble**
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 5/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **The Ruth Rendell Mysteries: Simisola**
11.20 **FILM Past Sins** Thriller. (2006, 12, 88min) ★★
1.25 AM **FILM The Black Widow Killer** (2018) ★
2.50 **FILM Hart to Hart: Old Friends Never Die** Mystery. (1993, PG) ★★
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Hart to Hart**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Song** (2012, PG) ★★
10.00 **FILM Battle of the Bulbs** Comedy. (2010, U) ★★
12.00 NOON **FILM Christmas on Mistletoe Lake** Drama. (2022, PG) ★★
2.00 PM **FILM Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
4.00 **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
6.05 **FILM Christmas on the River** (2019, PG) ★★
8.00 **FILM Christmas in Paris** Drama. (2019, PG) ★★
10.00 **FILM Christmas Festival of Ice** (2017, PG) ★★
12.00 M'T **FILM Crashing Through the Snow** Drama. (2021, PG) ★★
1.55 AM **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
3.30 **to 5.00** AM **FILM Christmas in Palm Springs** As 2.00pm.

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie**
10.30 **Soap** 11/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Haggard** 3/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **Last Days of Pompeii**
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** (S2)
4.00 **Mapp and Lucia** (S2)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **The Monkees** (S1)
6.30 **Soap** 11/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 3/7. (S1)
8.30 **Lucky Feller**
9.00 **Please Sir!** (S4)
9.30 **Brass** 2/13. (S1)
10.00 **Game On** 2/6. (S3)
10.35 **Stereo Underground**
11.35 **The Monkees** (S1)
12.05 AM **Last Days of...**
1.50 **We Had One of Those**
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Barnwood Builders** New editions The team save one of the biggest barns they've ever seen. **10.00** Mark creates a rustic family gathering place in Tennessee.
11.00 **Ed Stafford: First Man Out** Ed challenges Aldo Kane to a race across Borneo's swamps.
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Jamie's Easy Meals for Every Day**
7.00 **Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Hairy Bikers' Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **James Martin's French Adventure**
3.00 **Everyday Kitchen**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **Hairy Bikers' Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Hairy Bikers Go West**
10.00 **Hairy Bikers Go North**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 8/28. (S1)
9.00 **The Fall Guy** 11/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **FILM Jesse James the Unstoppable Outlaw** Western adventure. (2018, 12, 80min) ★★
12.35 PM **FILM Flight World War II** Sci-fi thriller. (2015, 12, 85min) ★★
2.20 **FILM The Flight of the Phoenix** Drama. (1965, PG, 142min) ★★★★
5.00 **Star Trek** 22/30. (S1)
6.00 **Charlie's Angels** (S1)
7.00 **The Fall Guy** (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Primal** Thriller. (2019, 15, 97min) ★★★
10.55 **FILM Marked for Death** Crime action thriller. (1990, 18, 94min) ★★
12.50 AM **FILM The Business** Drama with Danny Dyer. (2004, 18, 97min) ★★
2.45 **to 4.50** AM **FILM The Flock** Thriller. (2007, 18, 105min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Frank Herbert's Children of Dune**
8.00 **FILM Ape vs Monster** Sci-fi adventure starring Quinn Baker. (2021, 12, 88min) ★★
10.00 **Andromeda** 7/23. (S2)
11.00 **Frank Herbert's Children of Dune**
1.00 PM **FILM Wild Horses** Contemporary Western starring Kenny Rogers. (1985, PG, 95min) ★★
3.00 **Andromeda** 7/23. (S2)
4.00 **Six Million Dollar Man**
5.00 **Frank Herbert's Children of Dune**
7.00 **Andromeda** 8/23. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Unlocked** Thriller starring Noomi Rapace. (2017, 15, 98min) ★★★
11.00 **FILM Armored** Heist thriller starring Columbus Short. (2009, 12, 88min) ★★★
1.00 **to 3.00** AM **FILM Unlocked** As 9.00pm.

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Blackburn.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters: Pawn Shop Edition**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained with William Shatner**
12.10 PM **Secrets in the Sand**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
11.00 **The Proof Is Out There: Military Mysteries**
12.00 M'T **Mission Unexplained**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Deep Water Salvage**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Wales.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **Passage to India: A Yorkshire Vet Special**
2.30 **Murder, She Wrote**
4.00 **Columbo**
5.35 **The Yorkshire Vet**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben heads to the Suffolk countryside and a secretive patch of woodland.
9.00 **Michael Portillo's Milan**
10.00 **Gibraltar: Britain in the Sun** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Passage to India: A Yorkshire Vet Special**
2.35 **The Yorkshire Vet**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Chasing the West** New edition Jonathan and Drew Scott take on two couples pooling their money for a shared California property.
10.00 **Renovation Aloha** New edition The couple tackle a renovation of Kamohai's childhood home for his parents.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **The Man with No Penis**
10.00 **1000-lb Sisters**
11.00 **My Extreme Excess Skin** Medical series.
12.00 M'T **Sex Sent Me to the ER** Documentary.
1.00 AM **Extreme Cheapskates**
2.00 **1000-lb Sisters**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** (S1&2)
1.00 PM **Friends** (S7)
7.30 **Friends** 20/24. Rachel meets an old friend. **8.00** 21/24. Chandler tries to write his vows. **8.30** 22/24. Chandler visits his father. (S7)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **8 Out of 10 Cats**
11.00 **Iain Stirling's Roast the Internet**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
2.30 **Utopia** 3/8. (S2)
3.00 **The Comedy Central Chart Show**
3.05 **Chris Ramsey: Approval Needed**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 3&4/13. (S3)
11.00 **Friends** (S7)
1.00 PM **Impractical Jokers**
2.00 **Daria** 5&6/13. (S3)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S9)
7.00 **Everybody Loves Raymond** Four episodes, including at: **8.00** 1/25. Ray appears on a TV sports show. **8.30** 2/25. Ray goes to parenting classes. (S2)
9.00 **South Park** (S9&7)
12.00 M'T **Beavis and Butt-Head** (S7)
2.00 AM **Key & Peele** (S2)
3.00 **Teachers** 7&8/10. (S1)
3.45 **The Alasdair Beckett-King Mysteries**
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds** (S1)
11.00 **The Cleaning Lady** (S1)
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Border Security USA**
7.00 **Road Wars**
8.00 **The Cleaning Lady** *Legacy*: 3/10. A rift forms between Fiona and her son when a secret is revealed. (S1)
9.00 **SEAL Team** (S2)
11.00 **Last King of the Cross**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Joe Marler.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
4.00 PM **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition Devin takes the guys to a cattle farm for a day of roping.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition Quinton questions whether half-brother Teran is hiding something sinister.
11.00 **Ex on the Beach**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly hit their heads.
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.50 **Celeb Ex in the City**
3.40 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Flying Wild Alaska**
8.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard browses a collection of classic car parts in Norway. **4.00** The boys head to a Bergen salvage yard.
5.00 **The Last Woodsmen**
6.00 **Hoffman Family Gold** Torrential storms may flood the mine and threaten paydirt.

7.00 Wheeler Dealers World...

7.00 Wheeler Dealers World Tour Mike and Elvis hit the beach for the ultimate surf wagon – the Holden Sandman.

8.00 Roadworthy Rescues Derek revives a 1971 International Travelall to haul a Thunderbird back to Tennessee.

9.00 NEW SERIES Wheeler Dealers World Tour Mike Brewer and Marc 'Elvis' Priestley go global with motor transformations.

10.00 Roadworthy Rescues New edition Derek is determined to get the 1962 Pontiac Bonneville back on the road.

11.00 **Street Outlaws: Locals Only** New edition Motoring series.
12.00 M'T **Blowing Up History**
1.00 AM **Wheeler Dealers World Tour** As shown at 9.00pm.
2.00 **Roadworthy Rescues**
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Project Grizzly**
10.00 **Tanked** Documentary.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat who has soaked his home in urine. **4.00** A cat terrorising a family about to bring home a baby.
5.00 **Lone Star Law** The Wardens rush to save a sick bald eagle.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor tries to save a dog kicked in the head by a horse.

8.00 Dog Detectives

7.00 Treehouse Masters Pete Nelson seeks out the most wonderful arboreal structures in the world.

8.00 Dog Detectives Alsatian Thor joins a firearms unit, and sniffer dog Meg raids a flat with possible drug dealing links.

9.00 Alaska: The Last Frontier Atz Lee and Jane hunt for black bears, but soon find themselves coming face to face with a grizzly.

10.00 Alaskan Bush People Birdie goes on a hunt to bring home meat for the family and save her chickens from slaughter.

11.00 **Pit Bulls & Parolees** An elusive dog needs catching in the middle of the night.
12.00 M'T **Crikey! It's the Irwins** A cougar needs a health check.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Inside Melbourne Airport** Brad has just 90 minutes to turn around an Air India flight, and baggage handler Brodie battles jams.
5.00 **Car S.O.S** Tim and Fuzz restore a BMW M3 E46.
6.00 **Lost Treasures of Egypt** A trail of clues towards the tomb of Cleopatra.

10.00 No Man Left Behind

7.00 Air Crash Investigation A captain tries to stop his plane from crashing into the South China Sea after an engine failure.

8.00 Top Guns: The Next Generation A student's dreams are challenged during advanced bombing training.

9.00 US Secret Service: In the Line of Fire Behind the scenes with security at major events, including an international summit.

10.00 No Man Left Behind Chris Ryan tells of how he had to race 200 miles across the desert to evade Iraqi forces.

11.00 **Air Crash Investigation** A DC-8 crashes during take-off.
12.00 M'T **Engineering Europe**
1.00 AM **Lost Treasures of Arabia**
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Curse of Skinwalker Ranch** Documentary.
2.00 **Beyond Skinwalker Ranch**
3.00 **Full Custom Garage** New edition Ian Roussel tries to finish his wild concept car.
4.00 **Ancient Impossible**
6.00 **American Pickers**

10.00 Beyond Skinwalker Ranch

7.00 Forged in Fire Four bladesmiths must forge not just one, but three knives from railroad spikes in three hours.

8.00 Storage Hunters T-Money bids on a lot that he thinks could contain guns. **8.30** A surprise awaits in a lot from Australia.

9.00 Curse of Skinwalker Ranch New edition The team ignite a bonfire to examine the Bubble, making a chilling discovery.

10.00 Beyond Skinwalker Ranch New edition The team put experiencer of strange events Chris Bledsoe to the test.

11.00 **World's Most Unexplained...**
12.00 M'T **Alien Corridors**
12.55 AM **The UnBelievable with Dan Aykroyd** A woman involved in three individual maritime disasters.
1.50 **Curse of Skinwalker Ranch**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Downfall** As 4.00pm.
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Hitler permanently retreats to his bunker.
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Durham Cathedral.

9.00 Train Rescue Down Under

7.00 Wilderness with Simon Reeve Simon goes on a hunt with a group of San trackers before heading to the Okavango Delta.

8.00 Train Truckers In Shropshire, a Great Western Railway 'Modified Hall' steam engine needs a safety inspection.

9.00 Train Rescue Down Under New edition A freight train needs an urgent engine replacement after a critical failure.

10.00 Bangers & Cash Behind the scenes of a North Yorkshire-based, family-run historic car auction business.

11.00 **Bangers & Cash** Derek lands himself a 1947 Lea Francis that is half made of wood.
12.00 M'T **Find It, Fix It, Flog It** Simon O'Brien finds a collection of replica cars.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Wilderness with Simon Reeve**

+1 hour 255 329

Wednesday

7 PM 8 PM 9 PM 10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Find It, Fix It, Drive It**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **The Yorkshire Auction House** Angus Ashworth sorts through a collection of model aircraft. **9.00** Angus helps out a lady selling her parents' belongings and finds treasure with a rare military map.
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Before They Kill Again**
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **The Grindr Killer: A Faking It Special**
1.00 AM **Serial Killer, Serial Liar Levi Bellfield: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** Firefighters responding to an apartment fire make a grisly discovery.
8.00 **Murder by the Sea** Exploring the case of John George Haigh.
9.00 **Murder: Fight for the Truth** Satish Sekar's investigation helps police put a killer behind bars.
10.00 **Murder: Point of Contact** New edition Christopher Birks and his children escape a fire, but his wife Amanda doesn't.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Murder: Point of Contact** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **See No Evil**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Police use video footage and forensic evidence to track down a gang. **5.30** A doctor is accused of assaulting two female patients. **6.00** When the wife of a farmer goes missing, the study of tree ring growth helps investigators. **6.30** When a woman is convicted of her husband's murder, her son goes to great lengths to prove her innocence, including enrolling for law school.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Donna Arroyo.
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil Killers** Documentary.
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **Murder Next Door**
9.00 **NEW SERIES Killer in My Village**
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **What the Killer Did Next** Documentary.
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Snapped** Purdie Clark.
4.00 **to 6.00** AM **Highlights**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **The Normans**
9.55 **Secrets of the Royal Palaces** Hampton Court.
10.55 **The Great Escape: The True Story**
11.55 **The First World War: The People's Story**
1.00 PM **America the...**
1.35 **The Normans**
2.55 **Secrets of the Royal...**
3.50 **The Great Escape: The True Story**
4.55 **America the Bountiful**
5.30 **The First World War: The People's Story**
6.35 **The Normans**
7.55 **Secrets of the Royal Palaces** Hampton Court.
8.50 **The Great Escape: The True Story**
9.55 **The First World War: The People's Story**
11.00 **Secrets of the Royal...**
12.00 M'T **The Great Escape: The True Story**
1.05 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

WEDNESDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: George Clooney**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **Lockerbie**
11.00 **The Jinx Part Two**
12.00 NOON **Being Mary Tyler Moore**
2.15 PM **Quad Gods**
4.00 **Discovering: George Clooney**
5.00 **The Directors**
6.00 **The Nineties**
7.00 **Tales from the Ryder Cup** Series finale 3/3. A look at the recent history of the event.
8.00 **The Jinx Part Two** 2/6. Robert Durst calls a friend who is keeping his own secret.
9.00 **The Truth vs Alex Jones**
11.20 FILM **When We Were Kings** Oscar-winning documentary. (1996, PG, 87min) ★★★★★
1.00 AM **Magic & Bird: A Courtship of Rivals** The lives and careers of basketball legends Magic Johnson and Larry Bird.
2.50 **My Icon: Shaun Gayle**
3.00 **You Were My First Boyfriend**
5.00 **to 6.00** AM **Discovering: George Clooney**

Sky Nature

145 113/114 189 354 369

6.00 AM **Zambia Untamed**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Secret Life of the Kangaroo**
10.00 **Wild Tales from the Farm**
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Secret Life of the Kangaroo**
4.00 **Wild Tales from the Farm**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall** People striving to give whales and dolphins a safe future.
9.00 **Macro Worlds** A look at what insects do to survive the winter.
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
12.00 M'T **Orangutan Jungle School**
1.00 AM **Zambia Untamed**
2.00 **Whale with Steve Backshall**
3.00 **Macro Worlds** As 9.00pm.
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Secret Life of the Kangaroo**

Sky History 2

163/168 143 186

6.00 AM **The UnBelievable with Dan Aykroyd** Double bill.
8.00 **Mysteries from Above**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
2.00 PM **Britain's Most Historic Towns** Double bill.
4.00 **The UnBelievable with Dan Aykroyd** Double bill.
6.00 **Mysteries from Above** Massive concrete arrows scattered across America.
7.00 **Combat Ships** Focusing on stories of espionage at sea. **8.00** Examining the defeat of the Spanish Armada.
9.00 **Ramses the Great: King of Ancient Egypt** Investigating Ramses II's reputation as most feared and respected among the martial pharaohs.
10.00 **Ghost Ships** Tony Sampson searches for SS *Clare Lilley*.
11.00 **Ancient Aliens** Triple bill.
2.00 AM **Britain's Most Historic Towns** Double bill.
4.00 **History's Greatest Aircraft**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** Timothy Brehmer.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Lie Detector: Truth or Deception** New edition
10.00 **Secrets of Celebrity Sex Tapes** New edition
11.00 **Look What You Made Me Do**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Lie Detector: Truth or...**
2.00 **Imperfect Murder**
3.00 **Secrets of Celebrity Sex Tapes**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish: Fantastic Beasts**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Borneo's Secret Kingdom**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: The Wild Side** At the Wilds, keepers perform a gnarly hoof trim.
8.00 **Peru's Wild Kingdom** A profile of the many creatures living on the banks of Peru's Manú River.
9.00 **Smoky Mountain Park Rangers** The Great Smoky Mountain National Park staff set out to protect black bears.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **America's National Parks**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Day After D-Day**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** An insight into the technology used to prevent asteroids hitting Earth.
8.00 **Day After D-Day** Men who survived the Normandy invasion as young soldiers in June 1944 recall their experiences of the conflict and discuss the effect it had on their lives.
9.00 **Unexplained and Unexplored** A search for a mysterious shipwreck in the Red Sea.
10.00 **How Do They Do It?**
11.00 **Savage Builds**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** A complex in Georgia pointing into deep space that almost discovered a signal from aliens. **8.00** Exploring Hartwood, a haunting facility in Scotland, plus ruins of an ancient city in Iraq, and a scandal-hit town in New Mexico. **9.00** Exploring a ruined castle above a German village, a rural town in Idaho, a futuristic skyscraper in Johannesburg and a fantasy world just outside of Buenos Aires. **10.00** A British fort that became a bizarre zoo, a brutalist school for Communist top brass, and a lost world that hides secrets of a vanished people. **11.00** Exploring a luxury resort in Argentina, a Greek palace above a Mexican city, and a former hotel in Hawaii.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Death by Fame**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Faking It: Tears of a Crime**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Evil Lives Here**
7.00 **Disappeared** Focusing on the case of 23-year-old Amy Bradley, who vanished in March 1998 while on a family cruise through the Caribbean. **8.00** Examining the case of Tyarra Williams, who vanished in January 2016.
9.00 **Cabin in the Woods** A father's desperate search for his daughter leads him to an abandoned cabin in Canada.
10.00 **Calls from the Inside** Two middle class mothers who both tried to kill their husbands.
11.00 **Before They Kill Again**
12.00 M'T **Real Time Crime**
2.00 AM **Evil Lives Here**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** In Australia, a disaster occurs during the construction of a huge bridge.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

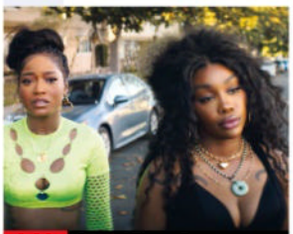
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **Love Hurts** As 4.50pm.
8.45 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
10.35 **Nosferatu** As 9.45pm.
12.50 PM **Wolf Man** As 8.00pm.
2.35 **The Lord of the Rings: The War of the Rohirrim** Animated fantasy adventure. (2024, 12, 134min) ★★★★
4.50 **Love Hurts** Action comedy. (2025, 15, 83min)
6.20 **One of Them Days** Comedy. (2025, 15, 97min) ★★★



6.20 One of Them Days

8.00 Wolf Man Werewolf horror starring Christopher Abbott. After barricading themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

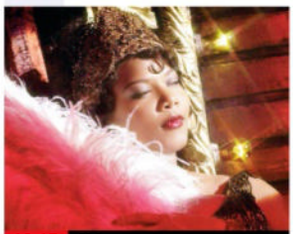
9.45 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult and Aaron Taylor-Johnson. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.20 AM **The Prosecutor** Hong Kong thriller with Donnie Yen. Subtitled. (2024, 15, 117min)
5.20 **to 7.35** AM **The Lord of the Rings: The War of the Rohirrim** As shown at 2.35pm.

Sky Cinema Hits

303 303 403 503 517

7.40 AM **Cleaner** Action thriller. (2025, 15, 97min) ★★★
9.30 **The Watched** As 5.45am.
11.25 **Jack Reacher** Action thriller. (2012, 15, 130min) ★★★
1.40 PM **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
3.40 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
6.00 **One Life** Fact-based drama starring Anthony Hopkins. (2023, 12, 105min) ★★★★



10.15 Chicago

8.00 It Ends with Us Drama based on Colleen Hoover's novel, starring Blake Lively. A woman's abusive relationship is shaken after her first love reappears. With Justin Baldoni, Jenny Slate and Brandon Sklenar. (2024, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Chicago Oscar-winning screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Queen Latifah. (2002, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Borat Subsequent Moviefilm** Spoof sequel. (2020, 15, 95min) ★
1.50 **The Quiet Man** John Ford's drama. (1952, U, 129min) ★★★
4.00 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
5.45 **to 7.30** AM **The Watched** Horror. (2024, 15) ★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **My First Summer** (2020)
7.50 **Oh! What a Lovely War** Musical. (1969, PG, 144min) ★★★★
10.25 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
12.35 PM **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
2.35 **Ordinary Angels** Drama. (2024, 12, 113min) ★★★★
4.40 **My First Summer** Drama. (2020, 15, 80min) ★★★

6.10 **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
8.00 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt, Anthony Hopkins and Claire Forlani. Death comes to Earth and experiences love after giving a temporary reprieve to a media tycoon. (1998, 12, 181min) ★★★★
11.00 **There Will Be Blood** Epic drama starring Daniel Day-Lewis and Paul Dano. (2007, 15, 158min) ★★★★★

1.40 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
3.45 **Sky Cinema Preview**
4.15 **to 6.20** AM **Girl You Know It's True** Biographical drama starring Elan Ben Ali and Tijan Njie. (2023, 15, 124min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

8.00 AM **Night Swim** As 2.10am.
9.45 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
11.45 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
2.35 PM **Men in Black II** Sci-fi sequel. (2002, PG, 88min) ★★★
4.15 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
6.05 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★

8.00 **Passengers** Sci-fi drama starring Jennifer Lawrence, Chris Pratt and Michael Sheen. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. (2016, 12, 116min) ★★★
10.10 **Concrete Utopia** South Korean disaster drama starring Lee Byung-hun and Park Seo-joon. Survivors from a massive earthquake struggle for a new life in Seoul. Subtitled. (2023, 15, 130min) ★★★★

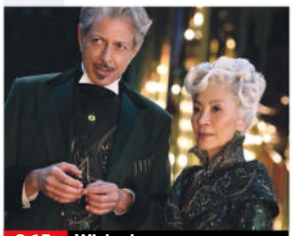
12.30 AM **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
2.10 **Night Swim** Horror with Wyatt Russell. (2024, 15, 98min) ★
4.00 **Strange Darling** Thriller. (2023, 18, 97min) ★★★★
5.50 **to 7.35** AM **Arcadian** Horror. (2024, 15, 92min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Hook** (1991, U) ★★★
9.05 **The Three Musketeers: Milady** (2023, 12) ★★★★
11.05 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
12.45 PM **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
2.35 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
4.05 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
6.00 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★



8.15 Wicked

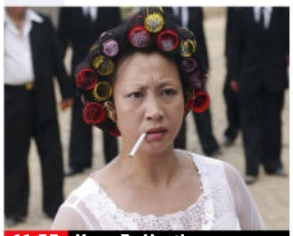
8.15 **Wicked** Part one of *The Wizard of Oz* prequel based on the hit stage musical, starring Cynthia Erivo and Ariana Grande. Misunderstood because of her green skin, a young woman named Elphaba forges an unlikely but profound friendship with Glinda, a student with an unflinching desire for popularity. With Jonathan Bailey, Michelle Yeoh and Jeff Goldblum. (2024, PG, 160min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James and Raini Rodriguez. (2015, PG, 92min) ★★
12.45 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
3.00 **The Wiz** Motown musical updating of *The Wizard of Oz*. (1978, U, 133min) ★★
5.20 **to 7.10** AM **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★

Sky Cinema Action

307 307 407 507 521

6.40 AM **Cinema List: Antiheroes**
6.55 **Snow White and the Huntsman** (2012, 12) ★★★
9.05 **The Huntsman: Winter's War**
11.00 **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
1.50 PM **The Killer** Action thriller. (2024, 15, 125min) ★★★★
4.00 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
5.40 **Godzilla** Thriller remake. (1998, PG, 139min) ★★★



11.55 Kung Fu Hustle

8.00 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. With Bingbing Li, Rainn Wilson and Ruby Rose. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. A young getaway driver finds himself taking part in a heist doomed to fail. (2017, 15, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Kung Fu Hustle** Action comedy. (2004, 15, 99min) ★★★★
1.40 AM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
3.35 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.10 **to 7.05** AM **Shaolin Soccer** Martial arts sports comedy. (2001, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Sixteen Candles** Comedy. (1984, 12, 89min) ★★★
8.55 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
11.00 **Baywatch** (2017, 15) ★★
1.10 PM **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
2.50 **The Money Pit** Comedy. (1985, 15, 91min) ★★★
4.30 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
6.15 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★

6.15 My Big Fat Greek Wedding 2

8.00 **Parenthood** Comedy drama about family life starring Steve Martin and Mary Steenburgen. An anxious father strives to do the best for his children – but his efforts don't always work out as planned. (1989, 15, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

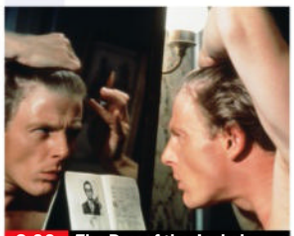
10.05 **Mamma Mia!** Musical based on the stage show inspired by ABBA songs, starring Meryl Streep and Amanda Seyfried. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
1.55 AM **Weird Science** Fantasy comedy with Kelly LeBrock. (1985, 12, 94min) ★★★
3.30 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
5.15 **to 6.50** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Psycho** As 12.40am.
8.00 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
10.20 **Juror #2** As 2.30am.
12.25 PM **The Equalizer** Thriller starring Denzel Washington. (2014, 15, 132min) ★★★
2.50 **The Da Vinci Code** Mystery thriller starring Tom Hanks. (2006, 12, 149min) ★★★
5.30 **Angels & Demons** Mystery thriller starring Tom Hanks. (2009, 12, 138min) ★★



8.00 The Day of the Jackal

8.00 **The Day of the Jackal** Thriller based on the novel by Frederick Forsyth, starring Edward Fox as a cold-blooded assassin hired to kill French president Charles de Gaulle. With Michael Lonsdale, Eric Porter and Delphine Seyrig. (1973, 15, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Psycho** Horror chiller remake. (1998, 15, 100min) ★
2.30 **Juror #2** Courtroom thriller. (2024, 12, 113min) ★★★★
4.30 **to 6.20** AM **Poker Face** Crime thriller directed by and starring Russell Crowe. (2022, 15, 120min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
12.50 PM **The Man from Colorado** Western starring Glenn Ford. (1948, PG, 99min) ★★★
3.00 **Kind Hearts and Coronets** Ealing Studios comedy. (1949, b/w, U, 106min) ★★★★★
5.10 **Titanic** James Cameron's Oscar-winning drama with Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★★

11.05 How to Blow Up a Pipeline

8 PM **Titanic** (film started at 5.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Contractor** Drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. With Ben Foster and Gillian Jacobs. (2022, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.05** PREMIERE **How to Blow Up a Pipeline** Crime thriller starring Ariela Barer. A crew of environmental activists plot a daring plan to disrupt an oil pipeline. (2022, 15, 104min) ★★★★ *See review, page 26.*
1.10 **to 3.15** AM **Woman at War** Icelandic dark comedy drama. Partly subtitled. (2018, 12, 100min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

7.15 AM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
9.15 **Mean Girls** Musical adaptation of the 2004 teen comedy. (2023, 12, 112min) ★★★
11.10 **The Book of Clarence** (2023)
1.25 PM **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
3.50 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★

6.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★
8.00 **Gladiator II** Historical drama sequel starring Paul Mescal. The son of a slain Roman General enters the Colosseum in an attempt to bring glory back to Rome. With Denzel Washington. (2024, 15, 148min) ★★★
10.30 **The Bikeriders** Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. (2023, 15, 116min) ★★★★

12.30 AM **A Quiet Place: Day One** Horror starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
2.20 **The Thicket** Western. (2024, 15, 108min) ★★★
4.20 **to 6.40** AM **The Book of Clarence** Biblical comedy. (2023, 15, 129min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

7.55 AM **Holiday Inn** Musical comedy. (1942, b/w, U, 101min) ★★★★
9.40 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
12.10 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.10 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
4.05 **Grease 2** Musical sequel. (1982, PG, 109min) ★★

6.00 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
8.00 **The Terminal** Steven Spielberg's comedy drama starring Tom Hanks as a traveller from Eastern Europe who becomes stranded in New York's JFK airport terminal by a coup back home. With Catherine Zeta-Jones. (2004, 12, 129min) ★★★★
10.15 **Jerry Maguire** Comedy drama starring Tom Cruise, Renée Zellweger and Cuba Gooding Jr. (1996, 15, 139min) ★★★★

12.35 AM **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. (1993, PG, 105min) ★★★★★
2.25 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
4.10 **to 6.00** AM **Roxanne** Comedy. (1987, PG, 102min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Over the Hedge** (2006)
7.40 **The Amazing Maurice** Animation. (2022, PG) ★★★★
9.25 **Bon Voyage, Charlie Brown** Animation. (1980, U, 70min) ★★
10.50 **Kung Fu Panda 2** Animated sequel. (2011, PG, 90min) ★★★★
12.30 PM **Home** Animated adventure. (2014, U, 94min) ★★★
2.15 **Trolls** Animated musical. (2016, U, 92min) ★★★

4.00 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
5.50 **Kung Fu Panda 3** Animated comedy adventure sequel. (2016, PG, 95min) ★★★★
7.40 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
9.25 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
11.00 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
12.25 AM **Fox and Hare Save the Forest** (2024, U) ★★★

1.45 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
3.10 **9** Animated sci-fi fantasy. (2009, 12, 79min) ★★★
4.45 **to 6.20** AM **Rugrats Go Wild** Animation. (2003, U) ★★★

Movies 24

312 313 419

7.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
9.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
11.00 **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
1.00 PM **3 Bed, 2 Bath, 1 Ghost** Supernatural romantic comedy. (2023, PG, 84min) ★★
3.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★

5.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
7.00 **The Story of Love** Romantic comedy starring Brittany Bristow and Franco Lo Presti. (2022, PG, 91min) ★★
9.00 **Marry Go Round** Romantic comedy starring Amanda Schull and Brennan Elliott. A woman preparing to marry discovers that her divorce from her high-school sweetheart was never finalised. With Mary-Beth Manning. (2022, PG, 84min) ★★

11.00 **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★
1.00 AM **Love in the Limelight** Comedy. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Unthinkably Good Things** Drama. (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **Look at Life**
7.20 **The Gentle Trap** Thriller. (1960, PG, 58min) ★★
8.30 **Out of Town**
9.00 **The Lady from Shanghai** Thriller. (1948, b/w, PG) ★★★★★
10.45 **Gaolbreak** Crime thriller. (1961, b/w, U, 61min) ★★
12.00 NOON **Dixon of Dock Green**
1.00 PM **Alma Cogan Live in 1959**

1.55 **The Brothers** 2/13. (S6)
3.00 **Look at Life**
3.15 **Father's Little Dividend** Comedy sequel to *Father of the Bride*. (1951, b/w, U, 82min) ★★★
4.55 **Autobiography of a Princess** Merchant-Ivory drama. (1975, PG, 58min) ★★★★
6.10 **Strange But True**
6.45 **Man Accused** Crime drama. (1959, b/w, U, 58min) ★★★
8.00 **Food Flash: Chester Orange Juice** Short promotional film.
8.05 **Van der Valk** 6/7. (S2)

9.05 **Maigret** 2/4. (S14)
10.55 **Timeslip** Sci-fi action thriller. (1955, b/w, 12, 93min) ★★★
12.45 AM **The Shakedown** Thriller. (1959, b/w, 15, 92min) ★★
2.35 **The Death of Adolf Hitler**
4.45 **to 6.00** AM **Death Goes to School** Thriller. (1953, b/w, U) ★★

WEDNESDAY Sport 24 September

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, featuring the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
1.00 PM **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
7.00 **LIVE EFL Cup Port Vale v Arsenal.** Coverage of the third-round tie staged at Vale Park. This is the first meeting this century between these two clubs having not met since an FA Cup tie in January 1998. The hosts have only ever managed four victories against their visitors in their history, with the last win coming way back in 1901 thanks to a 1-0 victory in the old Division Two. Kick-off **8.00pm**.
11.00 **Tales from the Ryder Cup** A look at the recent history of the event, with a preview of this year's teams and captains as well as a glimpse at the Bethpage course.
12.00 M'T **Sky Sports News**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open and the Beijing Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Sky Sports FC** Headlines.
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **Premier League Highlights** Manchester United v Chelsea. **3.30** Fulham v Brentford. **4.00** Sunderland v Aston Villa. **4.30** Arsenal v Manchester City.
5.00 **The Premier League Show**
7.00 **Premier League Stories**
7.30 **Netbusters** Highlights.
8.00 **Gary Neville's Soccerbox** With former striker Alan Shearer. **8.30** With Teddy Sheringham.
9.00 **Premier League Stories**
9.30 **Ref Watch** Refereeing decisions.
10.00 **Premier League Icons** A profile of Duncan Ferguson.
10.30 **Arteta Meets Merson**
10.45 **My Origin Story: Oliver Glasner**
11.00 **Premier League Years** A look back at the 2018/19 season.
1.00 AM **PL Retro** Liverpool v Chelsea from the 2013/14 season.
3.00 **PL Greatest Games**
4.00 **Best Premier League Goals 23/24** Breathtaking goals.
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2019/20 play-offs.
9.00 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **EFL Cup** Another chance to see Liverpool v Southampton.
2.00 PM **EFL Highlights**
3.00 **EFL League One Goals**
3.30 **EFL League Two Goals**
4.00 **EFL Highlights** Championship.
4.30 **EFL Cup Highlights**
5.00 **EFL Greatest Games**
6.00 **EFL Highlights** Championship.
6.30 **EFL Cup Highlights**
7.00 **LIVE EFL Cup Port Vale v Arsenal.** Coverage of the third-round tie staged at Vale Park. This is the first meeting this century between these two clubs having not met since an FA Cup fixture in 1998. Kick-off **8.00pm**.
11.00 **EFL Cup Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
12.30 AM **EFL Cup** The 2011 final.
2.30 **Best Scottish Premiership Goals 2021/22**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Rivalries** East Midlands.
5.30 **to 6.00** AM **Jimmy Glass: The Great Escape**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's ICC World T20 Cricket** Highlights.
7.00 **One-Day International Cricket** England v South Africa.
8.00 **Women's ICC World T20 Cricket** Action from 2024.
9.00 **Best of England v South Africa**
9.15 **One-Day International Cricket** England v South Africa.
10.15 **International T20 Cricket**
2.45 PM **Best of England v South Africa** Archive highlights.
3.15 **One-Day International Cricket**
5.15 **Women's ICC World T20 Cricket** Highlights from 2024.
6.15 **Best of England v South Africa**
6.30 **Women's ICC World T20 Cricket** England v Scotland. **7.00** Bangladesh v West Indies.
7.30 **Best of the Women's World T20**
8.00 **Women's ICC World T20 Cricket** Action from 2024.
10.00 **Women's One-Day International Cricket** England v India staged at Lord's in London.
11.00 **Women's ICC World T20 Cricket** Highlights from 2024.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.30 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **How the 2002 Ryder Cup Was Won** Another chance to see the 34th edition at the Belfry.
9.00 **How the 2004 Ryder Cup Was Won** From Oakland Hills Country Club in Michigan.
11.00 **Countdown to the Ryder Cup** A breakdown of players who have made the European and US teams.
11.30 **McGinley & Chamblee: Ryder Cup** A preview of the action.
1.00 PM **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
11.00 **Tales from the Ryder Cup** The recent history of the event.
12.00 M'T **Ryder Cup Memories**
1.00 AM **HotelPlanner Tour Golf Highlights** Action from the Italian Challenge Open.
1.30 **PGA Tour Champions**
2.30 **How the 1995 Ryder Cup Was Won** From Oak Hill Country Club.
4.30 **to 6.00** AM **Ryder Cup Memories**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, featuring the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
2.00 PM **ATP Tennis** Canadian Open.
2.15 **WTA Tennis** Recent finals.
3.30 **ATP Tennis** Action from China.
5.30 **ATP Tour This Week**
6.00 **WTA & ATP Tennis** Action from the WTA and ATP Tours.
2.00 AM **Bitesize Tennis**
2.45 **Frances Tiafoe Podcast 2024**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open and the Beijing Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **SailGP Highlights**
7.00 **Cycling World Championship**
8.00 **UEFA Europa League & Conference League Magazine**
8.30 **UEFA Champions League Magazine** News and updates.
9.00 **Premier League Netbusters**
9.30 **Premier League Stories**
10.00 **The Gruppetto** Cycling action.
10.15 **Cycling World Championship**
11.15 **LIVE Cycling World Championship** From Rwanda.
4.30 PM **Premier League Netbusters**
5.00 **Premier League**
6.30 **Match Officials Mic'd Up**
7.00 **LIVE UEFA Europa League Real Betis v Nottingham Forest.** Coverage of the league phase match from Estadio La Cartuja. Kick-off is at **8.00pm**.
10.30 **Snooker Home Nations Series English Open** A review.
11.30 **LIVE MLB Philadelphia Phillies v Miami Marlins.** Coverage from Citizens Bank Park. Start-time is at **11.45pm**.
2.45 AM **MLB Plays of the Week**
3.15 **TNT Sports Reload**
3.45 **The Gruppetto** Cycling action.
4.00 **Cycling World Championship**
5.00 **to 6.00** AM **Triathlon Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **V8 Supercars Highlights**
8.00 **EWC All Access** Bol d'Or.
9.00 **British Speedway**
10.00 **British Superbikes Highlights**
11.00 **CPL Highlights**
11.30 **Premier League Reload**
11.45 **LIVE IFSC Climbing World Championship** Coverage of the women's speed final staged in Seoul, South Korea.
1.15 PM **T100 Triathlon World Tour Highlights** Action from Valencia.
2.15 **EWC All Access** Bol d'Or.
3.15 **TNT Sports Reload**
3.45 **UEFA Champions League Goals Reload** Recent action.
4.00 **MLB Highlights**
5.00 **Serie A** Inter Milan v Sassuolo. **6.00** Highlights of Napoli v Pisa.
7.00 **LIVE UEFA Europa League Red Star Belgrade v Celtic.** Coverage of the league phase match staged at Rajko Mitic Stadium. Kick-off is at **8.00pm**.
10.30 **Serie A – Full Impact** Action from the fourth matchday.
11.00 **Cycling World Championship**
12.00 M'T **Women's One-Day International Cricket**
3.00 AM **NWSL** Recent action.
5.00 **to 6.00** AM **Onboard**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights** Action from Baltimore Ravens v Detroit Lions. **7.00** Highlights from Buffalo Bills v Miami Dolphins. **8.00** Action from Minnesota Vikings v Cincinnati Bengals. **9.00** Highlights of Chicago Bears v Dallas Cowboys.
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Minnesota Vikings v Cincinnati Bengals.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Action from Baltimore Ravens v Detroit Lions. **5.00** Highlights of Minnesota Vikings v Cincinnati Bengals.
6.00 **NBC's Pro-Football Talk**
8.00 **The Runway** New York Jets.
8.45 **NFL Bitesize Highlights** Action from New England Patriots v Pittsburgh Steelers.
9.00 **NFL Highlights** Action from New York Giants v Kansas City Chiefs. **10.00** Highlights from Baltimore Ravens v Detroit Lions.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, featuring the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
2.00 PM **Sports Desk**
5.00 **The Premier League Show**
7.00 **EFL Cup Build-Up** All the build-up to the evening's matches.
7.40 **LIVE EFL Cup Huddersfield Town v Manchester City.** Coverage of the third-round tie from Accu Stadium, as the teams face each other in this competition for the first time since 1969. While the Citizens received an automatic bye to this round, the Terriers reached this stage following two penalty shootout victories over Leicester City and Sunderland. Kick-off **7.45pm**.
11.00 **Sky Sports News**
1.00 AM **Craig Brown: My Scotland** The former Scotland manager reflects on France 1998.
1.30 **Dundee United: Champions 83**
2.00 **Sky Sports News**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open and the Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **ATP Tennis** Action from China.
12.00 NOON **Formula 1** From Baku.
1.00 PM **Ladies European Tour Golf**
2.00 **PL Greatest Games**
3.00 **ATP Tennis** Chengdu Open final.
5.00 **Formula 1** Azerbaijan Grand Prix.
6.00 **WTA Tennis** Korea Open final.
7.00 **Ladies European Tour Golf**
9.00 **ATP Tennis** Highlights.
11.00 **Formula 1** Azerbaijan Grand Prix.
12.00 M'T **PL Greatest Games**
1.00 AM **The Greatest Final 2007: Taylor v Barneveld**
1.30 **John Part's Journey 2001-08**
2.00 **The Rise of MVG**
2.30 **Gary Anderson: Back2Back Champion** Archive action.
3.00 **EFL Greatest Games**
4.00 **The Open Zone** Highlights.
4.30 **to 6.00** AM **Ryder Cup Memories**

TNT Sports 3

413 415 523 410 432

6.00 AM **Motocross World Championship** From Australia.
9.00 **NWSL** Recent action.
11.00 **Serie A** Highlights from Italy.
1.00 PM **MLB Highlights**
2.00 **International T20 Cricket**
5.00 **UEFA Champions League Goals Reload** The latest action.
5.15 **UEFA Europa League & Conference League Magazine**
5.45 **LIVE UEFA Europa League Midtjylland v Sturm Graz.** The league phase match from MCH Arena. Kick-off **5.45pm**.
7.45 **LIVE UEFA Europa League Nice v AS Roma.** Coverage of the league phase match from Allianz Riviera. Kick-off **8.00pm**.
10.00 **Ultimate Pool** The Pairs Cup.
11.30 **Premier League Review**
12.30 AM **PL: The Big Interview**
1.00 **UEFA Europa League**
2.00 **Onboard** Ocean Race Europe.
3.00 **V8 Supercars Highlights**
5.00 **to 6.00** AM **EWC All Access**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
2.00 PM **Premier League Reload**
2.15 **CPL Highlights** The final.
2.45 **Asia Cup Cricket**
3.15 **LIVE Asia Cup Cricket** A Super Fours game at Dubai International Cricket Stadium.
7.15 **PREM Rugby Cup**
8.15 **MLB Plays of the Week**
8.45 **British Superbikes Rewind** The ninth round of the season.
9.00 **LIVE MLB San Diego Padres v Milwaukee Brewers.** Coverage of the National League match at Petco Park. The last time these two sides met was back in June in a three-match series that saw the hosts win 2-1. Start-time **9.10pm**.
12.15 AM **IFSC Climbing World Championship** From Seoul.
12.45 **The Gruppetto** Cycling action.
1.00 **British Speedway**
2.00 **British Superbikes Highlights**
3.00 **to 6.00** AM **Motocross World Championship**

Premier Sports 1

419 551

6.00 AM **Coppa Italia Show**
6.30 **Transworld Sport** Magazine.
7.30 **UK Independent Kart Racing**
9.00 **Top 14 Rugby Union Highlights**
9.30 **Le Mans Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **NASCAR Highlights**
1.00 PM **Eredivisie Highlights**
2.00 **NHL Tonight** Highlights.
3.00 **Transworld Sport** Magazine.
4.00 **Euro Le Mans Highlights**
4.55 **Scottish Football Social Club**
5.55 **LIVE LaLiga Getafe v Alavés.**
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga Atlético Madrid v Rayo Vallecano.** Kick-off **8.30pm**.
10.30 **Football** Highlights and features.
12.00 M'T **NASCAR Highlights**
1.00 AM **Euro Le Mans Highlights**
2.00 **Eredivisie Highlights**
3.00 **Michelin Le Mans Cup**
3.30 **Top 14 Rugby Union Highlights**
4.00 **Transworld Sport**
5.00 **to 6.00** AM **Mass Participation World**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union** Action from the French top flight. **8.00** Montpellier v Toulouse.
10.00 **Eredivisie** Another chance to see AZ Alkmaar v Feyenoord.
12.00 NOON **Football's Greatest**
12.30 PM **FastZone** Highlights show.
1.00 **LaLiga** Espanyol v Valencia. **3.00** Levante v Real Madrid.
5.00 **Bike World** Magazine.
5.30 **SPFL** Falkirk v Hibernian.
7.25 **Football's Greatest** The finest players discuss their careers.
7.55 **Brasileiro Serie A** Another chance to see Santos v Sao Paulo.
9.40 **LaLiga Match Highlights** Action from Real Madrid v Espanyol. **9.50** Villarreal v Osasuna.
10.00 **Temples of Sport** Iconic sporting venues from around the globe.
10.30 **Eredivisie** PSV Eindhoven v Ajax. **12.30** AM Another chance to see AZ Alkmaar v Feyenoord.
2.30 **NASCAR Trucks**
5.30 **to 6.00** AM **GP Confidential**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
8.00 **Ted's Notebook**
8.30 **Formula 1** Azerbaijan Grand Prix.
10.45 **Ted's Notebook**
11.15 **Brad Pitt Drives a McLaren F1**
11.30 **Formula 1** Azerbaijan Grand Prix.
12.30 PM **GT World Challenge Europe**
4.30 **Formula 2** From Baku.
6.50 **Eddie Jordan Charity Event**
6.55 **Ollie Bearman Motorhome Tour**
7.00 **Formula 1** The Azerbaijan Grand Prix qualifying session from Baku.
9.00 **Ted's Notebook**
9.30 **Formula 1** The Azerbaijan Grand Prix from the Baku City Circuit.
11.45 **Ted's Notebook**
12.15 AM **Brad Pitt Drives a McLaren**
12.30 **Lewis Hamilton: Why Heritage Matters**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

25 September

Evening Planner

Drama

All Creatures Great and Small
5, 9pm
World War II is drawing to a close as we return to Darrowby, in the period drama.

Comedy

Brassic
Sky Max & Sky Showcase, 10pm
The motley crew prepare to bid farewell in their inimitable way, in this final series. Stars Joe Gilgun and Michelle Keegan.

OnDemand

NETFLIX

House of Guinness
Available today
Succession meets *Peaky Blinders* in this drama inspired by the famous Irish dynasty. Stars James Norton.

OnDemand

NETFLIX

Wayward
Available today
Mae Martin created and stars in this thriller about an institution for teenagers that has secrets to hide. With Toni Collette.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 MasterChef		9.00 Stranded on Honeymoon Island		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Saving Lives at Sea		9.00 The Newsreader		10.00 Cracking the...	10.30 Newsnight
	103 ITV1	◂ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Long Lost Family		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Taskmaster		10.00 8 Out of 10 Cats Does Countdown...	
	105 5	7.00 Puppy School for Guide Dogs		8.00 Yorkshire Great and Small with Dan...		9.00 All Creatures Great and Small		10.05 Cause of Death	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own Road Trip...		9.00 Boyzone: No Matter What		10.00 Brassic	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 The Weakest Link	8.40 Drag...	9.00 RuPaul's Drag Race UK			10.20 Juice
	116 BBC4	7.00 Film: The Railway Children			8.45 Big...	9.00 The Trains That Time Forgot: Britain's...		10.00 Film: Carrie	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Olivia Attwood's Bad Boyfriends		10.00 Family Guy	
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Night Coppers		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Gogglebox		10.00 Naked Attraction	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 The Last of Us			
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.25 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera					
	120 ITV4	◂ 6.45 British Open Snooker – Live: Coverage of the evening session on day four						10.15 T100 Highlights	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Ace Ventura Pet Detective			10.35 8 Out of...
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 Film: Coming 2 America				10.00 Brassic	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Vanessa Redgrave		9.00 The Directors		10.00 The Story of British Cinema...	
	132 U&W	7.00 MasterChef Australia		8.10 Inside the Ambulance		9.10 Louis Theroux's Forbidden America			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Roadworthy Rescues		9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Melbourne Airport		9.00 Air Crash Investigation		10.00 JFK: The Lost Bullet	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of Great British Castles		9.00 Swamp Mysteries with Troy Landry		10.00 Alone	
	155 U&YESTERDAY	7.00 Incredible Journeys with Simon Reeve		8.00 Bangers & Cash		9.00 Flipping Bangers		10.00 Bangers & Cash	
	121 SKY DOCS	◂ 6.55 The Jinx Part Two				9.00 Boyzone: No Matter What		10.00 I Am Luke Perry	
FILMS – Sky Cinema	301 PREMIERE	◂ 6.15 Wolf Man		8.00 Novocaine				10.00 Nosferatu	
	302 20s	◂ 5.30 Gladiator II		8.00 Bad Boys: Ride or Die				10.00 Furiosa: A Mad Max Saga	
	303 HITS	◂ 5.45 Love Actually		8.00 Horrible Bosses			9.50 Hannibal		
	304 FEEL GOOD	◂ 6.15 Two Weeks Notice		8.00 You've Got Mail				10.00 Hope Springs	
	305 ANIMATION	◂ 5.45 Shrek	7.25 The Wild Robot			9.20 The Wild Thornberrys Movie			
	306 FAMILY	◂ 6.00 Peter Rabbit 2...	7.40 Stuart Little			9.10 Stuart Little 2			10.35 The Wiz
	307 ACTION	◂ 6.05 Baby Driver		8.00 Kong: Skull Island				10.00 Shaolin Soccer	
	308 COMEDY	◂ 6.10 See No Evil, Hear No Evil		8.00 The Nutty Professor			9.40 Nutty Professor II: The Klumps		
	309 THRILLER	◂ 6.25 Retribution		8.00 Ocean's Eleven				10.05 The Krays	
	310 DRAMA	◂ 5.40 The Holiday		8.00 A Star Is Born					10.20 Parachute
	311 SCI-FI	◂ 5.50 The Birds		8.00 2012					
	313 FILM4	◂ 6.40 Jumanji: The Next Level				9.00 Deadpool 2			
SPORT	401 MAIN EVENT	◂ 1.00 Ryder Cup Golf				9.00 Ryder Cup Golf – Live: Coverage of the opening ceremony at the 2025 Ryder Cup			
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	10.30 Gary Neville...
	403 FOOTBALL	7.00 EFL Goals		8.00 WSL	8.30 EFL Cup Highlights		9.30 EFL Highlights		
	405 CRICKET	7.00 Women's ICC World T20 Cricket		8.00 Women's International One-Day Cricket		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	7.00 Match Officials...	7.30 UEFA Europa League – Live: Aston Villa v Bologna (Kick-off 8.00)						10.30 Super Villans
	411 TNT SPORTS 2	◂ 3.15 Asia Cup...	7.30 UEFA Europa League – Live: Rangers v Genk (Kick-off 8.00)						10.30 Match Officials...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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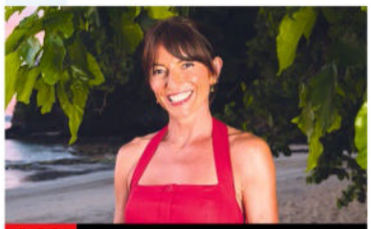
Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in Wales, the West Midlands and Kent. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Robson Green's Weekend Escapes** Chris Baber joins Robson on an outdoor adventure. (S)(R)(AD)
3.00 **Escape to the Country** The Bedfordshire borders. (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 Stranded on Honeymoon Island

7 PM

7.00 **The One Show** Roman Kemp and Alex Jones present the topical show. (S)
7.30 **EastEnders** Kat asks Stacey to help with a memorial for Zoe's daughter, while Oscar decides to ask Jasmine out on a date. (S)(AD)

8 PM

8.00 **MasterChef** New edition 23/24. The amateurs put their own twist on a classic dish, before the best three prepare lunch for Alain Ducasse at the Dorchester Hotel restaurant in Mayfair. (S)(AD)
■ Concludes tomorrow

9 PM

9.00 **Stranded on Honeymoon Island** New edition 11/12. A full moon party is thrown at the final Couples' Cove, and when events take a turn, one pair question their future. (S)(AD)
■ Concludes tomorrow

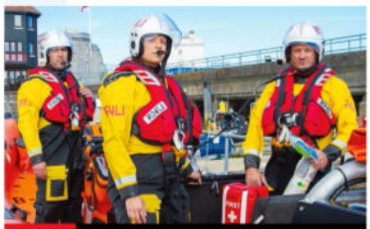
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Bedworth, Warwickshire, to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Earth** The development of the planet's atmosphere. (S)(R)(AD)
5.15 **Flog It!** Paul Martin hosts from Capesthorne Hall, Cheshire. (S)(R)
6.00 **Richard Osman's House of Games** Yasmine Akram, Stephen Mangan, Ingrid Oliver and Tom Rosenthal take part. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael Portillo explores West Runton in Norfolk. (S)(R)(AD)



8.00 Saving Lives at Sea

7.00 **Celebrity Antiques Road Trip** Comedian Dom Joly and actor Pauline McLynn are in Lancashire with James Braxton and Philip Serrell, testing their antiques knowledge in a quest to bring home the big bucks at an auction in Cheshire. (S)(R)

8.00 **Saving Lives at Sea** New edition 9/10. In Plymouth, the crew urgently respond to a mayday call for a scuba diver who has lost consciousness during a 30-metre dive to a shipwreck. (S)(AD)

9.00 **The Newsreader** New episode *On the Brink:* 5/6. Helen's history of health struggles are exposed in a front-page article. (S3) (S)(AD)
■ Concludes tomorrow
9.55 **Natural World: Tiger Dynasty** Documentary. (S)(R)

10.00 **Cracking the Case: The Heist, the Hit and the Hunt** New edition 2/3. How a series of criminal events were all tied together, five years later. (S)(AD)
■ Concludes tomorrow
10.30 **Newsnight** (S)
11.00 **FILM Schindler's List** Steven Spielberg's Oscar-winning drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (S)(AD) (1993, 15, 185min) ★★★★★
2.05 AM **Sign Zone: The Great British Sewing Bee – The Final** (S)(R)(AD)
3.05 **Sign Zone: Rob and Rylan's Passage to India** (S)(R)(AD)
4.05 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David and his team are in Bradford, where the show's biggest cash offer of £18,500 is made, and a set of George Jenson spoons pays for flying lessons. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as members of a wheelchair basketball team take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7.30 **Emmerdale** Paddy is pleased to hear Dylan wants to learn to drive and offers to teach him, Manpreet realises something is seriously wrong with Liam, and Charity heads off to find out if she is carrying Ross's baby. (S)(AD)

8.30 **Tonight: Inside Britain's Asylum Crisis** New edition Investigating the social unrest and legal controversy surrounding the policy of housing asylum seekers in hotels. (S)

9.00 **Long Lost Family** New edition A mother who fell pregnant in 1979 and a man who came to London from St Lucia in the 1960s both try to find the children they put up for adoption. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM London Has Fallen** Action thriller sequel to *Olympus Has Fallen*, starring Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on the city of London. With Morgan Freeman. (S) (2016, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.25 AM **Teleshopping**
3.00 **Genius Game** The competition continues with Lights Off as players desperately try to avoid the Black Block. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S4) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In France, Kevin and Anna tackle roof repairs on their historic estate. (S)
5.00 **Four in a Bed** New edition The final visit is to Castle Inn, Powys. (S)
5.30 **Come Dine with Me** Make-up artist Piers hosts the fourth dinner party in north Wales. (S)(R)
6.00 **Sun, Sea and Selling Houses** A couple hope to find a holiday haven on the Costa Blanca. (S)(R)

9.00 Taskmaster

7.00 **News** (S)

8.00 **The Dog House** Doting owners Yvonne and Graham think their sausage dog Baxter needs a buddy and have their eyes on fellow sausage Tinkerbell, while Tom and Adele want a dog to get them out walking. (S)(R)(AD)

9.00 **Taskmaster** New edition 3/10. The contestants have a tricky time identifying someone in the lab, leading Phil Ellis to ponder a 1980s pop group and Maisie Adam to rely on the lyrics to a 1990s dance tune. (S)(AD)

10.00 **8 Out of 10 Cats Does Countdown: Best Bits** New edition Memorable moments from the recent series, featuring Maisie Adam, Jon Richardson, Alan Carr, Lucy Beaumont, Roisin Conaty, Jack Dee and Lee Mack. (S)
11.05 **The Great British Bake Off** 4/10. The bakers take on three school-based challenges. (S)(SL)(R)(AD)
12.25 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.15 **Travel Man: 48 Hours in Lanzarote** (S)(SL)(R)(AD)
1.40 **The Inheritance** (S)(SL)(R)(AD)
3.35 **The Inheritance: Final** (S)(R)(AD)
4.30 **Devon and Cornwall** (S)(R)(AD)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

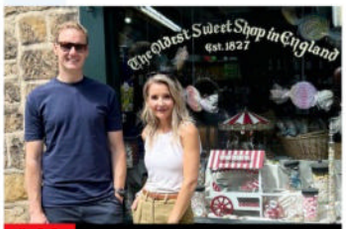
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)
2.20 FILM **My Fatal Memory** Thriller starring Kate Watson. (S) (2022, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Pair Bond:* 5/6. After receiving outstanding exam results, Carmody is offered a position on a research programme in London. (S5) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** Rich and Cazzie host their monthly musical open mic night at a local restaurant. (S)(R)(AD)
6.55 **News** (S)



8.00 Yorkshire Great and Small

7.00 Puppy School for Guide Dogs 3/4. Paralympic skiing hopeful Hester takes potential match Pickle on her first guided walk. (S)(R)(AD)

7.55 News (S)

8.00 Yorkshire Great and Small with Dan and Helen New edition Dan Walker and Helen Skelton venture from Pateley Bridge to Ripon, discovering the wonders of Nidderdale. They begin at the world's oldest sweetshop. (S)

9.00 NEW SERIES **All Creatures Great and Small** *Gathering the Flock:* 1/7. Return of the rural drama. James struggles with a wild and chaotic Siegfried, while Tristan returns from war. *See feature, page 12.* (S6) (S)(AD)

10.05 Cause of Death 4/5. When a man is found deceased in a friend's flat, police launch a Facebook appeal to confirm his identity and trace his next of kin, while mortuary staff investigate his death. (S)(R)

11.05 Surgeons: A Matter of Life or Death A woman with an incurable brain tumour. (S)(R)
12.05 AM **Casualty 24/7: Every Second Counts** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.05 **The Wonderful World of Gold**
3.50 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 8/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Lisa the Skeptic:* Lisa uncovers an unusual fossil, which the townsfolk believe is the skeleton of an angel. (S)(R) **5.30** *Bart the Lover:* Mrs Krabappel searches for love in the personal ads. (S)(R)
6.00 **The Office (US)** 21/25. A printing error threatens the future of the company. (S)(R) **6.30** 22/25. Michael decides to take the female staff on a special outing. (S3) (S)(R)

10.00 Brassic

7.00 The Simpsons *All Singing, All Dancing:* Musical highlights from past episodes. (S)(R) **7.30** *Bart Carny:* A sleazy carnival worker and his son lose their jobs thanks to Homer. (S)(R)

8.00 A League of Their Own Road Trip: Southeast Asia 1/6. Jamie Redknapp and Micah Richards are on the road through Southeast Asia, joined by famous faces for a series of unique challenges. (S)(R)(AD)

9.00 Boyzone: No Matter What 1/3. Documentary about the boy band, featuring rare and exclusive interviews with the members, who talk candidly about how they grappled with the true cost of global fame. (S)(R)(AD)

10.00 NEW SERIES **Brassic** *The Bishops:* 1/6. The final series of the comedy drama. Vinnie is trying to lay low, until a new gang is spotted that appear to be rivalling his crew in local dodgy dealings. *See feature, page 7.* (S7)

11.00 Never Mind the Buzzcocks Guests Johnny Borrell, Michelle de Swarte and Krept & Konan join the regulars. (S)(R)(AD)
11.45 **Curb Your Enthusiasm** (S)(R)
12.55 AM **Sex and the City** (S1) (S)(R)
2.05 **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 8/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **12.10** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
9.55pm Chronicles of the Sperrins New edition (S) **10.00-10.30pm** Girl Fight (S)(R)

WALES
Sky 968, Freesat 968
7.00pm Scrum V: The Warm Up (S) **7.30-8.00pm** The Hairy Bikers' Bakeation (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Trysorau Cymru: Tir, Tai a Chyfrinachau (AD) **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau, Sheikhs a Chowbois **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Adeiladu'r Freuddwyd: Camp Out West **10.15** Y Llinell Las (AD) **11.15-11.50pm** Arfordir Cymru: Môn

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** Focusing on King John and the Magna Carta. **7.30** Special edition focusing on William the Conqueror.
7.55 **The Catch Up**
8.00 **The Weakest Link** A Eurovision Song Contest special of the quiz show.
8.40 **RuPaul's Drag Race UK: Meet the Queens** RuPaul introduces the 12 new queens.
9.00 NEW SERIES **RuPaul's Drag Race UK** 1/10. A new cast of queens enters the werk room.
10.20 **Juice** New episodes 3/6. Jamma encounters a magical stranger. **10.45** 4/6. Winnie's father pays her a visit. (S2) ■ Entire series on BBC iPlayer
11.10 FILM **Knocked Up** Romantic comedy with Seth Rogen and Katherine Heigl. (2007, 15, 129min) ★★★★
1.10 AM **Angels of the North**
1.45 **Juice** 3&4/6. (S2)
2.35 **Laugh Lessons**
2.40 **to 3.55** AM **RuPaul's Drag Race UK**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM FILM **The Railway Children** Drama starring Dinah Sheridan, Bernard Cribbins and Jenny Agutter. (1970, U, 108min) ★★★★★
8.45 **Big Screen Britain: The Railway Children** A look at locations used in the film.
9.00 **The Trains That Time Forgot: Britain's Lost Railway Journeys** Andrew Martin revisits the bygone golden age of railways.
10.00 FILM **Carrie** Brian De Palma's horror based on Stephen King's bestseller, starring Sissy Spacek. A bullied high-school girl uses her psychic powers against her tormentors. (1976, 15, 94min) ★★★★★
11.35 FILM **The Elephant Man** David Lynch's drama starring Anthony Hopkins, John Hurt and John Gielgud. (1980, b/w, PG, 124min) ★★★★★
1.35 AM **QED – The True Story of the Elephant Man**
2.25 **John Hurt: Talking Pictures** The actor's career.
2.55 **to 3.30** AM **Arena: My Way**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz and Tim take on one of the worst cars they have ever seen. **4.50** The boys pick up a 1978 JCB digger belonging to a former carpenter.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with two sets of first-time buyers. **6.55** Kirstie and Phil help house-hunters in Berkshire.
7.55 **Grand Designs** Kevin McCloud follows the progress of ex-advertising man Geoff, who is building a flood-resistant architectural marvel on the Essex coast, costing a cool £700,000.
9.00 **Night Coppers** Ramon races to break up a brawl and hunt down the suspects, while Jake and Dan tackle some adventurous urban explorers who have scaled a crane on a building site.
10.00 **24 Hours in A&E** A man is put in a medically induced coma following a serious motorcycle accident. **11.05** A scaffolder arrives at the hospital after suffering a head injury at a building site.
12.05 AM **999: On the Front Line** Paramedics are called to a road traffic collision.
1.10 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
8.00 **Married at First Sight UK**
9.35 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 7-10/24. (S7)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.35 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **The Simpsons** *How the Test Was Won:* Principal Skinner rediscovers his enthusiasm for teaching. **7.30** *The Dad-Feelings Limited:* Comic Book Guy's origin story is revealed.
8.00 **First Dates** A cheesemaker meets a marketer with an endless line of jokes.
9.00 **Gogglebox** Opinions on *Four in a Bed*, *Line of Duty* and *Game of Talents*.
10.00 **Naked Attraction** A dancer seeks a man with whom to lose his virginity.
11.05 **First Dates**
12.05 AM **The Simpsons**
1.05 **Rick and Morty**
1.35 **Mike Tyson Mysteries** Series finale 20/20. (S4)
1.55 **Smiling Friends**
2.05 **Gogglebox**
3.00 **Below Deck**
3.50 **The Big Bang Theory**
4.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 4/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 4/13. The Task Force investigate a spate of crimes against indigenous women. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **FBI** New episode *Riptide:* 8/22. The team investigate when three customs officers are shot dead in a cargo heist. (S7)

10 PM
10.00 **FBI: International** New episode *You'll Never See It Coming:* 8/22. The team build a case against the killer of Wes' former partner. (S4)
11.00 **Law & Order: SVU** (S25)
12.00 M'T **The Equalizer** 12/18. (S3)
1.00 AM **Chicago Med** Series finale
2.00 **Chicago Fire** Series finale
3.00 **Chicago PD** Series finale
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** The actor visits Berlin.
8.00 **Boardwalk Empire** (S1)
10.10 **Perry Mason** 1&2/8. (S1)
12.25 PM **Game of Thrones** (S3)
1.30 **Das Boot** 4/6. (S4)
2.30 **Boardwalk Empire** (S2)
4.40 **Homicide: Life on the Street** 4/22. The squad chase a killer. **5.45** 5/22. Bayliss looks into a hate crime. (S4)
6.50 **Game of Thrones** 2/10. The day of King Joffrey's wedding to Margaery Tyrell arrives. (S4)

9.00 The Last of Us

7.55 **Game of Thrones** *Breaker of Chains:* 3/10. Dontos spirits Sansa out of King's Landing, Tywin has an offer for Oberyn Martell, while Jon proposes a plan. (S4)

9.00 **The Last of Us** *Endure and Survive:* 5/9. Joel and Ellie cross paths with the most wanted man in Kansas City.

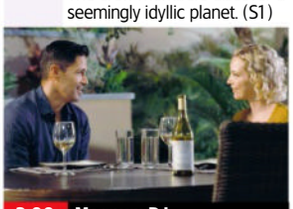
10.10 **The Last of Us** *Kin:* 6/9. Joel and Ellie descend deeper into dangerous territory in search of the Fireflies. (S1)
11.20 **Julia** 8/8. (S1)
12.20 AM **The Sopranos** 10/13. Bacala dons a Santa suit. (S3)
1.20 **Dexter: New Blood** 7/10. (S1)
2.25 **Game of Thrones** 9/10. (S3)
3.30 **The Guest Wing**
4.30 **In Treatment** (S1)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 4/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 1/16. (S4)
12.00 NOON **The Flash** 5/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 13/20. (S5)
4.00 **S.W.A.T.** 8/13. (S7)
5.00 **SEAL Team** 20/20. Ray leads the team on an urgent mission when they get a lead on a terrorist leader's location. (S3)
6.00 **Stargate Universe** 13/20. The crew members discover a seemingly idyllic planet. (S1)



3.00 Magnum P.I.

7.00 **Stargate Universe** *Human:* 14/20. Rush tries to find the code needed to control the *Destiny*'s flight path. (S1)

8.00 **FILM Coming 2 America** Comedy sequel starring Eddie Murphy. Pampered crown prince Akeem faces a constitutional crisis without a male heir to ascend the throne of Zamunda. With Arsenio Hall and Jermaine Fowler. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **NEW SERIES Brassic** *The Bishops:* 1/6. The final series. Vinnie and the crew go up against a new gang. *See feature, page 7.* (S7)
11.00 **Never Mind the Buzzcocks**
11.45 **A League of Their Own Road Trip: Southeast Asia**
12.40 AM **From** 6/10. (S1)
1.30 **Road Wars**
2.00 **Peacemaker** New episode
2.45 **Hawaii Five-0** 13/24. (S3)
3.40 **Magnum P.I.** 13/20. (S5)
4.35 **S.W.A.T.** 8/13. (S7)
5.30 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

11.05 Universal Basic Guys

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing cash.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense.

9.00 **Olivia Attwood's Bad Boyfriends** Series finale The final day brings ultimatums, exits and a tempting twist.

10.00 **Family Guy** 16/21. Brian passes on herpes. **10.30** 10/21. Three traditional fairy tales are given a Quahog spin. (S12)
11.05 **Universal Basic Guys** New episode 8/13. (S1)
11.35 **American Dad!** (S15&14)
12.35 AM **Bob's Burgers** 5/22. (S10)
1.05 **Olivia Attwood's Bad...**
2.05 **Deal or No Deal**
3.00 **Teleshopping**
4.00 **to 4.30** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 7/8. (S5)
10.25 **The Royal** *Say a Little Prayer.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 4/7. (S1)
4.40 **Doc Martin** 8/8. Mrs Tishell's crush on Martin takes a dramatic turn. (S5)
5.50 **Heartbeat** *The Seven Year Itch:* A face from the past returns to haunt Blaketon.

3.35 Downton Abbey

6.55 **Heartbeat** *Weight of Evidence:* Mike and Jackie disagree over a case, and Greengrass dreams up a scheme to fleece punters.

8.00 **Vera** *Tender:* DCI Stanhope investigates an intriguing and puzzling case after the body of a sickly young girl is found in a railway siding in the middle of nowhere.

10.00 **Vera** *Salt and Vinegar:* DCI Stanhope investigates when the body of the co-owner of a chip shop is found in his freezer.
11.55 **Unforgotten** 3/6. Gerry Cooper's descent into nationalism and his violent streak are revealed. **12.55** AM 4/6. The Bishop Street team find multiple suspects further afield. (S6)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Three different escapes in Ayrshire.
8.00 **Beechgrove Garden** Series finale Tips on preparing gardens for autumn and winter.
8.30 **Landward** New edition Dougie Vipond tracks red deer stags in Glen Affric.
9.00 **Facelift** 4/4. Staff head to London for their Christmas night out.
10.00 **Scotland's Big Night Out** Iain Stirling explores the history of Saturday nights out from the 1950s to the present.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Scot Squad** 2/6. Chat show host Lorraine Kelly discovers that no one is above the law. (S5)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 1&2/10. (S4)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 6/20. Smith's fame increases. **8.25** 7/20. Carrie nurses her wounded pride after being dumped. (S6)
9.00 **Amy Schumer: Live at the Apollo** Stand-up.
10.15 **And Just Like That...** *The Last Supper – Part Two: Entree:* 11/11. Carrie puts the final touches on her dinner party. (S2)
11.10 **Entourage** (S5)
12.20 AM **Girls** 5&6/10. (S1)
1.30 **Veep** 2&3/10. (S2)
2.35 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Andrea Bocelli: The Journey**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Portrait Artist of the Year: The Exhibition**
3.00 **Painting Birds**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **The Directors**
10.00 **The Story of British Cinema: Pioneer Years**
11.30 **The Art of Film**
12.30 AM **Catching Fire: The Story of Anita Pallenberg** Biopic.
2.40 **Arts Uncovered**
2.50 **Sound of Freedom**
4.00 **Sci-Fi in the Atomic Age**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 12/26. (S3)
8.00 **Star Trek: Deep Space Nine** 18/26. (S4)
9.00 **Britain's Most Evil Killers** The crimes of Christopher McGowan.
10.00 **The Real Manhunter**
11.00 **Grimm** 10/22. (S1)
12.00 M'T **Killer in My Village**
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Beat the Chasers**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as David tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win life-changing cash.
9.00 **Ant & Dec's Limitless Win** Engaged couple Zanesh and Melike continue their game, then father-and-son David and Mark take on the money ladder.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Ant & Dec's Limitless Win**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 16&17/26. (S5)
12.00 NOON **Highway to Heaven** 7/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's The Ring** 1/2. Melodrama starring Nastassja Kinski.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 1/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S3)
9.00 **FILM Carry On Regardless** Comedy with Sidney James and Kenneth Williams. (1961, b/w, PG, 85min) ★★★
10.55 **Rising Damp** 1/7. (S3)
11.25 **Man About the House**
11.55 **M*A*S*H** 7&8/24. (S1)
12.55 **Home to Roost** (S3)
1.25 **A Fine Romance** (S3)
2.05 **Rumpole of the Bailey**
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Protectors**
6.30 **Robin of Sherwood**
7.30 **The Saint**
8.35 **Kojak** Double bill.
10.45 **Magnum, PI**
11.45 **Football: EFL Carabao Cup Highlights** Action from the third round, including Liverpool v Southampton at Anfield.
12.45 PM **LIVE Snooker: British Open** Coverage of the afternoon session on day four at the Centaur in Cheltenham.
5.30 **Magnum, PI**
6.30 **World of Sport**

6.45 Snooker: British Open

6.45 **LIVE Snooker: British Open** Jill Douglas presents coverage of the evening session on day four from the Centaur in Cheltenham, featuring fourth-round matches played over the best of seven frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **T100 Highlights** Action from the latest round of the triathlon series from Valencia in Spain.

11.15 **Ligue 1 Highlights** Action from the top flight of French football, including Nantes v Rennes and Lens v Lille.
11.50 **The Saint**
12.55 AM **BattleBots**
1.55 **The Protectors**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 25/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 13/26. (S2)
2.00 **Warehouse 13** 7&8/13. (S1)
4.00 **Star Trek: The Next Generation** 25/26. (S1)
5.00 **Stargate Atlantis** 17/20. (S4)
6.00 **Star Trek: Enterprise** 17/26. T'Pol is forced to defend her beliefs when a group of Vulcans visit the starship. (S1)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *Armageddon Game:* 13/26. Bashir and O'Brien help two alien races to find peace. (S2)

8.00 **Stargate Atlantis** *Midway:* 17/20. The Wraith find their way to Midway Space Station. Guest stars Christopher Judge. (S4)

9.00 **The Ark** *It Can't Be True:* 7/12. After an attempted murder, the crew must work together to find who is responsible. (S2)

10.00 **Grimm** *Bears Will Be Bears:* 2/22. Nick and Hank investigate when a teenager is attacked while breaking into a house. (S1)
11.00 **Westworld** 8/8. Dolores' true intentions are revealed, William faces an unexpected adversary, and Bernard confronts a ghost from his past. (S3)
12.30 AM **Warehouse 13** (S1)
2.30 **Westworld** 7/8. (S3)
3.30 **SurrealEstate** 10/10. (S2)
4.30 **Room 104** 1/12. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 1/24. (S3)
11.00 **Hudson & Rex** 1/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 1/24. Jane contemplates his future. (S3)
5.00 **Hudson & Rex** 1/8. The duo investigate a kidnapping. (S7)
6.00 **Father Brown** *The Eagle and the Daw:* An old foe tells the priest she has arranged the death of her former lover.

10.00 Father Brown

7.00 **Body of Proof** *Your Number's Up:* 10/20. A recent lottery winner is found stabbed to death in his flat. (S2)

8.00 **Death in Paradise** *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances. (S9)

9.00 **Death in Paradise** *Missing a Body?* 4/8. A woman confesses to killing her husband. Guest stars Miranda Raison. (S1)

10.00 **Father Brown** *The Show Must Go On:* The Kembleford Players' latest production is dramatic in more ways than one.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 9/16. Neal goes undercover with an Egyptologist to stop a fugitive's smuggling operation. (S3)
1.00 AM **Death in Paradise** (S9)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

5.40 Hi-de-Hi!

7.00 **Dad's Army** Captain Mainwaring's men acquire a boat for coastal patrols.
7.40 **Fawlty Towers** The death of a guest leads to all manner of mayhem. **8.20** Mischievous Basil pretends he has forgotten about his and Sybil's 15th wedding anniversary.

9.00 **Fawlty Towers** Manuel's pet rat escapes just as a health inspector is about to pay a fact-finding visit. **9.45** First episode. Hotel owner Basil tries to upgrade his clientele.
10.25 **Porridge** Fletcher takes on the role of agony aunt and writes letters home for the other inmates.

11.00 **Not Going Out**
11.35 **Bottom**
12.15 AM **Fawlty Towers**
1.35 **Not Going Out**
2.10 **Bottom**
2.45 **Avoidance**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Spain** The chef continues his culinary tour by travelling to Castile before heading to La Mancha.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers explore how certain British ingredients combine to make traditional pairings.

5.00 Rick Stein's Spain

7.00 **Would I Lie to You?** With Steph McGovern, Richard Osman, Jennifer Saunders and Joe Sugg.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Tom Rosenthal . **8.20** With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.

9.00 **QI XL** Guests David Tennant, Bill Bailey and Lee Mack join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Joe Lycett and Kirsty Wark.
11.00 **8 Out of 10 Cats** With Kelly Hoppen, Louis Smith, Henning Wehn and David O'Doherty.
11.50 **Two Pints of Lager and a Packet of Crisps** Double bill.
1.10 AM **Would I Lie to You?**
1.50 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Alicante.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **Jamie: Eat Yourself Healthy** White fish.
8.00 **Location, Location, Location** Kirstie and Phil help two couples looking for homes in Edinburgh.
9.00 **The Great British Bake Off** 4/10. The bakers take on three school-based challenges.
10.20 **Gogglebox**
11.20 **Celebrity Gogglebox**
12.20 AM **24 Hours in A&E**
2.25 **999: On the Front Line**
3.30 **The Great British Bake Off: An Extra Slice**
4.20 **to 4.50** AM **Travel Man: 48 Hours in Trieste**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S9&10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Canary:* 14/24. The team try to stop a terrorist unleashing the Ebola virus. **7.00** *Hereafter:* 15/24. Vance discovers a key to a safety deposit box in his late wife's effects. **8.00** *Detour:* 16/24. Ducky and Jimmy are abducted while transporting a body to the morgue. (S10)
9.00 **Blue Bloods** *Cutting Losses:* 1/22. Jamie and Eddie go undercover. **10.00** *Ghost of the Past:* 2/22. Frank receives an order from the mayor to attend a controversial parade. (S8)
11.00 **Law & Order: Special Victims Unit** (S21&20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly** A deaf dalmatian.
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** The staff are faced with an aggressive patient.
10.00 **Ambulance: Code Red**
11.00 **Murder 360** New edition Detectives race to find a serial killer.
12.00 M'T **Banged Up Abroad**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Traffic Cops**
12.00 NOON **Police Interceptors**
2.00 PM **FILM The Fighting Kentuckian** Western starring John Wayne and Vera Ralston. (1949, b/w, U, 99min) ★★★
4.05 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Mud Mountain Haulers** New edition An early spring thaw turns roadwork into a mess.
10.00 **Outback Truckers**
11.00 **MacGyver** 18/23. (S2)
12.00 M'T **La Brea** New episode 5/6. (S3)
1.00 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The contestants are split into three teams of three.
8.10 **Inside the Ambulance** A couple have both taken an overdose.
9.10 **Louis Theroux's Forbidden America** The impact of the internet on controversial areas of US society. **10.10** Louis explores Florida's rap scene.
11.10 AM **Nurses on the Ward** Double bill.
1.10 **Interior Design Masters with Alan Carr**
2.25 **to 3.00** AM **Amanda & Alan's Italian Job**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** *A Deadly Net:* 2/3. Freelancing for MI6, Sylvia poses as the PA for a diplomat's widow at her lakeside villa. (S2)
10.00 **New Tricks** *ID Parade:* Sandra and the team reinvestigate the murder of a female police officer.
11.20 **Spooks** 3/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Sandbanks.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures: House Calls** Zak and his team assist an elderly gentleman claiming to be assaulted by a dark force.
10.00 **My Haunted Hometown** New edition Across three North American towns, the spirits of children torment people in their homes and at a movie theatre.
11.00 **Celebrity Help! My House Is Haunted**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** Host Bradley Walsh is joined by guests Claire Richards, Rowland Rivron, James Haskell and Antony Costa.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?**
12.00 M'T **Bullseye** Double bill of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Western.
9.40 **FILM Alvarez Kelly** Western starring William Holden. (1966, PG) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Valdez is Coming** Western. (1970, 15, 86min) ★★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM The Take** Thriller. (2016, 15, 92min) ★★★
11.00 **FILM Trigger Point** Thriller. (2021, 12) ★★
12.50 AM **The Avengers**
1.50 **The New Avengers**
2.50 **Cops Uncut** Double bill.
3.45 **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
5.15 **to 5.40** AM **Cops Uncut**

+1hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **FILM Stolen Innocence** Thriller. (2007, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 5/24. (S2)
12.00 NOON **FILM Garage Sale Mysteries: The Art of Murder** (2017, PG) ★★
1.55 PM **FILM Garage Sale Mysteries: The Beach Murders** (2017, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 6/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Deceived** Thriller. (1991, 15, 104min) ★★★
11.20 **FILM Lies and Deception** (2005, PG) ★
1.15 AM **FILM Deviant Love** Thriller. (2019, 12) ★
2.55 **FILM Amber Alert** Thriller. (2016, PG) ★★
4.25 **Police Ten 7**
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Gift to Remember** (2017, U) ★★
10.00 **FILM Northpole** Fantasy. (2014, U) ★★
12.00 NOON **FILM Christmas On Ice** (2020, 15) ★★
2.00 PM **FILM Christmas at Graceland** Comedy. (2018, U, 85min) ★★
4.05 **FILM A Very Country Christmas** Romance. (2017, PG, 90min) ★★
5.55 **FILM A Christmas Village** Festive drama. (2018, U, 84min) ★★
8.00 **FILM Coming Home for Christmas** Romance. (2017, PG, 90min) ★★
9.55 **FILM The Christmas Pageant** Comedy. (2011, U, 87min) ★★★
12.00 M'T **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
1.55 AM **FILM Christmas Unwrapped** (2020) ★★
3.25 **to 4.50** AM **FILM Christmas at Graceland**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Soap** 12/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Haggard** 4/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **FILM My Favourite Brunette** (1947) ★★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 5/8. (S2)
4.00 **Fantasy Island** (S1)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **Thick as Thieves**
6.30 **Soap** 12/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 4/7. (S1)
8.30 **Lucky Feller**
9.00 **Please Sir!** (S4)
9.30 **Brass** 3/13. (S1)
10.00 **Game On** (S3)
10.35 **Stereo Underground**
11.35 **Thick as Thieves**
12.05 AM **FILM Against a Crooked Sky** (1976) ★★
1.45 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The *Cornelia Marie*'s deck becomes a gauntlet for Josh and a greenhorn. **8.00** As the fleet mounts a final season push, sad news rattles the *Cornelia Marie*.
9.00 **Expedition X**
10.00 **Expedition Unknown**
11.00 **Ed Stafford: First Man Out** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers Go West** From Scotland.
7.00 **Rachel Allen's Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Hairy Bikers' Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Everyday Kitchen**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **Jamie's 15 Minute Meals**
6.00 **Hairy Bikers' Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Islands to Highlands**
10.00 **Adam Eats Britain**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 9/28. (S1)
9.00 **The Fall Guy** 12/23. (S4)
10.00 **Charlie's Angels** (S1)
11.00 **The Gambler Returns: The Luck of the Draw**
2.50 PM **FILM Red Sun** Spaghetti Western. (1971, 15, 112min) ★
5.00 **Star Trek** 23/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 13/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Bounty Hunter** Comedy thriller starring Jennifer Aniston and Gerard Butler. (2010, 12, 110min) ★★★
11.10 **FILM The Hitman's Apprentice** Crime thriller starring Tim Roth. (2012, 15, 82min) ★★
12.55 AM **FILM We Still Steal the Old Way** Prison drama with Ian Ogilvy. (2017, 18, 90min) ★
2.55 **to 4.50** AM **FILM Buried** Thriller. (2010, 15, 94min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Sherlock Holmes** As 5.00pm.
8.00 **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
10.00 **Andromeda** 8/23. (S2)
11.00 **Frank Herbert's Children of Dune**
1.00 PM **FILM Wyvern** Horror starring Nick Chinlund. (2009, 15, 84min) ★★
3.00 **Andromeda** 8/23. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Sherlock Holmes** Mystery with Ben Syder and Dominic Keating. (2010, 12, 89min) ★★
7.00 **Andromeda** 9/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Acts of Violence** Crime drama with Bruce Willi and Cole Hauser. (2018, 15, 86min) ★★
10.50 **FILM Jiu Jitsu** Thriller starring Nicolas Cage. (2020, 15, 102min) ★★
1.00 **to 3.00** AM **FILM Acts of Violence** As 9.00pm.

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters: Pawn Shop Edition**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained with William Shatner**
12.10 PM **Secrets in the Sand**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **UFOs: The Lost Evidence** Double bill.
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Suffolk.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben travels to a unique and tiny island in the Hebrides.
9.00 **Charles & Camilla: 20 Years Married – A Royal Love Story** The story of the King and Queen's 50-year journey.
10.30 **Around America by Train with Tony Robinson** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
2.55 **Paul Martin's Antiques Showdown**
3.45 **to 4.00** AM **Britain's Greatest Bridges**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **My Dream Derelict Home in the Sun** A Birmingham couple tackle a big renovation on a small budget.
10.00 **The Flipping El Moussas** New edition Tarek and Heather El Moussa get a tip on a ranch style house in Laguna Niguel, California.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints**
5.00 **Little People, Big World**
6.00 **My 600lb Life** Tommy wants to lose weight so he can marry his fiancée.
8.00 **Dr Pimple Popper**
9.00 **24 Hour Baby Hospital**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **24 Hour Baby Hospital**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Hits, Errors & Balls**
8.35 **Impractical Jokers Summer Vacation**
9.00 **New Girl** 1&2/25. (S2)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** (S7&8)
9.00 **FILM Ace Ventura Pet Detective** Hit comedy starring Jim Carrey and Courteney Cox. (1993, 12, 86min) ★★★★
10.35 **8 Out of 10 Cats**
11.35 **Beavis and Butt-Head**
12.05 AM **South Park**
1.05 **CC Live: Stand Up Shorts** With Sian Davies.
1.35 **Utopia** 4/8. (S2)
2.05 **Dara O Briain – Voice of Reason**
3.25 **Important Things with Demetri Martin**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 5&6/13. (S3)
11.00 **Friends** (S7&8)
1.00 PM **Impractical Jokers: Hits, Errors & Balls**
1.30 **Impractical Jokers Summer Vacation**
2.00 **Daria** 7&1/13. (S3)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 3-6/25. (S2)
9.00 **New Girl** 10&11/25. (S2)
10.00 **Friends** (S7&6)
2.00 AM **Key & Peele**
3.00 **The Alternative Comedy Experience**
3.45 **Phil Wang at the Comedy Store**
4.05 **Bobby & Harriet at the Comedy Store**
4.30 **Out of Order: Best Bits**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S1)
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
7.00 **Road Wars** Simon confronts a driver.
8.00 **The Cleaning Lady** 4/10. Thony decides to take Luca's treatment into her own hands. (S1)
9.00 **SEAL Team** (S2)
11.00 **The Russell Howard Xmas Hour**
12.00 M'T **The Russell Howard Hour**
1.10 AM **A League of Their Own** Unseen material.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars** As 7.00pm.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
11.00 **Catfish: On The Run**
12.00 NOON **Catfish: The TV Show** Four editions.
4.00 PM **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition Devin surprises three city guys with a romantic trip.
9.00 **Skin A&E** Documentary.
10.00 **Jersey Shore Family Vacation** New edition The meatballs try to find love for Vinny's mum.
11.00 **The Challenge: Vets & New Threats**
12.30 AM **Love & Hip Hop: Atlanta** New edition
1.30 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew meets his match in north Wales during a negotiation. **4.00** Drew looks for saleable items inside a hoarder's shed.
5.00 **The Last Woodsmen** Jared races to save lots of logs.
6.00 **Hoffman Family Gold** A father-and-son showdown puts the season in jeopardy.

9.00 In the Eye of the Storm

7.00 **Wheeler Dealers World Tour** Mike Brewer and Elvis Priestley offer their expertise to a Youtuber on his McLaren P1 build.
8.00 **Roadworthy Rescues** 2/2. Derek battles fluid leaks and bad brakes to get the Turd Bird back to Vice Grip Garage.
9.00 **In the Eye of the Storm** New edition A case from May 2024, when rare twin tornadoes carved parallel paths of destruction.
10.00 **Marooned with Ed Stafford** Ed is dropped on top of a snow-covered mountain in the western fjords of Norway.
11.00 **Mystery at Blind Frog Ranch** The crew protect themselves from poisonous gases.
12.00 M'T **Blowing Up History**
1.00 AM **In the Eye of the Storm**
2.00 **Marooned with Ed Stafford**
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Bad Dog!**
10.00 **Tanked** With Shaquille O'Neal.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Saving a cat community in Philadelphia. **4.00** How one cat is helping others find forever homes.
5.00 **Lone Star Law** Game wardens patrol the Rio Grande.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor treats patients at a monkey sanctuary in Mexico.

8.00 Alaska: Surviving the...

7.00 **Treehouse Masters** Pete Nelson finds the perfect treehouse spot for a couple seeking meditation space.
8.00 **Alaska: Surviving the Last Frontier** The group struggle to find enough food to eat, so Tim hunts for goats.
9.00 **Alaska: The Last Frontier** Otto and Eivin fix the homestead's fences in order to contain their herd of cows.
10.00 **Alaskan Bush People** Billy faces a new medical crisis, while Noah and Rhain Alisha must make a tough decision.
11.00 **Pit Bulls & Parolees** Earl returns from rehab, hoping to rebuild his life.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Ice Road Rescue**
2.00 PM **Inside the SS** Documentary about Hitler's private army. **3.00** A look at the role of the SS in the Holocaust.
4.00 **Construction Fails** Featuring an Italian supermarket collapse and India's tunnel rescue.
5.00 **Car S.O.S** Tim and Fuzz restore a Wolseley Hornet.
6.00 **Secrets of the Pyramids** Exploring the ancient construction techniques..

8.00 Inside Melbourne Airport

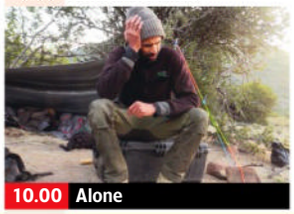
7.00 **Air Crash Investigation** The story of a pilot who crashed while flying a World War Two fighter in a 450mph air race.
8.00 **Inside Melbourne Airport** New edition Border Force find contraband and a plane lands unannounced.
9.00 **Air Crash Investigation** How Eastern Airlines Flight 401 crashed in 1972 as it prepared for arrival at Miami airport.
10.00 **JFK: The Lost Bullet** Re-examining the film that captured John F Kennedy's assassination in Dallas, Texas.
11.00 **Air Crash Investigation** A plane falls out of the sky during an electrical storm.
12.00 M'T **Construction Fails**
1.00 AM **Lost Treasures of Arabia**
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Alone** As 10.00pm.
2.00 **Swamp Mysteries with Troy Landry** As shown at 9.00pm.
3.00 **Full Custom Garage** New edition A project for a picture car coordinator.
4.00 **Ancient Impossible**
6.00 **American Pickers**


10.00 Alone

7.00 **Forged in Fire** Four bladesmiths must forge a fully functional serrated knife using steel from some hand scissors.
8.00 **Secrets of Great British Castles** Exploring the history of York Castle, built on the orders of William the Conqueror.
9.00 **Swamp Mysteries with Troy Landry** New edition Troy enlists the help of his friend Don to track down the mysterious culprit.
10.00 **Alone** New edition One participant loses the use of a major tool, while another faces a major setback.
11.00 **World's Most Unexplained...**
12.00 M'T **Alien Corridors** A look into the Falkirk Triangle.
12.55 AM **The UnBelievable with Dan Aykroyd** The unexpected upsides of sleep deprivation.
1.50 **Swamp Mysteries with Troy Landry** As 9.00pm.
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Downfall** Documentary.
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **Warbird Workshop** Recreating a unique version of the Hawker Hurricane fighter.
6.00 **Antiques Roadshow** From the Royal William Yard, Plymouth.

8.00 Bangers & Cash

7.00 **Incredible Journeys with Simon Reeve** Simon presents some highlights of his journeys around the world.
8.00 **Bangers & Cash** New edition Derek collects an Austin Allegro that has been sitting in an aircraft hangar.
9.00 **Flipping Bangers** British car enthusiasts Will and Gus get to work on a Citroën in an attempt to double their selling price.
10.00 **Bangers & Cash** A restorer delights buyers with his 1966 Sunbeam Rapier, and Sarah takes a shine to a caravan.
11.00 **Bangers & Cash** Dave and Jack pick up a dusty Alfa Romeo and a 1930s Jowett.
12.00 M'T **Find It, Fix It, Flog It** Simon O'Brien tries to restore an aluminium boat in York.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Incredible Journeys with Simon Reeve**

+1hour 255 329

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Find It, Fix It, Drive It**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Salvage Hunters** Drew and Al buy from businesses in the process of change. **9.00** The boys visit a boatyard, a signwriter and a master carver.
10.00 **Salvage Hunters: The Restorers**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition
10.00 **Evil Lives Here: Shadows of Death**
11.00 **Murder on CCTV**
12.00 M'T **Boris Johnson: A Faking It Special**
1.00 AM **Faking It: Tears of a Crime**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** A decorated Navy Commander is found dead in a hotel room.
8.00 **Murder by the Sea** Police uncover a tangled web of loyalty and deception when a woman goes missing.
9.00 **Murder: Fight for the Truth** In 1974, Annie Ross vanished when she went on a date and her body was later found.
10.00 **Bloodline Detectives** Maria Pilar Del Gadillo Carrillo remained unidentified for 38 years.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **Bloodline Detectives**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **See No Evil**
4.00 **48 Hours** A man who posed as a hired gun.
5.00 **Medical Detectives** When a grandmother is found murdered in a hotel, the killer hurts himself and inadvertently turns himself in. **5.30** The story of two brothers who hit the big time on the porn market before disaster struck. **6.00** A clue suggests a killing could be linked to a previous murder. **6.30** A hidden fingerprint helps investigators find the abductor of a young girl.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Barbara Holder.
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **The Suzy Lamplugh Mystery** True-crime.
9.00 **Catching the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First...**
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Snapped** Documentary.
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Normans**
9.15 **Secrets of the Royal Palaces** As 7.05pm.
10.15 **Forgotten Allies: The Search for Burma's Lost Heroes**
11.15 **Schindler: The Real Story** As 8.05pm.
1.00 PM **America the Bountiful** Documentary.
1.35 **The Normans**
2.55 **Secrets of the Royal Palaces** As 7.05pm.
3.55 **Schindler: The Real Story** As 8.05pm.
5.45 **The Normans**
7.05 **Secrets of the Royal Palaces** A look around the Palace of Versailles.
8.05 **Schindler: The Real Story** Exploring the real figure of Oskar Schindler.
9.55 **Forgotten Allies: The Search for Burma's Lost Heroes**
11.00 **Secrets of the Royal Palaces** As 7.05pm.
12.00 M'T **to 2.00** AM **Schindler: Real Story**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: Matthew...**
8.00 **The Directors**
9.00 **The Nineties**
10.00 **Lockerbie**
11.00 **The Jinx Part Two**
12.00 NOON **The Janes**
2.00 PM **Seve** The story of legendary golfer Severiano Ballesteros.
4.00 **Discovering: Matthew...**
5.00 **The Directors**
6.00 **The Nineties**
6.55 **The Jinx Part Two** 3/6. As the Susan Berman murder trial begins, prosecutors revisit the 1982 disappearance of Robert Durst's first wife Kathie. **8.00** 4/6. Robert Durst's lawyer and confidant Stewart Altman takes the stand.
9.00 **Boyzone: No Matter What**
10.00 **I Am Luke Perry**
11.45 **Pete Doherty: Stranger in My Own Skin** Documentary.
1.45 AM **Steve McQueen: The Lost Movie** Documentary.
3.30 **The Lawman**
5.00 **to 6.00** AM **Discovering: Matthew McConaughey**

Sky Nature

145 113/114 189 354 369

6.00 AM **Zambia Untamed**
7.00 **Monkey Life**
8.00 **Wildlife Rescue New Zealand**
9.00 **Secret Life of the Kangaroo**
10.00 **Wild Tales from the Farm**
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Secret Life of the Kangaroo**
4.00 **Wild Tales from the Farm**
5.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Great Parks of Africa**
9.00 **Coral City** Winter descends on the bustling reef.
10.00 **Mysteries of the Mekong** The wildlife of Vietnam, the final country on the Mekong's journey.
11.00 **Hope for Wildlife**
12.00 M'T **Orangutan Jungle School**
1.00 AM **Zambia Untamed**
2.00 **Great Parks of Africa**
3.00 **Coral City**
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Secret Life of the Kangaroo**

Sky History 2

163/168 143 186

6.00 AM **The UnBelievable with Dan Aykroyd** Double bill.
8.00 **Mysteries from Above**
9.00 **Combat Ships**
11.00 **Ancient Aliens**
12.00 NOON **Ancient Aliens: The Ultimate Evidence**
1.00 PM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **The UnBelievable with Dan Aykroyd** Double bill.
6.00 **Mysteries from Above** A Turkish drought reveals a long-lost ancient Basilica.
7.00 **Combat Ships** The World War Two Battle of Leyte Gulf. **8.00** The evolution of amphibious assault crafts.
9.00 **Clash of Ancient Warriors** The Battle of Agincourt. **10.00** The Battle of Gergovia.
11.00 **Ancient Aliens**
12.00 M'T **Ancient Aliens: The Ultimate Evidence**
1.00 AM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Gone Bad with Will Mellor** James Riley.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **The First 48** New edition A man is shot at a party.
10.00 **Interrogation Raw**
11.00 **Homicide Hunter**
12.00 M'T **Somebody's Hiding...**
1.00 AM **The First 48**
2.00 **An Hour to Kill**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish: Extreme Sharks**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Sky Safari: Australia**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: The Wild Side** A camel with a bloated belly has keepers worried.
8.00 **Kingdom of the Polar Bears** Following polar bears on the sea ice of Hudson Bay. **9.00** Dennis follows the mother bear and her two cubs.
10.00 **Lawless Island** Troy explores sunken boats for lost treasures.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **National Parks: USA**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest: Shark Frenzy!**

Discovery History

174 147 181 320 325

7.00 AM **Tony Robinson's VE Day: Minute by Minute** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The science of astronomy.
8.00 **Tony Robinson's VE Day: Minute by Minute** The actor examines a pivotal day in the history of the modern world.
9.00 **Unexplained and Unexplored** Justin Fornal and Emiliano Ruprah search for a source of water said to grant eternal life.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** A settlement in Argentina destroyed by floods, a town in the US that has been erased, and a Soviet dream-town that turned into a nuclear nightmare. **8.00** A seemingly endless concrete line stretching through the French countryside that sits as a monument to a discarded engineering advancement. **9.00** Featuring the site of the Chernobyl disaster and a Nazi holiday complex. **10.00** The stories behind closed roads, including a route once used by the French Resistance and areas made impassable by crumbling hills and sand dunes. **11.00** An abandoned prison beneath the water, concrete towers hidden in the woods, and a rusting coastal relic.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Evil Lives Here**
9.00 **Faking It: Tears of a Crime**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **American Detective with Lt Joe Kenda** Double bill.
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Web of Lies**
7.00 **Murder Decoded** The death of a teenage girl, whose body was found on a riverbank. **8.00** After hunters discovered the body of a missing young woman, police officers uncovered a shocking secret.
9.00 **The Murder Tapes** Officers in Florida find a man with a single gunshot wound to the head.
10.00 **Cabin in the Woods** A beloved pastor and his wife escape to a cabin, but an attack leaves one dead and the other in hospital.
11.00 **Home Alone**
12.00 M'T **Hostage 911**
2.00 AM **Web of Lies**
4.00 **to 6.00** AM **Murder Decoded**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Stormy weather brings down the roof of a stadium.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop** 2/2. The 1956 Corvette is completed.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.35 AM **Wish You Were Here**
9.20 PREMIERE **Novocaine**
11.15 **Love Hurts** As 4.45pm.
12.45 PM **Wish You Were Here** Drama with Isabelle Fuhrman. (2025, 12, 99min) ★★★
2.30 **Nosferatu** As 10.00pm.
4.45 **Love Hurts** Action comedy with Ke Huy Quan and Ariana DeBose. (2025, 15, 83min)
6.15 **Wolf Man** Werewolf horror starring Christopher Abbott. (2024, 15, 103min) ★★★

8.00 Novocaine

8.00 PREMIERE **Novocaine** Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. (2024, 15, 80min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Nosferatu Horror thriller starring Bill Skarsgard and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Wolf Man** As 6.15pm.
2.10 **Die Alone** Zombie apocalypse drama with Carrie-Anne Moss. (2024, 15, 91min) ★★★★
3.45 **Restless** Thriller with Lyndsey Marshal. (2024, 15, 89min) ★★
5.20 **to 7.15** AM **Amongst the Wolves** Thriller starring Luke McQuillan and Aidan Gillen. (2024, 15, 102min) ★★★

Sky Cinema Hits

303 303 403 503 517

7.30 AM **Ferrari** Biographical drama. (2023, 15, 130min) ★★★
9.45 **Borat Subsequent Moviefilm** Spoof sequel. (2020, 15) ★
11.25 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
1.20 PM **Vanilla Sky** Fantasy. (2001, 15, 136min) ★★★
3.40 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
5.45 **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★

9.50 Hannibal

8.00 Horrible Bosses Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Hannibal Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap cannibal psychiatrist Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
2.05 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
3.55 **Sky Cinema Preview**
4.45 **to 6.50** AM **Chicago** Musical. (2002, 12, 112min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.20 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
9.00 **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
11.20 **Quartet** Comedy drama. (2012, 12, 94min) ★★★★
1.15 PM **Chicago** Musical drama. (2002, 12, 112min) ★★★★
3.20 **The Quiet Man** John Ford's drama. (1952, U, 129min) ★★★
5.40 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
8.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper, who also directed. A fading music star falls in love with a nightclub singer-songwriter. (2018, 15, 136min) ★★★★★
10.20 **Parachute** Comedy drama starring Courtney Eaton. A young woman recently released from rehab navigates the line between love and a new addiction. (2023, 15, 108min) ★★★★
12.15 AM **Nobody's Fool** Comedy drama starring Paul Newman. (1994, 15, 111min) ★★★★
2.10 **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
4.15 **to 6.30** AM **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **Cinema List: Horror Villians**
7.35 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
9.45 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
11.40 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
1.40 PM **Men in Black 3** Sci-fi sequel. (2012, PG, 105min) ★★★★
3.40 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
5.50 **The Birds** Alfred Hitchcock's classic horror starring Tippi Hedren and Rod Taylor. (1963, 15, 118min) ★★★★★
8.00 **2012** Disaster movie starring John Cusack, Chiwetel Ejiofor and Amanda Peet. A struggling writer strives to get his family to safety after he learns of an impending global catastrophe. (2009, 12, 158min) ★★★
10.45 **Strange Darling** Thriller starring Willa Fitzgerald and Kyle Gallner. (2023, 18, 97min) ★★★★
12.30 AM **Insidious** Horror thriller. (2010, 15, 103min) ★★★★
2.20 **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
4.15 **47 Metres Down** Horror. (2017, 15, 89min) ★★★
5.55 **to 7.40** AM **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
9.05 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
11.20 **Wicked** Fantasy adventure. (2024, PG, 160min) ★★★★
2.05 PM **Ride On** (2023, PG) ★★★
4.20 **Paul Blart: Mall Cop** Comedy. (2009, PG, 91min) ★
6.00 **Peter Rabbit 2: The Runaway** Comedy adventure sequel. (2021, U, 93min) ★★★

7.40 Stuart Little

7.40 **Stuart Little** Children's fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **Stuart Little 2** Fantasy adventure sequel featuring the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Wiz** Motown musical updating of *The Wizard of Oz* based on the hit Broadway show, starring Diana Ross as a Harlem schoolteacher spirited to a fantasy New York City. (1978, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Nutty Professor** Comedy sequel starring Kevin James. (1996, 12, 95min) ★★★
2.45 **Peter Rabbit 2: The Runaway**
4.30 **to 6.15** AM **My Penguin Friend** Drama. (2024, PG) ★★★★

Sky Cinema Action

307 307 407 507 521

7.05 AM **R.I.P.D** As 2.05am.
8.45 **Godzilla** Thriller remake. (1998, PG, 139min) ★★★
11.05 **Ghost Rider: Spirit of Vengeance** (2012, 12) ★★
12.45 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
2.45 **Kung Fu Hustle** Action comedy. (2004, 15, 99min) ★★★★
4.30 **The Mechanic** Action thriller. (2011, 15, 93min) ★★
6.05 **Baby Driver** Action thriller. (2017, 15, 113min) ★★★★

10.00 Shaolin Soccer

8.00 **Kong: Skull Island** Action adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. With Samuel L Jackson and Brie Larson. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Shaolin Soccer** Hong Kong martial arts sports comedy starring Stephen Chow, Vicki Zhao and Ng Man Tat. Subtitled. (2001, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
2.05 AM **R.I.P.D** Action comedy fantasy starring Jeff Bridges. (2013, 12, 96min) ★★★
3.45 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **See No Evil, Hear No Evil**
8.35 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
10.30 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
12.10 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
2.00 **Mamma Mia! Here We Go Again** (2018, PG) ★★★★
3.55 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
6.10 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★

6.10 See No Evil, Hear No Evil

8.00 **The Nutty Professor** Comedy starring Eddie Murphy as a shy, obese college professor who is transformed into a slim, sharp-tongued ladykiller. With Jada Pinkett. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. Overweight college professor Sherman Klump decides to rid himself of his troublesome alter ego by altering his DNA. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
1.20 AM **Galaxy Quest** Sci-fi comedy starring Tim Allen. (1999, PG, 102min) ★★★★
3.10 **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
5.05 **to 6.55** AM **David Brent: Life on the Road** Comedy spin-off. (2016, 15, 96min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Sew Torn** As 12.05am.
8.10 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
10.10 **Psycho** As shown at 4.00am.
12.05 PM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
2.35 **Inferno** Thriller starring Tom Hanks. (2016, 12, 121min) ★★★
4.40 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★
6.25 **Retribution** Action thriller. (2023, 12, 91min) ★★

10.05 The Krays

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Krays** British crime drama starring Gary and Martin Kemp as the notorious gangster twins Reg and Ronnie Kray, who ran London's underworld in the 1960s. (1990, 18, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Sew Torn** Comedy thriller. (2024, 15, 100min) ★★★★
2.00 **Lawless** Prohibition-era crime drama starring Shia LaBeouf. (2012, 18, 111min) ★★★★
4.00 **to 6.05** AM **Psycho** Alfred Hitchcock's chiller. (1960, b/w, 15, 109min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Ten Tall Men** Adventure. (1951, U, 97min) ★★★
1.00 PM **Payroll** Crime thriller. (1961, b/w, PG, 105min) ★★★
3.10 **Three Hours to Kill** Western. (1954, 12, 77min) ★★
4.45 **Born Free** Wildlife adventure. (1965, U, 95min) ★★★★
6.40 **Jumanji: The Next Level** Fantasy adventure sequel starring Dwayne Johnson. (2019, 12, 123min) ★★★★

6.40 Jumanji: The Next Level

Jumanji: The Next Level (film started at 6.40pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.20 **Carlito's Way** Brian De Palma's crime thriller starring Al Pacino as an ex-jailbird who is pulled back into the violent drugs underworld by his sleazy lawyer. With Sean Penn. (1993, 18, 145min) ★★★★ **11 PM**
2.10 **to 4.00** AM **Career Girls** Mike Leigh drama with Katrin Cartlidge and Lynda Steadman. (1997, 15, 87min) ★★

+1 hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

6.40 AM **The 00s: Cinema's Greatest Decade**
7.00 **Mean Girls** Musical remake. (2023, 12, 112min) ★★★
9.00 **William Tell** Historical drama. (2025, 15, 133min) ★★★
11.15 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
1.15 PM **Furiosa: A Mad Max Saga**
3.45 **A Quiet Place: Day One** Horror. (2024, 15, 100min) ★★★★

5.30 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★
8.00 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. (2024, 15, 115min) ★★★
10.00 **Furiosa: A Mad Max Saga** Fantasy adventure starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★

12.30 AM **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
2.20 **Smile 2** Horror thriller sequel. (2024, 18, 127min) ★★★★
4.40 **to 7.00** AM **Murder at Yellowstone City** Western. (2022, 15, 127min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

6.00 AM **Hope Springs** As 10.00pm.
7.45 **The Terminal** Comedy drama. (2004, 12, 129min) ★★★★
10.00 **Yesterday** Fantasy comedy. (2019, 12, 116min) ★★★
12.00 NOON **Sleepless in Seattle** Romantic comedy with Meg Ryan. (1993, PG, 105min) ★★★★★
1.50 PM **Jerry Maguire** Comedy drama starring Tom Cruise. (1996, 15, 139min) ★★★★

4.10 **The Intern** Comedy with Robert De Niro and Anne Hathaway. (2015, 12, 121min) ★★★★
6.15 **Two Weeks Notice** Comedy with Sandra Bullock and Hugh Grant. (2002, 12, 101min) ★★★
8.00 **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan as rival bookshop owners. (1998, PG, 114min) ★★★
10.00 **Hope Springs** Romantic comedy drama starring Meryl Streep and Tommy Lee Jones. (2012, 12, 98min) ★★★

11.45 **Roxanne** Romantic comedy. (1987, PG, 102min) ★★★★
1.40 AM **Baywatch** Action comedy. (2017, 15, 121min) ★★
3.50 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★
5.50 **to 7.40** AM **The Buddy Games** Comedy. (2019, 15, 90min) ★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Rugrats in Paris** (2000)
7.50 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
9.45 **Kung Fu Panda 3** Animated comedy adventure sequel. (2016, PG, 95min) ★★★★
11.25 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
12.55 PM **Migration** As 4.20am.

2.30 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
4.00 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
5.45 **Shrek** Animated comedy with the voice of Mike Myers. (2001, U, 90min) ★★★★★
7.25 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
9.20 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
11.00 **9** Animated sci-fi fantasy. (2009, 12, 79min) ★★★

12.35 AM **The Inventor** Animation with the voice of Daisy Ridley. (2023, PG, 100min) ★★★
2.30 **Noah's Ark** Animation. (2024, U, 96min) ★★★
4.20 **to 6.00** AM **Migration** Animated family comedy. (2023, U, 83min) ★★★

Movies 24

312 313 419

7.00 AM **A Bestselling Kind of Love** Drama. (2024, PG, 90min) ★★
9.00 **Hashtag Proposal** Romantic comedy. (2023, PG, 87min) ★★
11.00 **Scented with Love** Romantic drama. (2022, PG, 83min) ★★
1.00 PM **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
3.00 **Heartstrings Attached** Romantic drama with Morgan Bradley. (2024, PG, 90min) ★★

5.00 **Write Place, Write Time** Romantic comedy drama. (2023, PG, 85min) ★★
7.00 **Royal-Ish** Romantic drama with Nichole Sakura and William Moseley. (2025, PG, 90min) ★★
9.00 **An American in Austen** Romantic comedy drama starring Eliza Bennett and Nicholas Bishop. A Jane Austen fan is transported into the world of *Pride and Prejudice*, and tries to avoid changing the plot. (2024, PG, 84min) ★★

11.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
1.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **The Journey Ahead** Comedy. (2022, PG, 102min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 1/20. (S1)
6.30 **The Beverly Hillbillies** Comedy. (1993, PG, 93min) ★★
8.20 **Look at Life**
8.30 **Out of Town**
9.00 **Slave Girls** Fantasy adventure. (1966, PG, 95min) ★★
10.50 **The Trial of Madame X** Courtroom drama. (1948, b/w, PG, 54min) ★★★
12.00 NOON **Dixon of Dock Green**

1.00 PM **Piccadilly Incident** Drama. (1946, b/w, PG, 102min) ★★
3.00 **Crown Court** Triple bill.
4.30 **Jane Eyre** Classic drama starring Samantha Morton.
6.45 **Look at Life**
7.00 **For the Love of Ada** 5/6. (S1)
7.30 **The Cheaters** 17/27. (S2)
8.00 **The Brothers** 15/16. (S7)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Up Pompeii** Bawdy comedy starring Frankie Howerd. (1971, 15, 90min) ★★

11.45 **Jekyll & Hyde** Horror thriller. (1989, 15, 96min) ★★★
1.40 AM **Legend of the Witches**
3.20 **A Message From Mars** Sci-fi. (1913, b/w, PG, 69min) ★★★
4.35 **Jackpot** Crime drama. (1960, b/w, PG, 71min) ★★★
5.55 **to 6.00** AM **Cinebox Memories**

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
1.00 PM **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
9.00 **LIVE Ryder Cup Golf** Coverage of the opening ceremony of the prestigious event from Bethpage Black in New York, as the two teams and their entourage arrive at the course for the traditional curtain-raiser. Luke Donald has retained the role of captain following Europe's victorious 2023 campaign, and became the first European to repeat his captaincy since Bernard Gallacher in 1993.
12.00 M'T **LIVE NFL Arizona Cardinals v Seattle Seahawks.** Coverage of the week four match staged at State Farm Stadium in Glendale. These two sides met twice last season with the Seahawks coming out on top on both occasions. Kick-off **1.15am**.
5.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open and Beijing Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **Premier League Highlights**
4.00 **Netbusters** A look at the latest action from the Premier League.
4.30 **Premier League Stories**
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox** With former striker Les Ferdinand. **8.30** With Duncan Ferguson.
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
10.30 **Gary Neville Meets Ruben Amorim** An interview.
10.45 **Steven Frayne Meets Manchester United**
11.00 **Premier League Years** A look back at the 2020/21 season.
1.00 AM **PL Retro** Sheffield United v Wigan Athletic from 2007.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2020/21 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Aston Villa v Manchester City in the 2020 final.
12.00 NOON **EFL Cup** Another chance to see Port Vale v Arsenal.
2.00 PM **EFL Cup Highlights** Action from Liverpool v Southampton.
2.30 **EFL Highlights** Championship.
4.00 **WSL** Action from Tottenham Hotspur v Manchester City.
4.30 **EFL Cup Highlights** Action from Port Vale v Arsenal.
5.00 **EFL Greatest Games**
5.30 **EFL Cup Highlights**
6.30 **Bundesliga Weekly** A look at upcoming fixtures in Germany.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **WSL** Chelsea v Leicester City.
8.30 **EFL Cup Highlights**
9.30 **EFL Highlights** Action from Leicester City v Coventry City. **9.45** Highlights from Birmingham City v Swansea City.
10.00 **EFL Highlights** Championship.
11.00 **EFL Greatest Games**
12.00 M'T **There's Only One Sauzee**
12.30 AM **Best Scottish Premiership Goals 2023/24**
1.00 **Old Firm Derby Best Goals**
1.30 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Best of England v South Africa**
9.15 **Women's One-Day International Cricket**
10.15 **International T20 Cricket**
2.45 PM **Best of England v South Africa** Archive action.
3.15 **Women's One-Day International Cricket**
4.15 **One-Day International Cricket**
5.15 **Women's One-Day International Cricket**
6.15 **Best of England v South Africa**
6.30 **Women's ICC World T20 Cricket**
8.00 **Women's One-Day International Cricket** England v India: The first ODI in the three-match series at Utilita Bowl.
9.00 **Women's ICC World T20 Cricket** Action from 2024.
10.00 **Women's One-Day International Cricket**
11.00 **Women's ICC World T20 Cricket**
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **Vitality T20 Blast Cricket**
4.45 **Best of England v South Africa**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Defining Decisions: Justin Rose and the Ryder Cup**
6.30 **How the 2006 Ryder Cup Was Won** From the K Club in Ireland.
9.30 **How the 2010 Ryder Cup Was Won** A review of the 38th staging of the event in Newport, Wales.
11.30 **McGinley & Chamblee: Ryder Cup** Paul McGinley and Brandel Chamblee preview the event.
1.00 PM **Ryder Cup Golf** All the latest news and analysis in the build-up to the event at Bethpage Black.
9.00 **LIVE Ryder Cup Golf** Coverage of the opening ceremony of the prestigious event held at Bethpage Black in New York, as the two teams and their entourage arrive at the course for the traditional curtain-raiser.
12.00 M'T **Ryder Cup Memories**
1.00 AM **PGA Tour Champions Learning Centre**
1.30 **How the 1997 Ryder Cup Was Won** From Valderrama Golf Club.
4.30 **to 6.00** AM **Ryder Cup Memories**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
2.00 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **ATP Tennis** Recent action.
6.00 **WTA & ATP Tennis** Tour events.
12.00 M'T **WTA & ATP Tennis**
2.00 AM **Mirra Andreeva Podcast**
2.15 **Bitesize Tennis**
2.45 **Tim Henman Podcast**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **Fishing: On the Bank**
7.00 **Cycling World Championship**
8.00 **British Speedway**
9.00 **British Superbikes Highlights**
10.00 **Serie A – Full Impact**
10.30 **The Gruppetto** Cycling action.
10.45 **Cycling World Championship**
11.45 **LIVE Cycling World Championship** Coverage of the women's under 23 road race staged in Kigali, Rwanda.
4.00 PM **CPL Highlights** The final.
4.30 **Snooker Home Nations Series English Open** Event review.
5.30 **Serie A – Full Impact**
6.00 **Premier League: Big Interview**
6.30 **Premier League Netbusters**
7.00 **Match Officials Mic'd Up**
7.30 **LIVE UEFA Europa League Aston Villa v Bologna.** Coverage of the league phase match from Villa Park. Kick-off is at **8.00pm**.
10.30 **Super Villans** Documentary.
12.00 M'T **Serie A – Full Impact**
12.30 AM **UFC Main Event**
1.30 **The Gallagher PREM**
2.30 **LIVE MLB Los Angeles Angels v Kansas City Royals.** All the action from Angel Stadium of Anaheim. Start-time **2.38am**.
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **IFSC Climbing World Championship** From Seoul.
6.30 **Ultimate Pool** Pairs Cup.
8.00 **Snooker Home Nations Series English Open**
9.00 **SailGP Highlights**
10.00 **Onboard** Ocean Race Europe.
11.00 **Premier League Reload**
11.15 **IFSC Climbing World Championship** From Seoul.
11.45 **LIVE IFSC Climbing World Championship** From Seoul.
1.15 PM **Premier League Reload**
1.30 **UEFA Champions League**
1.45 **UEFA Europa League**
2.45 **Asia Cup Cricket**
3.15 **LIVE Asia Cup Cricket** Coverage of a Super Fours match.
7.15 **Under the Lights**
7.30 **LIVE UEFA Europa League Rangers v Genk.** Coverage of the league phase match from Ibrox Stadium. Kick-off **8.00pm**.
10.30 **Match Officials Mic'd Up**
11.00 **Cycling World Championship**
12.00 M'T **MotoGP Highlights**
1.00 AM **LIVE MotoGP** Coverage from the Grand Prix of Japan.
3.45 **MotoGP Films**
5.15 **to 7.30** AM **LIVE MotoGP** The Grand Prix of Japan first practice.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **The Runway** New York Jets.
3.45 **NFL Bitesize Highlights**
4.00 **NFL Highlights** Recent action.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Gameday** Match reviews.
8.30 **NFL Bitesize Highlights** Action from New England Patriots v Pittsburgh Steelers. **8.45** Highlights from Los Angeles Chargers v Denver Broncos.
9.00 **The Runway** New York Jets.
9.45 **NFL Bitesize Highlights**
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Bitesize Highlights**
11.30 **NFL Gameday** Match reviews.
12.00 M'T **LIVE NFL Arizona Cardinals v Seattle Seahawks.** Coverage of the week four match staged at State Farm Stadium in Glendale. These two sides met twice last season with the Seahawks coming out on top on both occasions. Kick-off **1.15am**.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
2.00 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show**
7.00 **Sports Centre** A round-up of the latest sports news.
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News** Featuring interviews and highlights.
1.00 AM **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen, when the yet to be knighted Alex Ferguson guided the club to two European trophies in the space of six months.
2.00 **Sky Sports News** A round-up of the evening's sports news.
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **PGA Tour Champions**
8.00 **ATP Tennis** Recent finals.
10.00 **Ladies European Tour Golf**
11.00 **PL Retro** Archive action.
1.00 PM **PGA Tour Champions**
2.00 **PL Greatest Games**
3.00 **World Darts Championship**
6.00 **ATP Tennis** Recent finals.
8.00 **PGA Tour Champions**
9.00 **Ladies European Tour Golf**
10.00 **WTA Tennis** Korea Open final.
11.00 **World Darts Championship**
12.00 M'T **PL Greatest Games**
1.00 AM **Rob Cross: A Year to Remember 2018**
1.30 **Peter Wright: Double Champ 20 & 22** Archive highlights.
2.00 **Gerwyn Price: Welsh Glory**
2.30 **The Greatest Leg: 2023 Final**
3.00 **EFL Greatest Games**
4.00 **The Open Zone** Archive action.
4.30 **to 6.00** AM **Ryder Cup Memories**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
6.30 **UEFA Europa League**
7.30 **Premier League Features**
9.30 **UEFA Champions League**
10.00 **LIVE AFLW Geelong Cats v Hawthorn Hawks.**
12.00 NOON **UEFA Europa League & Conference League Highlights**
1.00 PM **MLB Highlights**
2.30 **Ultimate Pool** Pairs Cup.
4.00 **SailGP Highlights**
5.00 **The Gallagher PREM**
7.00 **LIVE Gallagher PREM Sale Sharks v Gloucester.**
10.00 **Lomu: The Lost Tapes**
11.15 **Climbing World Championship**
11.45 **British Superbikes Rewind**
12.00 M'T **Snooker** English Open.
1.00 AM **UEFA Europa League**
2.00 **LIVE IFSC Climbing World Championship** The men's and women's lead semi-finals.
4.30 **Premier League Stories**
5.00 **to 6.00** AM **Cycling World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **The Gallagher PREM**
1.30 PM **Playing for Our Future**
1.45 **V8 Supercars Highlights**
3.45 **British Speedway**
4.45 **UEFA Europa League & Conference League Highlights**
5.45 **LIVE UEFA Europa League Lille v SK Brann.** Coverage of the league phase match at Stade Pierre-Mauroy. Kick-off **5.45pm**.
7.45 **LIVE British Speedway** The second play-off final.
10.00 **British Superbikes Rewind**
10.15 **TNT Sports Reload**
10.30 **MLB Plays of the Week**
11.00 **MLB Highlights**
12.00 M'T **MLB: Off the Bat**
12.30 AM **LIVE MLB Chicago Cubs v New York Mets.** Coverage of the National League match from Wrigley Field. Start-time **12.40am**.
3.45 **TNT Sports Reload**
4.00 **to 6.00** AM **LIVE AFLW Melbourne Demons v Gold Coast Suns.** Bounce-up **4.05am**.

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing**
7.30 **Le Mans Highlights**
9.00 **Scottish Football Social Club**
10.00 **NASCAR Highlights**
11.00 **Sporting Greats**
11.30 **Top 14 Rugby Union Highlights**
12.00 NOON **Eredivisie Highlights**
1.00 PM **Mass Participation World**
2.00 **NHL Tonight** Highlights.
3.00 **Euro Le Mans Highlights**
3.55 **Football** Highlights and features.
5.55 **LIVE LaLiga Osasuna v Elche.** Kick-off is at **6.30pm**.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga Real Oviedo v Barcelona.** Kick-off **8.30pm**.
10.30 **Argentine Primera Highlights**
11.00 **Eredivisie Highlights**
12.00 M'T **Euro Le Mans Highlights**
1.00 AM **NASCAR Highlights**
2.00 **Michelin Le Mans Cup**
2.30 **Transworld Sport**
3.30 **Mass Participation World**
4.30 **to 6.00** AM **UK Independent Kart Racing**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **Eredivisie** PSV Eindhoven v Ajax.
10.00 **FastZone** Motorsports highlights.
10.30 **GP Confidential**
11.00 **LaLiga** Getafe v Alavés. **1.00** PM Another chance to see Atlético Madrid v Rayo Vallecano.
3.00 **FastZone** Motorsports highlights.
3.30 **Eredivisie** Another chance to see AZ Alkmaar v Feyenoord.
5.30 **Brasileiro Serie A** Another chance to see Santos v Sao Paulo.
7.25 **Football's Greatest** The greatest players discuss their careers.
7.55 **LaLiga** Espanyol v Valencia.
9.40 **LaLiga Match Highlights** Action from Elche v Oviedo. **9.50** Barcelona v Getafe.
10.00 **Temples of Sport**
10.30 **Argentine Primera**
12.30 AM **LaLiga** A match replay.
2.30 **Football's Greatest**
3.00 **Argentine Primera**
5.00 **GP Confidential**
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
2.00 PM **Formula 1** Recent action.
7.00 **Formula 1** Action from the Chinese Grand Prix, the second round of the season in Shanghai. **8.00** Highlights of the Japanese Grand Prix at Suzuka Circuit. **9.00** The Bahrain Grand Prix, the fourth round of the season held at Bahrain International Circuit. **10.00** The Australian Grand Prix at Albert Park Circuit, Melbourne.
11.00 **Formula 1** Recent highlights.
2.00 **to 6.00** AM **The Home of F1**

Friday

26 September

Evening Planner

Golf

Ryder Cup

Sky Sports Main Event & Sky Sports Golf

Cup holders Europe will be aiming for a strong start on day one of this biennial contest against the USA at Bethpage.

Crime Drama

Sister Boniface Mysteries

U&Drama, 9pm (box set, U)

The crime-solving nun is on the case when a lead actor plummets to her death while filming on location in the village.

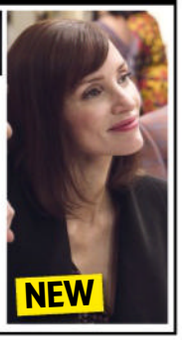
OnDemand

tv+

The Savant

Available today

Thriller starring Jessica Chastain as a suburban mum who has the dangerous job of uncovering online terrorist groups.



OnDemand

tv+

All of You

Available today

Imogen Poots and Brett Goldstein star as college best friends with the potential to be much more in this romantic drama.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling... †	8.00 MasterChef Final		9.00 Stranded on Honeymoon Island...		10.00 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 The Newsreader		10.05 Cracking...	10.30 Newsnight
	103 ITV1	◂ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Who Wants to Be a Millionaire?...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 Mitchell and Webb Are Not Helping	
	105 5	7.00 Puppy School for Guide Dogs		8.00 Susan Calman's Grand Day Out		9.00 Ellis			
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
ENTERTAINMENT	115 BBC3	7.00 Horrible...	7.30 Super League – Live: Coverage of the opening Eliminator (Kick-off 8.00)					10.00 Thailand: The Dark Side of Paradise	
	116 BBC4	7.00 TOTP: 1998		8.00 TOTP: 1979	8.30 TOTP: 1989	9.00 St Vincent at the Proms			10.40 Roxy...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Film: I, Robot			
	136 MORE4	◂ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Inspector Gerri		10.15 24 Hours in A&E	
	135 E4	7.00 Married at First Sight UK							
	107 SKY WITNESS	7.00 Caught on Dashcam		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.50 Game of Thrones				9.00 Task		10.10 The Pacific	
	110 U&GOLD	7.00 Fawlty Towers: The Play				9.00 Fawlty Towers			
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Vera					
	120 ITV4	◂ 6.45 British Open Snooker – Live: The afternoon session on day five						10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Iain Stirling's Roast the Internet	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise		9.00 Father Brown		10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Opry Live		10.00 Madness: Live at House of Common	
	132 U&W	7.00 MasterChef Australia		8.10 Inside the Ambulance at Christmas		9.10 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Deadliest Catch		9.00 Expedition Unknown			10.30 Expedition Files
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of Rescue		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Cleopatra's Final Secret			9.30 Lost Tombs of the Pyramids		10.30 Top Guns...
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Egypt's Unexplained Files		9.00 Bradley Walsh: Egypt's Cosmic Code		10.00 Ancient Aliens Special Presentation	
	155 U&YESTERDAY	7.00 Incredible Journeys with Simon Reeve		8.00 One Foot in the Grave				10.00 Bangers & Cash	
	121 SKY DOCS	◂ 6.55 The Jinx Part Two				9.00 Film: Amy			
FILMS – Sky Cinema	301 PREMIERE	◂ 6.15 One of Them Days		8.00 Novocaine				10.00 The Brutalist	
	302 20s	◂ 6.00 Venom: The Last Dance		8.00 The Fall Guy				10.10 Speak No Evil	
	303 HITS	◂ 5.55 Mad Max: Fury Road		8.00 There Will Be Blood					
	304 FEEL GOOD	◂ 6.00 Pitch Perfect		8.00 Pitch Perfect 2				10.00 Pitch Perfect 3	
	305 KUNG FU PANDA		7.15 Kung Fu Panda			8.55 Kung Fu Panda 2			10.30 Kung Fu...
	306 FAMILY	◂ 6.00 Cats & Dogs	7.45 Cats & Dogs: The Revenge of Kitty Galore				9.25 Jackie Chan's The Tuxedo		
	307 FAST	◂ 5.45 Fast & Furious 7		8.05 Fast & Furious 8					10.25 Fast & Furious...
	308 COMEDY	◂ 6.05 Miss Congeniality		8.00 Miss Congeniality 2: Armed and Fabulous				10.00 Love Actually	
	309 THRILLER	◂ 6.00 Ocean's Eleven		8.00 Ocean's Twelve				10.10 Ocean's Thirteen	
	310 DRAMA	◂ 6.25 Widow Clicquot		8.00 It Ends with Us					10.25 The Holdovers
	311 SCI-FI	◂ 6.05 I Am Legend		8.00 The Nun			9.45 A Quiet Place		
	313 FILM4	◂ 6.55 Dante's Peak				9.00 The Mechanic			
SPORT	401 MAIN EVENT	◂ 5.00 Ryder Cup Golf – Live: Coverage of the fourballs matches on day one in New York							
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 PL Stories	9.00 PL Preview	9.30 Big Interview	10.00 PL Icons	10.30 Sticker Book
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: West Bromwich Albion v Leicester City (Kick-off 8.00)						10.30 EFL Cup...
	405 CRICKET	7.00 Women's ICC World T20 Cricket		8.00 Women's International One-Day Cricket		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day...	
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Harlequins v Bath Rugby (Kick-off 7.45)						10.00 The Gallagher PREM	
	411 TNT SPORTS 2	7.00 MLB – Live: Chicago Cubs v St Louis Cardinals (Start-time 7.20)							10.15 MLB Plays of the Week

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Newark, Nottinghamshire. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *A Tight Squeeze:* 6/12. A murder occurs during the making of a bawdy film. (S2) (S)(AD)
2.45 **Escape to the Country** A pair of budding entrepreneurs seek a move to the Cotswolds. (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.40 The Graham Norton Show

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **The Travelling Auctioneers** A woman decides to sell her late mother's vast collection of antiques in order to help fund home renovations. (S)(R)

8 PM

8.00 **MasterChef: The Final** Series finale 24/24. The amateur cooks must serve a three-course menu that delivers in presentation, taste and originality in their final chance to impress and be crowned champion. (S)(AD)

9 PM

9.00 **Stranded on Honeymoon Island: The Final Flare** Series finale 12/12. Back in civilisation, the honeymooners are paid a surprise visit from Davina McCall, who reveals they will all face one final flare-out. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW SERIES **The Graham Norton Show** The host returns with the chat show, with guests including Dwayne Johnson, Emily Blunt, Matthew McConaughey and Aimee Lou Wood. Plus, RAYE performs her new single *Where Is My Husband!* (S)
11.30 NEW TO BBC1 **RuPaul's Drag Race UK** 1/10. A new cast of queens enter the werk room as RuPaul kicks off the latest contest. Comedian Joel Dommett guests on the judging panel, alongside Michelle Visage and Alan Carr. (S)
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Travelling Auctioneers** (S)(R)
8.00 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Earth** The impact that humans have had on the planet. (S)(R)(AD)
5.15 **Flog It!** From Norfolk. (S)(R)
6.00 **Richard Osman's House of Games** Yasmine Akram, Stephen Mangan, Ingrid Oliver and Tom Rosenthal take part. (S)(R)
6.30 **Great Coastal Railway Journeys** Michael samples the world's smallest public railway. (S)(R)(AD)

8.00 Gardeners' World

7 PM

7.00 **Villages by the Sea** Ben Robinson visits Cushendall in Northern Ireland and explores the Curfew Tower. (S)(R)
7.30 **Beechgrove Garden** Series finale The team offer tips on preparing gardens for autumn and winter. (S)

8 PM

8.00 **Gardeners' World** New edition Monty Don reveals the plans he has for interest and colour in his garden next year, from adding a rose to the new dog house, to planting daffodil bulbs and sowing sweet pea seeds. (S)

9 PM

9.00 **The Newsreader** Series finale *The Fall:* 6/6. Dale is falling apart, leaning heavily on alcohol to get through his day, while Helen's relationship with Bill deteriorates. (S3) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **Natural World: Penguin Post Office** (S)(R)
10.05 **Cracking the Case: The Predator Behind the Camera** Series finale 3/3. The crimes of rapist Zhenhao Zou. (S)(AD)
10.30 **Newsnight** (S)
11.00 **Disease X: Hunting the Next Pandemic** The search for the pathogen that could trigger the next pandemic. (S)(R)(AD)
12.00 M'T **Golf: Ryder Cup Highlights** Action from the opening day. (S)
1.30 AM **Sign Zone: Panorama: Gaza – Dying for Food** (S)(R)
2.00 **Sign Zone: Freddie Flintoff's Field of Dreams: Ultimate Test** (S)(R)
3.00 **Sign Zone: Murder Case – Who Killed Kiesha?** (S)(R)(AD)
4.00 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **ITV News** (S)
12.50 **Local News** (S)
1.00 LIVE **Racing** Ed Chamberlin hosts coverage from Newmarket, including feature race the Rockfel Stakes, and key supporting races the Joel Stakes and the Princess Royal Stakes. With analysis from Megan Nicholls and Jason Weaver, reports by Matt Chapman, and commentary by Richard Hoiles. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

10.45 Mission: Impossible II

7 PM

7.30 **Emmerdale** Laurel guesses something is up and Gabby is forced to make an admission, while April is given food for thought, and Jai exerts pressure. (S)(AD)

8 PM

8.00 **Coronation Street** Bernie fights Asha's corner at a careers convention, but Naomi threatens legal action. Kevin and Tyrone share their troubles, while Debbie pays Carl a visit in his hotel room, and is shocked to find Abi there. (S)(AD)

9 PM

9.00 **Who Wants to Be a Millionaire? Celebrity Special** Jeremy Clarkson hosts a celebrity version of the big-prize quiz as Laura Kenny and Krishnan Guru-Murthy try to answer questions to win cash for their chosen charities. (S)(R)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Mission: Impossible II** Action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. With Thandiwe Newton and Ving Rhames. (S) (AD) (2000, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Teleshopping**
3.00 **One Night** 6/6. After 20 years of lies, Hat unearths a shattering secret. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Judi Love's Culinary Cruise** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 21–24/24. (S4) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Kevin and Anna's ancient French estate finds itself in the eye of a storm. (S)
5.00 **Four in a Bed** New edition Payment Day arrives. (S)
5.30 **Come Dine with Me** Clinical practitioner Laura hosts the final night in north Wales. (S)(R)
6.00 **Sun, Sea and Selling Houses** In Almería, a couple search for their perfect holiday home. (S)(R)

8.00 GBBO: An Extra Slice

7 PM

7.00 **News** (S)

8 PM

8.00 **The Great British Bake Off: An Extra Slice** New edition 4/10. Guests Joel Dommett and Prue Leith help Jo Brand and Tom Allen review events in Back to School Week. Plus, a chat with the fourth baker to leave the tent. (S)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV this week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **Mitchell and Webb Are Not Helping** New episode 4/6. A teacher misunderstands the job. (S)(AD)
■ Entire series on C4 streaming
10.35 FILM **American Reunion** Comedy sequel starring Jason Biggs and Alyson Hannigan. (S)(AD) (2012, 15, 125min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM FILM **Seven Psychopaths** Dark comedy thriller with Colin Farrell. (S) (2012, 15, 110min) ★★★★
2.30 **Ramsay's Kitchen Nightmares USA** From Pennsylvania. (S)(SL)(R)
3.20 **Travel Man: 48 Hours in Prague**
3.50 **Location, Location, Location** (R)
4.45 **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)(AD)
5.15 **to 6.00** AM **The Yorkshire Dales and the Lakes: Season by Season**

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** Discussion. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM **My Killer Colleague** Mystery thriller starring Sierra Wooldridge and Chris Kapeleris. (S) (2023, 12, 100min) ★★
4.00 **All Creatures Great and Small** *Glass Half Full:* 6/6. James starts to behave out of character while examining Tricki. (S5) (S)(R)(AD)
5.00 **News** (S)
6.00 **Bargain-Loving Brits in the Sun** DJ Jessie organises the Benidorm Pride opening party, but problems arise. (S)(R)(AD)
6.55 **News** (S)

8.00 Grand Day Out

7.00 **Puppy School for Guide Dogs** 4/4. Assessors consider whether Hester is ready to be paired with Pickle on a permanent basis. (S)(R)(AD)
7.55 **News** (S)
8.00 **Susan Calman's Grand Day Out** New edition Susan tours the north of England, where she takes in the stunning scenery of the Yorkshire Dales and learns about some surprising local traditions. (S)
9.00 **Ellis** 2/3. DCI Ellis and assistant DS Harper arrive in the town of Callorwell to investigate the disappearance of a local detective, Jenny Rawler. The missing person's colleagues believe she left of her own free will, but Ellis and Jenny's husband feel something is amiss. Stars Sharon D Clarke. (S1) (S)(R)(AD)
11.00 **Piers Morgan Uncensored** New edition Highlights from the presenter's YouTube show. (S)
12.35 AM **Car Pound Cops** (S)(R)
1.05 **PlayOJO Live Casino Show** (S)
3.05 **The Wonderful World of Gold** Elite jewellery shops. (S)(R)
3.55 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Orangutan Jungle School** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 9/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Dumbbell Indemnity:* Homer rashly agrees to help Moe defraud his car insurance company. (S)(R) **5.30** *Homer at the Bat:* Homer joins a softball team. (S)(R)
6.00 **The Office (US)** 23/25. Michael is considered for a new job in the corporate division. (S)(R) **6.30** 24/25. Michael, Jim and Karen all compete for the corporate position. (S3) (S)(R)

9.00 The Paper

7.00 **The Simpsons** *Lisa the Simpson:* Lisa fears that she is destined to end up stupid. (S)(R) **7.30** *This Little Wiggy:* Bart is horrified at Marge's attempts to make him befriend Ralph. (S)(R)
8.00 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Africa to spend time with rare mountain gorillas. Along the way he prepares a meal for a tribal king and encounters a rhinoceros that lives in a house. (S)(R)
9.00 **The Paper** New episodes *I Love You:* 7/10. The staff members find their attitudes towards authority bubbling up. (S) **9.35** *Church and State:* 8/10. Mare uncovers a story that pits the *Truth Teller* against its owner. (S1) (S)
10.10 **Peacemaker** New episode *Ignorance Is Chris:* 6/8. Action comedy starring John Cena. (S2)
10.55 **Romesh: Can't Knock the Hustle** 1/4. Romesh Ranganathan embarks on a mission across the world. (S)(R)
12.25 AM **Boardwalk Empire** 11/12. Van Alden becomes increasingly suspicious of Sebso. (S)(R)(AD) **12.25** 12/12. Election day arrives. (S1) (S)(R)(AD)
2.40 **Road Wars** (S)(R)
3.10 **Magnum P.I.** (S5) (S)(R)(AD)
4.05 **S.W.A.T.** 9/13. (S7) (S)(R)(AD)
5.00 **Road Wars** (R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward: With Dougie Vipond. (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30-8.00pm Paula McIntyre's Hamely Kitchen USA (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Back in the Day Series finale (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Cracking the Case: The Heist, the Hit and the Hunt New edition (S)(AD)

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bwyd Epic Chris (AD) **12.30** Heno **1.00** Ceffylau, Sheikhs a Chowbois **1.30** Codi Hwyl (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Antur Itera Tim Lowri Morgan Series finale **8.55** Newyddion a'r Tywydd **9.00** GISDA: Drws I'r Digartre New edition (AD) **9.30** Sgwrs Dan y Lloer **10.35-11.40pm** Ty Ffit

TV&Satellite week
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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** A special episode about the life of Mary, Queen of Scots.
7.25 **The Catch Up**
7.30 LIVE **Rugby League: Super League** Coverage of the opening Eliminator, as the play-offs get under way. The winners of this match will earn a place in the semi-finals, while the losers' campaign will come to an end. Kick-off is at 8.00.
10.00 **Thailand: The Dark Side of Paradise** 1/3. Zara McDermott discovers the dark side of Thailand's backpacker culture. **10.45** 2/3. Zara meets men chasing cheap thrills in Asia's sex capital, Pattaya. **11.30** 3/3. Zara travels to Phuket to experience a taste of Thailand's luxury lifestyle.
12.15 AM **Juice** 3&4/6. Double bill of the comedy. (S2)
1.05 **Bump** 7&8/10. (S3)
2.00 **Thailand: The Dark Side of Paradise** As 10.00pm.
2.45 **My Mate's a Bad Date**
3.10 **to 4.00** AM **Juice**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** With Fat Les, Tina Arena, B*witched and Dana International. **7.30** With Eagle-Eye Cherry, Hanson, Space and Ultra.
8.00 **TOTP: 1979** Performances by The Starjets, Kate Bush, Madness, Jags and Sad Cafe.
8.30 **TOTP: 1989** With London Boys, Aerosmith, S'Express, Richard Marx and Black Box.
9.00 **St Vincent at the Proms** New edition The singer joins an orchestra for this performance at the Royal Albert Hall, with arrangements of some of her most-loved songs.
10.40 **Roxy Music & Bryan Ferry at the BBC** Archive performances by the band and their frontman.
11.40 **Bryan Ferry: BBC One Sessions** The Roxy Music singer-songwriter in concert at LSO St Luke's, London.
12.30 AM **Bryan Ferry & Roxy Music: A Musical History**
1.30 **TOTP: 1998** Double bill.
2.35 **TOTP: 1979** As 8.00pm.
3.05 **to 3.35** AM **TOTP: 1989**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw try to restore a tatty Mk.1 Toyota MR2. **4.50** Tim and Fuzz pick up their first ever supercar.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer reunite with previous house-hunters. **6.55** Two young families ask for Kirstie and Phil's help finding properties in Devon.
7.55 **Grand Designs** Kevin McCloud follows the progress of musician Toby as he sets out to build a house wrapped around an ancient oak tree in rural Suffolk.
9.00 **Inspector Gerri** Series finale *A Promise Is a Debt – Part Two:* 8/8. Prosecutor Anteri takes a shine to Lea, which annoys Gerri, even though he's busy with the case and looking into his own past. Subtitled. (S1)
10.15 **24 Hours in A&E** A 24-year-old man talks about living with a condition that causes severe pain. **11.15** A 35-year-old woman is concerned that a brain tumour has returned.
12.20 AM **999: On the Front Line** A woman who has hit her head in a bus shelter.
1.20 **24 Hours in A&E**
3.30 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 11-14/24. (S7)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **The Big Bang Theory**
6.00 **The Simpsons** Double bill of the animated comedy.
7.00 **Married at First Sight UK** The first two couples marry at first sight, and an unexpected surprise transforms one groom's big day. **8.45** While one bride makes a showstopping entrance, another suffers a major wedding day wobble. **10.35** A frosty first impression might leave one bride out in the cold on her wedding night, while one couple's romance goes from strength to strength. **11.45** Two more pairs of singles take the leap of faith, and there's an instant spark for one couple.
1.20 AM **Gogglebox** Opinions on *The Yorkshire Vet, Britain's Got Talent* and *The Nest.*
2.20 **Below Deck**
3.10 **The Big Bang Theory**
4.25 **Modern Family**
4.50 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 5/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 5/13. The team investigate the abduction of a debate team in rural Pennsylvania. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM
7.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM
8.00 **Chicago Med** Series finale ...*Don't You Cry:* 22/22. Goodwin has to enforce the board's employee cuts. (S10)

9 PM
9.00 **Chicago Fire** Series finale *It Had To End This Way:* 22/22. Severide puts his job on the line to help out one of his own. (S13)

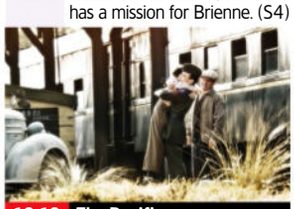
10 PM
10.00 **Chicago PD** Series finale *Vow:* 22/22. Ruzek and Burgess's big day arrives, while Chapman and Voight grow closer. (S12)
11.00 **Law & Order: SVU** (S25)
12.00 M'T **The Good Doctor** (S4)
1.00 AM **The Rookie: Feds** 4/22.
2.00 **Law & Order: SVU** (S25)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Sun, Sea and A&E**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** From New Orleans.
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 3&4/8. (S1)
12.20 PM **Game of Thrones** (S3)
1.30 **Das Boot** 5/6. (S4)
2.30 **Boardwalk Empire** (S2)
4.40 **Homicide: Life on the Street** 6/22. A boy is left brain dead by a stray bullet.
5.45 7/22. A 10-year-old crime is uncovered. (S4)
6.50 **Game of Thrones** 4/10. Jaime has a mission for Brienne. (S4)



10.10 The Pacific

7.55 **Game of Thrones** *First of His Name:* 5/10. Cersei and Tywin plot their next move after Tommen's coronation, and Daenerys hears worrying news about Yunkai. (S4)

9.00 **Task** *Nobody's Stronger Than Forgiveness:* 3/7. A raid leads Tom to a shocking revelation. (S1)

10.10 **The Pacific** *Home:* 10/10. Sledge struggles to cope with the horrors he saw, and Lena meets Basilone's family. (S1)
11.20 **The Wire** 8/13. Herc and Carver arrest a senator's driver, and Omar takes revenge on the Barksdale crew (S1)
12.25 AM **The Sopranos** 11/13. (S3)
1.35 **Gomorrah** 11&12/12. (S3)
3.40 **Game of Thrones** (S3)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 5/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 2/16. (S4)
12.00 NOON **The Flash** 6/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 14/20. (S5)
4.00 **S.W.A.T.** 9/13. (S7)
5.00 **SEAL Team** 1/16. The officers enter enemy territory in Afghanistan to capture a terrorist leader. (S4)
6.00 **Stargate Universe** 15/20. Greer is left for dead on a desolate planet. (S1)

8.00 An Idiot Abroad 2

7.00 **Stargate Universe** *Sabotage:* 16/20. The crew are unsettled when the *Destiny* crosses into another galaxy. (S1)

8.00 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Africa to spend time with rare mountain gorillas.

9.00 **The Paper** New episodes *I Love You:* 7/10. The staff's attitude toward authority bubbles up.
9.35 *Church and State:* 8/10. Mare uncovers a controversial story. (S1)
10.10 **Peacemaker** New episode *Ignorance Is Chris:* 6/8. Action comedy. (S2)
10.55 **Romesh: Can't Knock the Hustle** 1/4. Romesh Ranganathan embarks on a mission across the world.
12.25 AM **The Force: Manchester**
2.30 **Road Wars** Vehicle crime.
3.00 **Magnum P.I.** 14/20. (S5)
4.00 **S.W.A.T.** 9/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New...**
6.00 **Celebrity Catchphrase**

9.00 I, Robot

7.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 FILM **I, Robot** Sci-fi crime thriller starring Will Smith. A maverick cop investigates when a robot gets blamed for the death of a scientist. With Bridget Moynahan and Bruce Greenwood. (2004, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 17/21. Peter becomes a classy person.
11.50 11/21. Brian's estranged son turns up in Quahog. (S12)
12.15 AM **American Dad!** (S15&14)
1.15 **Bob's Burgers** 6/22. (S10)
1.40 **Plebs** 1&2/9. (S5)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 8/8. (S5)
10.25 **The Royal** *The Way We Were.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 5/7. The village prepares for the annual flower show. (S1)
4.40 **Doc Martin** 1/8. The Doc and Louisa's big day arrives. (S6)
5.50 **Heartbeat** *For Art's Sake:* An arsonist strikes in the village.

6.55 Heartbeat

6.55 **Heartbeat** *A Shot in the Dark:* Jackie fights for justice on behalf of a trespasser shot on Lord Ashfordly's land.

8.00 **Vera** *Inside:* As she considers a life-changing decision, Vera finds herself investigating two cases when an ex-prisoner's body is discovered on the banks of the River Tyne, and she has to find out if the former inmate has been served cold justice.

10.00 **Vera** *The Dark Wives:* A student is killed and dumped at the foot of three mythical monoliths and a missing girl sets Vera on an investigation.
11.55 **Unforgotten** 5/6. Lies are uncovered as Mel and Asif are taken into custody.
12.55 AM 6/6. Jess and Sunny finally get the truth from Asif, Marty, Mel and Juliet. (S6)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 LIVE **Sportscene: Scottish Cup** Auchinleck Talbot v Cumnock Juniors: The first-round tie between the local rivals at Beechwood Park. Auchinleck reached the second round last season, while Cumnock were defeated by Brora Rangers at this stage 12 months ago. Kick-off is at 7.45.
10.00 **Still Game** 1/6. Wullie begins seeing a woman half his age. (S4)
10.30 **Best of Only an Excuse?** A selection of sketches from the archives.
11.00 PM **to 12.00** M'T **Amazing Hotels: Life Beyond the Lobby** Monica Galetti and Rob Rinder work in some of the world's most unusual hotels.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 3&4/10. (S4)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S3)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 8/20. Carrie tests a trapeze.
8.25 9/20. Miranda's hopes are raised when a doctor moves into her building. (S6)
9.00 **Nikki Glaser: Someday You'll Die** Stand-up.
10.15 **And Just Like That...** *Outlook Good:* 1/12. Miranda considers ghosting a hookup. (S3)
11.05 **Entourage** (S5)
12.10 AM **Girls** 7&8/10. (S1)
1.20 **Veep** 4&5/10. (S2)
2.30 **Curb Your Enthusiasm**
3.45 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: Greatest Hits of Opera**
8.10 **The Joy of Painting**
9.10 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Van Gogh by Vincent**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering:**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults**
9.00 **Opry Live** New edition With Carrie Underwood.
10.00 **Madness: Live at House of Common**
11.30 **Suggs: My Life Story**
1.30 AM **Queen: Is This the Real Life?** Documentary.
2.40 **Women Who Rock**
3.55 **Corinne Bailey Rae at Hiro Ballroom**
5.05 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 13/26. (S3)
8.00 **Star Trek: Deep Space Nine** 19/26. (S4)
9.00 **Forensics: Catching the Killer** Holly Wells and Jessica Chapman.
11.00 **Grimm** 11/22. (S1)
12.00 M'T **World's Most Evil Killers** Edmund Kemper.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Ant & Dec's Limitless Win** Quiz show.
3.00 **Tenable** Double bill of the quiz show hosted by Sally Lindsay.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Monz takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Deal or No Deal: Celebrity Special** Sam Thompson takes part in the game show.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Deal or No Deal: Celebrity Special**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 19&20/26. (S5)
12.00 NOON **Highway to Heaven** 8/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's The Ring** 2/2. Melodrama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 2/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S3)
9.00 FILM **Pearl Harbor** World War Two romantic drama starring Ben Affleck, Josh Hartnett and Kate Beckinsale. (2001, 12, 183min) ★
12.40 AM **Rising Damp** (S3)
1.10 **Man About the House**
1.40 **M*A*S*H** 9&10/24. (S1)
2.45 **Home to Roost** (S3)
3.10 **A Fine Romance** (S3)
3.35 **Man About the House**
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Robin of Sherwood**
7.00 **The Saint**
8.00 **Kojak** Double bill.
10.10 **Magnum, PI**
11.10 **British Touring Car Championship Highlights**
12.45 PM **LIVE Snooker: British Open** Coverage of the afternoon session on the fifth day staged at the Centaur in Cheltenham, featuring the opening two quarter-finals.
4.30 **Magnum, PI**
5.35 **The Saint**
6.35 **World of Sport**

5.35 The Saint

6.45 **LIVE Snooker: British Open** Jill Douglas presents coverage of the afternoon session on day five from the Centaur in Cheltenham, featuring the concluding two quarter-finals played over the best of nine frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling, featuring Jon Moxley.
12.00 M'T **Dark Side of the Ring** How Chris Kanyon kept his sexuality a guarded secret.
12.55 AM **BattleBots** The fourth Sin City Slugfest winner faces the fearsome Skorpios.
1.55 **The Protectors**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 26/26. (S1)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 14/26. (S2)
2.00 **Warehouse 13** 9&10/13. (S1)
4.00 **Star Trek: The Next Generation** 26/26. (S1)
5.00 **Stargate Atlantis** 18/20. (S4)
6.00 **Star Trek: Enterprise** 18/26. Archer is haunted by visions of a woman whose race is being ruthlessly wiped out. (S1)

11.00 The Lake

7.00 **Star Trek: Deep Space Nine** *Whispers:* 14/26. O'Brien returns from a mission to find himself shunned by the crew. (S2)

8.00 **Stargate Atlantis** *The Kindred – Part One:* 18/20. Dr Keller discovers a deadly protein designed to destroy Wraiths. (S4)

9.00 **The Ark** *We Don't Kill Our Own:* 8/12. The ship is taken under siege and the crew must outsmart the mutineers. (S2)

10.00 **Grimm** *Beeware:* 3/22. Nick and Hank investigate the case of a female lawyer found dead on a bus. (S1)
11.00 **FILM The Lake** Thai horror starring Su Jack. A girl finds a strange egg and brings it back to her village – only to realise it was from a monster. Subtitled. (2022, 12, 104min) ★★
1.00 AM **Warehouse 13** (S1)
3.00 **Westworld** 8/8. (S3)
4.30 **Room 104** 2/12. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 2/24. (S3)
11.00 **Hudson & Rex** 2/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 2/24. (S3)
5.00 **Hudson & Rex** 2/8. Rex witnesses a murder while stuck at home. (S7)
6.00 **Father Brown** *The Smallest of Things:* The sleuthing priest looks into the macabre world of doll's house crime scenes.

10.00 Mudtown

7.00 **Body of Proof** *Falling for You:* 11/20. Megan investigates when a bride falls to her death on her wedding day. (S2)

8.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is murdered during the Tour des Antilles race. (S9)

9.00 **Father Brown** *The Puzzle of Banburismus:* The priest investigates a sewing circle when a seamstress is stabbed to death.

10.00 **Mudtown** *Into the Mud:* 6/6. Claire and Pete learn the truth of what happened the night of the shooting. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 10/16. A senior FBI agent tries to track down a stolen Degas painting. Guest stars Beau Bridges. (S3)
1.00 AM **Death in Paradise** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

11.00 Not Going Out

7.00 **Fawlty Towers: The Play** Recorded at the original West End production based on the beloved comedy series, this special brings together three iconic episodes into one theatrical experience.

9.00 **Fawlty Towers** First episode. Basil tries to upgrade his clientele. **9.40** Basil goes behind Sybil's back to save money on structural alterations to the hotel. **10.20** Basil tries to stop an unmarried couple lowering moral standards.

11.00 **Not Going Out** Lucy runs over a pet rabbit belonging to the daughter of a client.
11.35 **Porridge**
12.15 AM **Fawlty Towers**
1.35 **Not Going Out**
2.15 **Avoidance**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **The Force: Behind the Line**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Spain** The chef heads for the Extremadura region, famous for paprika and Iberico ham, before heading south to Seville.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers look at how Britain's love of cheese has evolved over centuries.

9.00 QI XL

7.00 **Would I Lie to You?** With Tom Allen, Geoff Norcott, Esme Young and Vicki Pepperdine.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Anna Richardson. **8.20** With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.

9.00 **QI XL** Graham Norton, David Mitchell and Dara O Briain join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Steph McGovern hosts the satirical quiz, with Zoe Lyons and John Pienaar.
11.00 **8 Out of 10 Cats: Jimmy, Sean and Jon's Best Bits** Highlights from the 2014 series of the comedy panel show.
11.30 **Mock the Week**
12.10 AM **Would I Lie to You?**
2.15 **Survivor South Africa**
3.30 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

Friday

7 PM 8 PM 9 PM 10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Alicante.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Christmas Spaces** From Surrey.
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **Kirstie and Phil's Love It or List It** A couple need help deciding whether to sell or renovate their home in Lanarkshire.
8.00 **Educating Yorkshire** Year seven's Ismaeel tries to start a chess club.
9.00 **24 Hours in A&E**
10.00 **999: On the Front Line**
11.05 **Gogglebox** Double bill.
1.05 AM **Taskmaster**
2.10 **Mitchell and Webb Are Not Helping**
2.40 **Love Cheats**
3.45 **to 4.45** AM **Kirstie and Phil's Love It or List It**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 2-4/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Prime Suspect:* 17/24. Gibbs's barber suspects his son may be a serial killer. **7.00** *Seek:* 18/24.The team investigate the death of a US Marine shot in Afghanistan. **8.00** *Squall:* 19/24. A doctor dies on board the USS *Borealis* during a heavy storm. (S10)
9.00 **Person of Interest** *Nothing to Hide:* 2/23. Finch, Reese and Shaw search for an internet entrepreneur. **10.00** *Lady Killer:* 3/23. The Machine helps Root try to escape from the psychiatric hospital. (S3)
11.00 **Law & Order: Special Victims Unit** (S21 &20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Dogs Behaving (Very) Badly**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** Doctors treat a man who has fallen from a ladder and has been knocked unconscious.
9.00 **FILM Battle: Los Angeles** Sci-fi adventure starring Aaron Eckhart. (2011, 12, 116min) ★★★
11.25 **Motorway: Hell on the Highway** Double bill.
1.25 AM **Banged Up Abroad**
2.20 **Bargain-Loving Brits in the Sun**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Outback Truckers**
9.55 **Trucking Hell**
10.55 **Traffic Cops**
11.55 **Police Interceptors**
1.55 PM **FILM The Scalphunters** Western adventure starring Burt Lancaster and Shelley Winters. (1968, PG, 102min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **FILM Bloodsport** Action thriller starring Jean-Claude Van Damme. A secret agent goes AWOL to take part in a martial-arts contest. (1987, 18, 92min) ★★
11.00 **MacGyver** 19/23. (S2)
11.55 **La Brea** Series finale 6/6. Gavin leads the survivors in trying to find Eve, Josh and Riley. (S3)
12.55 AM **Extreme Tow Truckers** Documentary.
1.55 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point** Triple bill.
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The hopefuls must create a dish inspired by a country Qatar Airways flies to.
8.10 **Inside the Ambulance at Christmas** Aaron and Chris are called to a man with potentially life-threatening injuries.
9.10 **999 Rescue Squad** HART staff must treat one of their own. **10.10** A massive explosion demolishes a block of flats.
11.10 **Nurses on the Ward**
1.10 AM **Interior Design Masters with Alan Carr**
2.25 **to 3.00** AM **My Family**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **NEW SERIES Sister Boniface Mysteries** *Biff! Pow! Zap!* 1/8. Return of the crime drama. Sister Boniface investigates a sabotaged stunt. (S4) ■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 4/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.15 **Waiting for God**
3.00 **to 4.00** AM **A Remarkable Place to Die**

+1 hr 243 316 60 260

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **Celebrity Yorkshire Auction House**
7.00 **Antiques Road Trip** Margie Cooper and Ochuko Ojiri pay a visit to Worcestershire. **8.00** Margie and Ochuko are in Wiltshire
9.00 **Saving Lives at Sea** On the Isle of Wight, the Bembridge crew try to save a fishing trawler. **10.00** A solo sailor clinging onto his upturned catamaran hopes for a rescue.
11.00 **Helicopter ER**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Chase Celebrity Special** Adrian Chiles, Gemma Merna, Rosie Marcel and Jon Snow take part in the quiz.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill. of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Western.
9.40 **FILM Heaven Knows, Mr Allison** Wartime romantic drama. (1957, PG, 100min) ★★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Face of a Fugitive** Western. (1958, U, 81min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Black Rain** Thriller. (1989, 15, 120min) ★★★
11.50 **FILM Black Water** Crime action thriller. (2018, 15, 104min) ★★
2.05 AM **The Avengers**
3.05 **The New Avengers**
3.50 **Cops Uncut** Triple bill.
5.15 **to 5.40** AM **Wild West Chronicles**

+1hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.10 **FILM Forgotten Abduction** (2020) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 6/24. (S2)
12.00 NOON **Hailey Dean Mysteries** Crime drama.
1.55 PM **FILM Martha's Vineyard Mysteries: Poisoned in Paradise** Thriller. (2021, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 7/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Ruby Herring Mysteries: Prediction Murder** (2020, PG) ★★
10.55 **FILM Stolen Innocence** Thriller. (2007, PG) ★★
12.55 AM **FILM Evil Nanny** Thriller. (2016, 12) ★★
2.45 **FILM Instakiller** (2018)
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
10.00 **FILM Northpole 2: Open for Christmas** Fantasy. (2015, U) ★★
12.00 NOON **FILM Christmas in Toyland** (2022) ★★
2.00 PM **FILM Her Magical Christmas** (2017) ★★
4.05 **FILM Christmas with a Crown** Romantic drama. (2020, PG, 89min) ★★
6.00 **FILM Christmas with a Prince: Becoming Royal** Drama. (2019, PG) ★★
8.00 **FILM Christmas in the Highlands** Comedy. (2019, PG, 90min) ★★
9.55 **FILM Laughing All the Way** (2023, PG) ★★
12.00 M'T **FILM Love You Like Christmas** Drama. (2016, U, 88min) ★★
1.50 AM **FILM A Christmas Hero** (2020, 12) ★★
3.25 **to 4.50** AM **FILM Her Magical Christmas**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Soap** 13/25. (S1)
11.00 **In Loving Memory**
11.30 **Haggard** 5/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **FILM Ginger in the Morning** (1973, PG) ★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 6/8. (S2)
4.00 **Fantasy Island** (S1)
5.00 **Lucky Feller** 12/13. (S1)
5.30 **In Loving Memory** (S2)
6.00 **Thick as Thieves** (S1)
6.30 **Soap** 13/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 5/7. (S1)
8.30 **Lucky Feller** 12/13. (S1)
9.00 **Please Sir!** 10/21. (S4)
9.30 **Brass** 4/13. (S1)
10.00 **Game On** 4/6. (S3)
10.35 **Stereo Underground**
11.35 **Thick as Thieves** (S1)
12.05 AM **FILM Lady of Burlesque** (1943) ★★
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Josh fights to get home for a reunion with his brother. **8.00** Alaskan crab fisherman brave the treacherous Bering Sea in search of king crabs.
9.00 **Wheeler Dealers: Dream Car** Double bill.
11.00 **Ed Stafford: First Man Out** Documentary.
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** Documentary.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **Jamie's 15 Minute Meals**
10.00 **Hairy Bikers' Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Everyday Kitchen**
4.00 **The Pioneer Woman** New edition
4.30 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Hairy Bikers' Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Nigel's Simple Cooking**
10.00 **Paul Goes to Hollywood**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 10/28. (S1)
9.00 **The Fall Guy** 13/23. (S4)
10.00 **Charlie's Angels** (S2)
11.00 **The Twilight Zone** (S2)
11.35 **FILM All Quiet on the Western Front** Remake of the 1930s anti-war drama. (1979, PG, 126min) ★★
2.40 PM **FILM Airport 77** Disaster movie. (1977, PG, 113min) ★★
5.00 **Star Trek** 24/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 14/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Alamo** Western. (2004, 12, 137min) ★★★
11.50 **FILM He Who Dares** Crime action thriller. (2014, 15, 78min) ★
1.25 AM **FILM Bushwick** Fast-paced action thriller. (2017, 15, 94min) ★★
3.15 **to 5.00** AM **FILM Paydirt** Crime thriller. (2020, 15, 86min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Virginian** As shown at 5.00pm.
8.00 **FILM Wyvern** Fantasy. (2009, 15, 84min) ★★
10.00 **Andromeda** 9/22. (S2)
11.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
1.00 PM **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
3.00 **Andromeda** 9/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM The Virginian** Western. (2014, 12, 90min) ★★
7.00 **Andromeda** 10/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM The Gunman** Drama with Sean Penn. (2015, 15, 115min) ★★★
11.15 **FILM Vehicle 19** Thriller. (2013, 12, 83min) ★★
1.00 **to 3.00** AM **FILM Tales that Witness Madness** Horror anthology. (1973, 18, 90min) ★

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters: Pawn Shop Edition**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained with William Shatner**
12.10 PM **Secrets in the Sand**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **The Proof Is Out There: Military Mysteries**
10.00 **What on Earth?**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** From Scotland.
12.00 NOON **Dorset: Country and Coast**
1.00 PM **The Yorkshire Vet**
2.00 **The Yorkshire Vet: Back to the 70s**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** A visit to the Sierra Nevada mountains.
9.00 **Murder Most Puzzling** 3/3. A rock star's arrival in Bakerbury sets off a dramatic chain of events. Stars Phyllis Logan. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
2.00 **The Yorkshire Vet: Back to the 70s**
2.55 **Paul Martin's Antiques Showdown**
3.45 **to 4.00** AM **Britain's Greatest Bridges**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue** Isadora and Ben tackle the restoration of a 500-year-old farmhouse in Devon, battling decades of decay, rising costs and deadlines.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town** Erin and Ben are on a mission to restore houses in their town.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints**
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **My 600lb Life** Margaret tries to overcome her severe food addiction.
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** A couple who used a treat in an explosive way.
1.00 AM **Extreme Cheapskates**
2.00 **My 600lb Life**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 3&4/25. (S2)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 7-10/25. (S2)
1.00 PM **Friends** (S7&8)
9.00 **Michael McIntyre's Big Show** With Dani Dyer.
10.00 **Iain Stirling's Roast the Internet**
11.00 **Mike Judge's Beavis and Butt-Head** New episode (S3)
11.30 **CC Live: Stand Up Shorts** Series finale With Kazeem Jamal.
12.00 M'T **8 Out of 10 Cats**
1.00 AM **Police Squad!** (S1)
2.00 **Whose Line Is It Anyway? USA**
3.00 **The Comedy Central Chart Show**
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 7&1/13. (S3)
11.00 **Friends** (S7&8)
1.00 PM **Impractical Jokers**
2.00 **Daria** 8&9/13. (S3)
3.00 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S1)
7.00 **Everybody Loves Raymond** 7-10/25. (S2)
9.00 **New Girl** (S2)
10.00 **Friends** 9-12/24. (S7)
12.00 M'T **Andy Parsons: Live & Unleashed – But Naturally Cautious**
1.00 AM **Jessica Fostekew: Silence of the Nans**
2.00 **The Alasdair Beckett-King Mysteries**
3.00 **The Alternative Comedy Experience**
3.50 **The Comedy Central Chart Show**
3.55 **Reno 911! It's a Wonderful Heist**
5.15 **to 6.00** AM **Last Man...**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S1)
1.00 PM **Motorway Patrol**
2.00 **NCIS: New Orleans**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
7.00 **Road Wars** Dan and Daz pursue the driver of a Ford Focus.
8.00 **The Cleaning Lady** *The Icebox:* 5/10. Garrett forces Thony to choose between her loyalty to Arman and saving Fiona from deportation. (S1)
9.00 **SEAL Team** (S2)
11.00 **The Russell Howard Hour** Triple bill.
1.00 AM **A League of Their Own** Unseen material.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars** As 7.00pm.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.20 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: Repeat Offenders** Reality show.
2.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **MTV Cribs US**
9.00 **FILM Bring It On Again** Teen drama sequel with Anne Judson-Yager and Faune A Chambers. (2003, 12, 86min) ★★
11.00 **Lindsay Lohan's Beach Club** Lindsay sends shockwaves through the house by sending one of the hosts home.
12.00 M'T **Ink Master Redemption** Double bill.
1.00 AM **MTV Family Legacy**
2.00 **Young, Dumb and Banged Up in the Sun**
2.50 **Celeb Ex in the City**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: White Water**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard hunts for valuable items on an old family estate. **4.00** Treasures are found in an Oxfordshire brewery.
5.00 **The Last Woodsmen** Wildfires threaten to turn Jared's inventory to ash.
6.00 **Hoffman Family Gold** Hunter fires up the Black Pearl.

9.00 Expedition Unknown

7.00 **Wheeler Dealers World Tour** Mike and Elvis build a tribute to Paddy Hopkirk's Monte Carlo Rally winning Mini.
8.00 **Deadliest Catch** Water in his fuel causes Jake to have a psychotic episode, and Keith fires a dishonest deckhand.
9.00 **Expedition Unknown** New edition Josh investigates the rampage of two lions who killed as many as 135 railroad workers in 1898.
10.30 **Expedition Files** Josh studies the vanishing of the 16th-century inhabitants of Roanoke.
11.30 **Caught!** Caught on camera clip show featuring stunt mishaps and crazy contraptions.
12.00 M'T **Blowing Up History**
1.00 AM **Expedition Unknown**
2.30 **Expedition Files** As 10.30pm.
3.30 **Caught!** As 11.30pm.
4.00 **to 5.00** AM **Expedition Bigfoot**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** An angular aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
4.00 **Pet Nation Renovation** 1/2. An animal shelter is given a top-to-bottom makeover.
5.00 **Lone Star Law** Relocating an alligator snapping turtle.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff operates on a rottweiler with a broken shoulder.

8.00 Guardians of Rescue

7.00 **Treehouse Masters** Pete Nelson installs a stainless steel kitchen in the trees for a family of sweet-makers.
8.00 **Guardians of Rescue** Rob and Elle investigate a claim about dogs on a hot roof, while Brian and Face help a woman.
9.00 **Alaska: The Last Frontier** Otto, Charlotte, Eivin and Eve butcher a cow to stock up on meat for winter.
10.00 **Alaskan Bush People** The Browns struggle to finish their homes as the ground freezes, and Rhain-Alisha goes into labour.
11.00 **Pit Bulls & Parolees** Searching for a lost puppy.
12.00 M'T **Crikey! It's the Irwins** Moving day arrives for Acco, the zoo's biggest crocodile.
1.00 AM **Guardians of Rescue**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Best of the World's Destinations** From Guizhou.
10.00 **Air Crash Investigation**
12.00 NOON **Destruction Decoded**
2.00 PM **WW2: Hell Under the Sea** Double bill of editions.
4.00 **Engineering Europe** Spain's engineering wonders.
5.00 **Car S.O.S** Tim and Fuzz restore a VW Polo G40.
6.00 **Lost Treasures of Egypt** Archaeologists go on the hunt for Egypt's most mysterious Queen, Nefertiti.

8.00 Cleopatra's Final Secret

7.00 **Air Crash Investigation** A plane that crashed in a Dutch field after reporting an engine problem during a flight.
8.00 NEW **Cleopatra's Final Secret** Archaeologist Kathleen Martinez unlocks the story of Cleopatra's last days.
9.30 **Lost Tombs of the Pyramids** In the shadow of the pyramids, an elite team of archaeologists embark on an extraordinary excavation.
10.30 **Top Guns: The Next Generation** Documentary following fighter pilots in training.
11.30 **Trafficked with Mariana Van Zeller** The underground market for shark fins.
12.30 AM **Inside Melbourne Airport** Documentary.
1.30 **Lords of War** Double bill.
2.30 **Made in a Day**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Bradley Walsh: Egypt's Cosmic Code**
2.00 **Egypt's Unexplained Files**
3.00 **Full Custom Garage** New edition Car builder Ian Roussel helps a friend.
4.00 **Ancient Impossible**
6.00 **American Pickers**

10.00 Ancient Aliens Special...

7.00 **Forged in Fire** After forging a signature blade from the steel rings of a whiskey barrel, the finalists create the Qinglong Ji.
8.00 **Egypt's Unexplained Files** Science shines a light on the dark side of Ancient Egypt, including a 5,000-year-old homicide.
9.00 **Bradley Walsh: Egypt's Cosmic Code** Bradley sets out to uncover the mysteries of King Tutankhamun.
10.00 **Ancient Aliens Special Presentation** New edition A look at seers who possess extrasensory abilities.
12.00 M'T **Alien Corridors** A suspected underground alien base in New Mexico.
12.55 AM **The UnBelievable with Dan Aykroyd** The host examines some extraordinary journeys.
1.50 **Ancient Aliens Special Presentation** As 10.00pm.
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash** Double bill.
10.00 **Rise of the Nazis: The Manhunt** Documentary.
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** The hunt to capture the highest-ranking Nazis.
5.00 **Warbird Workshop** Rebuilding the Waterbird.
6.00 **Antiques Roadshow** With a painting by DH Lawrence.

5.00 Warbird Workshop

7.00 **Incredible Journeys with Simon Reeve** Simon recalls some of the most dangerous experiences of his travels.
8.00 **One Foot in the Grave** Victor and Margaret are packing for a holiday in Athens. **8.40** The disaster-prone Meldrews return from holiday to a big shock. **9.20** Victor and Margaret agree to pet-sit a tortoise for a friend.
10.00 **Bangers & Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home.
11.00 **Bangers & Cash** Derek picks up a lovingly restored 1925 Calthorpe motorbike.
12.00 M'T **Find It, Fix It, Flog It** Henry Cole and Simon O'Brien visit a stately home in Somerset.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Incredible Journeys with Simon Reeve**

+1hour 255 329

Friday

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Find It, Fix It, Drive It**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried** Pontiac ambulances, mysterious automotive sculptures and well-preserved motorbikes. **8.30** Henry Cole and Sam Lovegrove meet a collector in Cornwall.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Richard Hammond's Workshop**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Reality series.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **A Killer Among Friends** New edition A teenager disappears.
10.00 **Devil in Suburbia**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** How university student Corey Robinson ended up dead in a hotel room.
8.00 **Murder by the Sea** Investigating the murders of two elderly women, a decade apart.
9.00 **Murder: Fight for the Truth** Detectives investigate the death of a young schoolgirl.
10.00 **The Hunt for the Chameleon Killer** As police hunt the killer, a tangled web of stolen identities is revealed.
11.00 **A Secret to Die For**
12.00 M'T **Cult Justice**
1.00 AM **Murder: Fight for the Truth** As 9.00pm.
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder She Solved**
4.00 **48 Hours** A woman turns to a New York private eye for help tracking down a Russian.
5.00 **Medical Detectives** Investigators uncover a 'signature' that links an assault to a murder. **5.30** Detectives use cat hairs and insects to track down a woman. **6.00** DNA testing helps to solve the case of a successful attorney's wife's fatal shooting. **6.30** A mother decides to take the case of her murdered daughter into her own hands.
7.00 **Judge Judy** Real-life small claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **The Force: Manchester**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Documentary.
12.00 NOON **Murdered at First Sight** True-crime.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Killing Mum and Dad**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **The Suzy Lamplugh Mystery** Documentary.
9.00 **Libby, Are You Home Yet?** Triple bill.
12.15 AM **Murdered at First...**
1.10 **How I Caught the Killer**
2.05 **Killer in My Village**
3.00 **Snapped** Aria Armstead.
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Frontline Crime UK**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **The Normans**
9.30 **Secrets of the Royal Palaces** Sandringham.
10.35 **Matter of Mind: My Alzheimer's**
11.50 **10 Mistakes That Sank the Titanic**
1.00 PM **America the Bountiful** Massachusetts.
1.35 **The Normans**
2.55 **Secrets of the Royal Palaces** Sandringham.
3.55 **Matter of Mind: My Alzheimer's**
5.10 **10 Mistakes That Sank the Titanic**
6.20 **The Normans**
7.35 **Secrets of the Royal Palaces** Sandringham.
8.35 NEW **Matter of Mind: My Alzheimer's**
9.50 **10 Mistakes That Sank the Titanic**
11.00 **Secrets of the Royal Palaces** Sandringham.
12.00 M'T **Matter of Mind: My Alzheimer's**
1.15 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: Nicole Kidman**
8.00 **The Directors**
9.00 **David Frost Vs**
10.00 **The Jinx Part Two**
12.00 NOON **Val**
2.00 PM **I Am Raquel Welch**
3.45 **My Icon: Tanni Grey Thompson**
4.00 **Discovering: Nicole Kidman**
5.00 **The Directors**
6.00 **Death of a Showjumper**
6.55 **The Jinx Part Two** 5/6. Robert Durst takes the stand at the trial and tells his version of events. **7.55** 6/6. Robert Durst is found guilty of Susan's murder and sentenced to life in prison.
9.00 FILM **Amy** Asif Kapadia's documentary portrait of singer-songwriter Amy Winehouse. (2015, 15, 128min) ★★★★
11.30 **Gloria Gaynor: I Will Survive** Profile of the American singer.
1.30 AM **Love to Love You, Donna Summer** Profile of the singer.
3.30 **Giroud** Profile of French footballer Olivier Giroud.
5.00 **to 6.00** AM **Discovering: Nicole Kidman**

Sky Nature

145 113/114 189 354 369

6.00 AM **America's Wild Border: Northern Exposure**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand**
9.00 **Secret Life of the Kangaroo**
10.00 **Invisible River: Under Water Between the Black Forest and the Vosges** Documentary.
11.00 **Orangutan Jungle School**
12.00 NOON **Mysteries of the Mekong**
1.00 PM **Monkey Life**
2.00 **Wildlife Rescue New Zealand**
3.00 **Secret Life of the Kangaroo**
4.00 **Hope for Wildlife**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Animals Like Us**
9.00 **Deep Dive North America** Biologist Lizzie Daly explores North America's coastlines.
10.00 **Mysteries of the Mekong**
11.00 **Hope for Wildlife**
1.00 AM **Orangutan Jungle School**
2.00 **Animals Like Us**
3.00 **Deep Dive North America**
4.00 **Wildlife Rescue New Zealand**
5.00 **to 6.00** AM **Secret Life of the Kangaroo**

Sky History 2

163/168 143 186

6.00 AM **The UnBelievable with Dan Aykroyd** Double bill.
8.00 **Mysteries from Above**
9.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **The UnBelievable with Dan Aykroyd** Double bill.
6.00 **Mysteries from Above** Nubian pyramids reveal the rise of female power in Ancient Kush.
7.00 **Combat Trains** Auschwitz survivors explore the railways' part in the Nazis' plans. **8.00** Examining the role of trains during World War Two.
9.00 **Forbidden History** A look at some of the darker elements of the MK Ultra programme. **10.00** New evidence reveals fresh clues about the location of King Solomon's mines.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **A Perfect Scam**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Cops Who Kill with Will Mellor**
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something** A woman invited to a dinner party turns up dead on the other side of the city.
9.00 **Court Cam** New editions
10.00 **Ozark Law**
11.00 **Cold Case UK**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Court Cam**
3.00 **A Perfect Scam**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Monster Fish**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Soul of the Ocean**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: The Wild Side** A giraffe paints pictures using a brush attached to the end of a dog toy.
8.00 **Africa's Lost Eden** An ambitious project to bring life back to Gorongosa National Park.
9.00 **Africa's Hidden Wonders** Animals that have adapted to survive in the Sahara.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **National Parks: USA**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **To Live or Die on Everest**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring the secret history of the solar system.
8.00 **To Live or Die on Everest** How deadly weather claimed 11 lives on Mount Everest in 2019.
9.00 **Mummies Unwrapped** Archaeologist Ramy Romany investigates the mummified bodies of three Incan children discovered in the Andes.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
7.00 **Abandoned Engineering** Forgotten relics from the defence of America's homeland, and a concrete behemoth on the French coast that proved invulnerable to attacks. **8.00** An Albanian village home to Allied secret agents, devastated for resisting the Nazi war machine, and a notorious asylum in America. **9.00** Projects include a maze of tunnels filled with haunting remains beneath the streets of Paris, and a strange formation of domed structures hovering over the waters off Florida. **10.00** Claustrophobic prison cells that contain a story worthy of international acclaim. **11.00** A secretive underground base that concealed the power to destroy nations, and a sprawling industrial relic.
12.00 M'T **Abandoned Engineering**
5.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Web of Lies**
9.00 **American Detective with Lt Joe Kenda** Double bill.
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Married with Secrets**
7.00 **Deadline: Crime with Tamron Hall** The presenter recalls how a psychiatrist and his adult son were killed execution-style. **8.00** The disappearance of a young father in Florida.
9.00 **On the Case with Paula Zahn** Police must solve the murder of a young mother who was savagely strangled to death in her bed while her two young sons slept just steps away.
10.00 **People Magazine Investigates**
12.00 M'T **Murder Among Friends**
2.00 AM **Married with Secrets**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** In Canada, a tragedy strikes a busy shopping centre.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Shorty's Dream Shop**
9.00 **Richard Hammond's Workshop**
10.00 **British Superbikes** Round nine from Assen in the Netherlands.
11.00 **Shed and Buried**
12.00 M'T **Shorty's Dream Shop**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.15 AM **Wolf Man** As 4.30pm.
9.05 **Love Hurts** Action comedy. (2025, 15, 83min)
10.45 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
12.35 PM **Novocaine** As 8.00pm.
2.35 **Amongst the Wolves** Thriller. (2024, 15, 102min) ★★★
4.30 **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★
6.15 **One of Them Days** Comedy with Keke Palmer and SZA. (2025, 15, 97min) ★★★

10.00 The Brutalist

8.00 **Novocaine** Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Brutalist** Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in America are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **Spin the Bottle** Horror thriller starring Tanner Stine. (2024, 15, 119min) ★★
3.25 **Restless** Thriller with Lyndsey Marshal. (2024, 15, 89min) ★★
5.00 **to 6.45** AM **Amongst the Wolves** As shown at 2.35pm.

Sky Cinema Hits

303 303 403 503 517

6.50 AM **Please Don't Destroy: The Treasure of Foggy Mountain** (2023, 15) ★★★
8.35 **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
10.35 **Click** (2006, 12) ★★★★
12.25 PM **Congo** (1995, 12) ★★★
2.20 **Men in Black II** Sci-fi comedy sequel. (2002, PG) ★★★
4.05 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
5.55 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★

10.40 28 Days Later...

8.00 **There Will Be Blood** Epic drama starring Daniel Day-Lewis and Paul Dano. A ruthless California prospector makes a colossal fortune in the early-20th-century oil business but turns into a haunted loner. (2007, 15, 158min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **28 Days Later...** Danny Boyle's horror starring Cillian Murphy, Naomie Harris and Christopher Eccleston. A small group of people struggle to survive when a deadly virus devastates the UK. (2002, 18, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
2.50 **The Invisible Man** Thriller. (2020, 15, 124min) ★★★★
5.05 **The Cinema List: SNL**
5.25 **to 7.30** AM **The Meg** Thriller. (2018, 12, 113min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.30 AM **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
8.55 **Widow Clicquot** As 6.25pm.
10.30 **I Used to Be Funny** Comedy drama. (2023, 15, 105min) ★★★
12.20 PM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
2.40 **Parachute** Comedy drama. (2023, 15, 108min) ★★★★
4.30 **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★

6.25 **Widow Clicquot** Historical drama starring Haley Bennett. (2023, 15, 90min) ★★★★
8.00 **It Ends with Us** Drama based on Colleen Hoover's novel starring Blake Lively and Justin Baldoni. (2024, 15, 125min) ★★★
10.25 **The Holdovers** Comedy drama starring Paul Giamatti and Dominic Sessa. A cranky history teacher at a remote prep school is forced to remain on campus over the holidays with a student. (2023, 15, 133min) ★★★★★

12.50 AM **The Holiday** Romantic comedy starring Cameron Diaz, Kate Winslet, Jude Law and Jack Black. (2006, 12, 135min) ★★★
3.20 **to 6.10** AM **There Will Be Blood** Epic drama with Daniel Day-Lewis and Paul Dano. (2007, 15, 158min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
9.40 **The Birds** Alfred Hitchcock's classic horror with Tippi Hedren. (1963, 15, 118min) ★★★★★
11.50 **2012** Epic disaster movie. (2009, 12, 158min) ★★★
2.35 PM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
4.15 **Gothika** Horror chiller. (2003, 15, 98min) ★★★

6.05 **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
8.00 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
9.45 **A Quiet Place** Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
11.20 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★

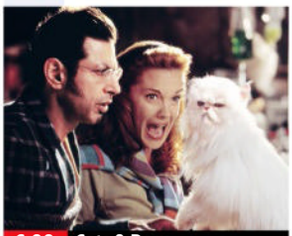
1.05 AM **Event Horizon** Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. (1997, 18, 96min) ★★★
2.50 **Hannibal Rising** Thriller prequel. (2007, 18, 116min) ★★★
5.00 **to 7.05** AM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.15 AM **Paul Blart: Mall Cop**
7.55 **Look Who's Talking Now**
9.35 **Robin and the Hoods** (2024)
11.25 **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
1.15 PM **My Penguin Friend** Drama. (2024, PG, 98min) ★★★★
3.00 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★
4.35 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
6.00 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★



6.00 Cats & Dogs

7.45 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

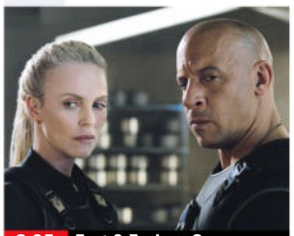
9.25 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. A chauffeur tries on a secret agent's tuxedo and discovers that it gives the wearer amazing powers. (2002, 12, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Spiderwick Chronicles** Children's fantasy adventure starring Freddie Highmore. (2008, PG, 91min) ★★★★
1.05 AM **The Nutty Professor** Comedy starring Eddie Murphy. (1996, 12, 95min) ★★★
2.55 **Ella Enchanted** Comic fantasy. (2004, PG, 96min) ★★★
4.45 **to 6.35** AM **Nutty Professor II: The Klumps** Comedy sequel starring Eddie Murphy. (2000, 12, 105min) ★★★

Sky Cinema Fast

307 307 407 507 521

6.00 AM **The Fast and the Furious**
7.50 **2 Fast 2 Furious** As 2.35am.
9.40 **The Fast and the Furious: Tokyo Drift** As 4.25am.
11.25 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
1.15 PM **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
3.30 **Fast & Furious 6** Thriller sequel. (2013, 12, 125min) ★★★
5.45 **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★



8.05 Fast & Furious 8

8.05 **Fast & Furious 8** Action thriller sequel starring Vin Diesel and Charlize Theron. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. With Jason Statham, Dwayne Johnson and Kurt Russell. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Fast & Furious Presents Hobbs & Shaw** Action adventure spin-off starring Dwayne Johnson and Jason Statham. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
2.35 **2 Fast 2 Furious** Action thriller sequel with Vin Diesel. (2003, 12, 108min) ★★★
4.25 **to 6.15** AM **The Fast and the Furious: Tokyo Drift** Motor racing thriller starring Lucas Black. (2006, 12, 104min) ★★

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
8.45 **Mean Girls** As 4.10pm.
10.40 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
12.20 PM **Nutty Professor II: The Klumps** (2000, 12) ★★★
2.10 **Baywatch** Action comedy. (2017, 15, 121min) ★★
4.10 **Mean Girls** Musical remake. (2023, 12, 112min) ★★★
6.05 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★

4.10 Mean Girls

8.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel starring Sandra Bullock. FBI agent Gracie Hart becomes a media celebrity, until the kidnapping of Miss United States reawakens her crime-fighting instincts. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

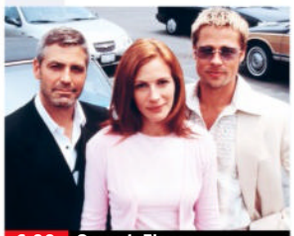
10.00 **Love Actually** Romantic comedy written and directed by Richard Curtis, starring Hugh Grant, Bill Nighy, Liam Neeson, Colin Firth, Alan Rickman and Emma Thompson. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Scott Pilgrim vs. the World** Comic-book comedy. (2010, 12, 112min) ★★★★
2.10 **Dumb and Dumber To** Comedy sequel starring Jim Carrey. (2014, 15, 107min) ★★
4.05 **to 6.15** AM **Crazy Rich Asians** Comedy starring Constance Wu. (2018, 12, 120min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **The Thicket** Western. (2024, 15, 108min) ★★★
8.00 **Rashomon** As 4.25am.
9.40 **Promising Young Woman** Thriller. (2020, 15) ★★★★
11.45 **Retribution** Action thriller. (2023, 12, 91min) ★★
1.30 PM **Ferrari** Biographical drama. (2023, 15, 130min) ★★★
3.50 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
6.00 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★



6.00 Ocean's Eleven

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million in Europe. With Brad Pitt. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Law Abiding Citizen** Revenge thriller starring Jamie Foxx and Gerard Butler. (2009, 18, 109min) ★★
2.05 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
4.25 **to 6.00** AM **Rashomon** Japanese director Akira Kurosawa's classic period drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The 300 Spartans** War epic. (1962, PG, 113min) ★★★
1.15 PM **Footsteps in the Fog** Thriller with Stewart Granger. (1955, PG, 90min) ★★★
3.05 **Nothing But the Best** Comedy. (1963, b/w, 15, 99min) ★★
5.10 **The Blue Lamp** Vintage drama. (1949, b/w, PG, 81min) ★★★★
6.55 **Dante's Peak** Disaster movie starring Pierce Brosnan. (1997, 12, 108min) ★★★

9.00 The Mechanic

Dante's Peak (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Mechanic** Action thriller starring Jason Statham, Ben Foster and Donald Sutherland. An assassin embarks on a mission to avenge the murder of his mentor. (2011, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 **Wild Card** Action thriller starring Jason Statham. A Las Vegas bodyguard with a gambling problem finds himself on the wrong side of a mob boss. (2015, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.40 **to 3.00** AM **The Long Good Friday** Gangster thriller with Bob Hoskins and Helen Mirren. (1979, 18, 114min) ★★★★★

+1hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

7.00 AM **The Mountain** Comedy. (2024, PG, 89min) ★★★★
8.40 **Bookworm** Comedy adventure. (2024, 12, 103min) ★★★★
10.30 **Peter Rabbit 2: The Runaway** Comedy adventure sequel. (2021, U, 93min) ★★★
12.10 PM **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
2.00 **Speak No Evil** As 10.10pm.
4.00 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith. (2024, 15, 115min) ★★★
6.00 **Venom: The Last Dance** Fantasy. (2024, 15, 110min) ★★★
8.00 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
10.10 **Speak No Evil** Horror with James McAvoy and Aisling Franciosi. (2024, 15, 110min) ★★★★
12.05 AM **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
2.15 **I Saw the TV Glow** Horror thriller starring Justice Smith. (2024, 15, 100min) ★★★
4.05 **to 6.35** AM **The Glorias** Biopic. (2020, 12, 139min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

7.40 AM **Parenthood** As 3.50pm.
9.55 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
11.55 **Two Weeks Notice** Romantic comedy starring Sandra Bullock. (2002, 12, 101min) ★★★
1.45 PM **You've Got Mail** Romantic comedy starring Tom Hanks. (1998, PG, 114min) ★★★
3.50 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
6.00 **Pitch Perfect** Musical comedy starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Rebel Wilson. (2012, 12, 112min) ★★★★
8.00 **Pitch Perfect 2** Musical comedy sequel starring Anna Kendrick and Rebel Wilson. (2015, 12, 112min) ★★★
10.00 **Pitch Perfect 3** Musical comedy sequel starring Anna Kendrick and Rebel Wilson. (2017, 12, 93min) ★★★
11.35 **Dreamgirls** Musical drama. (2006, 12, 130min) ★★★★
1.45 AM **Twins** Action comedy. (1988, PG, 107min) ★★★
3.35 **The Cinema List: The 90s**
3.50 **to 6.00** AM **A League of Their Own** Comedy drama. (1992, PG, 124min) ★★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

6.00 AM **Kung Fu Panda** As 7.15pm.
7.40 **Kung Fu Panda 2** As 8.55pm.
9.15 **Kung Fu Panda 3** As 10.30pm.
10.55 **Kung Fu Panda 4** As 5.35pm.
12.35 PM **Kung Fu Panda** As 7.15pm.
2.15 **Kung Fu Panda 2** As 8.55pm.
3.55 **Kung Fu Panda 3** As 10.30pm.
5.35 **Kung Fu Panda 4** Animated comedy adventure sequel featuring the voice of Jack Black. (2023, PG, 94min) ★★★
7.15 **Kung Fu Panda** Animated comedy adventure featuring the voices of Jack Black, Dustin Hoffman and Angelina Jolie. A tubby, lazy panda who dreams of becoming a martial arts master is unexpectedly called upon to be a hero. (2008, PG, 92min) ★★★★
8.55 **Kung Fu Panda 2** Animated comedy adventure sequel featuring the voices of Jack Black and Angelina Jolie. (2011, PG, 90min) ★★★★
10.30 **Kung Fu Panda 3** Animated comedy adventure sequel with the voice of Jack Black. (2016, PG, 95min) ★★★★
12.10 AM **Kung Fu Panda 4** (2023)
1.50 **Kung Fu Panda** As 7.15pm.
3.30 **Kung Fu Panda 2** As 8.55pm.
5.05 **to 6.45** AM **Kung Fu Panda 3**

Movies 24

312 313 419

7.00 AM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
9.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
11.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
1.00 PM **Planning on Forever** Romantic comedy drama. (2022, PG, 89min) ★★
3.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
5.00 **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★
7.00 **Love in the Limelight** Romantic comedy drama. (2022, PG, 84min) ★★
9.00 **Catch of the Day** Romantic drama starring Emilie Ullerup and Michael Rady. A chef returns to her home town to save the family restaurant, and is reunited with her teenage crush. (2025, PG, 84min) ★★
11.00 **Unthinkably Good Things** Drama. (2022, PG, 84min) ★★
1.00 AM **For The Love of Lily** Romantic drama starring Ashton Leigh. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Love Under the Lemon Tree** Romantic comedy. (2022, PG, 88min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman**
6.30 **Look at Life**
6.50 **Child in the House** Drama. (1956, b/w, U, 88min) ★★★
8.30 **Out of Town**
9.00 **Hindle Wakes** Drama. (1952, b/w, PG, 88min) ★★
10.45 **A Question of Suspense** Crime drama starring Peter Reynolds. (1961, b/w, PG, 62min) ★★★
12.00 NOON **Dixon of Dock Green**
1.05 PM **The Kidnappers** Adventure. (1953, b/w, U, 89min) ★★★
2.55 **The Lamp in Assassin Mews** Comedy. (1962, b/w, U) ★★★
4.15 **A Good Read: Sherlock Holmes**
5.10 **Celia** Comedy thriller. (1949, b/w, PG, 64min) ★★★
6.30 **Look at Life**
6.45 **Genevieve** Classic comedy. (1953, U, 83min) ★★★★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 6/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **Catacombs** Horror thriller. (1965, b/w, 12, 89min) ★★★
11.55 **Cellar Club with Caroline Munro**
12.00 M'T **Jack the Ripper** 1&2/2. Thriller starring Michael Caine.
4.00 AM **The Southerner** Drama. (1945, b/w, PG, 91min) ★★★
5.50 **to 6.00** AM **Look at Life**

Friday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
9.00 **Ryder Cup Golf** The build-up to the opening session of the day.
12.00 NOON **LIVE Ryder Cup Golf** The foursomes matches on day one at Bethpage Black in New York, where Team Europe and Team USA face each other in the 45th staging of the competition.
5.00 PM **LIVE Ryder Cup Golf** The fourballs matches on the opening day staged at Bethpage Black in New York, where Team Europe and Team USA face each other in the 45th staging of the competition. Europe continued their dominant first morning at the 2023 event as they managed to pick up two and a half points in the fourballs session in Rome. *See feature page 28.*
11.00 **McGinley & Chamblee: Ryder Cup** Action from the first day.
1.00 AM **Sky Sports News**
3.00 **to 5.55** AM **LIVE WTA & ATP Tennis** Featuring the ATP Tokyo Open and the Beijing Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
5.00 PM **Premier League Friday**
7.00 **Premier League Preview**
7.30 **The Big Interview**
8.00 **Fantasy Show** Experts join Kelly Somers in the studio to offer Fantasy Premier League advice.
8.30 **Premier League Stories** A look back at Maya Yoshida's journey from Japan to England's top flight.
9.00 **Premier League Preview** A look ahead to the weekend's matches.
9.30 **The Big Interview**
10.00 **Premier League Icons** A profile of former forward Paolo Di Canio.
10.30 **Sticker Book** With Newcastle United's Antony Gordon.
10.45 **My Origin Story: Mateo Kovacic** The Manchester City midfielder talks about his career.
11.00 **Premier League Years** A look back at the 2022/23 campaign.
1.00 AM **PL Retro** Birmingham City v Aston Villa from 2002.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2021/22 play-offs.
9.00 **EFL Greatest Games**
10.00 **Retro League One**
12.00 NOON **EFL Highlights**
1.00 PM **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **WSL** Action from Tottenham Hotspur v Manchester City.
2.30 **EFL Highlights**
3.00 **EFL Cup Highlights**
4.00 **EFL Highlights**
4.30 **WSL** Chelsea v Leicester City.
5.00 **EFL Greatest Games**
5.30 **WSL** Action from Tottenham Hotspur v Manchester City.
6.00 **EFL Highlights**
7.30 **LIVE EFL West Bromwich Albion v Leicester City.** Coverage of the Championship match from the Hawthorns, as the two Midlands clubs go head to head. The hosts haven't had much success against the Foxes recently, having lost the last five meetings on the bounce. Kick-off **8.00pm**.
10.30 **EFL Cup Highlights**
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket** Action from 2024.
9.00 **Best of England v South Africa**
9.15 **Women's One-Day International Cricket**
10.15 **International T20 Cricket**
2.45 PM **Best of England v South Africa** Classic matches.
3.15 **Women's One-Day International Cricket**
4.15 **One-Day International Cricket**
5.15 **Women's ICC World T20 Cricket** Highlights.
6.15 **Best of England v South Africa**
6.30 **Women's ICC World T20 Cricket** Highlights from 2024.
8.00 **Women's One-Day International Cricket**
9.00 **Women's ICC World T20 Cricket** Bangladesh v England. **9.30** Action from India v Pakistan.
10.00 **Women's One-Day International Cricket** England v India at Utilita Bowl, Southampton.
11.00 **Women's ICC World T20 Cricket** Group B matches.
12.00 M'T **Women's One-Day International Cricket**
2.00 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Defining Decisions: Justin Rose and the Ryder Cup**
6.30 **Ryder Cup Memories**
7.00 **Europe! Europe!**
9.00 **Ryder Cup Golf** Build-up.
12.00 NOON **LIVE Ryder Cup Golf** The foursomes matches on day one at Bethpage Black in New York, where Team Europe and Team USA face each other in the 45th staging of the competition.
5.00 PM **LIVE Ryder Cup Golf** The fourballs matches on the opening day staged at Bethpage Black in New York. *See feature page 28.*
11.00 **McGinley & Chamblee: Ryder Cup** Action from the first day.
1.00 AM **Ryder Cup Memories**
2.00 **Ryder Cup** The opening day.
3.00 **How the 2014 Ryder Cup Was Won** From Gleneagles.
5.00 **Ryder Cup Memories**
5.30 **to 6.00** AM **My Ryder Cup**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Tokyo Open at Ariake Coliseum, plus the ATP and WTA Beijing Open at the National Tennis Center.
4.00 PM **WTA Tennis** Korea Open.
5.00 **ATP Tennis** Canadian Open.
5.15 **WTA Tennis** From Montreal.
5.30 **ATP Tour This Week**
6.00 **WTA & ATP Tennis** Tour action.
2.00 AM **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **WTA & ATP Sizzle Reel 2024**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the latest Tour events, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **MLB: Off the Bat**
6.30 **Premier League Reload**
6.45 **LIVE Cycling World Championship** The men's junior road race in Kigali, Rwanda.
10.45 **LIVE Cycling World Championship** The men's under 23 road race in Kigali.
4.00 PM **PL: Big Interview**
4.30 **Premier League Netbusters**
5.00 **The Fantasy Show**
5.30 **Inside Serie A** The latest news.
6.00 **The Gallagher PREM**
7.00 **LIVE Gallagher PREM Harlequins v Bath.** Coverage of the match from Twickenham Stoop. The hosts will be looking to improve on last year's seventh-placed finish, while the visitors will be looking to win their second title in a row. Kick-off **7.45pm**.
10.00 **The Gallagher PREM**
11.45 **TNT Sports Reload**
12.00 M'T **LIVE MLB Cleveland Guardians v Texas Rangers.** All the action from Progressive Field. Start-time **12.10am**.
3.15 AM **MLB: Off the Bat**
3.45 **MLB Plays of the Week**
4.15 **to 7.00** AM **LIVE AFL** Coverage of the Grand Final.

TNT Sports 2

411 414 522 409 431

7.30 AM **MotoGP Classics**
8.30 **British Superbikes Highlights**
9.30 **LIVE Superbike World Championship** The Superbike first free practice session from MotorLand Aragon in Spain.
10.30 **Superbike Rewind**
12.45 PM **LIVE Superbike World Championship** Coverage from MotorLand Aragon in Spain.
3.45 **British Superbikes Rewind**
4.00 **British Speedway**
5.00 **MLB Highlights**
6.00 **Premier League Preview**
6.30 **MLB: Off the Bat**
7.00 **LIVE MLB Chicago Cubs v St Louis Cardinals.** The National League match staged at Wrigley Field. Field. Start-time **7.20pm**.
10.15 **MLB Plays of the Week**
10.45 **British Superbikes Rewind**
11.00 **Cycling World Championship**
12.00 M'T **MotoGP Rewind**
12.30 AM **LIVE MotoGP** The Grand Prix of Japan MotoGP, Moto2 and Moto3 second practice sessions.
2.00 **LIVE MotoGP** The Grand Prix of Japan MotoGP qualifying session.
4.45 **to 6.00** AM **LIVE MotoGP** The Grand Prix of Japan Moto2 and Moto3 qualifying sessions.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Gameday** Match reviews.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Recent action.
12.00 NOON **NFL Gameday**
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Gameday** Discussion and analysis of the latest talking points.
3.30 **NFL Bitesize Highlights**
5.00 **NFL Highlights** Arizona Cardinals v Seattle Seahawks.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **49 Hours** The 49 hours before a San Francisco 49ers game.
8.15 **NFL Bitesize Highlights** Arizona Cardinals v Seattle Seahawks. **8.30** Highlights from Minnesota Vikings v Cincinnati Bengals. **8.45** Action from Chicago Bears v Dallas Cowboys.
9.00 **NFL Highlights** Arizona Cardinals v Seattle Seahawks. **10.00** Highlights from Baltimore Ravens v Detroit Lions.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Tokyo Open at Ariake Coliseum, plus the ATP and WTA Beijing Open at the National Tennis Center.
10.50 **LIVE NRL** Coverage of the opening preliminary final.
12.50 PM **LIVE WTA & ATP Tennis** Further coverage from the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
4.00 **Total Football** The definitive take from the managers and players.
5.00 **Premier League Friday**
7.00 **Sports Centre** With analysis, comments and interviews.
7.30 **LIVE Super League** Coverage of an eliminator play-off match.
10.15 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **Henrik Larsson: 20 Years On** The former Celtic striker talks about his time at the club.
2.00 **Sky Sports News**
3.00 **to 5.55** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Tokyo Open and the Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA Tennis** Korea Open final.
8.00 **LIVE NPC Rugby Southland Stags v Tasman Mako.** Coverage of the match at Rugby Park Stadium in Invercargill, New Zealand. Kick-off is at **8.10am**.
9.55 **Rugby Greatest Games**
10.00 **PGA Tour Champions**
11.00 **Ladies European Tour Golf**
12.00 NOON **World Darts Championship** The 10th day.
2.00 PM **PL Greatest Games**
3.00 **WTA Tennis** Korea Open final.
4.00 **ATP Tennis** Chengdu Open final. **5.00** Hangzhou Open final.
6.00 **The Rugby Championship**
8.00 **Formula 1** Azerbaijan Grand Prix.
9.00 **PGA Tour Champions**
10.00 **World Darts Championship**
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **30 Years of the PDC World Champs** A celebration.
1.30 **The Taylor Years**
2.00 **The Greatest Final 2007: Taylor v Barneveld**
2.30 **John Part's Journey 2001-08**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Ryder Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Serie A: Full Impact**
6.30 **UEFA Europa League**
7.30 **Climbing World Championship**
8.00 **The Gallagher PREM**
9.00 **Snooker Home Nations Series**
10.00 **SailGP Highlights**
11.00 **TNT Sports Reload**
11.15 **Climbing World Championship**
11.45 **LIVE IFSC Climbing World Championship** Coverage of the men's and women's lead finals.
2.15 PM **Inside Serie A**
2.45 **Asia Cup Cricket** Super Fours.
3.15 **LIVE Asia Cup Cricket** Coverage of a Super Fours match.
7.15 **Football** Highlights and features.
11.45 **British Speedway**
12.45 AM **CPL Highlights**
1.15 **TNT Sports Reload**
1.30 **Climbing World Championship**
2.00 **LIVE IFSC Climbing World Championship** Coverage of the women's boulder semi-finals.
4.30 **Football** Highlights and features.
5.30 **to 6.00** AM **What I Wore**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE AFLW Essendon Bombers v North Melbourne Tasmanian Kangaroos.**
8.00 **LIVE AFLW Carlton Blues v Fremantle Dockers.**
10.00 **LIVE AFLW Western Bulldogs v Collingwood Magpies.**
12.00 NOON **Football** Highlights.
1.00 PM **MLB Highlights**
3.00 **Ultimate Pool** Pairs Cup.
4.30 **V8 Supercars Highlights**
6.30 **EWC All Access**
7.30 **CPL Highlights** The final.
8.00 **Climbing World Championship**
8.30 **The Fantasy Show**
9.00 **Premier League Preview**
9.30 **British Speedway**
10.30 **SailGP Highlights**
11.30 **Snooker Home Nations Series**
12.30 AM **The Gallagher PREM**
2.30 **Cycling World Championship**
3.30 **LIVE NWSL San Diego Wave FC v Orlando Pride.**
5.45 **to 6.00** AM **Playing for Our Future – Football**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **Scottish Football Social Club**
8.00 **NASCAR Highlights**
9.00 **Mass Participation World**
10.00 **LaLiga Match Highlights**
11.00 **Eredivisie Highlights**
12.00 NOON **Argentine Primera**
12.30 PM **Euro Le Mans Highlights**
1.30 **LaLiga Match Highlights**
2.00 **NHL Tonight** Recent action.
3.00 **LaLiga Match Highlights**
3.30 **United Rugby Championship**
5.30 **LIVE United Rugby Championship Stormers v Leinster.** Coverage from DHL Stadium. Kick-off is at **6.00pm**.
8.00 **LIVE United Rugby Championship Ulster v Dragons.** Coverage from Affidea Stadium. Kick-off is at **8.05pm**.
10.30 **Top 14 Rugby Union Highlights**
11.00 **Michelin Le Mans Cup**
11.30 **LaLiga** Girona v Espanyol.
1.30 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Eredivisie** A match replay.
8.00 **Top 14 Rugby Union**
10.00 **Temples of Sport**
10.30 **FastZone** Motorsports highlights.
11.00 **LaLiga** Osasuna v Elche. **1.00** PM Real Oviedo v Barcelona.
3.00 **GP Confidential**
3.30 **Eredivisie** PSV Eindhoven v Ajax.
5.30 **Top 14 Rugby Union** A chance to see Toulon v La Rochelle.
7.30 **LIVE United Rugby Championship Glasgow Warriors v Sharks.** Coverage of the match from Scotstoun Stadium. Kick-off is at **8.05pm**.
10.30 **Temples of Sport** Iconic sporting venues from around the globe.
11.00 **GP Confidential**
11.30 **Temples of Sport**
12.00 M'T **United Rugby Championship** A match replay.
2.00 AM **Temples of Sport**
2.30 **FastZone** Motorsports highlights.
3.00 **to 6.00** AM **Top 14 Rugby Union**

Sky Sports F1

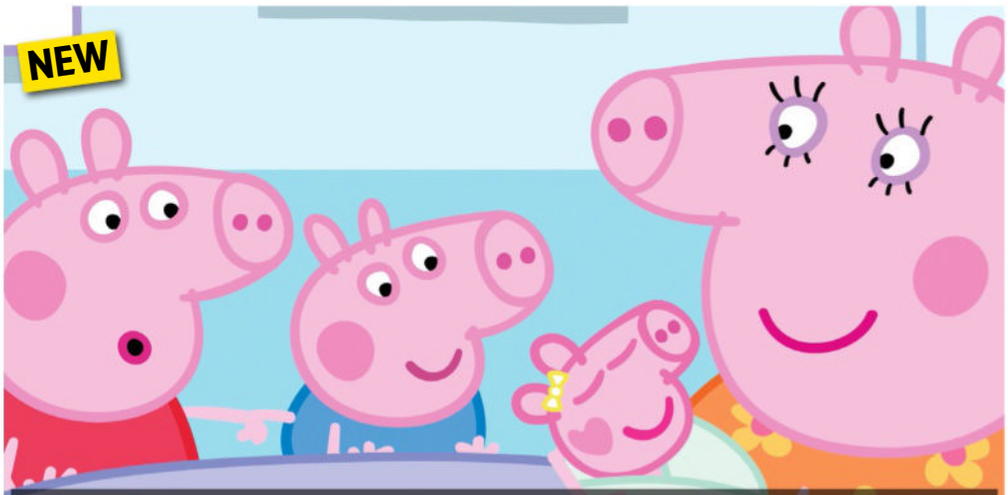
407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
2.00 PM **Formula 1** Recent action.
6.00 **Formula 1** Highlights of the Saudi Arabian Grand Prix. **7.00** The Miami Grand Prix at Miami International Autodrome. **8.00** Highlights of the Emilia Romagna Grand Prix in Italy. **9.00** Highlights of the Monaco Grand Prix at Circuit de Monaco.
10.00 **Formula 1** Recent highlights.
2.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming



NEW

milkshake! Peppa Pig

Saturday, from 7.15am, Milkshake! on 5

We've all been invested in the news that Peppa and George were going to have a new baby brother or sister since it was announced earlier this year - and the day has finally arrived!

Granny and Grandpa Pig are on hand to look after the siblings while Mummy and Daddy Pig head to the hospital. Peppa is determined to be the best big sister she can be - from helping choose a name, to showing everyone that she can hold the little baby.

Welcome to the world, Baby Pig!

PREMIERE

Disney+ Elio

Available from Wed 17 September, Disney+

Disney Pixar's latest feature follows a lonely, orphaned youngster called Elio, who lives with his aunt Olga (voiced by Zoe Saldana) – an air force officer struggling with her new role as Elio's guardian. As the space-obsessed Elio has trouble making friends at school, he decides to send a wish to the stars – asking for aliens to come to Earth to abduct him.

A charming tale about friendship and not quite fitting in, there's lots to like here. One for the whole family.

More great shows to watch this week...

500 Words: Live Lesson NEW

Wednesday, 11am, CBBC & iPlayer

Join Sir Lenny Henry and Naomi Wilkinson as they launch this year's writing competition with some tips on how to find inspiration around us.

Tim Rex in Space NEW

Weekdays, 7.45am, Milkshake! on 5

Brand new intergalactic tales with the young dinosaur, little sister Tia, big brother Tommy and triceratops best friend Kai exploring their asteroid home of Rumbleton for fun and adventures.

My Life: Rugby Girl NEW

Monday, 6.25pm, CBBC & BBC iPlayer

As the Women's Rugby World Cup reaches its climax, a young rugby star faces her biggest challenge.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English TV presenter (5,3). Answers at the bottom of the page – no cheating!

ACROSS

1 Actor in BBC series *The Musketeers* and *Miranda*, Bo ----- (5)
4 1969 Dustin Hoffman film, -------- *Cowboy* (8)
6 Stars as Carla Connor in soap *Coronation Street*, Alison ---- (4)
7 Star of 2014's *The Wolf of Wall Street*, Jonah ---- (4)
8 See picture clue: ----- Nasir, English meteorologist and TV presenter (5)
9 The Beatles 1966 album featuring hit song *Eleanor Rigby* (8)
12 2001 song by *Popstars* winners Hear'Say (4,3,6)
15 Actor in *Gangs of London*, Pippa ------- ------ (7-6)
18 Played Margaret Thatcher in *The Crown*, Gillian -------- (8)
19 Black comedy from 1996 starring Jim Carrey, *The* ----- *Guy* (5)
22 Global hit South Korean series for Netflix, *Squid* ---- (4)
23 Police drama starring Vicky McClure, ---- *of Duty* (4)
24 English actor, singer and dancer, Ruthie -------- (8)
25 Fictional comedy partner of Dame Hilda Bracket, Dr Evadne ----- (5)

DOWN

1 Prince in Disney's 1960 film *Sleeping Beauty* (7)
2 Sir ----- Moore, former James Bond actor (5)
3 Late Beatle, ---- Lennon (4)
4 ------- *Pierce*, Kate Winslet mini-series from 2011 (7)
5 Alan Alda's role in old US military series *M*A*S*H* (7)
10 French Netflix show with Omar Sy and Ludivine Sagnier (5)
11 First name of Agatha Christie's iconic sleuth Miss Marple (4)
13 Heidi -----, English singer who was a member of pop group Sugababes (5)
14 Starred as King Aelle in hit period-drama series *Vikings*, ---- Kaye (4)
15 Michael -------, British ex-member of comedy group the Goons and creator of *Potty Time* (7)
16 English ex-rugby player married to Zara Phillips, Mike ------- (7)
17 See picture clue: Thomas Cromwell in *Wolf Hall*, Sir Mark ------- (7)
20 Theon Greyjoy in fantasy drama series *Game of Thrones*, Alfie ----- (5)
21 ---- Behrs, America star of comedy series *2 Broke Girls* (4)

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Recycle
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CROSSWORD SOLUTION

ANSWER: James May **ACROSS:** 1 Poraj 4 Midnight 6 King 7 Hill 8 Clare 9 Reviver 12 Pure and Simple 15 Bennett-Warner 18 Anderson 19 Cable 22 Game 23 Line 24 Henshall 25 Hinge
DOWN: 1 Philip 2 Roger 3 John 4 Mildred 5 Hawkeye 10 Lupin 11 Jane 13 Range 14 Ivan 15 Bentine 16 Tindall 17 Rylance 20 Allen 21 Beth

Coming soon

FIRST LOOK

Dougray Scott and Shirley Henderson star in a Scottish thriller

Summerwater

C4's forthcoming drama

Summerwater throws a spotlight on the fraught lives of an eclectic group of people on vacation at a Scottish holiday park.

The six-part series, based on Sarah Moss' novel, is set at a remote loch-side site and centres on the friction that develops between the various families staying there. As each cabin hides a host of problems, tensions and shady revelations, the action also flashes back to significant moments in the holidaymakers' lives before they came away. But events soon spiral out of control and lead to a shocking conclusion.

HEAVY WEATHER

The series stars Dougray Scott and Shirley Henderson as David and Annie, while Valene Kane co-stars as Justine, along with Arnas Fedaravicius as Marijonas and Anna Próchniak as Alina. Daniel Rigby and Gabriel Scott are also among the cast.

'Sarah Moss writes with perception, compassion and wit about sex, love, and the dark impulses of the human heart. She is one of our most brilliant chroniclers of modern life,' says John Donnelly, who has adapted the book.

'In *Summerwater*, Sarah has found the perfect environment to explore our secrets and desires – a rain-drenched holiday park in Scotland. *Summerwater* is at once an atmospheric mystery, a hilarious and heartbreaking exploration of identity, and an existential thriller.'

WHAT'S NEXT FOR...

David Morrissey

The actor will star with Alan Cumming in **Tip Toe**, Russell T Davies' five-part drama for C4, which follows Manchester neighbours – troubled Clive and colourful bar owner Leo – who become embroiled in a tense feud.

John Bishop

In BBC1's quiz series **Wisdom of the Crowd**, the comedian will oversee proceedings as individual contestants compete against the collective knowledge of a large group and try to win a cash prize.

Paloma Faith

C4's entertainment show **Your Song** will see the singer team up with Sam Ryder as mentors to amateur crooners performing songs with a personal meaning on pop-up stages across the UK. Alison Hammond hosts.

Coming Back

Filming is under way on a third series of BBC1's wartime drama **SAS Rogue Heroes**, which is set in 1944 as Paddy Mayne (Jack O'Connell) and his special-forces unit head behind enemy lines to liberate France.

Next week On sale Tuesday 23 September

How Are You? It's Alan (Partridge)

Steve Coogan's crass presenter is back in a BBC1 mockumentary.

Nine Bodies in a Mexican Morgue

Eric McCormack headlines BBC1's plane-crash thriller.

Steve

Cillian Murphy plays the troubled head teacher of an under-threat reform school in Netflix's drama.

The Lost Bus

Matthew McConaughey stars in Apple TV+'s drama about a school bus caught in a wildfire.

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